










SoonerSelect




Benefits Begin on JULY 1, 2025




The Oklahoma Health Care Authority (OHCA) contracted with three plans to deliver medical services to SoonerSelect members. Each health plan is required to provide the same set of core medical services that are provided to SoonerCare members today. Each SoonerSelect health plan also offers extra services, called value-added benefits. The chart below shows the value-added benefits each plan offers. They may help you determine which health plan will best meet your needs.




 Aetna Better Health® of Oklahoma	 Healthy Horizons® in Oklahoma	 oklahoma complete health
CHILD BENEFITS		
<p>Diaper Club Members ages 12 months and younger may receive a one-time \$100 to purchase diapers or other baby items.</p>	<p>Newborn Care Kit One newborn kit/birth.</p> <p>Over-the-Counter Products \$30 per household per quarter to purchase over-the-counter items. Diapers are included in available items. Unused amounts will not carry over to the following quarter.</p>	<p>Diaper Club Members enrolled in Start Smart for Baby® will receive a \$30 per month diaper club for infants ages 0-12 months.</p>
<p>GO (Get Outside) Initiative Members will receive \$40 annually that can be used at either the Oklahoma City Zoo or the Tulsa Zoo, or for an Oklahoma State Park pass. Member must call Member Services to request benefit.</p>		
	<p>Weight Management Coaching Members ages 12+, upon physician clearance, get 6 coaching sessions.</p> <p>Weight Management Reward Members ages 12+ enrolled in the Weight Management program get a \$10 reward for completing a well-being checkup, and a \$20 reward for completing the program.</p>	<p>Healthy Weight Oklahoma Complete Health provides two benefits to support healthy weight.</p> <ul style="list-style-type: none"> • YMCA memberships will be provided to members in care management to support physical activity and healthy lifestyles. • Weight Watchers memberships for adult members ages 18+ in care management whose providers recommend an increase in healthy eating and physical activity to reduce a BMI of 30 or greater.




		
<p>Digital Companionship App Pyx Health provides members 13+ with 24/7 digital companionship and support intervention via a mobile platform to address member needs. Members will also have direct access to the Pyx Health compassionate support center, staffed with individuals who are trained to support members one-on-one when they screen as lonely, depressed, anxious or indicate any social need.</p>		<p>Pyx Pyx is a mobile app for ages 18+ that reduces social isolation by providing companionship and resources to members who screen positive for social isolation. Members will receive phone calls from the Pyx Compassionate Call Center and have daily interaction with Pyxir, a friendly 24/7 chatbot that provides an interactive and supportive experience. Members will also be connected to available programs, social services and covered benefits.</p>
<p>After-school Engagement Members ages 5-18 can get up to \$100 per year for activities at YMCAs, Boys and Girls Clubs, Boy Scouts, Girl Scouts or other after-school programs of the member's choice. Benefit can also be used for sports equipment.</p>	<p>Youth Growth and Development Members ages 4-18 get up to \$200 per year for participation in activities such as:</p> <ul style="list-style-type: none"> • YMCA. • Boys and Girls Club activities. • Swim lessons. • Computer coding classes. • Music lessons. 	<p>After-school Programs Members ages 6-18 can get up to \$150 per year for Boys and Girls Clubs membership to help them develop social and leadership skills.</p> <p>YMCA adult and youth memberships will be provided to members in care management to support physical activity and healthy lifestyles.</p>
<p>Mental Health and Substance Use Disorder Coaching App Mental health coaching engages members ages 13+ through an online platform to strengthen their emotional health, and provides tools and supports for depression, substance abuse, tobacco cessation, early pregnancy and more to improve health outcomes and member satisfaction by supporting healthy behaviors.</p>		<p>Digital Behavioral Health (BH) Apps The digital BH app, myStrength Complete, will provide coaching and educational support for members ages 13+ with BH diagnoses. Members ages 18+ may also access virtual BH visits through our suicide prevention support app available through Choose Tomorrow.</p>
<p>Smartphone Services Members 18+ can receive a smartphone with a free wireless plan. Wireless phone will include important Aetna Better Health apps, websites and personalized member resources on the device allowing members to engage with their health plan team.</p>		<p>ConnectionsPlus Connects members in care management who do not have safe, reliable access to telephonic and web-based services with a federal SafeLink Wireless program, which offers a free smartphone to allow for communication with Oklahoma Complete Health, providers, friends and family.</p>
		<p>Health, Wellness, and Health Literacy Members will receive access to the comprehensive online Krames Health Library, which has information on more than 4,000 health topics in plain language.</p> <p>Our Healthy Kids Club will mail children and youth members a new book, welcome packet, Kid Club Membership Card, Barnes and Noble gift card, and quarterly newsletters when signed up by a parent or guardian.</p>




