JUL - SEP 2023

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MEET NICK RIZZI

Nicholas "Nick" Rizzi started with the OSBI in September of 2010 as an agent with the Internet Crimes Against Children (ICAC) Unit. Nick is currently a Lieutenant in the ICAC Region, as well as the Assistant ICAC Task Force Commander. Nick is one of 33 members of his family in law enforcement, including those retired. He is a 3rd-generation law enforcement officer. He first learned about the OSBI as a child through his father, former OSBI Deputy Director Bryan Rizzi. His

dad always said it was the most elite agency, and one that he always wanted to work for. As Nick progressed through his law enforcement career, he saw the OSBI as the premier law enforcement agency in Oklahoma, and wanted to be a part of it.

The ICAC field is where Nick's heart and interests lie. He finds it to be the most rewarding job he's ever

had, and feels he has found his professional purpose. His favorite part about working here are the people that make up the OSBI, as well as making a difference in people's lives. He values the many interesting people he has met, and the numerous friendships he has gained during his time here. The knowledge he has gained regarding the justice system, state govern-

ment, as well as specialized knowledge in the ICAC field have been a highlight for Nick. In the next ten years, he hopes to continue expanding the ICAC region to its fullest capacity, and ensure adequate staffing and resources are directed to the protection of children in Oklahoma. His hope is to retire feeling as though he contributed to the positive legacy of the ICAC mission and the OSBI.

Nick describes himself as honest, easy going, and family-oriented. His personal philosophy is "family first, and do what is right, always." When asked what is something he could not live without, he stated his family and iced tea. Nick married his high school sweetheart, Brandi, in 2008,

who works as a teachers aid. They have a son, Brody, who is 11, active in Jiujitsu and Boy Scouts of America. Nick is an active volunteer and com-

mittee member of his son's troop, and served as Assistant Den Leader when Brody was in Cub Scouts. Nick & Brandi also have a daughter, Audrey, who is 7 and active in ballet, hip hop dance, and cheerleading. Nick enjoys going to recitals and football games to cheer on his daughter on the cheer team.

A few interesting things about Nick are that his favorite food is steak or pizza. His biggest pet peeve is being late. He enjoys the outdoors, and likes to fish, hunt, camp, boat, and explore the world in his Jeep.

He hopes one day to see and camp under the Northern Lights (Aurora Borealis). He also enjoys wood working and teaching. Nick is an adjunct instructor for the Collegiate Officer Program and the Parks and Recreation department, at Southwestern Oklahoma

State University. Interestingly, he also holds a private pilot certificate, and is a licensed HAM radio operator, and a scuba diver. He also played drums in a rock band in college, and still plays from time to time at private events.

Nick Rizzi is a multi-faceted man whom we are lucky to have as a member of our OSBI family!









Stress and high blood pressure: What's the connection?

Stress can cause short-term spikes in blood pressure. Taking steps to reduce stress can improve your heart health.

There's no proof that these conditions are directly linked to high blood pressure. But the hormones the body makes when under emotional stress might damage arteries. The artery damage might lead to heart

Being under stress can cause your blood pressure to spike briefly. But researchers aren't sure whether stress can cause blood pressure to rise long-term.

Experts do know that exercising 3 to 5 times a week for 30 minutes can lower stress. For people with high blood pressure, doing activities that help manage stress and improve health can help lower blood pressure.

Reactions to stress can affect blood pressure

The body releases a surge of hormones when under stress. These hormones cause the heart to beat faster and the blood vessels to narrow. These actions increase blood pressure for a time.

There's no proof that stress by itself causes long-term high blood pressure. But reacting to stress in unhealthy ways can raise blood pressure and increase the risk of heart attack and stroke. Behaviors linked to higher blood pressure include:

- Drinking too much alcohol or caffeine.
- Eating unhealthy foods.
- Eating too much.
- Not moving enough.

Heart disease also might be linked to certain health conditions related to stress, such as:

- Anxiety.
- Depression.
- Being cut off from friends and family.

7 WAYS TO REDUCE STRESS AND KEEP BLOOD PRESSURE DOWN MANAGING STRESS IS ONE OFTEN-OVERLOOKED STRATEGY FOR PREVENTING AND TREATING HIGH **BLOOD PRESSURE. GET ENOUGH SLEEP** 1. Inadequate or poor-quality sleep can negatively affect your mood, mental alertness, energy level, and physical health. LEARN RELAXATION TECHNIQUES 2. Meditation, progressive muscle relaxation, guided imagery, deep breathing exercises, and yoga are powerful relaxation techniques and stress-busters. STRENGTHEN YOUR SOCIAL NETWORK **3.** Connect with others by taking a class, joining an organization, or participating in a support group. HONE YOUR TIME-MANAGEMENT SKILLS **4.** The more efficiently you can juggle work and family demands. the lower your stress level. RESOLVE STRESSFUL SITUATIONS 5. Don't let stressful situations fester. Hold family problemsolving sessions and use negotiation skills at home and at NURTURE YOURSELF **6.** Treat yourself to a massage, take a walk or a nap, or listen to your favorite music. ASK FOR HELP 7. Don't be afraid to ask for help from your spouse, friends, and neighbors. If stress and anxiety persist, talk to your doctor.



Stress and high blood pressure: What's the connection?

disease. And symptoms of depression and anxiety might cause some people to forget to take medicines to control high blood pressure or other heart conditions.

Stress can cause a steep rise in blood pressure. But when stress goes away, blood pressure returns to what it was before the stress. However, short spikes in blood pressure can cause heart attacks or strokes and may also damage blood vessels, the heart and the kidneys over time. The damage is like the damage from long-term high blood pressure.



Although people with high stress and high blood pressure would generally see blood pressure go down after controlling stress, reducing stress might not lower blood pressure in everyone. But managing stress can help improve health in other ways. Learning how to manage stress can lead to healthy behavior changes — including those that lower blood pressure.

Here are some ways to manage stress:

- Adjust your schedule. If you have too much to do, look at your calendar and to-do lists. Ask others to do
 some things. Schedule less time for activities that aren't important to you. Say no to things you don't want
 to do.
- Breathe to relax. Taking deep, slow breaths can help you relax.
- **Exercise regularly.** Physical activity eases stress. Before starting an exercise program, get your health care provider's OK. This is even more important for those with high blood pressure.
 - Try yoga and meditation. Yoga and meditation help you relax.
 - **Get enough sleep.** Too little sleep can make problems seem worse than they are.
 - Change how you see challenges. When dealing with problems, accept your feelings about a situation. Then find ways to solve it.

Learn what works for you. Be willing to try new things. Get the health benefits, which might include lowering blood pressure.



Prepare for Tornado Season

Description

The tornado is the most violent storm on Earth. A tornado is a rapidly rotating column of air extending to the ground from a thunderstorm cloud. The path width of a tornado is usually very narrow, but can range up to a half-mile or more in the most extreme cases. Tornadoes usually only last a few minutes, but a few can last for much longer, traveling along the ground for several miles. Tornadoes can remain almost stationary, or can race across the countryside at speeds over 50 mph. Violent winds in and near the tornado can cause incredible destruction, and can generate flying debris, which is the main thing that hurts people in tornadoes.

Tornado Safety

Keeping informed about the weather is the best way to avoid being caught in a tornado or severe thunderstorm. Your local National Weather Service Forecast Office provides information about dangerous weather in your area, and you should keep a close eye on this information whenever storms threaten your area. A battery operated NOAA Weather Radio with a warning alarm feature should be a part of your information system!

It's also critical that you think about tornado safety long before there's a storm on the horizon, and plan what you will do to stay safe no matter where you may be when storms threaten.

