

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2026



August 2026 ... 						PAMELA All Activities Will Be In The Rec Room 9:30 SIT & FIT MUSIC & DRUM CIRCLE 10:00 MILITARY DOCUMENTARY 11:00 NEW GAMES
8:30 CHARLES STANLEY: ON UNIT TV 2:00 CHAPEL SERVICE	2 8:45 SIT & FIT LOW IMPACT WORKOUT ON UNIT 9:30 GARDEN CLUB: MEET IN REC ROOM 10:45 ON UNIT 1:00 E-CO 1/78 GAME DAY FUN: REC ROOM/ DONUTS 3:30 ON UNIT 6:00 OES ST. MARY'S BINGO	3 8:45 SIT & FIT LOW IMPACT WORKOUT ON UNIT 10:00: ON UNIT 1:00 PURPLE HEART SOCIAL: REC ROOM 2:00 ELVIS NAME THAT TUNE: REC ROOM 6:00 MOVIE NIGHT W/ CHAPLIAN RANDY	4 8:45 SIT & FIT LOW IMPACT WORKOUT ON UNIT 9:30 COFFEE & DONUTS W/MUSIC/YELLOW WING STROLL OFF UNIT 10:30 REC. STAFF ON UNITS 1:00 ELVIS Q&A W/PICTURES 3:30 ON UNIT 6:00 BIBLE STUDY	5 8:45 SIT & FIT LOW IMPACT WORKOUT ON UNIT 10:45 ELVIS VIRTUAL TOUR 1:00 RESIDENT COUNCIL MEETING: VOTING 2:00 DAV BINGO 3:30 ON UNIT 6:00 MOVIE NIGHT W/ CHAPLAIN RANDY	6 8:45 SIT & FIT LOW IMPACT WORKOUT ON UNIT 9:30 FISHING CLUB MEETING: REC ROOM 10:00 ON UNIT 1:30 DONUTS W/STAFF & ELVIS MOVIE 3:30 ON UNIT ACTIVITY	7 CHRIS All Activities Will Be In The Rec Room 9:30 Light Workout 1:00 Dominoes, Chess 2:30 Movie Matinee
8:30 CHARLES STANLEY: ON UNIT TV 2:00 CHAPEL SERVICE	9 8:45 SIT & FIT LOW IMPACT WORKOUT ON UNIT 9:30 GARDEN CLUB: MEET IN REC ROOM 10:45 ON UNIT 1:30 CENTRIC HOME HEALTH BINGO /DONUTS 3:30 On Unit Activities	10 8:45 SIT & FIT LOW IMPACT WORKOUT ON UNIT 10:00: ON UNIT 1:00 JOY MISSION CHOIR & ROOTBEER FLOATS 2:00 PAWS WITH LOVE PET VISIT 6:00 MOVIE NIGHT W/ CHAPLIAN RANDY	11 8:45 SIT & FIT LOW IMPACT WORKOUT ON UNIT 9:30 COFFEE & DONUTS W/MUSIC/YELLOW WING STROLL OFF UNIT 1:00 REMOTE CONTROL CARS & SNACKS 2:00 ELVIS MUSIC & KARAOKE 3:30 ON UNIT 6:00 BIBLE STUDY	12 8:45 SIT & FIT LOW IMPACT WORKOUT ON UNIT 10:00 ON UNIT 2:00 ROWDY FRIENDS BINGO 3:30 ON UNIT ACTIVITY 6:00 FAMILY MOVIE NIGHT W/ CHAPLAIN	13 8:45 SIT & FIT LOW IMPACT WORKOUT ON UNIT 9:30 FISHING CLUB MEETING: REC ROOM 10:00 ON UNIT 1:30 DONUTS & ICE CREAM AND MUSIC 3:30 ON UNIT ACTIVITY	14 JADE All Activities Will Be In The Rec Room 9:30 COFFEE CHAT 10:30 NETFLIX SERIES 1:45 NET PLAYGROUND GAMES