		
<p>Asthma Home Care Members enrolled in care management with an asthma diagnosis can receive up to \$250 per year to address home-based asthma triggers (bedding, carpet/pest services, air filters and air purifiers).</p>	<p>Home-Based Interventions for Asthma Asthmatic members in care management or disease management programs can receive an allowance up to \$350 per year for allergen-free bedding, an air purifier and/or carpet cleaning. Care manager approval is required.</p>	<p>Breathe Better at Home For members in care management for asthma, offers a home visit to assess triggers, in-home asthma management and tobacco cessation education, and up to \$250 per year to support in-home mitigation of triggers (e.g., hypoallergenic bedding, pest control, carpet cleaning and cleaners low in volatile organic compounds). For members up to age 19 with an asthma diagnosis, an additional nebulizer will be provided.</p>
<p>Behavioral Health Follow-up Visit Members ages 6 and older are eligible for a \$20 incentive for each follow-up visit (up to 4) completed with a mental health practitioner within 30 days following discharge from an acute behavioral health inpatient hospitalization or residential treatment for detoxification visit for substance use disorder.</p>	<p>Follow-up After Hospitalization for Mental Illness Reward \$25 in rewards for members who received follow-up care within 30 days after a hospital discharge for a diagnosis of select mental illness or intentional self-harm.</p> <p>Follow-up After High-Intensity Care for Substance Use Disorder Reward \$25 reward for members who received follow-up care within 30 days of an inpatient hospital discharge, residential treatment or detoxification visit for a diagnosis of substance use disorder.</p>	
<p>Well-Child Incentive</p> <ul style="list-style-type: none"> • \$60 for members ages 0-15 months who complete 6 well-child visits. • \$40 reward for members ages 16-30 months who complete two well-child visits. • \$25 reward for members ages 3+ who complete one annual wellness visit. 	<p>Well-Child Visits Reward</p> <ul style="list-style-type: none"> • \$60 for members ages 0-15 months. • \$10 reward per well visit with a six-visit limit. • \$20 reward for members ages 16-30 months; \$10 reward per visit with a two-visit limit. • \$25 reward for members ages 3+ who complete one annual wellness visit. 	<p>Well-Child Visit Reward</p> <ul style="list-style-type: none"> • \$25 infant well visit (ages 0-15 months). Earn one reward for each annual visit. • \$25 infant well visit (ages 15-30 months). Earn one reward for each annual visit. • \$10 child well visit (ages 3-18). Earn one reward for each annual visit.
	<p>Sports Physical Members ages 6-18 receive one sports physical per year.</p>	<p>Sports and Camp Physicals Covers sports or camp physicals for members ages 5-18. Sports and camp physicals include a medical history and a physical exam.</p>
<p>Baby Essentials Pregnant members can earn a \$90 gift card to purchase a portable crib or car seat at 37 weeks or more of pregnancy for seeing their doctor regularly (at least 7 visits) during their pregnancy.</p>	<p>Convertible Car Seat or Portable Crib Pregnant members who enroll in the HumanaBeginnings care manager program, complete a comprehensive assessment and at least one additional follow-up call with a HumanaBeginnings care manager, are eligible to choose either a portable crib or a car seat per infant per pregnancy.</p>	
<p>Free Breast Pump Aetna Better Health will support female members in getting a breast pump at 37 weeks or more of pregnancy.</p>	<p>Maternal and Infant Virtual Care Pregnant members and members with a child up to 1 year of age get unlimited access to a smartphone application that provides 24 hours, 7 days a week access to a proprietary, video-enabled call</p>	<p>Pregnancy Supports Start Smart for Your Baby® program provides advice and resources for pregnant members and new parents including:</p>




		
	<p>routing system that allows members to connect with a lactation consultant or a physician extender for on-demand assistance.</p> <p>Breast Pumps Provides one non-hospital grade breast pump every 2 years, or one rental of a hospital-grade breast pump if member's baby has had an inpatient stay in a neonatal intensive care unit (NICU).</p>	<ul style="list-style-type: none"> • A hospital-grade breast pump to support breastfeeding. • Community baby showers with a portable crib gift and safe sleep education. • \$30 per month Diaper Club for infants 0-12 months; parent must be enrolled in Start Smart for Baby program.
	<p>Health Risk Screening (HRS) Reward Get a \$50 reward for completing a health risk screening (HRS) within 30 days of Humana enrollment, once per lifetime.</p>	<p>My Health Pays® Rewards Offers the My Health Pays® Rewards program to encourage healthy behaviors and participation in prevention and wellness activities among members. After the first activity is completed, members receive a Visa prepaid card with their reward amount preloaded. My Health Pays eligible activities and rewards include:</p> <ul style="list-style-type: none"> • Member portal registration (\$10/one per member). • Health risk screening (\$10/one per member). • Child annual well visit (\$10/one per year per member ages 3-20). • Adult annual well visit (\$10/one per year per member ages 21+). • Flu shot in-network (\$5/one per year) • Breast cancer screening/ mammography (\$10/one per member ages 50-74 every two years). • Cervical cancer screenings (\$10/one per member ages 21-64 every three years). • Notification of pregnancy (\$25 first trimester/\$10 second trimester/one per pregnancy). • Smart Start prenatal visit (\$25/one per pregnancy). • Start Smart postpartum visit (\$10/one per pregnancy). • Start Smart infant well visits (\$25 per visit/six-visit maximum for ages 0-15 months, and two-visit maximum for ages 15-30 months). • Diabetes comprehensive care-HbA1C test (\$25/one per year for members with diabetes diagnosis). • Tobacco cessation (\$25 for the first fill of cessation medication/\$50 for completion of cessation program/one per year each). • Post-discharge follow-up visit (\$25 for completed 7-day follow-up visit/one per physical health or behavioral health inpatient admission). • Ready for My Recovery (\$30 for six months of continuous engagement in billable SUD services/2-year maximum).




