



2026 Direct Deposit Dates

Monthly benefit payment schedule for retirees and annuitants

Your monthly benefit payment is deposited directly into your bank account on the first of the following month. If a scheduled date falls on a weekend or federal holiday, your deposit will be made on the preceding business day.

Benefit Payment For	Direct Deposit Date
January 2026	January 30, 2026
February 2026	February 27, 2026
March 2026	April 1, 2026
April 2026	May 1, 2026
May 2026	June 1, 2026
June 2026	July 1, 2026
July 2026	July 31, 2026
August 2026	September 1, 2026
September 2026	October 1, 2026
October 2026	October 30, 2026
November 2026	December 1, 2026
December 2026	December 31, 2026

Need to change your bank account? Contact TRS using MyTRS secure messaging, online chat, phone, or in person to request the Authorization for Direct Deposit form. If TRS receives your correctly completed form and required bank documents **on or before the 15th of the month**, the change will **apply to next month's payment**.