When a severe storm or tornado threatens, remember these basic guidelines:

GET IN - get as far inside a strong building as you can, away from doors and windows

GET DOWN - get to the lowest floor

COVER UP - use whatever you can to protect yourself from flying or falling debris

- A reinforced underground storm shelter, storm cellar, enclosed basement or safe room are usually the safest places in a tornado. Underground shelters get you out of the way of flying and falling debris, which is a tornado's most lethal weapon.
- If you cannot get underground, remember the basic guidelines.
 Get as far inside the strongest building you can find. Stay away



Keeping informed about the weather is the best way to avoid being caught in a tornado or severe thunderstorm

when a severe storm or tornado threatens, remember these basic guidelines:

GET IN

get as far inside a strong building as you can, away from doors and windows

GET DOWN

get to the lowest floor

COVER UP

use whatever you can to protect yourself from flying or falling debris

A reinforced underground storm shelter, storm cellar, enclosed basement, or safe room are usually the safest places in a tornado.

Cover up to protect yourself from flying & falling debris

use whatever you can find:



pillows

blankets

sleeping bags

mattresses

helmet or hard hat

REMEMBER:

- Get as far inside the strongest building you can find
- Stay away from doors, windows, & other openings to the outside
- Put as many walls between you & the outside as you can







Being outdoors, in a vehicle, or in a mobile home are all unsafe in a tornado or severe thunderstorm. Find stronger shelter before the storm arrives.



PREPARE FOR TORNADO SEASON

from doors, windows and other openings to the outside. Put as many walls between you and the outside as you can.

- Get as low as you can. Go to the lowest floor of the building you're in.
- Cover up to protect yourself from flying and falling debris. Use whatever you can find pillows, blankets, sleeping bags, mattresses. Wearing a helmet or hardhat will help protect your head from debris.

Being outdoors, in a mobile home, or in a vehicle are all unsafe in a tornado or severe thunderstorm. Find stronger shelter before the storm arrives and remember

to get in, get down and cover up. If you can't get inside, follow the above tips.



Tornado Watches and Warnings

The <u>National Weather Service (NWS)</u> monitors thunderstorms for tornadoes. The NWS issues a **tornado watch** when weather conditions are favorable for tornadoes, and you should pay close attention to the weather. The NWS issues a **tornado warning** for confirmed or radar-indicated tornadoes. Immediately take shelter and seek more information.

Stay aware of the weather, including for NWS tornado watches and warnings, by paying attention to weather sources like local television stations, radio, online news sources and smartphone apps. You should always have a battery-powered or hand-cranked NOAA Weather radio in your <u>disaster kit</u> as a backup, and don't forget extra batteries. Use OKC's <u>Accessible</u>

Tornado Watch
Weather conditions could lead to the formation of severe storms and tornadoes. Be PREPARED: Know your safe location. Be ready to act quickly if a Warning is issued or you suspect a tornado is approaching.

Tornado Warning
A tomado has been spotted or indicated by weather radar, meaning a tornado is occurring or expected soon. TaKE
ACTION: There is imminent danger to life and property. Immediately seek refuge in the safest location possible.

Tornado Emergency
An exceedingly rare situation with a severe threat to human life and catastrophic damage due to a confirmed violent tornado. TaKE ACTION: There is imminent danger to life and property. Immediately seek refuge in the safest location possible.

Hazard Alert System to receive alerts in American Sign Language and English voice and text.

More Information

<u>Tornado Project Online</u> has a wealth of tornado information as well as with tornado myths, tornado oddities, personal experiences, tornado chasing and tornado safety.

Ready.gov has terms and tips for what to do before and during a tornado and preparing a safe room.

American Red Cross: Tornado suggests how to prepare a home tornado plan, assemble a disaster supplies kit and what to do before, during and after a tornado.

<u>Historical information</u> on Oklahoma tornadoes.

Frequently Asked Questions about Tornadoes.

FEMA tornado site for kids

Preparing a Safe Room has guidelines and instructions for building a safe room.





Women in Law Enforcement 1845—1946

Women in Law Enforcement 1845-1946



1845: The American Female Reform Society secured the appointment of two women matrons at the City Prison (the Tombs) and four at the asylum on Blackwell's Island. These were almost certainly the first prison matrons in the United States. Flora Foster was appointed as one of two women matrons at the New York City Prison (the Tombs) and served in that capacity for thirty-six years until her death in 1882.

1870: Mrs. Mary E. Latty served as deputy sheriff in her husband's jail in Des Moines, Iowa. She might have

been the first woman to do so, although at that time, sheriffs lived at the jails they ran, and their wives probably assisted them in some informal capacity. During Latty's tenure, she foiled an escape plot when she noticed that an inmate had made a man of straw as a decoy while he was elsewhere in the jail; she caught him and locked him up again. She

also transported inmates and "flogged" a criminal for misbehaving.

1870: Esther Hobart Morris was appointed judge in South Pass City, Wyoming, shortly after the territory voted to give women the vote. America's first female judge served for eight months, during which time the media, predictably, focused on her appearance, her weight, her style of dress, and the manner in which she'd decorated her courtroom. She handled dozens of civil and criminal cases, including one against her husband, who she ordered jailed for drunkenness.



Esther Hobart Morris



Marie Owens

1890: Marie Owens was appointed policewoman in Chicago. She worked first as a sanitary inspector, monitoring conditions in stores and factories and watching out for child labor. She was later

promoted to detective, where she went after deadbeat dads. "I never go out looking for robbers or highwaymen," she told a reporter in 1906. "That is left for the men."

1895: <u>Isabella Goodwin</u> was appointed matron at NYPD by police commissioner Theodore Roosevelt. After serving in that position for seventeen years, she was, in 1912, appointed detective. She proved herself by going undercover to catch a ring of taxicab thieves. In 1921, she married a much younger man, kept her last name, and continued working.



Isabella Goodwin

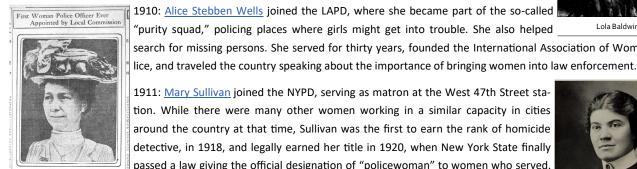


1897: Claire Ferguson was appointed deputy sheriff in Salt Lake City, making her the first female deputy not married or related to the sheriff. She described her duties this way: "I am empowered to serve a writ of attachment or summons, impanel jurors, arrest a desperado, or officiate at the hanging of an outlaw. I have never had any experience worth recording in shooting off a pistol, but if it is neces-

sary, I suppose I can learn this means of enforcing laws."

1908: Lola Baldwin became a sworn officer of the Portland, OR police department, charged with going after vice in Portland's seedy red-light district. Although she

proved that a woman could do police work, and saved many a girl from a dangerous situation, she also enforced old-fashioned morals by banning certain dance steps, tried to prohibit men and women from swimming together, and criticized the modern, less restrictive clothing girls wore. Gloria E Myers' A Municipal Mother is a fantastic account of Lola Baldwin's life.

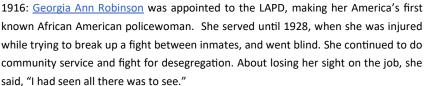


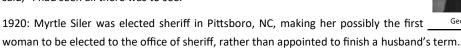
1910: Alice Stebben Wells joined the LAPD, where she became part of the so-called Lola Baldwin "purity squad," policing places where girls might get into trouble. She also helped search for missing persons. She served for thirty years, founded the International Association of Women Po-

1911: Mary Sullivan joined the NYPD, serving as matron at the West 47th Street station. While there were many other women working in a similar capacity in cities around the country at that time, Sullivan was the first to earn the rank of homicide detective, in 1918, and legally earned her title in 1920, when New York State finally passed a law giving the official designation of "policewoman" to women who served. (Mary Sullivan's astonishing memoir can be read online at Archive.org.)



1916: Constance Kopp was officially hired as New Jersey's first female deputy sheriff, after serving as jail matron and capturing an escaped fugitive at a Brooklyn subway stop in late 1915. New Jersey had only just passed a law allowing women to serve in 1915. Kopp was unusual among women officers in her era because she was issued a gun, badge, and handcuffs, had full arrest authority, and earned the same as her male counterparts.