		
<p>Childhood Immunizations Members may receive a \$50 reward for completing the full series of childhood immunizations on or before their second birthday. Members who turn 2 years of age during the calendar year.</p>	<p>Vaccine Rewards</p> <ul style="list-style-type: none"> • \$40 reward for COVID-19 vaccine for members, eligible per CDC, one per year. • \$20 reward for receiving an annual flu vaccine from provider, pharmacy or self-reporting if received from another source. 	<p>Vaccine Rewards</p> <ul style="list-style-type: none"> • \$5 for flu shot • \$25 for childhood immunization status, ages 0-2. (Requires completion of dose series.) • \$25 for immunization for adolescents, ages 10-13.
	<p>GO365 Wellness Reward A \$25 reward for female members who complete a chlamydia screening when sexually active, or as recommended by their health care provider. Once per year.</p>	
<p>Diabetes Care Rewards</p> <ul style="list-style-type: none"> • Members with diabetes ages 18-75 receive \$15 once per year for completing A1c testing. • Members with diabetes ages 18-75 receive \$15 once per year for completing a retinal eye exam. • Upon completion of all diabetes care program screenings, members with diabetes have access to a \$50 monthly reward in healthy food. • Members with diabetes ages 18-75 receive \$15 once per year for completing a kidney screening. 	<p>Diabetic Care Rewards</p> <ul style="list-style-type: none"> • \$50 for diabetic members ages 18+ who complete a screening with a primary care provider for A1c once per year. • \$25 reward for diabetic members ages 18+ who complete a retinal eye exam once per year. 	<p>Diabetes Remote Patient Monitoring Diabetes remote patient monitoring uses cellular technology, real-time glucose readings and automatic supply refills to facilitate timely intervention while reducing waste and removing barriers to diabetes self-management.</p>
	<p>Mobile App Download and Registration Reward \$25 for minor members eligible for reward under the registration of their parent and/or guardian, limit once per lifetime.</p>	<p>Member Portal Registration \$10 for member portal registration.</p>
<p>Pest Control Members enrolled in care management with an asthma diagnosis can receive up to \$250 per year to address home-based asthma triggers (bedding, carpet/pest services, air filters and air purifiers).</p>	<p>Pest Control Up to \$200 per household per year for pest control. If a member resides with caregiver, evidence must be provided for approval.</p>	<p>Pest Control \$250 per year to support in-home mitigation of triggers (e.g., hypoallergenic bedding, pest control, carpet cleaning and cleaners low in volatile organic compounds).</p>
	<p>Disaster Preparedness Meals One box of 14 shelf-stable meals before or after a natural disaster, once per year. Member must not live in a residential facility. The governor must declare a disaster for the member to be eligible for meals.</p>	




		
<p>Post-discharge Nutrition Support Members can receive 21 meals per week for 12 weeks post-discharge from hospital. Members must have one of the following conditions: diabetes, heart disease/hyperlipidemia, heart disease/hypertension, chronic heart failure, COPD/asthma, cancer, chronic kidney disease/end-stage renal disease, obesity, non-healing wound, GERD, high-risk pregnancy, and/or anemia diagnosis.</p>		<p>Nutrition Support For members in care management who need additional nutritional counseling for a chronic condition, we will expand the state's nutritional counseling benefit by four additional hours per year.</p>
	<p>Food Security Ages 18+ can receive up to 4 fresh produce boxes per year for members identified as food insecure.</p>	<p>Food Security Members who screen positive for food insecurity can receive up to \$100 per year for nutritional foods at select local markets. After a hospital discharge, members in care management will be provided with 14 medically tailored meals delivered to their homes.</p>
<p>Career and Life Skills Training Plus GED Support Members ages 16 and older will gain access to a complimentary job skills training platform and can discover career paths, earn credentials and certifications. In addition, trade skill development and General Equivalency Diploma (GED) certifications are available. After passing the GED online prep course, member will receive a voucher to pay for the GED exam fee.</p>	<p>Youth Educational Support Members in grades K-12 can access online tutoring 2 hours per week. as well as ACT/SAT test preparation.</p>	<p>Educational Support and Work Skills Members ages 16+ without a high school diploma will be provided vouchers for in-person or virtual GED tutoring and testing. Members in K-12 in our four Health Empowerment Zones will be provided in-person or virtual tutoring to eligible youth in care management who are at risk of failing one or more core subject areas. Health Empowerment Zones include Adair County (zip code 74330), McCurtain County (74944), Oklahoma City (73111, 73129, 73117, 73141 and 73084) and Tulsa (74106, 74126, 74130, 74127 and 74110).</p>
	<p>Financial Literacy Members ages 16+ will receive up to 6 sessions of life coaching for money management/budgeting.</p>	
		<p>Health, Wellness and Health Literacy Members will receive access to the comprehensive online Krames Health Library, which has information on more than 4,000 health topics in plain language. Our Healthy Kids Club will mail children and youth members a new book, welcome packet, Kid Club Membership Card, Barnes and Noble gift card, and quarterly newsletters when signed up by a parent or guardian.</p>




 Aetna Better Health® of Oklahoma	 Healthy Horizons® in Oklahoma	
		Respite Care Provides up to 48 additional hours per year of respite support to reduce caregiver burnout.
	Tobacco and Vaping Cessation Members ages 13 and older who enroll in the Tobacco and Vaping Cessation Program will have two opportunities to earn rewards annually: <ul style="list-style-type: none"> • \$25 reward for completing two calls within 45 days of enrollment in the program. • \$25 rewards for completing the full program. 	Tobacco and Vaping Cessation My Health Pays® offers incentives to support member quit attempts. We offer \$25 for the first fill of cessation medication, and \$50 for the completion of a cessation program.
ADULT BENEFITS		
GO (Get Outside) Initiative Members will receive \$40 annually that can be used at either the Oklahoma City Zoo or the Tulsa Zoo or for an Oklahoma State Park pass. Member must call Member Services to request benefit.		
Digital Companionship App Pyx Health provides members 13+ with 24/7 digital companionship and support intervention via a mobile platform to address member needs. Members will also have direct access to the Pyx Health compassionate support center, staffed with individuals who are trained to support members one-on-one when they screen as lonely, depressed, anxious or indicate any social need.		Pyx Pyx is a mobile app for ages 18+ that reduces social isolation by providing companionship and resources to members who screen positive for social isolation. Members will receive phone calls from the Pyx Compassionate Call Center and have daily interaction with Pyxir, a friendly 24/7 chatbot that provides an interactive and supportive experience. Members will also be connected to available programs, social services and covered benefits.
Mental Health and Substance Use Disorder Coaching App Mental health coaching engages members 13+ through an online platform to strengthen their emotional health, and provides tools and supports for depression, substance abuse, tobacco cessation, early pregnancy and more to improve health outcomes and member satisfaction by supporting healthy behaviors.		




