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EMPLOYEE SPOTLIGHT

By Alli Timmons

KAREN NICHOLS

Karen Nichols first heard about the OSBI when Oklahoma first passed the Self-Defense Act (SDA). She applied then to be in the newly formed unit, and was hired on shortly thereafter. She has since progressed her way to being a Budget Analyst IV in the Administrative Division at headquarters.

She finds her job to be rewarding and enjoys working for the bureau. Her favorite part about working here are the good friends she has made. She truly feels that we are all part of one big OSBI extended family! She cites the knowledge she has gained throughout her time here as the most valuable aspect of her job, particularly in regards to what she has learned about state statutes. She appreciates the great training and learning opportunities that we are afforded here at the OSBI. She plans on working here for another ten years or more until she is ready to retire. When she does though, she hopes everyone will remember her fondly as a hard worker and a fun person to be around.

If she could change one thing about the work she does, it would be to work remotely, although she would probably miss all her friends here at work! If she could switch jobs with anyone in the world, it would be a photographer. If she could switch with someone at the OSBI, she would like to be an ICAC analyst. At the end of the day though, she loves working for the Bureau and we are immensely lucky to have Karen in our OSBI family!

Karen's hobbies include: reading, fishing, watching movies and walking her dogs. Karen's biggest pet peeve is intolerance of others. Her number one bucket list item is to travel to Greece. Her favorite food is "really spicy Mexican or Cuban," specifically sour-cream chicken enchiladas. If she could interview one person, dead or alive, it would be Michelle Obama.



Karen describes herself as honest, loyal, and sincere. Her personal philosophy is "don't try to change what you can't; change your behavior and reactions to each situation." When asked what is something she could not live without, she stated her family. Karen loves her 84-year-old mom, her husband, her siblings, and her many children and grandchildren. She has two brothers, one sister, two daughters, four step-daughters, and eight step-grandchildren! She also has two fur-babies, Angel & Belle. Angel is a cute little Shih Tzu, while Belle, a little bigger than her sister, is a chocolate Labrador retriever. Check out their adorable faces!



"Don't try to change what you can't; change your behavior and reactions to each situation."





Speaking of Health

Tips for Winter Health - 2023 by Elson Haas, MD*

Even in normal times, it can be difficult to stay healthy during the Winter season. This year we have the added challenges of continuing Covid plus a stronger than usual flu season and concerns over RSV in children, so it is more important than ever to take good care of ourselves. We want our bodies and immune system to stay strong to protect and defend us. I hope these tips will help.

The colder and damper climate is often the hardest on our body, along with the shorter days and less sunshine to give us energy and vitality (not to mention vitamin D). So, staying healthy in winter is an inside job, with nourishing and warming foods, lots of stretching and indoor exercises, more sleep, stress management and emotional support from the love of family and friends, even if it is via Zoom!

Here are 10 Winter Tips for you to consider

1. **Reduce Stress.** This is especially important now as we continue to deal with the consequences of Covid. Stress reduction is a skill you can learn and it will help you conserve your inner resources and slow down unnecessary drains on your energy. Assess the type of stress you are experiencing – is it physical or emotional? Are you feeling stress from your environment, an illness, your work, or relationships?
2. **Get Quality Sleep.** Sleep involves both your state-of-mind and body chemistry. If you go to bed feeling stressed or laden with worries, even if you don't normally have insomnia, your sleep may not have the quality it does when your mind is relaxed. On the other hand, I have patients who report that they sleep more deeply and more easily if they supplement with certain nutrients, such as calcium and magnesium melatonin, or 5-hydroxy-tryptophan.
3. **Nourish Yourself.** In the cold time of winter, provide your body with the extra raw materials it needs. Emphasize warming foods – more concentrated sources of fuel and nutrients, including whole grains and beans, nuts and seeds, seaweed, and quality proteins. In cold or damp weather, you also require a few more calories and spices such as ginger, garlic, and cayenne to heat your body.
4. **Focus on Essential Nutrients.** Be sure you're getting enough of what your body needs. I also recommend some nutrient enhancement to protect you from the stresses of cold, snow, wind, dampness, and the decrease in sunlight. This is the reason cod liver oil was a staple in healthy families in the 19th century – it contains vitamins A, D, and good fatty acids. The antioxidants are important, especially vitamins A, E, and C. Nutrients that address stress include the B complex vitamins (with B5 and B12), as well as the range of "smart supplements" now available such as alpha lipoic acid, phosphatidyl serine, and others. Make sure you get enough friendly fats and oils – the essential fatty acids you need to operate the nervous system, rebuild and protect your cells, and assure good brain function. Good food sources include avocado, sardines and salmon, plus all the healthy nuts and seeds, such as pumpkin, sesame, and sunflower, plus almonds and walnuts. Remember that these fats do not make us fat – in fact, you're more likely to gain weight if you don't have them, because the lack may increase your food cravings.
5. **Take Time for Reflection.** The introspective nature of winter provides an excellent opportunity for greater reflection and self-assessment. Take an honest look at where you are. At the same time, be gentle with yourself. If you are somewhat depleted, you may also feel more vulnerable and more susceptible to illness. Your emotions may be high, or you may be more sensitive than usual. See if you are able to accept yourself more fully in as many areas of your life as possible.



6. **Increase the Relaxation in your Life.** Learn some relaxation exercises or practice yoga, Tai chi, Qigong, or Pilates exercises. These gentle practices can be done almost anywhere, regardless of the weather and they will be a big help in reducing stress and improving sleep

7. **Avoid Over-indulgence.** If you feel like you're "running on empty," it makes sense to give yourself a little extra nurturing. But don't confuse self-care with self-



Speaking of Health

(continued)

Tips for Winter Health - 2023 by Elson Haas, MD*

- indulgence. Continue to minimize sweets and simple starches and avoid the empty calories of junk food. Portion sizes may also be a factor. Provide yourself with quality nutrition and supplements rather than constantly jump-starting yourself with caffeine.
8. **Have Fun and Laugh.** Normally we'd be hanging out with fun-loving and light-hearted friends and loved ones for support during this season, but the response to Covid, colds and flu is limiting these options. So, we have to get creative. Creative projects are a great support. Simple pleasures are stress reducing and healing. Watching movies or funny TV shows is a good stress reducer as well.
 9. **Make Time for Love.** First and foremost during these challenging times, LOVE YOURSELF. If you make that your key attitude, then you'll be able to support your healthiest lifestyle. Still, physical touch and intimacy are also good for your health. Now that only works easily if you're in a close relationship. If you're not in an intimate relationship, connect with friends and family, as your Covid stay-at-home guidelines permit and make time for some close emotional interchanges with a trusted friend or family member, even if it is only by phone or online.
 10. **Nourish Others.** Notice also how relationships nourish you deeply in return. Build giving into your life. Another important aspect of giving is remembering to keep reasonable limits or boundaries, so you don't feel swallowed up or depleted by your generosity. That brings us full circle to the idea of conserving energy during winter, in preparation for the rebirth of Spring. And start your day with gratitude, and that starts with the idea that "Gratitude is having a Grateful Attitude."

Cold and Flu Buster Tips for extra protection

If you start to feel sick - it is best to take action immediately:

- ▶▶ Vitamin C – I start with hourly vitamin C of 500-1000 mg,
- ▶▶ Vitamin A – I take and often suggest increased doses of vitamin A (not beta-carotene) – 25,000-30,000 IUs 3-4 times daily for just 3-4 days and then lower that dosage to 10-25,000 IUs twice daily for about a week. Then take a break since excess vitamin A can be toxic if taken too long in these higher amounts. Although when we are fighting off infections, it doesn't seem to be problematic and these higher amounts help us fight off germs at our mucous membranes.
- ▶▶ Garlic – I also use fresh garlic, taking several cloves at a time, dipping them in honey and chewing them. I may repeat this several times for the first day; alternatively, you can press a few cloves into a hot bowl of soup. Garlic is a spicy and aromatic natural antibiotic and immune defender; you could also use the odorless garlic caps, several capsules 3 times daily, if you do not want the smell, but they are not quite as effective.
- ▶▶ Echinacea and Goldenseal – an extract (in alcohol) can also be used to support immunity and cleanse the membranes; even the alcohol in them is a disinfectant.
- ▶▶ Olive leaf, Oregano Oil or Elderberry extracts – these herbs have some anti-viral properties and can provide some support as well.
- ▶▶ Zinc – is an immune supporter and can help with sore throats. A variety of zinc lozenges are available in the stores.
- ▶▶ For chest congestion, drink ginger root tea (simmer a few slices of root in a cup or two of water). Also, use some of the hot ginger tea to make a compress and place the soaked cloth over your upper chest. This is warming (which tends to stimulate blood circulation) and helps break up congestion. There are both natural and over-the-counter medicines for colds and coughs.
- ▶▶ Hydration – of course, drink lots of water, herbal teas, and hot soup.
- ▶▶ Rest – and remember that extra rest helps in healing. Often, we get sick when we are out of balance or overdoing it, so a cold gives us the opportunity to rest and sleep.