Violet Hill Whyte

1937: Violet Hill Whyte became the first African American policewoman in Baltimore, assigned to work with "delinquent juvenile colored girls". She attained the rank of sergeant in 1955 and lieutenant in 1967. She retired after 30 years, but still came into the office at 5 AM every day to volunteer to help needy families.

1946: Josephine Serrano joined the LAPD, becoming the first known Latina policewoman. At that time, women officers were not issued guns, although she did get one a few years later after additional training. She walked a beat downtown in the uniform of the day: a skirt, hat, gloves, and high heels.



Josephine Serrano





Georgia Ann Robinson

These malicious activities are aimed at compromising the security of data centers, facilities which house computer systems and other critical IT infrastructure.

This form of cyberattack has been around for decades,

and hackers continue to evolve their delivery methods.

With many employees accessing sensitive company platforms and data from multiple scattered endpoints, hackers have more infiltration opportunities.

Once internal system users are compromised, they can become an even greater threat to the system than external attackers.

State-sponsored cyber warfare: Cyberattacks from one nation-state against another for strategic or military purposes, often carried out by well-funded and highly skilled teams of hackers or cyber soldiers.

Insider threats:



Cybersecurity awareness is the combination of both knowing and doing something to protect a business's information assets. When employees are cybersecurity aware, it means they understand what they are, and the potential impact cyber-attacks can have on a business. It takes everyone involved to combat cyber-attacks. Our IT personnel are ever vigilant in making sure we all understand the risks and are able to identify a potential attack.

Recently-discovered critical vulnerabilities in Microsoft Exchange and advances in phishing create new areas for MSPs to monitor.

Business email compromise:Once a cybercriminal gains access to a business email

This describes the provision of cybercriminal tools, services, and expertise through an underground, illicit marketplace.

Hackers infiltrate supply chain technology to access source codes, build codes, and other infrastructure components of benign software apps.

Cloud-based attacks:
With so many busineses using the cloud and cloud

networks becoming more intricate, their infrastructure has become low-hanging fruit for digital threat actors.

Supply chain attacks:

account, they can use it to send phishing emails, steal sensitive information, or use the account to launch attacks

Vulnerabilities:

Top 10 Cybersecurity Threats

What are the biggest cybersecurity threats in 2023 right now?

The top 10 cybersecurity threats right now are:

- 1. Vulnerabilities
- 2. Business email compromise
- 3. Crime-as-a-service
- 4. Supply chain attacks
- Cloud-based attacks
- 6. Data center attacks
- 7. Ransomware
- 8. IoT device hacking
- 9. Insider threats
- 10. State-sponsored cyber warfare

How many cybersecurity attacks are there per day?

There are 3,809,448 cyberattacks per day.

How can I protect against cybersecurity attacks?

There are several steps you can take to protect yourself against cyberattacks:

- → Keep your software up to date. Make sure your operating system, web browser, and other software are regularly updated with the latest security patches. Check for updates as instructed by IT and install them!
- → Use strong passwords. Choose unique and complex passwords that are difficult to guess. Consider using a password manager to store your passwords securely.
- → Enable two-factor authentication. This adds an extra layer of security by requiring a second form of identification, such as a code sent to your phone, in addition to your password. If you aren't set up with DUO yet, contact IT ASAP.
- → Be careful with email attachments. Don't open attachments from unknown senders or suspicious emails. Cybercriminals often use phishing scams to trick you into opening a malicious attachment. NEVER open an attachment from someone you don't recognize or aren't expecting.
- → Use antivirus software. Install and regularly update antivirus software on your computer to protect against viruses, malware, and other threats. Managed by IT.
- → Backup your data. Regularly back up your important files and data to an external hard drive or cloud storage service. *Managed by IT*. Educate yourself. Stay informed about the latest cyber threats and learn how to recognize and avoid them.



Shortcut to Quickly Insert an Excel Chart

- Highlight Excel Data
- Insert Table (Ctrl + T), check My table has headers
- Press ALT + N + Q simultaneously
- Select Pie type or More Pie Charts to select alternate chart types
- Voila!

TASK NAME	-	СО	ST	Ŧ
FORMULA		\$	30.0	00
MERGE		\$	6.0	00
PAGE		\$	15.0	00
REVIEW		\$	2.0	00
TEST		\$	4.0	00
WRAP		\$	20.0	00



From a CONNECTWISE article found here	: https://www.connectwise.com/blog/cybersecurity	y/common-threats-and-attacks,	you can click on the link to read the entire articl

Happy Birthday to all of You From all of Us!

	JULY		AUGUST		SEPTEMBER	
	Employee	Birthday	Employee	Birthday	Employee	Birthday
	Savanna Cangiano	3	Jo Lynn Cobb	1	Hunter McKee	1
	Trixie Eiler	3	Dillon Davidson	_ 1	Mistie Burris	2
	Beth Deen	6	Doug Perkins	2	Jerry Tate	2
	Lillian Dufner	7	Cindy Rodriguez-Corral	3	Stefanie Maynard	3
	Debra Cooper	9	Matthew Miller	4	Shannon Desherow	5 3
	Lynda Stevens	9	Darla Wilson	4	Lesley Chu	7
	Brad DeLozier	10	Chris Boydstun	5	Braye Riseley	8
	Kristie Edwards	10	Alli Timmons	6	Roger McIver	10
	Rachel Leach	11	Arden Cavitt	7	Lili Scifo	10
	Austin Echelberger	14	Samantha Meisinger	8	Baili Gunter	11
	Melissa Brous	15	Karen Oyerly	8	Danyle Smith	11/
	Aaron Gray	15	Amy Davila	9	Monica Holata	13
•	Ashley Hoggatt	15	Jose Posa	12	Sierra Brown	14
	Dave Wood	15	Jaime Sullivan	13	Kaitlyn Hickey	14
	Zachary Thompson	16	Marc Collins	14	Christopher Leamon	14
	Holly Davis	16	Aungela Spurlock	14	Tammy Blakley	16
	Misti Hix	17	Richard Brown	15	Elizabeth Smith	16
	Carrie Farris	18	Melissa Jackson	16	Tyler Fletcher	17
	Joseph Kimmons	18	Roy Williams	16	David Gatlin	19
	Janelle Daggett	20	Louise Myers	17	Kylie Radka	19
	Grace Helms	20	Danielle Ross-Carr	18	Julie Kelly	22
	Janice Jolly	21	Steve Tanner	18	Tatiana Scott	23
	Zach Chael	26	Gerald Davidson	20	Jim Ely	24
	Lori Miller	26	Melissa Cavazos	21	Autumn Foster	24
	DeeDee Dawson	27	Randi Wild	21 .	Chris Ray	• 26
	Tony Navarro	27 /	Marty Wilson	23	Carla Keele	28
	Brian Exinia	28	Blaine Phillips	27	Kim Conyers	29
	Taryn Wade	28	Kathy Palmer	28	Raegan Thaxton	29
			Cara James	31	Fernando Diaz	30
			Sean Mize	31		









May all life's blessings be yours, on your birthday and always!





Happy Anniversary to Employees who joined the OSBI in July, August, or September* Wishing you another year filled with success!