		
<p>Vision Services Members ages 21+ can receive:</p> <ul style="list-style-type: none"> • \$150 every 2 years to cover glasses or contacts. • \$75 towards an annual exam. 	<p>Vision Services Members 21+ get one annual eye exam. Members can choose one of the following every 2 years:</p> <ul style="list-style-type: none"> • Eyeglasses that include non-high index polycarbonate lenses and a \$100 allowance for the frame. • \$100 allowance for the cost of contact lenses. <p>Members are responsible for any cost over the allowance.</p>	<p>Vision Services Expands the state's covered vision services for members ages 21+ by offering an annual routine eye exam and \$150 towards the cost of glasses or contact lenses every 2 years.</p>
	<p>Hearing Services Members ages 21+ get one assessment for hearing aids every 3 years, one hearing aid/ear and dispensing fee every 3 years, two hearing aid fitting/checking visits every 3 years, and 48 batteries/hearing aid/year.</p>	
<p>Alternatives to Opioids Allows for members ages 21+ enrolled in care management with chronic pain diagnosis to receive \$500 to use towards local services for acupuncture, massage therapy, dry-needling and yoga.</p>		<p>Ready for My Recovery \$30 reward to members with 6 months of continuous engagement in substance abuse disorder services. Can earn up to two rewards per calendar year.</p>
<p>Asthma Home Care Members enrolled in care management with an asthma diagnosis can receive up to \$250 per year to address home-based asthma triggers (bedding, carpet/pest services, air filters and air purifiers).</p>	<p>Home-Based Interventions for Asthma Asthmatic members in care management or disease management programs can receive an allowance up to \$350 per year for allergen-free bedding, an air purifier and/or carpet cleaning. Care manager approval required.</p>	<p>Breathe Better at Home For members in care management for asthma, offers a home visit to assess triggers, in-home asthma management and tobacco cessation education, and up to \$250 per year to support in-home mitigation of triggers (e.g., hypoallergenic bedding, pest control, carpet cleaning, and cleaners low in volatile organic compounds). For members up to age 19 with an asthma diagnosis, an additional nebulizer will be provided.</p>
<p>Behavioral Health Follow-up Visit Members ages 6 and older are eligible for a \$20 incentive for each follow-up visit (up to 4) completed with a mental health practitioner within 30 days following discharge from an acute behavioral health inpatient hospitalization or residential treatment for detoxification visit for substance use disorder.</p>	<p>Behavioral Health Follow-up Visit</p> <ul style="list-style-type: none"> • \$25 in rewards for members who received follow-up care within 30 days after a hospital discharge for a diagnosis of select mental illness or intentional self-harm. • \$25 reward for members who received follow-up care within 30 days of an inpatient hospital discharge, residential treatment or detoxification visit for a diagnosis of substance use disorder. 	




		
<p>Diabetes Care Rewards</p> <ul style="list-style-type: none"> Members with diabetes ages 18-75 receive \$15 once per year for completing A1c testing. Members with diabetes ages 18-75 receive \$15 once per year for completing a retinal eye exam. Upon completion of all diabetes care program screenings, members with diabetes have access to a \$50 monthly reward in healthy food. Members with diabetes ages 18-75 receive \$15 once per year for completing a kidney screening. 	<p>Diabetes Care Rewards</p> <ul style="list-style-type: none"> \$50 for diabetic members ages 18+ who complete a screening with a primary care provider for A1c once per year. \$25 reward for diabetic members ages 18+ who complete a retinal eye exam once per year. 	<p>Diabetes Remote Patient Monitoring Diabetes remote patient monitoring uses cellular technology, real-time glucose readings and automatic supply refills to facilitate timely intervention while reducing waste and removing barriers to diabetes self-management.</p> <p>Diabetes A1c Test Ages 18-75 can get a \$25 diabetes HbA1c test. Must have a current diagnosis of diabetes to qualify.</p>
<p>Over-the-Counter Pharmacy Products Members ages 18+ receive \$25 per household per month to purchase over-the-counter items, which can be ordered over the phone or online.</p>	<p>Over-the-Counter Products Get \$30 per household per quarter to purchase over-the-counter items. Diapers are included in available items. Unused amounts will not carry over to the following quarter.</p>	<p>Over-the-Counter Pharmacy Products Up to \$30 per member per quarter for over-the-counter items such as cold, cough and allergy medicine, pain relievers, etc.</p>
	<p>Prescription Limit Waived for Adults Members ages 21+ may have unlimited prescriptions per month. All prescriptions are still subject to state and federal requirements for drug utilization review, safety edits, quantity limits and prior authorizations.</p>	<p>Prescription Limit Expansion Some important medicines will not count toward your 6-prescription monthly limit. These include medicines for infections, seizures, mental health, heart health, and diabetes. This change will help members who need more medicines get the care they need to stay healthy.</p>
	<p>Health Risk Screening Reward \$50 reward for completing health risk screening (HRS) within 30 days of Humana enrollment, once per lifetime.</p>	<p>My Health Pays® Rewards Offers the My Health Pays® Rewards Program to encourage healthy behaviors and participation in prevention and wellness activities among members. After the first activity is completed, members receive a Visa Prepaid Card with their reward amount pre-loaded. My Health Pays eligible activities and rewards include:</p> <ul style="list-style-type: none"> Member portal registration (\$10/one per member). Health risk screening (\$10/one per member). Child annual well visit (\$10/one per year per member ages 3-20). Adult annual well visit (\$10/one per year per member ages 21+). Flu shot in-network (\$5/one per year) Breast cancer screening/ mammography (\$10/one per member ages 50-74 every two years). Cervical cancer screenings (\$10/one per member ages 21-64 every three years). Notification of pregnancy (\$25 first trimester/\$10 second trimester/one per pregnancy). Smart Start prenatal visit (\$25/one per pregnancy). Start Smart postpartum visit (\$10/one per pregnancy).