And remember, the best advice is:

Stay Healthy!

Elson Haas, MD

Preventive Medical Center of Marin

IS IT FLU, COVID, ALLERGIES, OR A COLD?

Feeling sick can be especially concerning these days. Could your sniffles be caused by COVID-19? Or the flu? A cold? Or maybe allergies?

Determining the cause of an illness can be tricky because many share some symptoms. They can leave you sniffing, coughing, and feeling tired. But there are important differences.

Figuring out what's making you sick can help you recover and prevent spreading sickness to others.

Flu vs COVID-19

"Distinguishing COVID from flu can be difficult because the symptoms overlap so much," explains Dr. Brooke Bozick, an NIH expert on respiratory diseases that affect the lungs.

Flu and COVID-19 are caused by different viruses that can be spread among people. Flu is caused by the influenza virus. COVID-19 is caused by SARS-CoV-2. Both can give you a fever, cough, headaches, and body aches.

Flu and COVID-19 also spread similarly. They're transmitted by small particles that come from your nose and mouth when you sneeze, cough, sing, or talk, raising the possibility of infecting people who are nearby. Infected people may not have symptoms, but can still pass along either virus.

"Both influenza and COVID can be spread to other people before individuals develop symptoms," notes Dr. Aubree Gordon, an infectious disease expert at the University of Michigan.

COVID-19 symptoms can take longer than flu symptoms to develop, she explains. Someone with flu usually has symptoms 1 to 4 days after being infected. A person with COVID-19 typically shows symptoms about 5 days after infection, although this can range from 2 to 14 days.

One telling sign of COVID-19 in some cases is loss of smell or taste. But because of other similar symptoms, there's really only one way to be certain if you have COVID-19 or flu: Get tested.

"You can go and get a COVID test at many pharmacies, and your doctor can administer tests for flu," Bozick says. COVID-19 tests are also available at many health centers. And you can buy testing kits approved for use at home.

Could It Be a Cold? Or Allergies?

Like flu and COVID-19, colds are also caused by viruses and can be passed to others.

Symptoms of a cold tend to be mild. You may have a runny nose, cough, congestion, and sore throat. But you won't usually have the aches and fever that are common with COVID-19 and flu. Often, you'll feel better in a couple of days.

There's no cure for the common cold. Typical treatments include rest, fluids, and over-the-counter medicines. Some complementary treatments may help with cold symptoms, too. Taking honey may help with nighttime cough for children over 1 year old. Rinsing your nose and sinuses can help with congestion. You can use a neti pot or other nasal rinsing device. Be sure to only use water that's been properly processed, such as distilled or boiled water, not tap water. Nasal rinses can bring relief for both cold and allergies.

Allergies can cause a runny nose and sneezing. But they're not contagious. If your eyes, nose, or ears itch, that also could be an allergy.

Exposure to things like dust, pets, and tree or grass pollen can trigger allergies, which are caused by the immune system overreacting.

Allergy symptoms tend to stop when you're no longer exposed to the cause. Unless you have asthma, allergies typically do not cause breathing problems. Allergies can be treated with drugs like antihistamines, decongestants, and nasal steroids.

Wintery Mix of Viruses

Winter is the prime cold and flu season. You're more likely to be indoors and closer to others when it's colder outside. Weather also plays a role in the spread of viruses.

"Cold and flu viruses survive better and are more transmissible if it's cooler and if there's lower humidity," Gordon explains.

Experts are concerned that flu and COVID-19 cases may increase and overlap in the winter. Flu cases usually start to increase around October and peak between December and February. Being infected with flu and SARS-CoV-2 at the same time is possible, as is showing symptoms of both.

IS IT FLU, COVID, ALLERGIES, OR A COLD?

(continued)

If you're sick with the flu, your doctor may prescribe antiviral drugs. Such drugs can make your flu milder and shorten the time you are sick. They work best if they're used early in your illness.

Remdesivir and ritonavir-boosted nirmatrelvir (Paxlovid) are approved by the [Food and Drug Administration](#) (FDA) for the treatment of COVID-19. Other treatments are in development and under review. No complementary approaches have been shown to be helpful for fighting off flu or COVID-19.

Fortunately, strategies to prevent the spread of COVID-19 also prevent the spread of flu and cold. "Measures like masking and social distancing work for other respiratory viruses, as well as COVID-19," says Dr. Chip Walter, who studies vaccine development at Duke University.

Staying Well

There's another really important way to fight viruses. "Get your flu shot, pneumonia, and COVID-19 vaccines," Walter advises. They are safe and effective ways to protect yourself and those around you.

Don't forget to vaccinate your children, too. That is the best way to protect their health. COVID-19 vaccines are now recommended for every-one age 5 years and older.


Flu vaccines are recommended for everyone 6 months and older. Flu vaccines are designed to protect against the four types of flu viruses that scientists expect to circulate that year.

Researchers like Walter and others are working to develop flu vaccines that last longer and offer broader protection against many flu strains.

Masks continue to be an important tool for stopping the spread of respiratory viruses, such as COVID-19. Try to avoid crowded indoor situations when possible, too.




From an article at <https://newsinhealth.nih.gov/2022/01/it-flu-covid-19-allergies-or-cold>

OSBI Flu Clinics



Questions? Contact Passport Health at Accounts@passporthealthusa.com or (844) 358-FREE

- Vaccines Available: Flu, 65+Flu, Pneumonia, Tdap, Shingles
- Most health insurance providers cover the cost of immunizations, so please be sure to bring your card!
- Vitamin B-12 is \$20.00
- Cost is due at time of service.

PASSPORT HEALTH			
Location	Date	Time	Click on a Registration Link or Scan QR Code (Required)
OSBI-HQ 2nd Floor Training Room	Wednesday, October 11	9 am - 11 am	 Passport Health Registration Link
OSBI-FSC Classroom A & B	Thursday, October 12	9 am - 11 am	
Total Wellness (Community Care Members)			
Location	Date	Time	Click on a Registration Link or Scan QR Code (Required)
OSBI-HQ 2nd Floor Training Room	Wednesday, October 11	9 am - 11 am	 Total Wellness Registration Link - HQ (CommunityCare)
OSBI-FSC Classroom A & B	Thursday, October 12	9 am - 11 am	 Total Wellness Registration Link - FSC (CommunityCare)

IS IT FLU, COVID, ALLERGIES, OR A COLD?

(continued)

Comparing Cold, Flu, Allergies, and COVID-19

Symptoms	Cold	Flu	Airborne Allergy	COVID-19
Fever	Rare	Usual, high (100–102 °F), sometimes higher, especially in young children); lasts 3–4 days	Never	Common
Headache	Uncommon	Common	Uncommon	Common
General Aches, Pains	Slight	Usual; often severe	Never	Common
Fatigue, Weakness	Sometimes	Usual, can last up to 3 weeks	Sometimes	Common
Extreme Exhaustion	Never	Usual, at the beginning of the illness	Never	Common
Stuffy, Runny Nose	Common	Sometimes	Common	Common
Sneezing	Usual	Sometimes	Usual	Rarely
Sore Throat	Common	Sometimes	Sometimes	Common
Cough	Common	Common, can become severe	Sometimes	Common, dry cough
Chest Discomfort	Mild to moderate	Common	Rare, except for those with allergic asthma	Common; can cause trouble breathing or persistent pain or pressure in the chest that calls for immediate emergency care
Loss of Taste or Smell	Rarely	Rarely	Rarely	Common

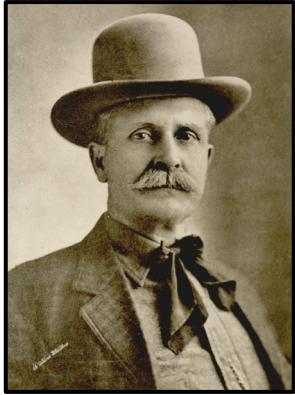


BLAST FROM THE PAST

by Julie Kelly

THE THREE GUARDSMEN

In this and future issues we will try to include images and stories from the past on a subject that may be of interest to everyone. In this issue we'll briefly explore one of The Three Guardsmen, William "Bill" Tilghman.



William Matthew Tilghman, Jr.
1854 - 1924

WILLIAM MATTHEW "BILL" TILGHMAN, JR.

William M. "Bill" Tilghman, Jr. was born in Fort Dodge, Iowa on July 4th, 1854. He became a career lawman, gunfighter, and "manhunter" in the late 19th century in Kansas and Oklahoma. His first documented service as a lawman was becoming a deputy under then Dodge City Sheriff Bat Masterson. He later gained his reputation for a manhunter starting with the capture of the notorious outlaw Bill Doolin and other members of his gang with the help of fellow manhunters "Heck" Thomas and Chris Madsen. This would make him famous as one of the "Three Guardsmen".