JULY		AUGUST SEPT		SEPTEMBER	
Employee	Years of Service	Employee Years of Service		Employee	Years of Service
Caitlyn Chojnacki	1	Chance Lanyon	1	Christopher Cordova	1
Carla Keele	1	Addison Wormington	2	Toby Humphrey	1
Brendan Burke	1	Tonya Williams	2	Ian Richey	1
Randee McBride	2	Derek Still	3	Bri'Angela Matthews	2
Denise Tanner	2	Debbie Wilcox	3	Harlee Kowals	2
Jennifer Dao	4	Shannon Desherow	3	Ryan Beck	4
Beckie Rhoades	4	Bryce Phillips	3	Brandon Lane	5
Gerald Davidson	4	AJ Solis	3	Dylan Awe	7
Patrick Francis	5	Courtney Barnett	3	Jeremy Burgin	8
James Skelton	5	Jeffery Hickerson	4	Jennifer Treadwell	10
Bill Hedrick	5	Matthew Wallace	4	Tammy Ferrari	11
Melissa Jackson	5	Elizabeth Smith	6	Nick Rizzi	13
Tony Navarro	5	Joshua Patzkowski	7	Trixie Eiler	14
Emma Hood	6	Kara Miller	7	Sonny Stewart	15
Corey Morris	8	Misti Hix	9	Angela Thompson	17
Sean Mize	10	Meghan Bowman	10	Francia Thompson	18
Doug Perkins	11	Randi Wild	11	Daniel Flores	18
Jerry Tate	16	Kurt Titsworth	15	Denise Kramer	22
Sandra Murphy	16	Michella Carter	15	Jenny Virden	23
Darla Wilson	16	Beth Deen	15	Teresa Goodloe	23
Grace Helms	20	Donna Robertson	17		
Andrew Moreland	21	Aaron Gray	17		
Traci Wilson	21	Angie Avila 25			
Chris Boydstun	22	Jack Keisorn 25			
Cara James	22	Erin Henry	26		
Anne Simons	22	Alan Henry	26		
Chris Bunner	25	DeAnna Stillwell	29		



Please join us in congratulating all of our Red Feather Award recipients! Great job everyone!

Grace Helms
Samantha Meisinger
Jarod Murphey
AJ Solis
Betty Stickley
Donna Robertson
Beckie Rhoades

Jaime Sullivan

Angela Thompson Angel Lopez Cindy Rodriguez Debbie Wilcox Don Rains



Link to Back Issues

JULY 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						National Postal Worker Day
2	3	6 4	5	6	7	8
9	10	11	12	13	14	15
\$ 16	17	18	19	2 0	21	22
23	24	§ 25	26	27	28	29
Father-in 30	31					

TIPS TO BEAT THE HEAT

OKLAHOMA
State Department
of Health

- Drink plenty of water!
- Check on friends and neighbors at high risk for heat-related illness.
- Find air-conditioned places to cool off like shopping malls and libraries.
- NEVER leave kids or pets in a closed, parked vehicle!
- Dress in lightweight, light-colored and loose-fitting clothing.
- Limit time outdoors. Take breaks often.

State Holiday's

4—Independence Day

Holiday's / Events

- 1 National Postal Worker Day
- 12 National Pecan Pie Day 16 - National Ice Cream Day
- 20 National Fortune Cookie Day
- 25 National Hot Fudge Sundae Day
 - 30 National Father-in-law Day

AUGUST 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
Sixters Day	7	8	9	10	Son and Dougher bay Agent 15.	12
13	14	15	16	17	18	19
20	SENIOR CITIZENS	22	23	24	25	26
27	28	29	30	31		



Holiday's / Events

- 3 National Watermelon Day 6 - National Sisters Day
- 11 National Son's and Daughter's Day 16 - National Rum Day
 - 21 National Senior Citizens Day 30—National Beach Day

SEPTEMBER 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	& 4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	¥ 23
24	25	26	MILK 27	28	29	30



State Holiday's

4—Labor Day

Holiday's / Events

6 - National Read a Book Day 14 - National Parents Day Off 18 - U.S. Air Force Birthday 23 - Autumnal Equinox (Fall begins)

27 - National Chocolate Milk Day

Holiday's in bold are Federal Holiday's



The OSBI ICAC Program

The Internet Crimes Against Children (ICAC) program was developed in response to an increasing number of children and teenagers using the Internet, the proliferation of child pornography, and heightened online activity by predators searching for unsupervised contact with underage victims. The OSBI ICAC unit is a state wide investigative region covering one of 61 regional task forces throughout the US funded in part by the DOJ's Office of Juvenile Justice and Delinquency Prevention. The National ICAC Task Force Program was established by federal law in 1998; the OSBI ICAC Unit, and subsequent state task force, was authorized by statute in 2006.

The OSBI is host to the Oklahoma ICAC Task Force comprised of local, state, and federal law enforcement agencies and prosecutorial entities across the state. Within the OSBI, there are three ICAC units in addition to the Digital Evidence Unit (DEU) under Captain Jeremy Yerton's command. The ICAC Analyst Unit at headquarters (HQ) is composed of five triage analysts and two triage special agents. They conduct the initial triage of cybertips received from the National Center for Missing and Exploited Children (NCMEC) when there is an identified Oklahoma nexus. The ICAC Forensics Unit is made up of four criminalists and two technical investigators. These criminalists conduct digital examinations of evidence seized during ICAC investigations, while the technical investigators conduct on-site previews of seized devices in the field.



L to R: Lt. Nick Rizzi, Blaine Phillips, Chris Ray, Jonathan Santiago, Rachell Savory



L to R: Lt. Robert Williams, Janelle Daggett, Tanner Cunningham, Lt. James Bogle

Also at HQ is the DEU, made up of two lieutenants and four criminalists who conduct forensic examinations on digital evidence involving all other types of crimes (e.g., homicide, etc.). On December 1st 2022, DEU migrated to the ICAC region, relocating from the Forensic Science Center (FSC) in Edmond to HQ in Oklahoma City. Finally, the ICAC investigations unit includes six agents, a captain, and a regional secretary who investigate ICAC cases that are not assigned to an appropriate affiliate agency. These agents are assigned throughout the state. The unit is made up of two squads, one under Lt. Robert Williams and another under Lt. Nick Rizzi (see the employee spotlight for more information about Nick!)

As of June 1st, 2023, the Oklahoma ICAC state task force has grown to 115 affiliate agencies, and command staff continue to recruit additional affiliates. They proudly facilitate joint investigations and collaborations with federal, tribal, state, county and municipal law enforcement agencies. By helping these agencies develop effective and sustainable responses to online child victimization and child pornography, the ICAC program delivers national resources to those at the local level. The OSBI ICAC unit, along with their many law enforcement partners, work diligently to protect, rescue and identify children depicted in child exploitation material, as well as arrest and prosecute individuals responsible for their abuse.



L to R: DEU: Lt. Don Rains, Lt. Rachel Ross, Talia Lane, Alex Iven, Justin Deckard, Bryce Phillips; ICAC Forensics: Meric Mussett, Amber Simmons, Denise Kramer, Katie Brown, Caitlin Marrero, Phillip Havins; ICAC Analysts: Chantz Jackson (triage agent), Lori Miller (Secretary), Lillian Dufner, Abbie Bailey, Leticia Hameury, Madelinn Ensign, Kathy Palmer



STATEWIDE CRIME SCENE UNIT by Steven Carter

Effective April 15, 2023, the Investigative Division initiated a statewide Crime Scene Unit. This unit is its own region and has no geographical restrictions. Captain Brad Green and Lieutenant Brad Knight were selected to supervise this specialized unit. Green and Knight both have an extensive background in crime scene investigations. Both began their career as crime scene agents before promoting through the ranks of major crimes. Both accepted this challenging assignment without hesitation and found the unit to be an absolute necessity in order to provide requesters with the best service possible.

The goal of the Crime Scene Unit is not only to provide excellent crime scene investigations to law enforcement across the state of Oklahoma, but also to provide elite crime scene training. Several Crime Scene Agents have testified as experts in state and federal court and are subject matter experts in various areas concerning crime scene investigations. Agents are equipped with the newest technologically-advanced equipment, including FARO laser scanners, drones, ground-penetrating radar, Mobile ID, and cellular analysis equipment.

The unit was designed to allow Crime Scene Agents to work across the state with no regional boundaries. Removing regional boundaries facilitates caseload parity among Crime Scene Agents and quicker response times. A unified Crime Scene Unit allows for consistent training among Crime Scene Agents and monitoring of equipment needs and updates. The Investigative Division is excited to see what the future holds for this group of devoted agents.



