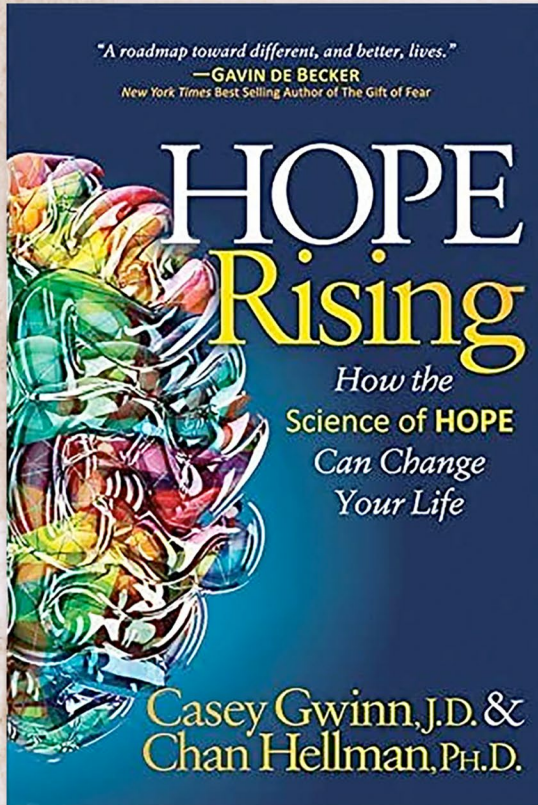


STATEWIDE LEARNING SERVICES

Well-Read Book Club

The Well-Read Book Club is returning for a new session in February 2021!



The book club will read the Oklahoma bestseller *Hope Rising: How the Science of Hope Can Change Your Life* by Casey Gwinn, J.D., and Chan Hellman.

Hope is not an emotion or just wishful thinking. It is real, measurable and the best predictor of success personally and professionally. This book club session will take a deep dive into ways we can apply the science of hope to our lives and think about goals, motivation, willpower and the pathways to achieve them. The book club will provide practical ways to increase hope and strategies for cultivating it in the workplace.

The book club will discuss each selected reading during monthly one-hour meetings via Microsoft Teams. Participants are responsible for getting the book but can use the local library or obtain a digital copy.

Meeting dates:

(Noon to 1 p.m., fourth Tuesday of each month)

- Feb. 23.
- March 23.
- April 27.
- May 25.
- June 22.
- July 27.

Participants in attendance will be awarded one supervisory credit for each meeting. These credits will be reflected in the Learn system and be visible on your personal transcript 10 days after each meeting.

Register for each book club meeting at learn.ok.gov and enroll in SLS Well-Read Book Club – Hope Rising.

Note: You must enroll in all six meeting dates. You have to register for each date through [Learn](https://learn.ok.gov), the learning management system.

The deadline to sign up for this six-meeting session is Friday, Feb. 19, 2021.

If you have any questions, email slstraining@omes.ok.gov.