As a younger man, Tilghman was also a reputed buffalo hunter, killing approximately over 3,300 buffalo during a 7-month period in late 1871 and early 1872. This was to help supply meat to the men who were building the Atchison, Topeka and Santa Fe Railroad.

Holding various positions as a lawman throughout his career, Tilghman eventually got into politics and was elected as an Oklahoma state senator in 1910. After his senate term, he became the chief of police in Oklahoma City in 1911 where he served for two years helping to rid the city of much of its criminal element. His story was actually made into a film in 1915, *The Passing of the Oklahoma Outlaws*, that he starred in as himself. He also directed the film.

Tilghman lived to the age of 70 and in 1924, after being called back to duty after retirement, a drunk, corrupt U.S. prohibition agent, Wiley Lynn, who was drunkenly discharging his gun, didn't like it when he tried to disarm him. He did eventually disarm him but Lynn pulled a second pistol and shot Tilghman several times. Tilghman died the next day of his injuries. Lynn was acquitted of murder claiming self-defense, but was later shot and killed in another gunfight in 1932.

Tilghman's body lay in state in the Oklahoma capitol building's rotunda at the direction of then Governor Martin E. Trapp. Trapp was also a pallbearer along with former Governor James Robertson, the Oklahoma Attorney General George Short, and U.S. Marshal Alva McDonald. Tilghman is buried in [Oak Park Cemetery, Chandler, Oklahoma](#).



The inscription on his marker reads as follows⁴: *Bill Tilghman was born in Fort Dodge, Iowa, but soon moved to Atchison, Kansas. As a young man he was a buffalo hunter and scout for the U.S. Army. He did as a marksman brought him into law enforcement as marshal of Dodge City, Kansas. He was appointed Deputy United States Marshal in 1891. His service continued for 35 years. Tilghman made the Oklahoma Territory Land Run for former Sac and Fox Indian lands September 22, 1891, staking a claim near what would become Chandler. Tilghman also served as sheriff of Lincoln County, police chief of Oklahoma City and Oklahoma state senator. Historian William Raines said of Marshal Tilghman, "He took a thousand chances, made more arrests of dangerous men, broke up more outlaw gangs, sent more criminals to prison than any individual officer on the frontier." None of the fabled lawmen of Western myth, including Wyatt Earp, Bat Masterson, or Bill Hickok, came close to matching his record. Called out of retirement at age 70 to return to duty, Tilghman was killed in Cromwell, OK in 1924. Bat Masterson said of him, "He was the greatest of us all."*

The Three Guardsmen were inducted into the [Oklahoma Law Enforcement Hall of Fame](#)^{2,3} in 2009. Inductees are awarded the William Matthew "Bill" Tilghman Public Service Award at the time of their induction. This award was created to recognize the outstanding efforts by individuals, past or present, who bring honor and professionalism to the law enforcement profession.

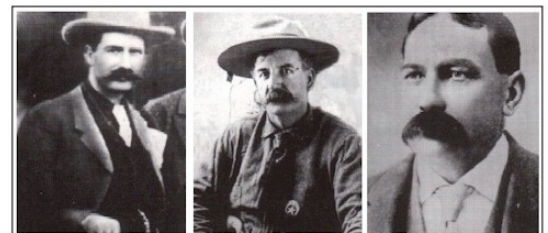


Tilghman in 1912¹



Tilghman posing with his Winchester rifle in a scene from the 1915 film *The Passing of the Oklahoma Outlaws*.

THE THREE GUARDSMEN



Bill Tilghman, Heck Thomas, and Chris Madsen

¹https://en.wikipedia.org/wiki/Bill_Tilghman

²https://www.okhistory.org/historycenter/olemhof/hall-of-fame-detail.php?hofmembers_id=5

³OHS Oklahoma Law Enforcement Hall of Fame The Three Guardsmen

⁴<https://www.hmdb.org/m.asp?m=193162>



Cybersecurity awareness is the combination of both knowing and doing something to protect a business’s information assets. When employees are cybersecurity aware, it means they understand what the threats are, and the potential impact cyber-attacks can have on a business. It takes everyone involved to combat cyber-attacks. Our IT personnel are ever vigilant in making sure we all understand the risks and are able to identify a potential attack. This issue is about Phishing and what to do if you receive a suspicious email.

Phishing

Phishing (pronounced: fishing) is an attack that attempts to steal your money, or your identity, by getting you to reveal personal information such as credit card numbers, bank information, or passwords on websites that pretend to be legitimate. Cybercriminals typically pretend to be reputable companies, friends, or acquaintances in a fake message, which contains a link to a phishing website.

Learn to spot a phishing message

•**Urgent call to action or threats** - Be suspicious of emails that claim you must click, call, or open an attachment immediately. Often, they'll claim you have to act now to claim a reward or avoid a penalty. Creating a false sense of urgency is a common trick of phishing attacks and scams. They do that so that you won't think about it too much or consult with a trusted advisor who may warn you.

•**Tip:** Whenever you see a message calling for immediate action take a moment, pause, and look carefully at the message. Are you sure it's real? Slow down and be safer.

•**First time or infrequent senders** - While it's not unusual to receive an email from someone for the first time, especially if they are outside your organization, this can be a sign of phishing. When you get an email from somebody you don't recognize, or that Outlook identifies as a new sender, take a moment to examine it extra carefully.

•**Spelling and bad grammar** - Professional companies and organizations usually have an editorial staff to make sure customers get high-quality, professional content. If an email message has obvious spelling or grammatical errors, it

might be a scam. These errors are sometimes the result of awkward translation from a foreign language, and sometimes they're deliberate in an attempt to evade filters that try to block these attacks.

•**Generic greetings** - An organization that works with you should know your name and these days it's easy to personalize an email. If the email starts with a generic "Dear sir or madam" that's a warning sign that it might not really be your bank or shopping site.

•**Mismatched email domains** - If the email claims to be from a reputable company, like Microsoft or your bank, but the email is being sent from another email domain like Gmail.com, or microsoftsupport.ru it's probably a scam. Also be watchful for very subtle misspellings of the legitimate domain name. Like micros0ft.com where the second "o" has been replaced by a 0, or rnicrosoft.com, where the "m" has been replaced by an "r" and a "n". These are common tricks of scammers.

•**Suspicious links or unexpected attachments** - If you suspect that an email message is a scam, don't open any links or attachments that you see. Instead, hover your mouse over, **BUT DON'T CLICK**, the link to see if the address matches the link that was typed in the message. Resting your mouse over a link reveals the real web address in the box with the yellow background.

Cybercriminals can also tempt you to visit fake websites with other methods, such as text messages or phone calls. Sophisticated cybercriminals set up call centers to automatically dial or text numbers for potential targets. These messages will often include prompts to get you to enter a PIN number or some other type of personal information.

Suspicious Email Guidelines

1. The #1 "What to do..." is forward the email to Report-Suspicious-Email@osbi.ok.gov and let IT investigate whether it is legit or not. They have ways to check it out that does not put you or the OSBI at risk.
2. DO NOT under any circumstances open or click on any link in the email if you suspect it is suspicious, if you are unsure, or do not recognize the sender (although you can get fake emails from senders who you know). If you are not expecting an email from them, you can call them to confirm they sent it to you, or just be safe, **FOLLOW RULE #1!**
3. **Do not download** any files that have an .exe extension. Other links/attachments can be scanned by anti-malware or virus software or reviewed by IT. Here is a link to a [Virus checker website](#) if you just can't wait for IT, this website will analyze suspicious files, domains, IPs and URLs to detect malware and other breaches. You can put this as a shortcut on your desktop. **When in doubt, FOLLOW RULE #1!**



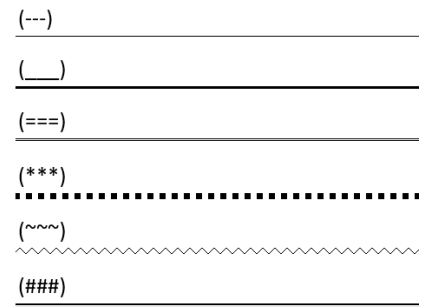
WHO YA GONNA CALL??

1. No one, put in a Help Ticket
2. Joseph Udy, Security Engineer
3. Vince Dao, Workstation Support
4. Michael Bridgford, Server Support
5. Terry Lindsey, Server Support

Shortcuts to Quickly Insert Different Line Styles in MS Word

Instead of trying to insert a line using the Insert>Shapes dropdown, do this instead!

1. Type three dashes and press enter for a single line.
2. Type three underline characters for a thicker, single bold line.
3. Type three = signs and press enter for a double line.
4. Type three * and press enter for a line with squares.
5. Type three ~ for a wavy line.
6. Type three # for a triple line.



Happy Birthday to all of You From all of Us!