Brad Green



Brad Knight



John Graham



Jim Skelton



Courtney Barnett



Heather Cropper



Roy Williams



Brad DeLozier



Ryan Woolley



Travis Smiddy



Kevyn Gray





Bill Hedrick



Lindsey Adamson



Jeremy Engel



Brin Exinia



Matt Wallace

Criminalistics Services Division



- Tony Birchfield, Todd Lindsey, & Dylan Awe finished 2nd in the Windy Cup Tour State Golf League at Lake Murray (Actually 3/25/23)
- Beth Snoddy was released to perform technical reviews
- Stefanie Maynard bought a new house
- Alan Henry and Barbara Wells participated in the 23rd Annual Run to Remember OKC Memorial Marathon
- Alli Timmons raised \$500 for WalkMS Tulsa
- Beth Snoddy, Jeff Hickerson, Mya Cavazos, & Alli Timmons attended the Southwestern Association of Toxicologists Annual Conference in Shreveport, LA







- · Sierra Brown and Fiancé bought their first house
- Harlee Kowals, Austin Echelberger, Cindy Rodriguez-Corral, Dylan Awe, Holly Davis, Tony Birchfield, & Tori Strout placed 1st in their softball teams' regular season and 2nd in the playoffs.





- Amanda Gilson was promoted to Criminalist IV, LEU Supervisor
- Alli Timmons attended Q&A/Community Outreach at the Science Museum
- · Jennifer Chen attended a one week paint analysis training in Indianapolis,

Alli Timmons will moderate a 2-day symposium on fentanyl and presenting thesis/



- Alli Timmons is closing on a newly built home in Edmond
- Outreach Training—Atoka PD on the 26th
- Outreach Training—Wagoner CO SO on the 28th and 31st





- fentanyl analog validation at the American Chemical Society (ACS) Fall 2023 Conference in San Francisco, CA
- Outreach Training—Enid PD on the 3rd
- Outreach Training—Catoosa PD on the 9th
- Outreach Training—District 22 and Ada PD on the 16th
- Outreach Training—Newcastle PD on the 29th and 31st



• Outreach Training—OSBI on the 6th and the 13th



Barbara Wells, Erin Henry, Alan Henry and Dillon Davidson at the 23rd Annual Run to Remember



Alli Timmons at the Science Museum Community Outreach





PAGE egal Brie

The first regular session of the 59th Legislature ended on May 26, 2023, and here's a quick recap of what did (and did not!) happen this year. At the start of the session, legislators filed just over 3,200 pieces of legislation. Of that number, around 10% ended up becoming law. Education funding was the main topic this year and a total of \$625 million dollars was appropriated to fund-various education related areas. This amount includes a tax credit that is now available in tiered amounts to families who send their children to private school or homeschool. A complete breakdown of the tax credit is in HB 1934.

Below is a summary of some bills of interest:

- HB 1077 establishes the "Kasey Alert" which sets up a system similar to the Amber Alert system but allows for an alert to be disseminated in cases of a critically missing adult; the system will be administered through the Department of Public Safety;
- HB 1394 our request bill to update the name of the Statistical Analysis Center making it consistent with how the unit actually functions within the OSBI;
- HB 1546 establishes an "Orange Alert" to notify residents within a 40 mile radius when a prisoner of a correctional facility has escaped;
- HB 1789 changes some requirements related to SDA licensing, specifically to include that all weapons are now collectively referred to as "firearms" instead of handgun, pistol, shotgun, etc.
- HB 1794 makes some additional changes to the Human Capital Management (HCM) process and provides that the Administrative Law Judge may allow additional materials and witnesses to be presented at contested hearings.
- HB 2851 creates a new fund, Allaunna Raffield Fund, at OSBI which allows us to provide scholarship support

and training opportunities for other law enforcement agencies to attend trainings; currently funded with \$2 million appropriation;

- SB 297 administrative subpoena power for agents which will allows agents to obtain documents and other evidence more efficiently; goes into effect Nov 1st so between now and then, we will work on setting up a tracking system and procedures for approval of subs;
- SB 1000 allows OSBI to inquire into the condition and location of SAKI kits that have not been submitted within the required timeframe and permits us to initiate investigations related to previously untested or partially tested kits;

Unfortunately, neither our request to have a permanent exemption from OMES IT management nor our request to get rid of the statute of limitations for most sex crimes was heard this year. Both measures remain on file and can be taken up again next year during the 2024 regular session.

In addition to the regular session, the Legislature also convened a special session primarily to address the budget for the upcoming fiscal year. During the special session, OSBI received our appropriation in the amount of \$38 million dollars and we were able to create an account for the purpose of accepting donations to plan the Centennial Celebration which will take place in 2025. During the special session, legislation was also passed (SB 16x) which allows for 6 weeks of paid maternity leave for the mother at the time of the birth/adoption of a child. Finally, the limits for annual leave were also changed to allow employees to carry over 640 hours of annual leave each year and to allow an employee to be paid for 640 hours of annual leave upon separation from state service.

Please let me know if there is a specific bill that you were interested in that I did not address here and I'll be happy to get you any information that I can! And as always, feel free to reach out if you have any questions.

Kimberly K. Conyers
OSBI General Counsel

Projects and NEWS

100 Years of Traditions—OSBI Centennial Committee Formed by Julie Kelly



That's right! The OSBI is turning 100 and we're going to party like it's 1999! Well, not really, but close! On March 28, 2025, the OSBI will celebrate its Centennial Anniversary and to mark this momentous occasion, Director Aungela Spurlock tasked Division Director Steven Carter to form a committee to plan, oversee and organize this important milestone in our rich history.

The committee was formed and met initially on May 8th, 2023, to begin finalizing a regular meeting schedule and elect a chair and co-chair to oversee future meetings and events. The next official meeting is June 13th, 2023.

Several ideas have already been developed to celebrate the anniversary. There are plans for a 100 Years of <u>Traditions Cookbook</u> where OSBI employees and retirees submit favorite recipes; an exciting, evening formal

Gala event to mark the occasion, and a Centennial Coin, among others.

If you would like to know more, please feel free to contact one of the committee members noted below.

We're excited for this milestone occasion and hope that you are as well! Look for updates as more plans are finalized.

An OSBI Brief History, 1925—2025

In 1925, then Governor M.E. Trapp recommended the creation of an agency of special investigators to combat gangs of outlaws that were terrorizing the citizens of Oklahoma. Due to the efforts of the newly formed Bureau's three agents, one year later, bank robberies had decreased by 75%. In 1939 the Bureau became a division of the Department of Public Safety and was renamed the State Crime Bureau. In 1957 the Bureau was placed under the control of the Governor's Office and renamed the Oklahoma State Bureau of Investigation (OSBI). In the aftermath of the investigation of Governor David Hall, state leaders sought ways to reduce the political pressures left behind, and in 1976 the agency was removed from the control of the Governor's office and a seven-member independent commission, who are appointed by the Governor and approved by the Oklahoma Senate, was created to oversee the activities of the OSBI. To this day, and long into the future, the OSBI will remain the premier law enforcement agency in Oklahoma, setting new standards of excellence in investigative, intelligence, information, and forensic services all the while maintaining our core values of *Trust, Integrity, and Respect*.