		
		<ul style="list-style-type: none"> • Start Smart infant well visits (\$25 per visit/six-visit maximum for ages 0-15 months, and two-visit maximum for ages 15-30 months). • Diabetes comprehensive care-HbA1C test (\$25/one per year for members with diabetes diagnosis). • Tobacco cessation (\$25 for the first fill of cessation medication/\$50 for completion of cessation program/one per year each). • Post-discharge follow-up visit (\$25 for completed 7-day follow-up visit/one per physical health or behavioral health inpatient admission). • Ready for My Recovery (\$30 for six months of continuous engagement in billable SUD services/2-year maximum).
<p>Wellness Visit Reward \$25 reward for members ages 3+ who complete one annual wellness visit.</p>	<p>Wellness Visit Reward \$25 reward for members ages 3+ who complete one annual wellness visit.</p>	<p>Wellness Visit Reward \$10 well visit award once per year.</p>
	<p>Vaccine Rewards</p> <ul style="list-style-type: none"> • \$40 reward for COVID-19 vaccine for members, eligible per CDC, one per year. • \$20 reward for receiving an annual flu vaccine from provider, pharmacy or self-reporting if received from another source. • \$50 in rewards once per lifetime for members who receive two Human Papilloma Virus (HPV) vaccine doses between their 9th and 13th birthday. 	<p>Vaccine Rewards</p> <ul style="list-style-type: none"> • \$5 for flu shot. • \$25 for childhood immunization status, ages 0-2. (Requires completion of dose series.) • \$25 for immunization for adolescents, ages 10-13.
	<p>Tobacco and Vaping Cessation Members ages 13 and older who enroll in the Tobacco and Vaping Cessation Program will have two opportunities to earn rewards annually:</p> <ul style="list-style-type: none"> • \$25 reward for completing two calls within 45 days of enrollment in the program. • \$25 rewards for completing the full program. 	<p>Tobacco Cessation My Health Pays® offers incentives to support member quit attempts. We offer \$25 for the first fill of cessation medication, and \$50 for the completion of a cessation program.</p>




		
	<p>Weight Management Members ages 12+, upon physician clearance, receive 6 coaching sessions.</p>	<p>Healthy Weight In support of Oklahoma’s goals to improve healthy eating and physical activity to reduce the incidence of overweight and obesity, Oklahoma Complete Health provides two benefits to support healthy weight.</p> <ul style="list-style-type: none"> • YMCA memberships will be provided to members in care management to support physical activity and healthy lifestyles. • Weight Watchers memberships for adult members ages 18+ in care management whose providers recommend an increase in healthy eating and physical activity to reduce a BMI of 30 or greater.
	<p>Weight Management Reward Members ages 12+ enrolled in the weight management program receive a \$10 reward for completing a well-being check-up and \$20 reward for completing the program.</p>	<p>Virtual Weight Watchers Memberships For adult members in care management whose providers recommend increased healthy eating and physical activity to reduce obesity.</p>
	<p>Chlamydia Screening Reward \$25 reward for female members who complete a chlamydia screening when sexually active, or as recommended by their health care provider, once per year.</p>	
	<p>Cervical Cancer Screening Reward \$25 reward for female members ages 21+ who obtain a pap smear once per year.</p>	<p>Cervical Cancer Screening Reward \$10 for ages 21-64 for cervical cancer screening. Once every three years.</p>
<p>Breast Cancer Screening Reward Female members age 40+ who complete a breast cancer screening may receive \$25.</p>	<p>Mammogram Screening Reward \$25 in rewards for female members ages 40+ who obtain a mammogram breast cancer screening once per year.</p>	<p>Breast Cancer Screening \$10 in rewards for breast cancer screening for ages 50-74. Once every two years.</p>
<p>Colorectal Cancer Screening Reward Members ages 45+ may receive \$25 for completing a colon cancer screening. Member must call Member Services to request benefit.</p>	<p>Colorectal Cancer Screening Reward \$25 reward for members ages 45+ who obtain a colorectal screening as recommended by their primary care provider once per year.</p>	
	<p>Mobile App Download and Registration Reward \$25 for minor members eligible for reward under the registration of their parent and/or guardian, limit once per lifetime.</p>	