OCTOBER		NOVEMBER		DECEMBER	
Employee	Birthday	Employee	Birthday	Employee	Birthday
Amber Bowen	1	Chad Barnett	1	Terry Stine	1
Kyndal Kleman	1	Courtney Barnett	3	Wendy Duke	1
Victoria Strout	3	Francia Thompson	5	Beckie Rhoades	2
John Cunningham	3	Justin Brown	6	Dylan Awe	2
Meric Mussett	3	Christopher Cordova	7	Caitlin Aviles	3
Elizabeth Green	5	Jackie Cruise	8	Jeffery Hickerson	4
Angela Avila	6	Traci Wilson	10	Erin Henry	5
Adam York	8	Anne Simons	10	Olivia Burrus	5
Bradley Knight	10	Stacy Hirschman	10	Garry Metcalfe	8
Daryl Constable	12	Chance Lanyon	10	Constance Lansdale	8
Lisa Merka	13	Kelli Fleener	11	Darren Atha	10
Meghan Bowman	13	Jennifer Dao	11	Denise Kramer	10
Kazuko Kovarik	14	Ashley Chael	12	Derek White	13
Talia Lane	15	Megan Terrell	12	Terri-Ann Crawford	14
Joshua Dean	16	Harlee Kowals	13	Todd Doyals	16
Kriste Lemons	18	Sherry Ekdahl	15	Emma Hood	19
Christa Rhodes	18	James Bogle	16	Seth Gillenwater	19
Antje Stambaugh	18	Caitlin Marrero	16	Lindsey Adamson	23
Vernon Glover	20	Rock Bilodeau	18	Katelyn Cooper	26
Todd Lindsey	20	Melissa McKee	18	Matthew Coffman	29
Lesley Perry	22	Andrew Cisper	18	Jarod Murphey	29
Nick Rizzi	22	Heather Eronini	19	Justin Aldridge	30
Leigh Armstrong	24	Phillip Ott	22	Alex Iven	30
Robert Walden	25	Chad Dansby	23	Tammy Ferrari	31
Laura Brown	26	Brendan Burke	23		
Emily Proc	27	Todd Spurlock	25		
Charlotte Auwen	28	Bri'Angela Matthews	26		
John Jones	30	Lynn Williams	27		
AJ Solis	30	Robert Williams	27		
Madelinn Ensign	31	Janice Joslin	27		
		Joshua Patzkowski	27		
		Michael Bridgford	28		
		Shannon Martinez	30		



May all life's blessings be yours, on your birthday and always!



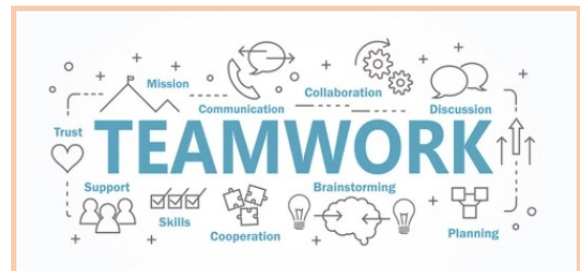
Happy Anniversary to Employees who joined the OSBI in October, November or December*
Wishing you another year filled with success!

OCTOBER		NOVEMBER		DECEMBER	
Employee	Years of Service	Employee	Years of Service	Employee	Years of Service
Amber Simmons	3	Braye Riseley	4	Andrea Fielding	18
Austin Echelberger	2	Carrie Farris	19	Baili Gunter	2
Autumn Foster	4	Cooper Knight	1	Caitlin Marrero	1
Blaine Phillips	12	Darren Atha	3	Christine Chalmers	14
Bradley Green	19	Debra Cooper	36	Eric Ward	24
Dee Dee Dawson	21	Elizabeth Snoddy	2	Jaime Sullivan	3
Donny Long	23	Heather Cropper	7	Janell Daggett	9
Holly Davis	2	Jennifer Gouge	2	Janice Joslin	19
Joseph Kimmons	3	Jeremy Engel	21	Jason Ott	3
Joshua Branch	1	Jeremy Yerton	11	John Cunningham	1
Kathy Palmer	4	Jessica Cocciolone	1	Jonathan Lindstrom	22
Matthew Myers	2	Jim Ely	26	Joseph Alsdurf	3
Melissa Cavazos	10	John Jones	27	Kriste Lemons	22
Michael Bridgford	6	Joseph Gravelle	1	Lesley Perry	19
Rachel Collins	1	Kathy Cook	53	Louise Myers	14
Rock Bilodeau	6	Katie Brown	1	Lynda Stevens	16
Roger McIver	15	Kazuko Kovarik	5	Lynn Williams	12
Savanna Cangiano	4	Lauren Culver	2	Madelinn Ensign	4
Stacy Hirschman	16	Leigh Armstrong	2	Rachel Flores	2
Stefanie Maynard	2	Leticia Deusedito	1	Taryn Wade	4
Steve Tanner	26	Meric Mussett	3	Terry Stine	17
Zach Horn	1	Nathan Mellen	3		
		Rachel Leach	4		
		Sandra Goodpasture	27		
		Sherry Ekdahl	4		
		Tiffany Cooper	2		
		Tyler Fletcher	2		
		Victoria Strout	4		



Please join us in congratulating all of our Red Feather Award recipients!
Great job everyone!

- | | |
|-----------------|-----------------|
| Alex Iven | Jennifer Foster |
| Amber Simmons | Justin Deckard |
| Bryce Phillips | Kalli Kapraun |
| Caitlin Marrero | Katie Brown |
| Denise Kramer | Meric Mussett |
| James Bogle | Philip Havens |






[Link to Back Issues](#)

If you do not wish your birthday or anniversary date to be published in future issues, please email me [here](#).

*Some years of service may be different due to an employee leaving the OSBI and then returning. We have tried to catch those and put your original EOD but if we missed it, please let us know!

OCTOBER 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	 9	10	 11	 12	13	 14
15	 16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	 31				





-  **State Holiday's**
None
-  **Holiday's / Events**
9th - Columbus Day
11th - OSBI HQ Flu Clinic
12th - OSBI FSC Flu Clinic
16th - Boss's Day
31st - Halloween
-  **Things to Do in Winter**
(see article pg 23)

NOVEMBER 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	 4
 5	6	7	8	9	  10	  11
12	13	14	15	 16	 17	 18
19	20	21	22	  23	  24	 25
26	 27	28	29	30		

-  **State Holiday's**
10th - Veteran's Day
23rd - 24th - Thanksgiving
-  **Holiday's / Events**
5th - Daylight Savings Ends
11th - Veterans' Day
24th - Black Friday
27th - Cyber Monday
-  **Things to Do in Winter**
(see article pg 23)

DECEMBER 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	 7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	 25	 26	27	28	29	30
 31						

-  **State Holiday's**
25th - 26th Christmas
-  **Holiday's / Events**
7th - Pearl Harbor Day
31st - New Year's Eve
-  **Things to Do in Winter**
(see article pg 23)
There are many events that started in November that continue through to December and January.

CALENDAR OF EVENTS

BEHIND *the Scenes*

by Alli Timmons

The OSBI Latent Evidence Unit (LEU) is a section of the OSBI Criminalistics Services Division housed at the Forensic Science Center in Edmond, Oklahoma. The LEU specializes in the collection, development, preservation, analysis and comparison of latent print and footwear impression evidence. The term "latent" means "hidden". Latent prints most commonly include fingerprints or palm prints collected from a crime scene. Latent prints usually need to be processed or developed with a chemical or physical developer in order to be visible to the naked eye. Once they are visualized, they can be used for comparison to a person's known fingerprint to see if they are consistent.



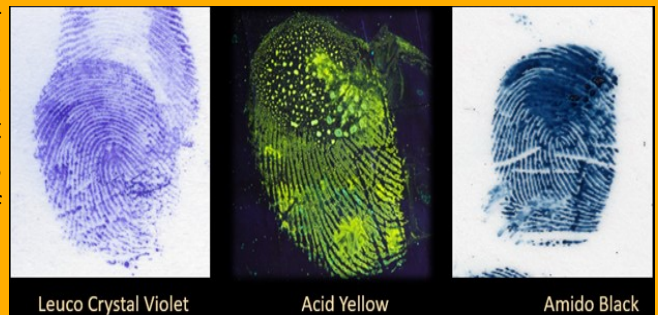
Left to Right: Candace Brown, Sandra Murphy, Zach Stults, Stacy Hirschman, Lori Bilodeau, Amanda Gilson, Amy Davila, Meghan Jones, Shana Wilson
#OnWednesdayWeWearPink



A few of the tools utilized in accomplishing these tasks include the Automated Fingerprint Identification System (AFIS), the Federal Bureau of Investigation Next Generation Identification (NGI), digital imaging equipment, and various chemical and physical development techniques.

The LEU provides a wide range of services to law enforcement agencies across Oklahoma. They respond (when requested) to crime scenes to help officers and investigators on-site. They provide latent print specific training to agencies and academies around the state. They routinely go to the Medical Examiner's (ME's) Office to collect major case impressions from victims. They work with the OSBI Information Services Identification (ID) Unit to assist the Medical Examiner's Office with identifying deceased individuals before they are released from the morgue. They also assist the ID unit with known-to-known comparisons in which one of the records is of poor quality. The LEU exemplifies our mission of "protecting Oklahoma, one partnership at a time!"

