

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>ACTIVITIES ARE SUBJECT TO CHANGE!!!</p> <p>SULPHUR NEWSPAPER IS ON SALE IN THE REC OFFICE EVERY WEDNESDAY AT 11:00 AM</p>	<p>9:00-2:00-BARBER SHOP 1 9:30-BEDSIDES & 1:1'S 10:30-CR. JOURNALING/AR 1:30-COPING STRATEGIES (E2 FR) 1:30-ART TIME/AR</p> 	<p>8:30-E2 SHOPPING 2 9:00-YOGA W/ANGELA/PT 1:30-UNDERSTANDING OUR MINDS (E2 FR) 2:00-SNU GROUP MEETING 2:30-BIRTHDAY BINGO</p> 	<p>NATIONAL WALK DAY 3 8:30-W1 SHOPPING 1:30-DISCHARGE PLANNING (E2 FR) 2:00-LETS GO WALKING (MEET AT FRONT DOOR) (WEATHER PERMITTING)</p> 	<p>8:30-E1 SHOPPING 4 (NORTH SIDE) 10:00-CANDID CONVERSATIONS (E2 FR) 2:00-MUSIC BY BJ HOWARD (RESCHEDULED FROM LAST MONTH)</p> 	<p>9:00-YOGA W/ANGELA/PT 5 10:00-CHURCH SERVICES 1:00-YOUR OWN HANDS-AR 1:00-2:00 CLOTHING RM 2:00-SNU GROUP MEETING</p>	<p>11:00-MAIL CALL 6 2:00-VFW POKER RUN (FRONT PARKING LOT)</p> 
<p>Celebrate the Lord's Day</p> 	<p>7 9:30-BEDSIDES & 1:1'S 10:30-CR. JOURNALING/AR 1:30-COPING STRATEGIES (E2 FR) 1:15-SOLAR ECLIPSE VIEWING AND SNACKS (FRONT PATIO)</p> 	<p>8 8:30-W2 SHOPPING 9 (SOUTH SIDE) 9:00-YOGA W/ANGELA/PT 1:30-UNDERSTANDING OUR MINDS (E2 FR) 2:00-SNU GROUP MEETING 2:30-BINGO</p> 	<p>9:30-CARDIO 10 DRUMMING (REC) 1:30-DISCHARGE PLANNING (E2 FR) 2:30-HAPPY HOUR</p> 	<p>9:30-DONUT SOCIAL 11 WITH ELARA HOSPICE 10:00-CANDID CONVERSATIONS (E2 FR) 6:00-BEYOND BROTHERHOOD BINGO</p> 	<p>7:30-INDIA SHRINE 12 CIRCUS (OKC) 9:00-YOGA W/ANGELA/PT 1:00-YOUR OWN HANDS-AR 2:00-SNU GROUP MEETING</p> 	<p>11:00-MAIL CALL 13 1:00-2:00 CLOTHING RM</p>
<p>Celebrate the Lord's Day</p> 	<p>14 9:00-3:00-BARBER SHOP 15 10:00-RESIDENT COUNCIL MEETING (AUD) 10:30-CR. JOURNALING/AR 1:00-PET THERAPY VISITS 1:30-COPING STRATEGIES (E2 FR)</p>	<p>16 8:30-E2 SHOPPING 17 9:00-YOGA W/ANGELA/PT 1:30-UNDERSTANDING OUR MINDS (E2 FR) 2:00-SNU GROUP MEETING</p> 	<p>8:15-OKC DODGERS 17 BASEBALL GAME (OKC) 1:30-DISCHARGE PLANNING (E2 FR)</p> 	<p>18 8:30-E1 SHOPPING 19 (SOUTH SIDE) 10:00-CANDID CONVERSATIONS (E2 FR) 1:00-W1 SHOPPING</p>	<p>9:00-YOGA W/ANGELA/PT 19 10:00-CHURCH SERVICES 1:00-YOUR OWN HANDS-AR 1:30-ICE CREAM SOCIAL FOR RESIDENTS & STAFF 2:00-SNU GROUP MEETING</p> 	<p>OU SPRING FOOTBALL 20 GAME IN NORMAN (TIME ANNOUNCED CLOSER TO DATE)</p> 
<p>Celebrate the Lord's Day</p> 	<p>21 9:30-BEDSIDES & 1:1'S 22 10:30-CR. JOURNALING/AR 1:00-PET THERAPY VISITS 1:30-COPING STRATEGIES (E2 FR)</p> 	<p>NATIONAL PICNIC DAY 23 9:00-YOGA W/ANGELA/PT 10:00-PICNIC IN PARK W/GOOD SHEPHERD HOSP. 1:30-UNDERSTANDING OUR MINDS (E2 FR) 2:30-W2 SHOP (NORTH SIDE)</p> 	<p>9:45-LAKECREST 24 CASINO (ARDMORE) 1:30-DISCHARGE PLANNING (E2 FR)</p> 	<p>10:00-OFF TO THE RACES 25 W/CHOICE HOSPICE (REC) 10:00-CANDID CONVERSATIONS (E2 FR) 2:30-BINGO</p> 	<p>7:30-BREAKFAST WITH 26 RECREATION (PANCAKES, BACON & SAUSAGE) 1:00-YOUR OWN HANDS-AR 100-POKER TOURNAMENT</p> 	<p>11:00-MAIL CALL 27 1:00-2:00 CLOTHING RM</p>
<p>28 2:00-ADA AMERICAN 29 LEGION WOUNDED WARRIOR RUN VISIT</p> 	<p>9:00-2:00-BARBER SHOP 29 9:30-BEDSIDES & 1:1'S 10:30-CR. JOURNALING/AR 1:30-COPING STRATEGIES (E2 FR) 2:30-MUSIC AND GAMES (MURAL PATIO)</p>	<p>8:30-E2 SHOPPING 30 9:00-YOGA W/ANGELA/PT 1:30-UNDERSTANDING OUR MINDS (E2 FR) 2:00-SNU GROUP MEETING 2:30-ADMINISTRATION OFFICE STAFF PARTY</p> 	<p>ADMINISTRATIVE PROFESSIONALS' WEEK - APRIL 19-25</p> <p>April 2024</p> <p>SULPHUR VETERANS CENTER</p> 			

SIGN UP SHEETS ARE LOCATED ON THE BULLETIN BOARDS ON THE UNITS. YOU MUST SIGN UP IF YOU WANT TO GO ON TRIPS