OSBI Centennial Committee Members



Director Aungela Spurlock



Division Director Investigations Steven Carter



Committee Chair Information Services Julie Kelly



Committee Co-Chair **Human Resources** Randi Wild



Information Services Ginger Casler



Legal Kim Conyers



Investigations Mark Drummond



Training Office Kelli Fleener



Investigations Stan Florence



Criminalistics Julie Garrett



Criminalistics Elizabeth Smith



Support Services Debbie Wilcox

Projects and NEWS

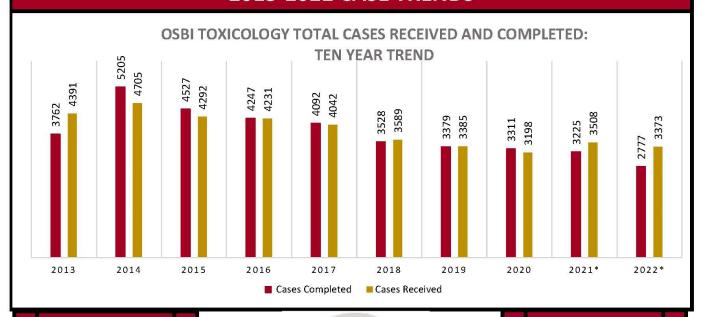
Submitted by Garry Metcalfe



Oklahoma State Bureau of Investigation Annual Toxicology Trends

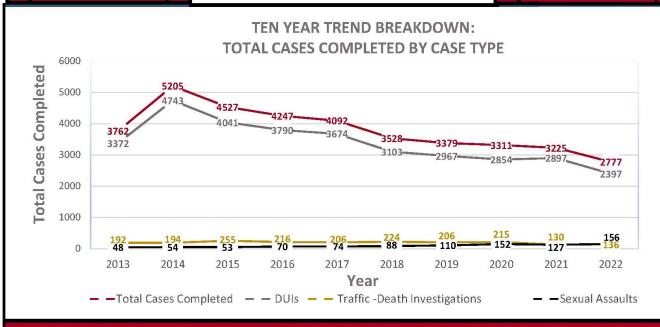
CY2022

2013-2022 CASE TRENDS



From 2013 to 2022, the number of sexual assault cases completed rose more than 225%.

*The downward trend in cases completed per year can be attributed to the move toward full comprehensive testing. ≈90%
of all completed
cases, for the last
ten years, have been
DUI cases.



OKLAHOMA STATE BUREAU OF INVESTIGATION AGENTS ASSOCIATION



Who are They?

The Oklahoma State Bureau of Investigation Agents Association (OSBIAA) is a non-profit organization that offers legal benefits, scholarships for qualifying family members of active members, fellowship events for members, and benevolence in times of tragedy and need. The OSBIAA also works to build relationships in state government to lobby for the resources OSBIAA members and the OSBI need to provide Oklahoma with the best possible services.

You can shop for merchandise at the OSBIAA online shop at https://osbiaa.org/shop/ as well as check current job listings (at the bottom of the home page).

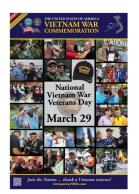
Anyone employed by the Bureau is eligible to apply to become a member of the OSBI Agents Association (OSBIAA).

Anyone with questions or needing an application can email membership@osbiaa.org.

Current Happenings

The 3rd Annual Major Crimes Conference hosted by the OSBI Agents Association is scheduled for October 10-12, 2023. The conference will be held at the Hard Rock Hotel & Casino in Catoosa. The OSBIAA Golf Tournament is scheduled for October 9th at the Cherokee Hills Golf Course at the Hard Rock. Registration is now open for both the conference and the golf tournament. For more information visit: https://majorcrimesconference.com/. Click https://majorcrimesconference.com/.

METRO HAPPENINGS



National Vietnam War Veterans Day

March 29th, 2023, marked the 50th anniversary of the last troops in Vietnam. It was also National Vietnam War Veterans Day. The <u>Vietnam War Veterans Recognition Act of 2017</u> was signed into law by the 45th U.S. President Donald J. Trump, designating every March 29 (in perpetuity) as National Vietnam War Veterans Day.

Kristie Edwards, FSU Crime Reporting Field Rep and Shondreya Toomey, CSU Admin Tech, attended a ceremony held at the Black Rifle Coffee Company at 142nd and Penn in Oklahoma City. They visited with several of the Veterans, one gentleman named Skip, thanked them for coming and shared funny stories

with them. Events included recognizing two distinguished Veterans, Lance Corporal Dale K. Graham and Specialist Five Dwight Birdwell (an Oklahoman) for their acts of bravery serving our country.

serving our country.

Kristie said it was great to be able to welcome them home and show them the appreciation

they deserved. As they were leaving they were able to meet and shake hands with Mr. Birdwell.

Submitted by Kristie Edwards





What: Basic Instructor Development by OSBI Retiree Curt Terry (now with CLEET and instructor for this class)

When: September 25—29, 2023, 8 am to 5 pm (40 hours)
Where: OSBI Headquarters, 2nd floor training room

Capacity: 24, up to 30 (Agents only)

Contact Kelli Fleener for more information @ kelli.fleener@osbi.ok.gov.



In Our State

Welcome to Summer! Things to do in Oklahoma this Summer Family-Friendly Summer Festivals

July 4	For a complete list of Independence Day Events, see the Independence Day Fun Guide.		
July 7-8	<u>Blackberry Festival</u> at the McLoud High School Complex (12780 W Seikel, McLoud) features all kinds of blackberry-themed items, live music, a parade, carnival, old fashion games, food and fireworks. FREE admission. Friday, 5-10 p.m.; Saturday 9 a.m11 p.m.		
July 9-14	International Finals Youth Rodeo at the Heart of Oklahoma Exposition Center (1700 W Independence, Shawnee) features up & coming contestants from across the US competing in barrel racing, pole bending, breakaway roping, bareback riding and more. See website for a complete schedule.		
July 13-15 Porter Peach Festival in Downtown Porter features arts & crafts, games, parade, car show, auction, music, food, antique tractor pull, carnival and, of course, peaches. FREE admission cream while supplies last. FREE admission. Thursday & Friday, 4 p.m.; Saturday, 7 a.m.			
July 14-16	An Affair of the Heart of Tulsa at the River Spirit Expo Center at Expo Square (4145 E 21st, Tulsa) is one of the largest arts and crafts shows in the nation, with a variety of crafts, antiques, collectibles, furniture, decorative items, jewelry and clothing. \$10, kids (12 & under), free. Friday & Saturday, 9 a.m. – 6 p.m.; Sunday, 11 a.m – 5 p.m.		
July 22	FREE National Day of the Cowboy at the Chisholm Trail Heritage Center (1000 Chisholm Trail Parkway, Duncan) features western-themed activities, story time, craft activities, live music and more. 10 a.m. – 5 p.m.		
Aug. 12	FREE Rush Springs Watermelon Festival at Jeff Davis Park in Rush Springs celebrates the watermelon harvest with seed spitting contests, arts & crafts, carnival rides, live entertainment, 5K Watermelon Run, free watermelon and more. Saturday, 9 a.m. – midnight.		
Aug. 11-12	Firelake Fireflight Balloon Fest at the Citizen Potawatomi Nation Pow Wow Grounds & FireLake Arena (1702 S Gordon Cooper Dr, Shawnee) features live performers, family-friendly activities, fireworks and a display of 25 hot air balloons. Free to attend. Friday, noon-midnight; Saturday, 7 a.m. – midnight.		
Aug. 18-19	Annual OCA Range Rodeo at the Lazy E Arena (9600 Lazy E Dr, Guthrie) features six events including saddle bronc riding, wild cow milking, team branding and wild horse race. Benefits Children's Miracle Network. Adults, \$15-\$30; kids (6-11), \$5; kids (under 5), free. Friday & Saturday, 7 p.m.		
Aug. 19	FREE <u>Asian District Night Market Festival</u> at Military Park (2520 N Classen Blvd) features Asian food trucks, merchants and vendors as well as live entertainment, inflatables, cultural performances and more. 5-11 p.m.		
Aug. 31	FREE Rock the Route in Downtown Yukon (Main St between 4th & 5th St, Yukon) features live music, food trucks, family activities and more. Some activities are pay-to-play and prices vary. 6-11 p.m.		
Sept. 4	FREE <u>Labor Day Celebration</u> in Henryetta (Main Street, Henryetta) features a parade, games for all ages, concerts, a carnival, rodeo and an impressive fireworks display at dusk as well as a car, bike & tractor show. 10 a.m. – 11 p.m.		



Welcome New Employees!

On behalf of the entire agency, please welcome aboard the newest members to the OSBI Team!