The LEU works with many other units throughout the OSBI. They work in partnership with the OSBI CODIS Unit by verifying



Development Techniques for Prints in Blood

BEHIND *the Scenes*

by Alli Timmons

(continued)

fingerprints on collected DNA samples. They regularly work evidence from the other units to collect fingerprints from submitted evidence, such as packages of seized drugs from the Controlled Dangerous Substances Unit, guns and shell casings from the Firearms & Toolmarks Unit, and items containing DNA evidence from both the Specialized and Forensic Biology Units. The LEU embodies #OneTeamOneMission” in so many ways!



AFIS Search

The OSBI LEU consists of nine employees. Two of them were recently authorized to conduct casework after completing a rigorous two-year training program. With the exception of the two new analysts, all have 10+ years of experience and are Certified Latent Print Examiners through the International Association for Identification. A typical day in the LEU consists of 1-



2 analysts working in the lab processing various items of evidence, with the rest of the team working in their cubicles analyzing developed latent prints, comparing those to known individual prints, and searching unidentified latent prints through the OSBI, Oklahoma City PD, and FBI fingerprint data-

bases. These analysts also spend their time doing verifications and reviews for other analysts. They verify 100% of their comparisons, and perform technical reviews on 100% of their cases before they are approved and released to our customers.

Over the years the LEU is proud to have had numerous opportunities to assist in cold cases, unidentified/missing person cases, and other “big cases.” One of their most notable was the identification of a deceased female referred to as Daisy Doe. She was a homicide victim that remained unidentified from 1988 until 2015. Their unit was able to identify her after they discovered the victim’s hands were retained at the Medical Examiner’s office. They were submitted to the OSBI Lab and a technique referred to as the “boiling technique” was utilized to enhance the ridge detail on the hands. Known fingerprints were collected from the victim and searched through the newly upgraded FBI Next Generation Identification (NGI) database, and resulted in an identification. The victim finally had a name and law enforcement could now focus on investigating her murder. Additionally, the LEU team has received two FBI Biometric Identification of the Year awards for cases they’ve worked. One was awarded for a 1997 cold case homicide out of Wisconsin, and the other for a 2012 case from Moore. The LEU is actively involved in reviewing cold cases for additional analysis that could be conducted, while also focusing on new cases that are submitted.

"Every week gets better"

"Thank you for your hard work and dedication"

"Fascinating night once again, I'm so glad I got to participate"

"The shooting simulator was fantastic and very informative"

"Awesome, everyone needs to do this, helps relate to officers"

"The simulation training was enlightening"



OSBI Citizens Academy

INVESTIGATIVE SERVICES DIVISION

Citizens' Academies Draw Praise Throughout the State

In 2022, the Investigative Division implemented Citizens' Academies throughout the state. As of this writing, four academies have been held in the following locations: Durant (SERO), Weatherford (NWRO), Stillwater (NCRO), and Duncan (SWRO). SCRO will host the next academy in McClain County, in January 2024.

The Investigative Division, Information Services Division, and the Criminalistics Division collaborate to educate attendees on the various resources the OSBI provides requesters in order to meet the OSBI mission. Attendees have included state senators and representatives, university professors, retired agents, school administrators, teachers, members of the media, business professionals, as well as members of the general public.

The academies have been well received and continue to be a huge success in educating the community about how we are *"Protecting Oklahoma One Partnership at A Time"*.



"Amazing session!!"

"So good"



Criminalistics Services Division

by Alli Timmons



- 10/5 Outreach & Physical Evidence Training in Ada, OK
- 10/19 Outreach & Physical Evidence Training in Elk City
- 10/24 Outreach & Physical Evidence Training for technical investigators in Norman



- 11/8 Physical Evidence training at FSC



- 12/13 Outreach at FSC



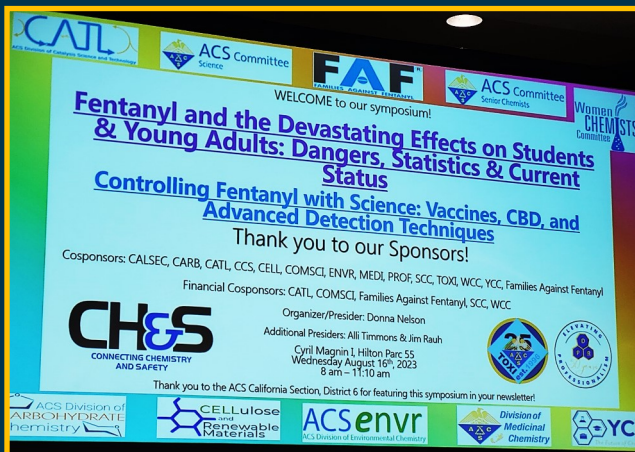
In August of this year, Alli Timmons, Senior Criminalist in the Toxicology Unit, attended the American Chemical Society (ACS) Fall 2023 Conference in San Francisco, CA.

She co-organized and moderated a two-day symposium on fentanyl with former ACS 2016 President, Dr. Donna Nelson (OU Chemistry Dept. & Science Advisor for “Breaking Bad”). Alli was asked to repeat the presentation here in Oklahoma City for the ACS 2023 Southwestern Regional Meeting with speakers from Oklahoma & surrounding states sometime in November.

During the conference Alli gave two 30-minute presentations, one on Development of a solid-phase extraction method for fentanyl analogs in biological matrices for analysis by LC-MS/MS (this was her UCO Master’s thesis and was validated for the OSBI tox unit). The other presentation was on Fentanyl Hysteria.

Alli is also the proud recipient of the ACS Fall 2023 CIBA Young Chemists Committee “Young Scientist Travel Award (\$500)”. Congratulations Alli!

Note: Due to a statewide travel ban for state employees to California, the travel costs for this conference were funded by travel grants and support from ACS.



Biohazards Softball Game Schedule

Date	Time	Home/Away	Field
9/19	6:30	H	2
9/20	6:30	A	2
9/27	7:00	H	2
10/4	6:30	A	3
10/11	-	-	-
10/18	6:30	A	2
10/25	7:30	H	3
11/1	7:30	A	Stadium
11/8	6:30	H	2
11/15	TBD	Playoff's	TBD

Location: Wheeler Park - 1120 S Western Ave
Come cheer us on!

Fungus Gnats:

Ideas on How to Manage these Pests

Treat the Soil

- Cinnamon
- Chromocast Earth
- Vinegar Traps
- Ammon Oil

Adult Flies

- Mosquito Traps
- Mosquito/Mosquito Bait
- Vegeto Picker
- Power Bug on the Go!

Other Helpful Tips:

- Quarantine infected plants
- Get soil dry before reusing again
- Remove standing water from runoff sources
- Treat soil every other week, or every time you water
- Use sand or gravel for the top inch of soil
- You can find other ideas for fungus gnat control, and recipes for "Mosquito Traps" and vinegar traps online.

Click on an image above to download and print if desired (readers outside of the OSBI will not be able to access full size versions)

ODIS at 25 Years

Submitted by Jack Keisorn

1998 - 2023

What is ODIS

The Offender Data Information System (ODIS) is a comprehensive law enforcement and municipal court records management application.

History

ODIS Started in August 1998 by the Oklahoma Criminal Justice Resource Center (OCJRC). The OCJRC's Management Information Services (MIS) Director, John Connors, was the initiator of the Offender Data Information System (ODIS). The ODIS project was the next logical evolution of the LOCKDOWN jail management system introduced into county sheriff's offices by OCJRC in previous years. LOCKDOWN used the elements needed for jail management and translated these into an offender-specific database program for use by local, state and federal criminal justice agencies.

The months of February and March 1998 were spent developing a funding proposal for the next stage of software development. The grant request was completed in March 1998 and funded in July 1998 by the Oklahoma District Attorney's Council through the federally-sponsored Department of Justice, Bureau of Justice Assistance *Edward Byrne Memorial State and Local Law Enforcement Assistance Discretionary Grant Program*.

Once the funding was secured, the first six months were devoted to internal organization and software development. The project employed two Computer Specialists, Jack Keisorn and Scott Shelby, who began to review the existing system and develop a transition software.

Keisorn and Shelby started the development of ODIS in 1998. ODIS was deployed in 1999 before the year 2000 Y2K computer issue. The first agency that deployed ODIS was Custer County Sheriff's Office. By the end of the first year, 13 agencies received the ODIS system.

ODIS started with the Jail module. Later, the incident report module was added. All other modules; warrant, citation, sex offender registration, radio log, etc. followed.

With grant funding, the system was initially provided to the agencies at no cost. OCJRC provided 1 ODIS server, 3 desktop computers, 1 digital camera, 1 laser printer and 1 inkjet printer to law enforcement agencies. OCJRC also ran the agency network and connected all the computer systems if the agency had no network system in place. By the third quarter of 2001, sheriff's departments from 33 counties had the computers and programs for the Offender Data Information System (ODIS). Of those, 24 were able to exchange information through the computer networks.