		
<p>Waived Copays Copay waivers for all medical and behavioral health services except inpatient hospital (ICU/CCU, other room and board, routine), outpatient hospital (non-ER) and retail pharmacy.</p>	<p>Waived Copays Members ages 21+ will have copays waived for medical and behavioral health services.</p>	
	<p>Self-Monitoring Devices Members ages 21+ who are in care management can receive one weight scale and/or one digital blood pressure cuff every three years.</p>	
	<p>Level of Care Education Reward \$10 reward for members ages 19+ who complete education for when to access the emergency room (ER), once per year.</p>	
<p>Pest Control Members enrolled in care management with an asthma diagnosis can receive up to \$250 per year to address home-based asthma triggers (bedding, carpet/pest services, air filters and air purifiers).</p>	<p>Pest Control Up to \$200 per household per year for pest control. If member resides with caregiver, evidence must be provided for approval.</p>	<p>Pest Control \$250 per year to support in-home mitigation of triggers (e.g., hypoallergenic bedding, pest control, carpet cleaning and cleaners low in volatile organic compounds).</p>
	<p>Disaster Preparedness Relief Kit One disaster relief kit per year before or after a natural disaster for members ages 18+.</p>	
	<p>Disaster Preparedness Meals One box of 14 shelf-stable meals before or after a natural disaster, once per year. Member must not live in a residential facility. The governor must declare a disaster for the member to be eligible for meals.</p>	
<p>Recovery Housing Support Members enrolled in care management who have been discharged from inpatient substance use disorder treatment or have been released from incarceration from an Oklahoma Department of Corrections Center can receive up to \$600 per month for up to 3 months at an Aetna Better Health-approved sober living facility.</p>	<p>Housing Assistance Members ages 18+ can receive up to \$350 per year to assist with the following housing expenses:</p> <ul style="list-style-type: none"> • Apartment rent or mortgage payment (late payment notice required). • Trailer park and lot rent if this is your permanent residence (late payment notice required). • Utility payment for electric, water, gas or internet (late payment notice required). • Moving expenses via licensed moving company when transitioning from a public housing authority. 	<p>Housing Assistance Respite shelter for members experiencing homelessness following discharge from Oklahoma City and Tulsa area hospitals is offered through partnership with selected community organizations.</p> <p>Legal Services Support with employment, housing, social service benefits or health-related legal matters with access through Legal Aid Services of Oklahoma.</p>

		
	<p>Member must not live in a residential facility. Funds will not be paid directly to the member. Unused allowance does not roll over to the next year. If the bill is in the spouse's name, a marriage certificate may be submitted as proof.</p>	
<p>Post-discharge Nutrition Support Members can receive 21 meals per week for 12 weeks post discharge from hospital. Members must have one of the following conditions: diabetes, heart disease/hyperlipidemia, heart disease/hypertension, chronic heart failure, COPD/asthma, cancer, chronic kidney disease/end-stage renal disease, obesity, non-healing wound, GERD, high-risk pregnancy, and/or anemia diagnosis.</p>	<p>Food Security Ages 18+ can receive up to 4 fresh produce boxes per year for members identified as food insecure.</p>	<p>Nutrition Support and Food Security Members who screen positive for food insecurity will receive up to \$100 per year for nutritional foods at select local markets.</p> <p>Members in care management who screen positive for food insecurity upon hospital discharge, including those with high-risk pregnancies, will receive 14 medically tailored meals delivered to their homes.</p> <p>For members in care management who need additional nutritional counseling for a chronic condition, we will expand the state's nutritional counseling benefit by 4 additional hours per year.</p>
<p>Career and Life Skills Training Plus GED Support Members ages 16 and older will gain access to a complimentary job skills training platform and can discover career paths and earn credentials and certifications. In addition, trade skill development and General Equivalency Diploma (GED) certifications are available. After passing the GED online prep course, member will receive a voucher to pay for the GED exam fee.</p>	<p>Educational Support GED testing is available to members ages 16+.</p>	<p>Educational Support and Work Skills Members ages 16+ without a high school diploma will be provided vouchers for in-person or virtual GED tutoring and testing.</p> <p>Members in K-12 in our four Health Empowerment Zones will be provided in-person or virtual tutoring to eligible youth in care management who are at risk of failing one or more core subject areas. Health Empowerment Zones include Adair County (zip code 74330), McCurtain County (74944), Oklahoma City (73111, 73129, 73117, 73141 and 73084) and Tulsa (74106, 74126, 74130, 74127 and 74110).</p> <p>We will offer scholarships to Rose State College for Community Health Worker (CHW) for adult members in management.</p>
	<p>Financial Literacy Coaching Members ages 16+ get 6 sessions of life coaching for money management/budgeting.</p>	

		
<p>Recovery Housing Support Members enrolled in care management who have been discharged from inpatient substance use disorder treatment or have been released from incarceration from an Oklahoma Department of Corrections Center can receive up to \$600 per month for up to 3 months at an Aetna Better Health-approved sober living facility.</p>		<p>Housing Assistance A partnership with Cardinal Community House and providers will support respite shelter for members experiencing homelessness following discharge from an Oklahoma City hospital. A partnership with Legal Aid Services of Oklahoma provides medical legal partnership assistance for members with housing, employment and educational issues.</p>
<p>Cost for Expungement Members who have screened eligible for expungement may receive \$150 to assist with certification fees tied to criminal record expungement (as allowed by statute). https://osbi.ok.gov/criminal-history/expungement</p>	<p>Criminal Expungement Up to \$150 for members ages 18+ once per lifetime as allowed. https://osbi.ok.gov/criminal-history/expungement</p>	
	<p>Employment Physical Available to members 18+ once per year.</p>	
		<p>Health, Wellness and Health Literacy Members will receive access to the comprehensive online Krames Health Library, which has information on more than 4,000 health topics in plain language. Our Healthy Kids Club will mail children and youth members a new book, welcome packet, Kid Club Membership Card, Barnes and Noble gift card, and quarterly newsletters when signed up by a parent or guardian.</p>
		<p>Respite Care For members with special health care needs who have exhausted all covered and community-based respite benefits. Includes up to 48 additional hours per year of respite support to reduce caregiver burnout.</p>
PREGNANCY AND POSTPARTUM		
	<p>Maternal and Infant Virtual Care For pregnant members and members with a child up to 1 year of age, get unlimited access to a smartphone application that provides 24-hour, 7-day-a-week access to a proprietary, video-enabled call routing system that allows members to connect with a</p>	