Raegan Thaxton



Student Employment Training Office

Jaden McIntosh



Student Employment Forensic Biology - FSC

Brad DeLozier



Special Agent Crime Scene Unit - INV

Sherrie Carroll



Administrative Tech
Correlation Services Unit - ISD

Lili Scifo



Criminalist Toxicology Unit - FSC

Zach Frederick



Administrative Tech Self-Defense Act Unit - ISD

Lauren Patterson



Administrative Tech
Correlation Services Unit - ISD

Kylie Radka



Student Employment Self-Defense Act Unit - ISD

Elena Sales



Administrative Tech Criminal History Reporting Unit - ISD

Hunter McKee



Public Information Manager Public Information Office - ADM

Wesley Snead



Crime Reporting Field Rep Field Services Unit - ISD

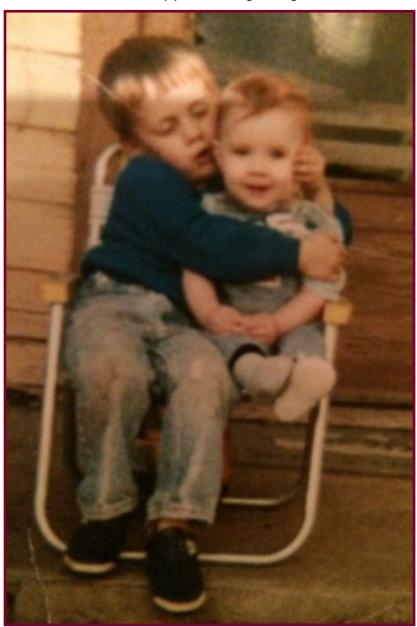




Send us your baby pictures for the 'Who is That? game. We'll post a photo in every newsletter and the first person to email and correctly guess who the employee is, wins a prize!

Note: It will be <u>always</u> be an employee of the OSBI.

Try your luck at guessing this issue's **Who is That**? Below



Click <u>here</u> or on the photo to enlarge, then if you think you know who it is, email your guess <u>here</u>.

The <u>first</u> correct answer received wins!

No one correctly guessed who the baby was in the last issue. It was OVDRS Supervisor Lorna Beckloff!





Sharp Brains -Cognitive Skills





Medium Sudoku Puzzle

Sudoku is played on a grid of 9 x 9 spaces. Within the rows and columns are 9 "squares" (made up of 3 x 3 spaces). Each row, column and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column or square.

1		8			6	4		
		6		9		8		7
5								
2	6	9	5				8	
			4		9			
	8				2	7	9	1
								5
6		4		7		2		
		1	2			9		3





Ingredients

- 1 lb lean ground beef
- 1 pkg taco seasoning
- 1/2 cup water
- 1 cup fresh tomato, diced
- · 2 cups Catalina dressing, large bottle
- 1 head iceberg lettuce, chopped into bite size pieces
- 1 1/2 cups cheddar cheese, shredded

 9.25 oz bag (or larger) Nacho Cheese flavored Doritos, slightly crushed

Optional add ins:

- 15 oz can Ranch Beans, drained and rinsed (or chili or kid-
- 1/2 cup black (or green) olives
- 1 cup red onion, chopped

Instructions

- Brown ground beef, drain if needed. Add taco seasoning and water. Simmer until thick.
- 2. If using beans, add them now. Stir to combine all.
- 3. Set aside beef and beans to cool.
- 4. Place lettuce in large bowl and add beef and bean mixture. You don't want the beef mixture too hot or it will wilt the lettuce.
- 5. Add in tomatoes, optional onions, and olives, mix

- 6. Add in Doritos (if taking salad for pot luck or eating later, mix in Doritos at the last minute so they don't get too soggy).
- 7. Mix in enough Catalina Dressing to generously coat all ingredients.
- 8. Top with grated cheddar cheese.
- Serve immediately.

Notes:

It's not a 1970's Dorito Taco Salad without iceberg lettuce or Catalina Dressing!

Blackberry Wine Cake Submitted by: Charlotte Auwen, Support Services Accounting Tech

- 1/2 cup chopped nuts
- 1 box (18.5 oz) white cake mix
- 1 box (3 oz) blackberry gelatin
- 4 eggs
- 1/2 cup cooking oil
- 1 cup blackberry wine

Preheat oven to 325°. Generously grease a 10-inch tube or Bundt pan. Sprinkle bottom and sides with nuts.

In large bowl, blend cake mix and gelatin. Add eggs, oil and wine, beating on low speed of mixer until moistened. Beat on medium speed for 2 minutes.

Spread in prepared pan and bake for 45-60 minutes or until it registers 190° on an instant-read thermometer. Cool slightly and glaze with the following:

Glaze

- 1 cup confectioners' sugar (plus about 1-1 1/2 cup to thicken)
- 1/2 cup blackberry wine
- 1/2 cup butter

Mix 1 cup sugar, wine and

butter in saucepan. Bring to

boil and pour 1/2 over still warm cake to absorb the glaze. Let sit for 30 minutes then turn the cake out to completely cool.

Thicken the remaining half of glaze with additional powdered sugar as needed and pour over cooled cake.







Honey Cookies Submitted by: Jennifer Gouge, FSU Crime Reporting Field Rep



Ingredients

- 3 cups all-purpose flour (360g)
- I tsp baking powder
- 1/4 tsp baking soda
- I cup unsalted butter, softened (227g)
- I cup granulated sugar (200g)
- I/2 honey (I20ml)
- 1/2 tsp salt
- 2 large eggs
- I tsp vanilla extract

Instructions

- I. In a medium bowl, whisk together the flour, baking powder, and baking soda.
- 2. In a large mixing bowl or the bowl of a stand mixer fitted with the paddle attachment, combine the butter, sugar, honey, and salt. Beat together on medium speed until creamy and well combined, about I minute. Add the eggs and vanilla and beat until well combined. Stop and scrape down the bowl as needed.
- 3. While mixing on low speed, gradually add in the flour mixture until just combined. Scrape down the bowl to

- make sure the dough is well-mixed. Cover the dough and chill for I to 2 hours or overnight.
- 4. Preheat the oven to 350F. Line baking sheets with parchment paper.
- 5. Working in batches, scoop the dough into 1½-tablespoon-sized balls and place them on one of the baking sheets about 2 inches apart. Refrigerate the remaining dough while waiting to bake.
- 6. Bake one sheet at a time for 10 to 12 minutes or until the edges start to brown. Let cool on the pan for 5 minutes then transfer to a wire cooling rack. Store cookies in an airtight container for up to 1 week.

Simple Jam Vinaigrette Submitted by: Jennifer Gouge, FSU Crime Reporting Field Rep

Ingredients

- An almost empty jar of Jam (e.g. strawberry) about I-2 tbsp
- Pinch of salt, cracked pepper, red pepper flakes
- I/2 cup oil such as extra virgin olive oil
- I/4 cup vinegar, such as champagne or apple cider

Directions

- Grab a jam jar that has at least a spoon or two's worth left in the bottom.
- Add your pinches of seasoning and top with oil and vinegar.
- Close the lid securely and shake until well combined and smooth.
- Serve immediately or store in the refrigerator until needed.
- Make sure to shake thoroughly before serving! The more you shake, the thicker and more creamy your dressing will become.



ILEA Civilian Leadership—May 2023 Submitted by Erin Henry and Kara Miller



Kara Miller, OSBI SAC Supervisor, and Emma Hood, OSBI DSU Supervisor, recently graduated from the ILEA Civilian Leadership Training in Texas. The three levels of training, which took place over several months, were hosted by the Institute for Law Enforcement Administration (ILEA), which is a part of the Center for American and International Law (CAIL). Level One consisted of Team Building

focusing on enhancing the ability of all employees to motivate, teach and lead each other in a team-oriented manner to achieve maximum performance. Level Two-Supervision, was designed to teach supervisors core lessons in communication, both inside and outside their agency to promote trust and confidence. and Level Three—Executive Management, which was designed to prepare senior-level managers and executives for leadership in the complex



world of public safety administration. In addition to both Kara and Emma graduating from the course, Kara was selected by her classmates to receive the Award of Professionalism!