By January 2003, there were 39 sheriff's offices and 34 police departments using ODIS.

When grant money began to run out, we asked agencies to help match part of the cost of equipment.

Making a splash!!!

As you can imagine, this made the news. With the new computer system breakthrough, it sure made some noise.

Moved to a new home

ODIS moved to the Oklahoma State Bureau of Investigation (OSBI) in August 2009. ODIS has been with the OSBI for 14 years. During this time, ODIS has grown larger than anyone could have anticipated. With a great team at the OSBI, ODIS now consists of

Projects and NEWS

ODIS at 25 Years (continued)

312 Law Enforcement agencies. ODIS use continues to grow.

After the move, we received much needed help from the OSBI State Incident Reporting System (SIBRS) Field Representatives support team. They jumped in and helped with training and support calls. Currently, this support team is led by Jim Ely, along with the Crime Reporting Field Representatives Collin Woodruff, Misty Jeter, Aaron Gray, Jackie Cruise, Annie Gilbreath, Laura Brown, Jennifer Gouge, and Administrative Assistant Anita Wood.

With 312 agencies, this means 300+ ODIS servers needed to be set up, maintained and supported. Currently, these tasks are handled by our ODIS Server Support Specialist Michael Bridgford. Michael has had his hand on almost all of these servers.

Legislation supporting ODIS

2004, Senate Bill 1394

In 2009, House Bill 1676 transferred all functions of ODIS from OCJRC to OSBI

ODIS updated to ODIS 2

To stay updated with advancing technology, ODIS was updated to the new Microsoft Platform (most users called ODIS 2) back in May 2015. OSBI hired two programmers, Jeremy Burgin and David Belknap, to help with the conversion. This update was completed in 2017. It took approximately 2 years to migrate all of the ODIS agencies to the new version of ODIS. The first agency to receive the new ODIS 2 update was Payne County Sheriff's Office. The last agency that received the ODIS 2 update was the Osage County Sheriff's Office.

Integrated with others

ODIS is currently integrated with several state agencies and vendors. This helps maximize the functionality of ODIS and make daily work easier for the users.

Below are samples of some of the integrations and vendors who interface with ODIS.

▶ Oklahoma State Incident Based Reporting System (SIBRS)

ODIS SIBRS Interface allows users to submit incident reports to the State Repository (SIBRS) which is then forwarded to FBI NIBRS/NDex and LEOKA programs. ODIS agencies are able to search incident reports in the SIBRS system. Large agencies in Oklahoma such as Oklahoma City Police Department, Tulsa Police Department, Norman Police Department that are not a member of ODIS report to SIBRS. The ODIS SIBRS search allows searching of incident reports for an additional 147 agencies, giving users the ability to search for incident reports from almost every agency in the state.

▶ DPS Collision Report

Since 2021, OSBI has worked with the Oklahoma Department of Public Safety (DPS) and Oklahoma Highway Safety Office to improve our collision reports. This collision report is a reengineered version of the previous ODIS accident report. This will allow ODIS agencies to submit collision reports electronically to DPS. It will also help DPS receive the collision reports in a timely manner. Daryl Constable was hired to work on this project. Currently, Daryl is a full-time employee with the OSBI and works as one of the ODIS developers.

▶ Oklahoma State Court Network (OSCN)

ODIS has the ability to export District Court citations to the OSCN Portal electronically. This will allow court clerks to submit the District Court Citation to OSCN without having to mail in or hand deliver a paper copy of citation.

Projects and NEWS

ODIS at 25 Years (continued)

▶▶ Victim Notification (VINE)

Victim Notification (VINE) is a project of the Office of the Oklahoma Attorney General’s office. VINE is Oklahoma’s criminal tracking and victim notification system. OK VINE is a free, 24-hour, confidential, computer-assisted service that provides Victim Information and Notification Every day. OK VINE will automatically notify interested parties about changes in an offender’s custody status.

ODIS has been working with the Oklahoma Attorney General’s office since 2009 to export booking and release information from county jails to VINE. This allows citizens of Oklahoma to go to the VINE portal and register to receive the notification when a registered inmate is released.

▶▶ LiveScan machine

ODIS works with certified LiveScan vendors in the State of Oklahoma to allow LiveScan fingerprinting devices to be able to import the booking information directly from ODIS server. This prevents jailers to have to re-type the booking information a second time. This helps speed up the booking process and limits the time an inmate is out of a cell. This helps improve security in the jail booking area.

▶▶ GeoSafe

ODIS works with the GeoSafe application to help with call logs. This will allow dispatchers to see or review the call logs and officer locations on the GeoSafe application. This helps improve officer safety when on patrol.

▶▶ Jail telephone system

ODIS works with several jail inmate telephone system vendors. ODIS has web services that allow jail inmate telephone systems to retrieve current inmate lists. This helps save time since the jail detention officers do not have to re-enter the same information again into the jail inmate telephone system.

▶▶ Jail commissary system

ODIS works with several jail inmate commissary system vendors. ODIS has web services that allow jail inmate commissary systems to retrieve current inmate lists. This helps save time since jail detention officers do not have to re-enter the same information again into the jail inmate commissary systems.

25 years later

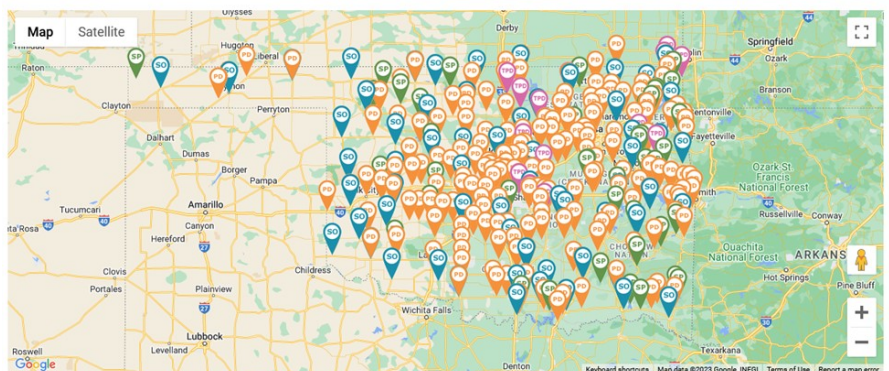
Fun facts

Year 1 - there were 13 law enforcement agency participants in ODIS.

Year 25 - there are 312 law enforcement agency participants in ODIS. Which are:

- 69 Sheriff’s Offices
- 212 Police Departments
- 11 Tribal Police Departments
- 10 School Campus Police Departments
- 1 State Parks (43 locations)
- 4 State Agencies
- 5 Detention Centers / 911 Centers (Other)

ODIS Agencies Map



There are 452 law enforcement agencies in the State of Oklahoma, 312 of them are using ODIS, an equivalent of 71% usage.

Projects and NEWS

ODIS at 25 Years (continued)

Things ODIS can do

1. Incident Reports
2. Incident Case Management
3. Property Room Inventory Tracking
4. Crime Mapping Reports
5. Search SIBRS Database
6. Jail Bookings
7. Collision Reports
8. Upload Collision Reports to DPS
9. Citations
10. Citation Payment Records
11. Upload Citations to OSCN
12. Warrants
13. Sex Offender Registrations
14. Violent Crime Registrations
15. Radio Logs
16. Field Interviews / SAR reports
17. Probable Cause Affidavits
18. Protective Orders
19. Pawn Tickets
20. Civil Reports
21. Oklahoma Tax Commission Vehicle Searches
22. Equipment Inventory Tracking
23. Employee Records Management
24. Transportation Records
25. Internal Vehicle Maintenance
26. Vehicle Gas Log Management

ODIS Community

What do you get from having 312 Law Enforcements agencies join forces? A large amount of information they can share. These agencies have entered a large amount of information into ODIS, and can share this information with each other.

The numbers worth mentioning

Number of Records in the ODIS Main Database	
Names	10,378,898
Mugshots	4,292,761
Incident Reports	8,352,588
Booking Reports	2,030,485
Citations	3,046,958
Warrants	422,608
Sex Offender Registrations	6,997
ODIS Users	14,218

ODIS Database Numbers	
8	Databases
296	Tables
2,629	Stored Procedures
174,000	Lines of Code in SQL

Total lines of codes in the ODIS application: 180,000

Future of ODIS

ODIS continues to grow. The future is always changing, so we will keep changing to make sure our law enforcement agencies are up-to-date.



by Anita Wood

New Drinking Fountains at OSBI Minimize Bottle Use



The new drinking fountains with bottle fillers that were installed not too long ago here at HQ, have minimized our dependency on disposable plastic bottles.

As of the publication of this newsletter, OSBI HQ has saved 32,289 bottles from making their way into a land fill. That is a pretty awesome number!

Top Recycling Statistics of 2022¹

The widely circulated statistic that 9% of plastic waste is recycled in the U.S. has now been deemed an overestimate according to the World Economic Forum.