		
	<p>lactation consultant or a physician extender for on-demand assistance.</p>	
<p>Prenatal and Postpartum Care Rewards</p> <ul style="list-style-type: none"> • Pregnant members receive \$25 for notification of pregnancy to health plan. • Pregnant members can earn \$25 for completing their initial prenatal visit within first trimester. • Pregnant members can earn up to \$100 for completing 10 subsequent prenatal visits. • \$50 for first postpartum visit before 21 days post-delivery. \$50 for second postpartum visit within 22-84 days post-delivery. 	<p>Prenatal and Postpartum Care Rewards</p> <ul style="list-style-type: none"> • Pregnant members can earn \$10 per prenatal visit, up to 10 prenatal visits for a total of up to \$100. • \$50 reward for completing one postpartum visit on or between 7-84 days after delivery, once per pregnancy. 	<p>Prenatal and Postpartum Care Rewards</p> <ul style="list-style-type: none"> • \$25 for Notification of Pregnancy Form completed within first trimester or \$10 for Notification of Pregnancy Form completed within second trimester. • \$25 per prenatal visit. Once per pregnancy. Prenatal date of service must be prior to delivery, postpartum visit, miscarriage, date of service, or due date plus four weeks, whichever comes first. • \$10 postpartum visit. Once per pregnancy and within 7-84 days of delivery.
<p>Breast Pump Supports female members in getting a breast pump at 37 weeks or more of pregnancy.</p>	<p>Breast Pumps Provides one non-hospital grade breast pump every two years, or one rental of a hospital-grade breast pump if member's baby has had an inpatient stay in a neonatal intensive care unit (NICU).</p>	<p>Start Smart for Your Baby® Provides customized support and care for pregnant women and new moms. This program focuses on your health during your pregnancy and your baby's first year, and offers these benefits at no cost:</p> <ul style="list-style-type: none"> • Breast pump and breastfeeding support. • Diaper Club - members enrolled in Start Smart for Baby will receive a \$30 per month diaper club for infants 0-12 months old. • Community baby showers with a portable crib gift and safe sleep education. • Information about pregnancy and newborn care. • Community help with housing, food, clothing and cribs.
<p>Baby Essentials Pregnant members can earn a \$90 gift card to purchase a portable crib or car seat at 37 weeks or more of pregnancy for seeing their doctor regularly (at least 7 visits) during their pregnancy.</p>	<p>Convertible Car Seat or Portable Crib Pregnant female members who enroll in the HumanaBeginnings Care Manager Program, complete a comprehensive assessment and at least one additional follow-up call with a HumanaBeginnings care manager, are eligible to choose either a portable crib or a car seat per infant per pregnancy.</p>	<p>Start Smart for your Baby® Community baby showers with a portable crib gift and safe sleep education.</p>
<p>Diaper Club Members ages 12 months and younger may receive a one-time \$100 to purchase diapers.</p>		<p>Diaper Club Members enrolled in Start Smart for Baby will receive a \$30 per month diaper club for infants 0-12 months old.</p>

		
<p>Digital Maternal Health App Members who are pregnant can access digital maternal health solutions during pregnancy and postpartum. This includes 24/7 access to 30+ types of virtual specialists who complement the in-person care by providing coaching and education that include virtual doulas, lactation consultants, OB/GYNs, pediatricians, mental health providers and more. Members may enroll through Maven.</p>	<p>Maternal and Infant Virtual Care For pregnant members and members with a child up to 1 year of age, get unlimited access to a smartphone application that provides 24 hours, 7 days a week access to a proprietary, video-enabled call routing system that allows members to connect with a lactation consultant or a physician extender for on-demand assistance.</p>	<p>Start Smart for your Baby® Prenatal education and parenting classes.</p>
<p>Notification of Pregnancy Pregnant members receive \$25 for notification of pregnancy to health plan. Member must call Member Services to notify them of pregnancy prior to their initial prenatal visit.</p>	<p>Notice of Pregnancy Form Reward \$25 reward for completion and submission of a notification of pregnancy form prior to delivery.</p>	<p>Prenatal Care Rewards</p> <ul style="list-style-type: none"> • \$25 for Notification of Pregnancy Form completed within first trimester or \$10 for Notification of Pregnancy Form completed within second trimester. • \$25 per prenatal visit. Once per pregnancy. Prenatal date of service must be prior to delivery, postpartum visit, miscarriage, date of service, or due date plus four weeks, whichever comes first. • \$10 postpartum visit. Once per pregnancy and within 7-84 days of delivery.
		<p>Remote Patient Monitoring (RPM) High-risk pregnancy RPM combines telehealth with cellular technology and real-time readings for blood pressure, glucose monitoring and at-home fetal monitors.</p>
<p>Enhanced Transportation Members can take up to 10 round trips per year for job interviews, job training, shopping for work clothing, food bank or grocery store for food, senior services, and getting community health services otherwise not covered.</p>		<p>Prenatal Appointment Transportation Pre-scheduled transportation to milestone appointments for high-risk pregnancies.</p>
<p>Post-discharge Meals High-risk pregnancy members can receive 21 meals per week for 12 weeks post discharge from hospital.</p>	<p>Post-discharge Meals Up to 14 home-delivered meals following discharge from an inpatient or residential facility.</p>	<p>Post-discharge Meals Members discharging from the hospital will receive 14 medically tailored meals delivered to their homes.</p>
<p>Mental Health Coaching Engages members 13+ through an online platform to strengthen their emotional health, and provides tools and supports for depression, substance abuse, tobacco cessation, early pregnancy and more to improve health outcomes and member satisfaction by supporting healthy behaviors.</p>		



PAIN MANAGEMENT

Traditional Healing Services

Members receive up to \$400 per year for traditional healing practices and services for all AI/AN members statewide.