8:30 CHARLES STANLEY: ON UNIT TV 2:00 CHAPEL SERVICE	16 8:45 SIT & FIT LOW IMPACT WORKOUT ON UNIT 9:30 GARDEN CLUB: MEET IN REC ROOM 1:30 DONUTS & RC CARS 3:00 CALENDAR PLANNING MEETING 6:00 MOC BINGO	17 8:45 SIT & FIT LOW IMPACT WORKOUT ON UNIT 10:00 ON UNIT 1:00 MUSIC & GAMES: REC. ROOM 3:30 ON UNIT 6:00 MOVIE NIGHT W/ CHAPLIAN RANDY	18 8:45 SIT & FIT LOW IMPACT WORKOUT ON UNIT 9:30 COFFEE & DONUTS W/MUSIC/YELLOW WING STROLL OFF UNIT 1:00 KARAOKE/ REC ROOM DOMINO GAME FOR FUN 3:30 ON UNIT 6:00 BIBLE STUDY	19 8:45 SIT & FIT LOW IMPACT WORKOUT ON UNIT 10:00 ON UNIT 2:00 AMERICAN LEGION LADIES BINGO 3:30 ON UNIT ACTIVITY 6:00 MOVIE NIGHT W/ CHAPLAIN RANDY	20 8:45 SIT & FIT LOW IMPACT WORKOUT ON UNIT 9:30 FISHING CLUB MEETING: REC ROOM 10:00 ON UNIT 1:30 REFUGE COFFEE BAR & DONUTS W/STAFF 3:30 ON UNIT ACTIVITY	21 HOLLY All Activities Will Be In The Rec Room 9:00 COFFEE CHAT 1:00 DOMINOES 2:30 WHEELCHAIR TRAVEL AND
8:30 CHARLES STANLEY: ON UNIT TV 2:00 CHAPEL SERVICE	23 8:45 SIT & FIT LOW IMPACT WORKOUT ON UNIT 9:30 GARDEN CLUB: MEET IN REC ROOM 10:45 ON UNIT 1:30 CENTRIC HOME HEALTH BINGO /DONUTS 3:30 On Unit Activities	24 8:45 SIT & FIT LOW IMPACT WORKOUT ON UNIT 1:00 KARAOKE/ REC ROOM DOMINO GAME FOR FUN NEIGHBORHOOD MEETINGS 2:00 Yellow Wing (A Hall) 2:30 Green Wing 6:00 MOVIE NIGHT W/ CHAPLIAN RANDY	25 8:45 SIT & FIT LOW IMPACT WORKOUT ON UNIT 9:30 COFFEE & DONUTS W/MUSIC/YELLOW WING STROLL OFF UNIT NEIGHBORHOOD MEETINGS 2:30 Red Wing 3:00 Blue Wing 6:00 BIBLE STUDY	26 8:45 SIT & FIT LOW IMPACT WORKOUT ON UNIT 10:45 1:00 AUGUST BIRTHDAY SOCIAL W/REFUGE H. HEALTH HOSPICE CARE 3:30 ON UNIT ACTIVITY 6:00 POST 1015 BINGO	27 8:45 SIT & FIT LOW IMPACT WORKOUT ON UNIT 9:30 FISHING CLUB MEETING: REC ROOM 1:30 SPECIAL DONUTS W/STAFF 3:30 ON UNIT ACTIVITY	28 CRYSTAL All Activities Will Be In The Rec Room 9:30 COFFEE CHAT 11:00 PUZZLES & MUSIC 1:00 MOVIE MATINEE
8:30 CHARLES STANLEY: ON UNIT TV 2:00 CHAPEL SERVICE	30 8:45 SIT & FIT LOW IMPACT WORKOUT ON UNIT 9:30 GARDEN CLUB: MEET IN REC ROOM 10:45 ON UNIT 1:30 DONUTS W/STAFF 3:30 On Unit Activities	LAWTON/FT SILL VETERANS HOME 501 SE FLOWER MOUND ROAD LAWTON OKLA. ANY QUESTIONS, COMMENTS, OR SUGGESTIONS PLEASE SEE PAMELA BURKS, RECREATION DIRECTOR ACTIVIES ARE SUBJECT TO CHANGE WITH OR WITHOUT NOTICE				