1. Of the 40 million tons of plastic waste generated in the U.S. in 2021, only 5% to 6% — or about two million tons — was recycled.
2. Between 2019 and 2020, there was a 5.7% overall decrease in plastics recovered for recycling in the U.S. That is the equivalent of 290 million pounds.
3. Approximately 36% of all plastic produced is used to create packaging, 85% of which ends up in landfills.
4. About 98% of single-use plastic products are made from fossil fuels and around *24 million gallons* of oil is needed to produce a billion plastic bottles.



5. Globally, we produce about **400 million tons of plastic waste yearly.**
6. Until recently, the U.S. outsourced a significant portion of its plastic, but import bans in countries like China and Turkey have fueled a decline in recycling.

Plastic recycling has long posed challenges. Unlike glass and metal, plastic cannot be repeatedly recycled without quickly degrading in quality. Of the three R's—reduce, reuse, and recycle—it's the latter that we tend to focus on the most. While it's equally (if not more) important to **reduce** our consumption and **reuse** items as much as possible, recycling the materials that are already here into something new is a crucial way to protect the environment.

7. The total bottle recycling rate for 2020 was 27.2%, down from 28.7% in 2019.
8. **Every hour, 2.5 million plastic bottles are thrown away in the United States.**
9. **Between 75 and 199 million tons of plastic are currently in our oceans.**
10. Plastic bottles take **upwards of 450 - 700 years to degrade.**



¹<https://www.weforum.org/agenda/2022/06/recycling-global-statistics-facts-plastic-paper/>



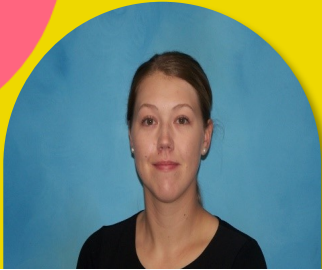
In Our State

Things to do in Oklahoma - Winter Edition

- * [Fall Festival](#) - Pet friendly festival! October 14, 2023, 9 am - 4 pm. Dog Park, 701 Inla Ave, Yukon. Costume contests, pumpkin bake-off, shopping, games, drawings and prizes, not to mention food! All benefitting the Pets and People Dog Park.
- * Holiday shopping at its finest! Shopping, food trucks, live entertainment and a variety of vendors.
- * [Christmas Market at the Farm](#) - October 14, 2023. Indulge in festive shopping at Wells Christmas Tree Farm in Norman, OK.
- * [Christkindl Market](#) – November 11, 2023 – November 12, 2023. Step into a Bavarian Christmas wonderland in the heart of downtown Bartlesville.
- * [Christmas Holiday Market](#) – November 11, 2023. Celebrate the season at Poteau's Christmas Holiday Market at the Donald W. Reynolds Center.
- * [Luminance: Merry Marketplace](#) – November 17, 2023. Kick off the Christmas season with festive shopping and family-friendly fun in Edmond's Mitch Park during Merry Marketplace in Edmond.
- * Ice skating Adventure possibilities!
 - * [Edmond Ice Rink](#) – November 4, 2023 – January 15, 2024. Holiday ice skating in Mitch Park at the Edmond Outdoor Ice Rink.
 - * [Devon Ice Rink](#) – November 10, 2023 – January 20, 2024. Ice skating at the Devon Ice Rink in OKC's Myriad Botanical Gardens.
 - * [Crest on Ice](#) – November 10, 2023 – January 7, 2024. Holiday ice skating in Norman at the Crest Foods parking lot in Norman.
 - * [BA Ice Rink](#) – November 10, 2023 – January 7, 2024. Skate under the festive twinkle lights at Broken Arrow's only outdoor skating rink.
 - * [Yukon Ice Rink](#) – November 18, 2023 – January 1, 2024. Head to Chisholm Trail Park in Yukon to enjoy a great winter of outdoor ice skating on 4,100 square feet of real ice.
- * [The Polar Express](#) – November 11, 2023 – December 27, 2023. Get in the holiday spirit with a festive ride on The Polar Express in Oklahoma City.
- * [Route 66 Christmas Chute](#) – November 16, 2023 – December 31, 2023. The Route 66 Christmas Chute is a unique experience in downtown Sapulpa.
- * [Lights On!](#) – November 16, 2023. Main Street Jenks becomes a winter wonderland as the community gathers to kick off the holiday shopping season during the annual Lights On! event.
- * [Dickens on the Boulevard](#) – November 17, 2023 – November 18, 2023. Celebrate the holidays at Dickens on the Boulevard, a Victorian-themed festival in historic downtown Claremore.
- * [Crystal Christmas](#) – November 18, 2023 – December 31, 2023. Experience the magic of the holiday season at Woodward's annual Crystal Christmas.
- * [Chickasha Festival of Light](#) – November 18, 2023 – December 31, 2023. Recognized as one of the top holiday light shows in the nation, the Chickasha Festival of Light features over 4 million twinkling lights in Shannon Springs Park.
- * [Garden of Lights](#) - November 23, 2023 – January 1, 2024. Experience animated displays and over 1.2 million shimmering lights at Muskogee's annual Garden of Lights.
- * [Kingfisher Winter Nights](#) - November 25, 2023 – December 25, 2023. See millions of lights set historic Kingfisher Park ablaze this holiday season during Kingfisher Winter Nights.

For more Holiday things to do this Winter season, click [here](#) for TravelOK's extensive list of ways to celebrate Winter in Oklahoma!

On behalf of the entire agency, please welcome aboard the newest members to the OSBI Team!



Olivia Burrus, Special Agent Investigative/ICAC



Zachary Carter, CRFR Information Services/DSU



Vince Dao, Workstation Spec. Information Services/IT



Erin Dowd, Criminalist CSD/NERL



Samantha Holland Criminal Intelligence Analyst Investigative/CIU



Evilin Juanes, CRFR Information Services/DSU



Liju Kuzhimattathil Network Tech Information Services/IT



Jim Landis, Temp Information Services/IT



Jason Lawless, Special Agent Investigative/SERO



Daniel Perkins, Special Agent Investigative/SWRO



Randall Peters, Special Agent Investigative/NWRO-CSI



Joseph Udy Security Engineer Information Services/IT



Julee Womack HR Mgmt Specialist Support Services/HR



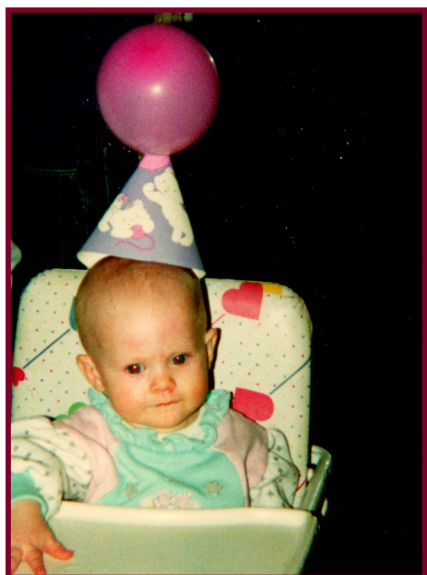


Who Is That?

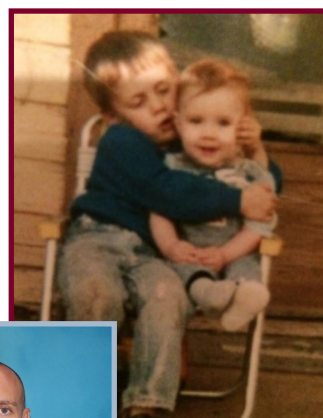
Send us your baby pictures for the 'Who is That?' game. We'll post a photo in every newsletter and the first person to email and correctly guess who the employee is, wins a prize!

Note: It will be always be an employee of the OSBI.

Try your luck at guessing this issue's Who is That? Below



No one correctly guessed who the "babies" were in the last issue. It was brothers, Dillon and Sawyer Davidson!



Click [here](#) or on the photo to enlarge, then if you think you know who it is, email your guess [here](#).

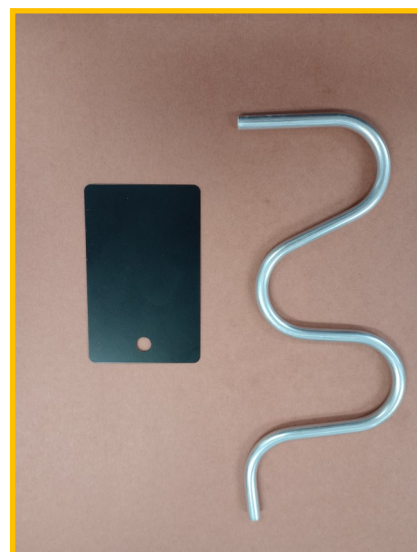
The first correct answer received wins!

WHAT IS THAT?



