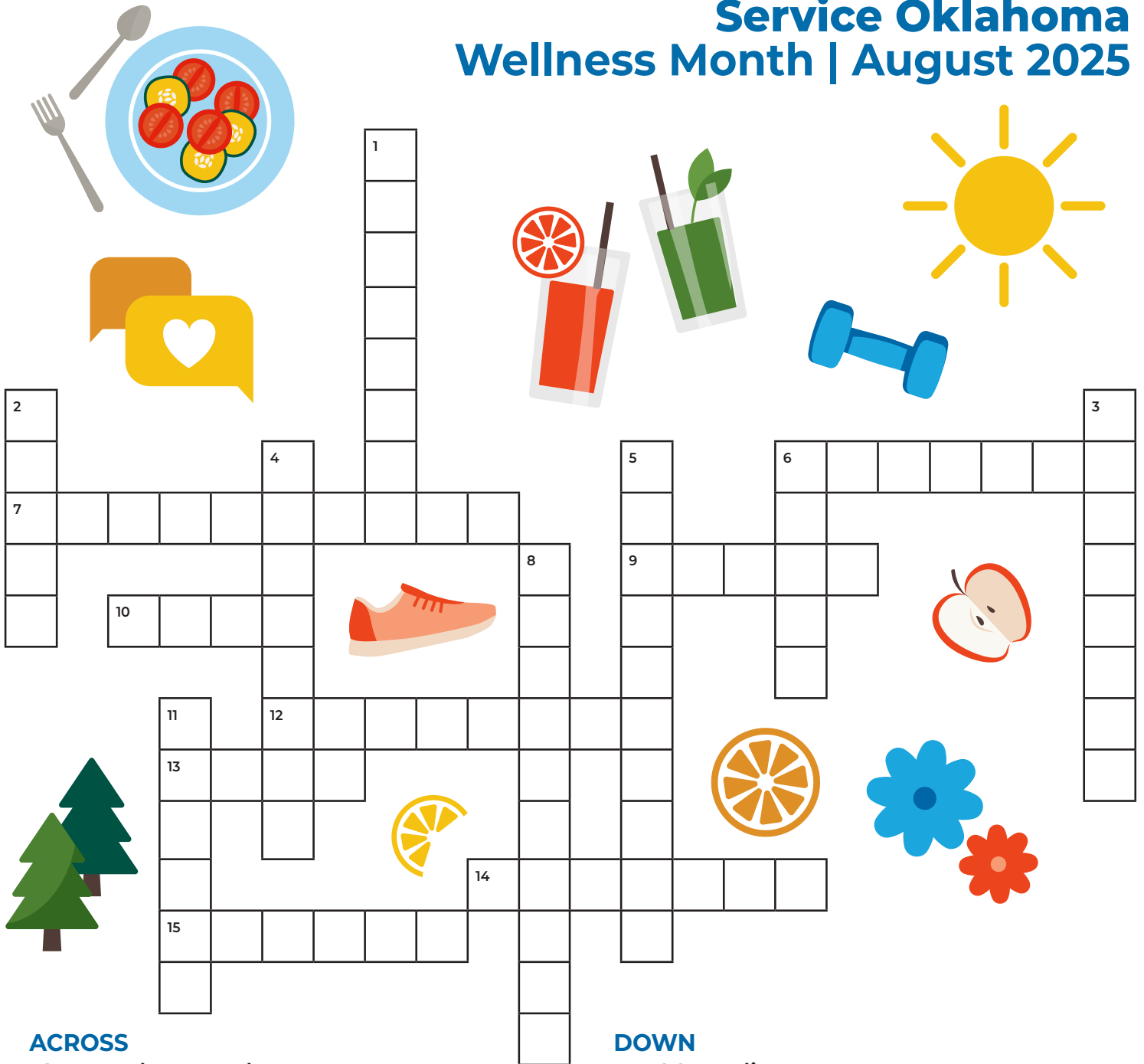


Service Oklahoma Wellness Month | August 2025



ACROSS

6. To volunteer, the name of where you work
7. Sees the glass as half full
9. Pool Filler
10. Source of nourishment
12. Hit the gym
13. To pause
14. Improves flexibility
15. OMES wellness resource

DOWN

1. SOK online resource
2. New driver license and motor vehicle system of record
3. Grounded, or neither right nor left aligned
4. Being friendly
5. Monthly SOK publication
6. Catch some Z's
8. Calming the mind
11. What happens when you water plants