

Oklahoma Department of Mental Health  
and Substance Abuse Services

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For Immediate Release

**Finding Meaning: The Art of Recovery**

*ODMHSAS, Thunderbird Clubhouse and Other Local Advocates Partner to Offer September Art Showing*

The Oklahoma Department of Mental Health and Substance Abuse Services, along with Thunderbird Clubhouse and other community advocates, is sponsoring an art show to celebrate recovery. The event will take place on Friday, Sept. 13, from 6-9 p.m. at Joy's Palace, located at 300 E. Main Street in Norman. The event is free to the public.

September is National Recovery Month, and the event is an opportunity to raise awareness for the occasion, in addition to celebrating local artists who have been inspired by recovery.

This will be the second year for the event, but the first year that it has been hosted in downtown Norman. The date and location will also allow for the show to occur at the same time as Norman's 2<sup>nd</sup> Friday Circuit of Art which will provide greater public exposure for the artists.

The group is currently collaborating with several interested artists to be part of the show, and is searching for others whose work has been inspired by recovery. This includes artists who have lived experiences or perhaps family members and others who have been impacted in some way by mental health and substance abuse issues. It is about artistic expression that is influenced in some way by recovery or the recovery process. The title of the show is "Finding Meaning: The Art of Recovery."

Interested artists who would like to be considered for the show or to learn more about the event may contact the Oklahoma Department of Mental Health and Substance Abuse Services at 405-522-3992 or visit the department's web site at [www.odmhsas.org](http://www.odmhsas.org). You may also contact the Thunderbird Clubhouse at 405-620-3726 or visit their web site at [www.thunderbirdclubhouse.org](http://www.thunderbirdclubhouse.org).

Interested artists will be asked to submit a sample of their work. A panel of local art professionals will consider submissions for inclusion in the September show.

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