Check out the new 'What is That?' game. We'll post a photo in every newsletter and the first person to email and correctly guess what the item is, wins a prize! *No Googling everyone!!* Try your luck at guessing this issue's 'What is That?'. Click on the picture to enlarge it. If you have an item that you think would be good for this section, feel free to send it to me for subsequent issues!

*This issues 'What is That?' provided by Anita Wood, Information Services





Sharp Brains - Cognitive Skills



ACROSS

- 1) Rough file
- 5) Cold shower?
- 10) Very excited
- 14) Way, way off
- 15) Classic John Wayne film
- 16) "Ain't gonna happen"
- 17) "Frasier" actress Gilpin
- 18) "Encore!"
- 19) "Hold ___ your hat!"
- 20) Stung a second time
- 23) Make president
- 24) Battery projection
- 25) Barroom fights
- 28) It's historic?
- 30) Exercise for the flexible
- 31) Organic fertilizer
- 33) Object stared at in disbelief
- 36) Certain condiment
- 40) Chapter in a history book
- 41) Count of jazz
- 42) Paste alternative
- 43) Legend's cousin
- 44) Fine wool
- 46) Book of many places
- 49) Crooner Sam
- 51) Container ship, e.g.
- 57) "Swan Lake" costume
- 58) Taper off, as wind
- 59) Kind of palm
- 60) Advil target
- 61) Aficionado
- 62) Units of work
- 63) Casting need
- 64) Looks of wickedness
- 65) Backtalk

DOWN

- 1) Wholly absorbed
- 2) Not many
- 3) Wrapped Indian garment
- 4) Bargain hunter's accomplishment
- 5) Tends to stubble
- 6) Mr. Spock's forte
- 7) Make new laws
- 8) Cut a scene
- 9) "Beloved" author Morrison
- 10) Consecrate with oil
- 11) Muppet with a hooked nose
- 12) Didn't take part (with "out")
- 13) Rock containing crystals
- 21) Building addition, sometimes
- 22) Type of jar
- 25) Computer info quantity
- 26) Laugh like a lion?
- 27) Taj Mahal location
- 28) Cover ground?
- 29) Singer DiFranco
- 31) "Gee whillikers!"
- 32) Prefix with "cycle" or "sex"
- 33) Jamaican fruit
- 34) Roman satyr
- 35) Popular cookie
- 37) Bottomless pit
- 38) Gangster's rapid-firer
- 39) Ways out
- 43) Former Panamanian leader Noriega
- 44) Workers with vans
- 45) ___ out a living
- 46) Essence of roses
- 47) Event that buries hatchets
- 48) Carpenter's rotating device
- 49) Yearn for
- 50) Playful aquatic mammal
- 52) Gloomy atmosphere
- 53) Slender woodwind
- 54) Gilbert of "Roseanne"
- 55) Baker's dozen?
- 56) It's not for a winner

T-V VIEWING

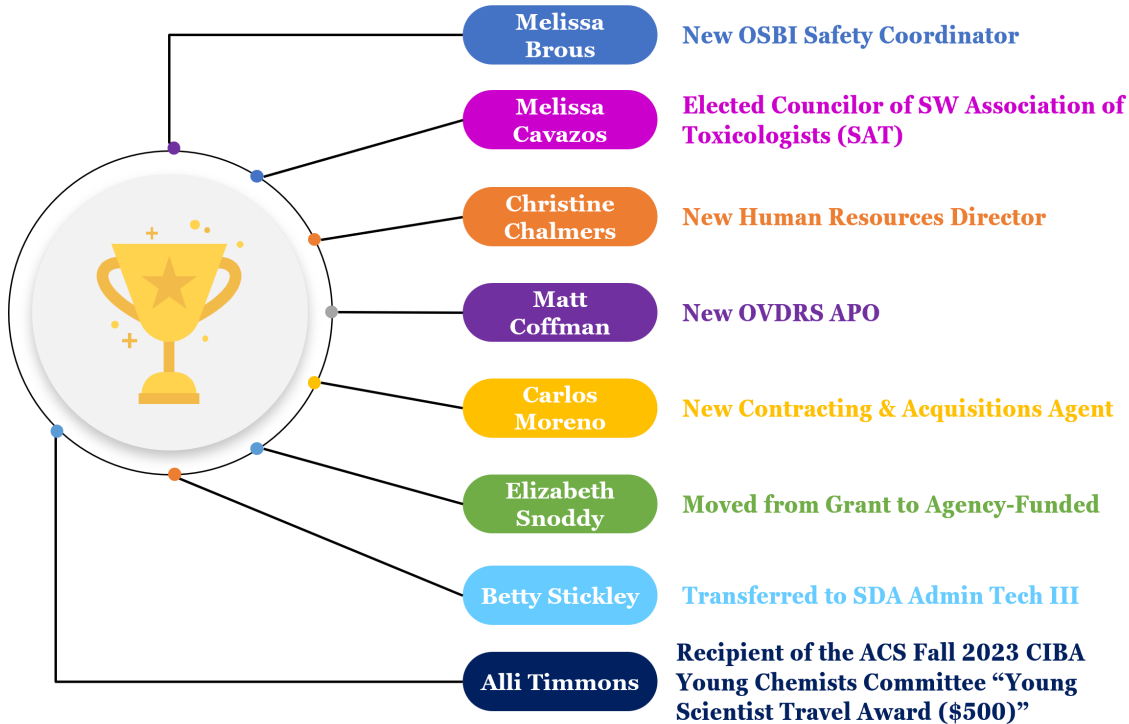
By Timothy E. Parker

1	2	3	4		5	6	7	8	9		10	11	12	13	
14					15						16				
17					18						19				
20				21						22					
			23							24					
25	26	27						28	29						
30							31	32				33	34	35	
36				37	38						39				
40				41							42				
			43							44	45				
46	47	48						49	50						
51							52	53					54	55	56
57							58						59		
60							61						62		
63							64						65		

Click here for the solution



Please join us in congratulating everyone on their achievements!



Happenings

September 7, 2023 - The Criminalistics and Investigative Divisions expressed their appreciation for the Information and Support Services Divisions by cooking them a very delicious breakfast and everyone was invited! A huge thank you to the Criminalistics and Investigative Divisions for a wonderful breakfast! And a big thank you to Public Safety Cabinet Secretary Tricia Everest for stopping by!



OSBI NEWS

UCO - August, 2023

VOL 5 | ISSUE 5

OSBI Employee Named UCO Star Alumni

The University of Central Oklahoma Identifies Star Alumni

When UCO faculty was asked to identify star alumni from their program, they all immediately thought of OSBI's own Travis Smiddy. Travis is a graduate of UCO's Criminal Justice Program with an impressive background.

Here are just a few of Travis' many accomplishments:

- Graduated 2009 with a Bachelor Degree; Received his Master's Degree in 2011
- Undergrad - Criminal Justice - Police
- Graduate - Criminal Justice Management and Administration
- Minor in Theatre Art
- US Army Veteran - Combat Medic, Deployed to Operation Iraqi Freedom
- Former EMT
- Special Deputation with the FBI
- OK CLEET Advanced Law Enforcement Officer
- International Association for Identification (IAI) - Certified Senior Crime Scene Analyst
- FAA Remote Pilot
- Current President of the OK Division of the IAI
- Nearing 3,000 hours of law enforcement training and continuing education
- Crime Scene Investigator
 - Photograph scenes, document scenes, collect/preserve evidence, scene analysis, court room testimony, expert witness testimony
 - Specific duties include blood stain pattern analysis, shooting incident reconstruction, crime scene reconstruction, unmanned aircraft pilot, FARO operator
 - Teaches Crime Scene Investigation to law enforcement through Northeastern State University (128-hour course)
 - Trains law enforcement in basic crime scene etiquette, scene photography and documentation, introduction to forensic art, and others
 - Prior to his commission he was a civilian Criminal Intelligence Analyst
- OSBI Forensic Artist - This field includes composite art (sketches), digital facial enhancements/modifications, 2D & 3D skull reconstructions, and body art (tattoo) enhancement/rendering



Travis Smiddy, Special Agent, OSBI NERO, Tulsa



#lifefor

Hello World!

Rylie Thi Chu

Born on September 5, 2023



19 inches
6.8 lbs

Proud Parents
Lesley and Minh Chu

Lesley Chu is a Fingerprint Specialist working in the Information Services ID Unit, otherwise known as Ten Print. Lesley has worked for the OSBI for almost 8 years. Lesley and Minh have another daughter, Ellie, who is the proud big sister to Rylie. Congratulations Lesley, Minh, and Ellie!



Emily & Tim

Information Services/DSU employee Emily Proc is engaged! Emily has worked in the ISD/Disposition Services Unit for about 1 1/2 years. Tim is a Staff Sergeant in the Air Force, stationed at Tinker. The couple is getting married September 20th of this year, with plans to have a larger ceremony next year for family. Congratulations Emily and Tim!



#Life



*Coming
Soon!*

The OSBI Centennial Committee
will soon reveal the

OSBI
Centennial
Badge and Coin

Watch for it!