

Direct and Indirect School Counseling Services

Direct Services

Instruction

Classroom Instruction
Small Groups
Individual Sessions



Appraisal and Advisement

Helping students understand their strengths, interests, and skills through tools like assessments



Counseling

Short-term, targeted support that is psychoeducational in nature



Indirect Services

Consultation

Providing expertise, strategies, or support to others without taking over their role



Collaboration

Working with families, staff, and community members to share responsibility & achieve shared goals



Referrals

Connecting students/families to resources beyond what the school can provide



Program Planning & School Support

Define Manage Assess



Fair-Share Responsibilities

Those tasks that are shared *equally among all faculty & staff*



Non School Counseling Tasks

Test coordination, discipline, clerical work

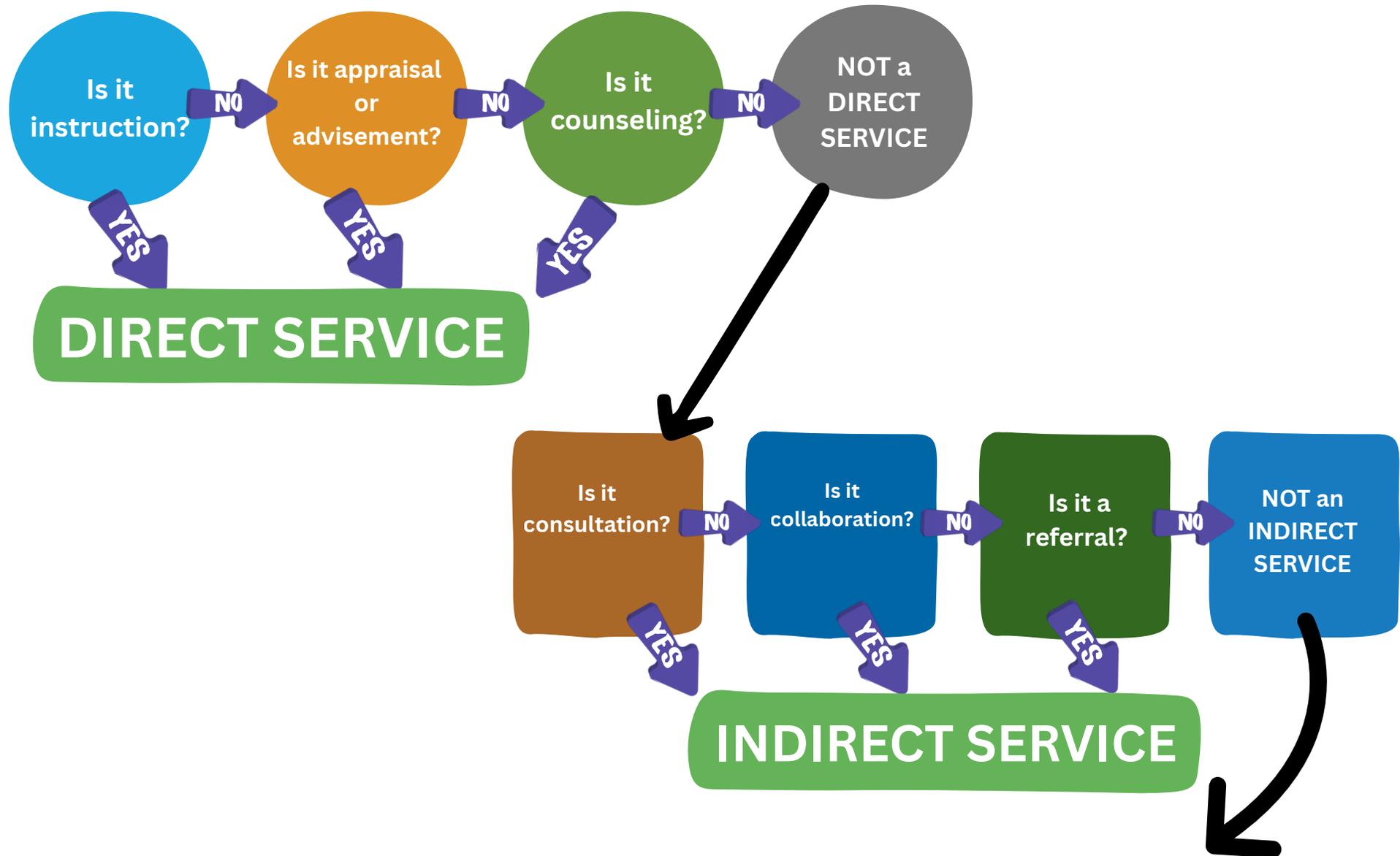


Program planning and school support must not total more than **20%** of the school counselor's total time.

Non-school counseling tasks should be **avoided** or kept to an **absolute minimum**.

Direct and indirect services must total at least **80%** of the school counselor's time.

Direct and Indirect School Counseling Services Flowchart



If it does not meet the criteria for direct or indirect services, it does not count toward the 80% requirement. Always consider how the proposed service directly impacts a student's ability to grow, succeed, and overcome barriers to learning.