

# WASHITA COUNTY

Oklahoma Tobacco Helpline

**1 800 QUIT NOW**

1-800-784-8669 **OKhelpline.com**

**A Program of TSET**



The Oklahoma Tobacco Helpline provides free telephone and web-based coaching sessions, free nicotine patches, gum and lozenges to all Oklahomans each year, 24/7.

**OKLAHOMANS SERVED:**

County FY21:

**47**

County Cumulative FY03-FY21:

**1,474**

State Cumulative FY03-FY21:

**523,994**

**HEALTH INDICATORS**

2020 OKLAHOMA STATE DEPARTMENT OF HEALTH

	<b>HEART DISEASE DEATHS</b> (Rate per 100,000)	<b>CANCER DEATHS</b> (Rate per 100,000)	<b>ADULT SMOKING RATE</b> (%)	<b>OBESITY RATE</b> (%)	<b>PREVALENCE OF DIABETES</b> (%)
<b>COUNTY</b>	<b>226.4</b>	<b>140.8</b>	<b>11.3%</b>	<b>43.6%</b>	<b>14.1%</b>
<b>OKLAHOMA</b>	244.1	171.1	19.1%	36.4%	13.0%
<b>U.S.</b>	168.2	144.1	15.5%	31.9%	10.6%



These TSET grants work with local community partners to help prevent cancer and cardiovascular disease by reducing tobacco use and obesity.

**\$2,063,506** invested in your community FY16-FY20

There are no Healthy Living Program Grants at this time. Visit [TSET.OK.GOV](http://TSET.OK.GOV) to learn more.



These TSET grants are for schools, school districts and local communities to promote wellness through policies and strategies that encourage healthy eating, physical activity and tobacco-free lifestyles.

**\$11,500** invested in your community

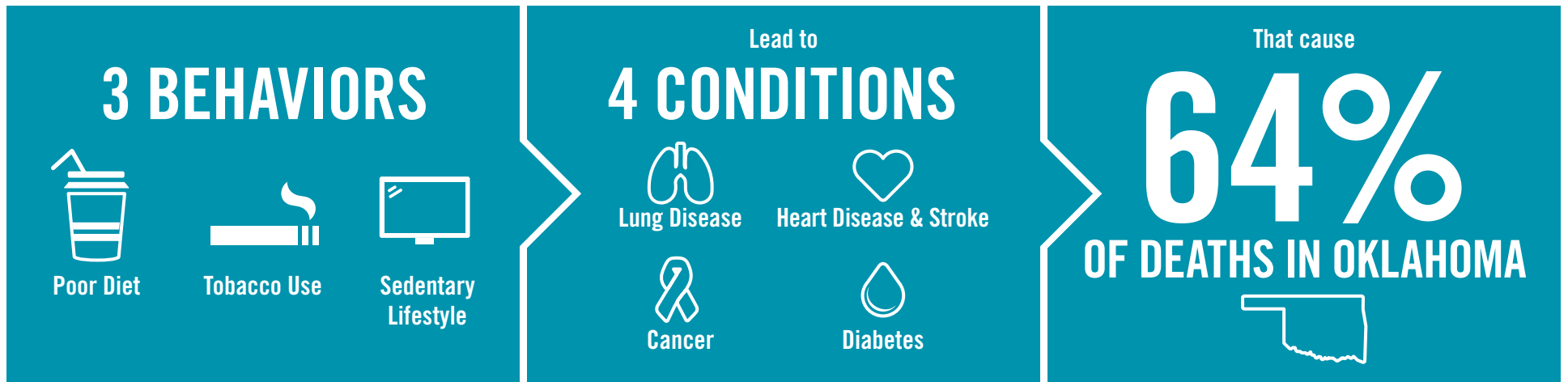
**Healthy Schools Incentive Grants**

Burns Flat-Dill City Public Schools ..... **\$11,500**



405.521.3888 | [TSET.OK.GOV](http://TSET.OK.GOV)  
 Board of Directors Chair Michelle Stephens  
 Executive Director Julie Bisbee

# TSET'S MISSION: TO REDUCE PREVENTABLE DEATH IN OKLAHOMA.



**TSET INVESTS IN:**

- Tobacco Cessation
- Physical Activity
- Improving Nutrition
- Medical Access and Research

## IN OKLAHOMA:

**OBESITY:**

**\$1.72 BILLION**

IN MEDICAL EXPENDITURES EACH YEAR

- 1 IN 6 HIGH SCHOOL STUDENTS IS OBESE
- 1 IN 6 HIGH SCHOOL STUDENTS IS OVERWEIGHT
- 1 IN 3 ADULTS IS OBESE

**SMOKING:**

**\$1.62 BILLION**

IN DIRECT HEALTHCARE COSTS EACH YEAR

- 7,500 ADULT DEATHS EACH YEAR
- 1,300 KIDS BECOME DAILY SMOKERS EACH YEAR
- \$138 MILLION IS SPENT BY TOBACCO INDUSTRY ANNUALLY TO MARKET TOBACCO IN OKLAHOMA

## MOVING THE NEEDLE:

**ADULT SMOKING PREVALENCE**

28.6% 2001

19.1% 2020

**SMOKING AMONG KIDS CUT IN HALF**

MORE THAN **\$500 MILLION** ADDITIONAL RESEARCH DOLLARS LEVERAGED AFTER TSET'S INVESTMENT

MORE THAN **470,000** PEOPLE SERVED BY THE OKLAHOMA TOBACCO HELPLINE

THROUGH THE MEDICAL LOAN REPAYMENT PROGRAM, **90 PHYSICIANS** HAVE OR ARE CURRENTLY PRACTICING IN RURAL AND UNDERSERVED AREAS OF OKLAHOMA