Congratulations to you both on this prestigious achievement!

Years of Service Awards

Here are few Years of Service Awards that were recently presented by Director Spurlock during Information Services Commander's Call meetings. If you would like to feature an award in an upcoming newsletter, please email me the information.



Employee	Years of State Service
James Ely, FSU Supervisor	25 Years
Shondreya Toomey, CSU	15 Years (1 with OSBI)
Zach Chael, ID Unit	10 Years
Jackie Cruise, FSU (not pictured)	10 Years
Anita Wood, FSU	10 Years









Congratulations!

Congratulations!

on this prestigious achievement!

Misty Jeter, ISD Field Services Unit Crime Reporting Field Rep, was recently published in The Journal of Forensic Science Education.

You can read Misty's article here:

Martha Goddard: The woman who revolutionized sexual assault forensics

Congratulations Misty, we are so proud of you!



Submitted by: Anne Simons and Jim Ely

NPC Southwest USA Championship

Donnie Long, OSBI SERO Special Agent



Nothing says, "Hello Summer" like board shorts!! OSBI's very own SERO Special Agent Donnie Long recently packed up his board shorts and headed south to Arlington, Texas to compete in the 2023 National Physique Committee Southwest USA Championship held on May 6th. Contestants were judged on their shape, body symmetry, muscularity, and overall condition as well as their stage presence and poise.

Donnie trained diligently from August through May and with disciplined commitment, he went from a lean 213 pounds to a chiseled 165 pounds.

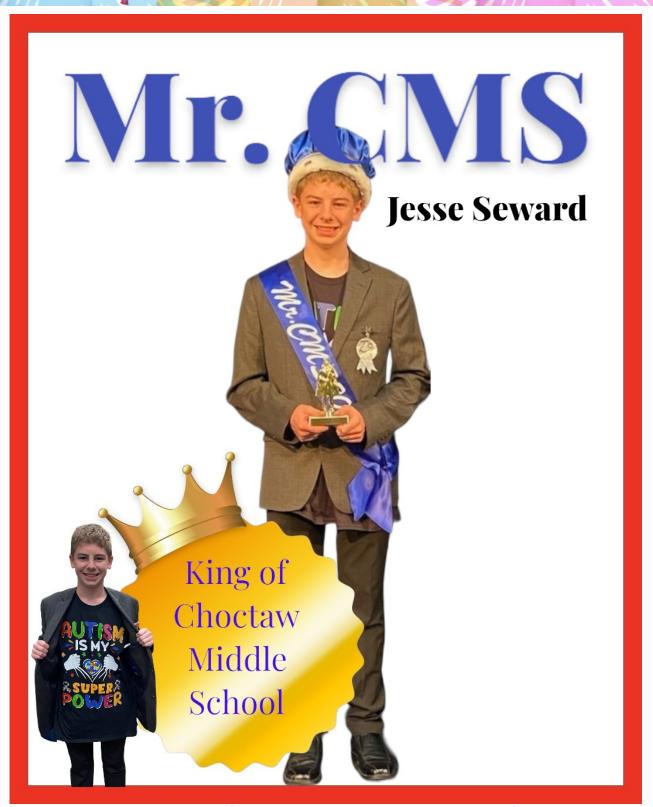
Donnie won 1st place in the age 55 and older class and 2nd place in the age 50 and older class.

Great job Donnie!

August 2022 Pre-training



Congratulations



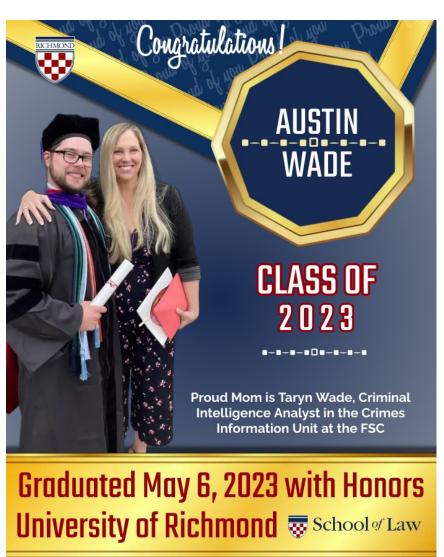
Jesse is the Grandson of Sylvia McConnell, Supervisor of the Criminal History Reporting Unit in Information Services.

We're all so proud of Jesse!

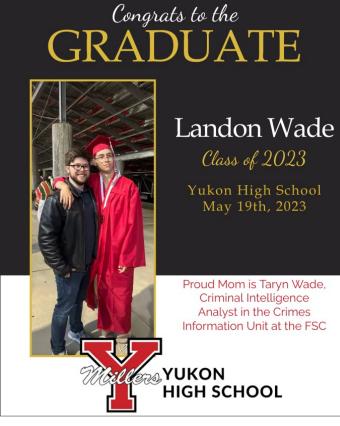
Congratulations!



Kelly is married with three fur-babies and currently employed by News9 as the 6 a.m. Broadcast Producer where she's worked for a year following her favorite job, a year long stint in costuming with WALT DISNEY WORLD'S MAGIC Kingdom. Since graduation, she has been honored with Best Newscast and Student Broadcaster of the Year at the 2023 Great Plains Journalism Awards Ceremony for her coverage of UCentral News Election Night coverage in 2022 as well as the Great Plains Journalism Award for the same production. Her college team was selected as the outstanding submissions across Eight States! She and her husband hope to return to Florida and work in production for Disney in the future. Congratulations Kelly and best wishes that you achieve all of your dreams!



It was a very busy month for the Wade Family! Austin, their second oldest son graduated with honors from the University of Richmond School of Law. He will be starting his career with a personal injury firm in Virginia. The Wade Family's youngest son, Landon, also graduated in May, from Yukon High School! Congratulations to both Austin and Landon! Best wishes that you achieve all of your dreams!



Meet the newest crop of future OSBI employees! Babies, babies! Welcome to the world little ones! Warmest congratulations to the new parents! We are all so happy for you!



welcome to the world!

HENRY DEAN KEELE

Proud parents are Carla and Cory Keele is an Evidence Tech at Tahlequah Regional Lab



HENRY DEAN KEELE Born May 1, 2023 | 3:30 a.m. Weight 8 lb 3 oz



WILLIAM "LIAM" DOUGLAS MILLAR U Born May 4, 2023 | 11:29 a.m. Weight 9 lb 6 oz



William "Liam" Douglas Millar V

Born on May 4th, 2023 | 11:29 a.m. | 9 lb 6 oz | 21 3/4" Proud parents are Kate and Will Millar Kate is the Firearms Unit Supervisor at the FSC





Samantha is a Criminalist in the Biology Unit at the FSC



Meet

Born May 16, 2023 8 16 12 oz / 21"

CHARLOTTE REESE CAM Born May 16, 2023 Weight 8 lb 12 oz



MEET MOCHIT

PAGE 32

Mochi is the fur baby of Terry Stine, Accountant in Support Services.

Mochi loves to play with other dogs, people, and loves company and is a very sweet baby!

At around 80 lbs, she is half Great Pyrenees and half Husky/Papillon mix. Mochi is a little over 2 years old and insists she must have 20 to 30 belly rubs a day! Spoiled? Maybe!

Mochi is a rescue that was rehomed to Terry.



Randi says he is the cutest dog ever, but then again she may be biased! We think she's right, he is a cutie!

The name's Brew, Mr. ___Brew

Mr. Brew, or "Boo" is the fur-baby of Randi Wild, in HR, and her husband Drew. Boo was rescued by the couple in 2020. He is 4 years old and is a Blue Heeler and Catahoula Leopard mix.

Nice to meet you Boo!

NICE TO MEET YOU MOCH!!