Native American Traditional Medicine

Up to \$300 per calendar year to help cover costs for Native American traditional and/or ceremonial services.

Traditional Healing Grants

We will provide grants of up to \$250 to members for ceremonial or spiritual healing to support improved behavioral health or physical health management and honor cultural preferences.

Alternatives to Opioids

Allows for members ages 21+ with a chronic pain diagnosis to receive \$500 to use towards local services for acupuncture, massage therapy, dry-needling and yoga.

Ready for My Recovery

\$30 reward to members with 6 months of continuous engagement in substance abuse disorder services. Can earn up to two rewards per calendar year.

DIAGNOSIS SPECIFIC: CHRONIC PAIN

Alternatives to Opioids

Allows for members ages 21+ enrolled in care management with chronic pain diagnosis to receive \$500 to use towards local services for acupuncture, massage therapy, dry-needling and yoga.

DIAGNOSIS SPECIFIC: OBESITY

Post-discharge Meals

Members with an obesity diagnosis can receive 21 meals per week for 12 weeks post-discharge from hospital.

Wellness Weight Management

- Members ages 12+ can receive six coaching sessions.
- Members ages 12+ enrolled in the weight management program will receive a \$10 reward for completing a well-being checkup, and \$20 reward for completing the program.

Healthy Weight

In support of Oklahoma's goals to improve healthy eating and physical activity to reduce the incidence of overweight and obesity, Oklahoma Complete Health provides two benefits to support healthy weight.

- YMCA memberships will be provided to members in care management to support physical activity and healthy lifestyles.
- Weight Watchers memberships for adult members ages 18+ in care management whose providers recommend an increase in healthy eating and physical activity to reduce a BMI of 30 or greater.

DIAGNOSIS SPECIFIC: ASTHMA

Asthma Home Care




Members with asthma diagnosis can receive up to \$250 per year to address home-based asthma triggers (bedding, carpet/pest services, air filters and air purifiers). Members must be enrolled in care management.




Home-Based Interventions for Asthma

Asthmatic members in care management or disease management programs can receive an allowance up to \$350 per year for allergen-free bedding, an air purifier and/or carpet cleaning. Care manager approval required.

Breathe Better at Home

For members in care management for asthma, offers a home visit to assess triggers, in-home asthma management and tobacco cessation education, and up to \$250 per year to support in-home mitigation of triggers (e.g., hypoallergenic bedding, pest control,

 Aetna Better Health® of Oklahoma	 Healthy Horizons in Oklahoma	
		carpet cleaning, and cleaners low in volatile organic compounds). For members up to age 19 with an asthma diagnosis, an additional nebulizer will be provided.
Post-discharge Meals Members with an asthma diagnosis can receive 21 meals per week for 12 weeks post discharge from hospital.	Post-discharge Meals Up to 14 home-delivered meals following discharge from an inpatient or residential facility.	Post-discharge Meals Members in care management who screen positive for food insecurity upon hospital discharge will receive 14 medically tailored meals delivered to their homes.
DIAGNOSIS SPECIFIC: DIABETES		
Diabetes Care Rewards <ul style="list-style-type: none"> Members with diabetes ages 18-75 receive \$15 once per year for completing A1c testing. Members with diabetes ages 18-75 receive \$15 once per year for completing a retinal eye exam. Members with diabetes ages 18-75 receive \$15 once per year for completing a kidney screening. <p>Upon completion of all diabetes care program screenings, members enrolled in care management with diabetes diagnosis may receive \$50 monthly reward in healthy food.</p>	Diabetes Care Rewards <ul style="list-style-type: none"> \$50 for diabetic members ages 18+ who complete a screening with a primary care provider for HbA1c once per year. \$25 reward for diabetic members ages 18+ who complete a retinal eye exam once per year. 	Diabetes Care Reward \$25 diabetes HbA1c test for members ages 18-75. Must have a current diagnosis of diabetes to qualify. Once per calendar year.
		Diabetes Remote Patient Monitoring (RPM) Diabetes RPM uses cellular technology, real-time glucose readings and automatic supply refills to facilitate timely intervention while reducing waste and removing barriers to diabetes self-management.
Post-discharge Meals Members with diabetes diagnosis can receive 21 meals per week for 12 weeks post-discharge from hospital.	Post-discharge Meals Up to 14 home-delivered meals following discharge from an inpatient or residential facility.	Post-discharge Meals Members in care management who screen positive for food insecurity upon hospital discharge will receive 14 medically tailored meals delivered to their homes.
DIAGNOSIS SPECIFIC: SUBSTANCE ABUSE DISORDER		
Behavioral Health Follow-up Visit Members ages 6 and older are eligible for a \$20 incentive for each follow-up visit (up to 4) completed with a mental health practitioner within 30 days following an acute behavioral health inpatient hospitalization or inpatient hospital discharge, residential treatment or detoxification visit for substance use disorder.	Follow-up After High-Intensity Care for Substance Abuse Disorder Reward \$25 reward for members who received follow-up care within 30 days of an inpatient hospital discharge, residential treatment or detoxification visit for a diagnosis of substance use disorder.	Ready for My Recovery The Ready for My Recovery program will support members on their recovery journey by providing a \$30 My Health Pays® reward for every 6 months of active participation in recovery treatment, as well as a recovery backpack that includes a water bottle, self-care kit, journal, pen and behavioral health information and resources.

		
<p>Digital Companionship App Pyx Health provides 24/7 digital companionship and support intervention via a mobile platform to address member needs. Members will also have direct access to the Pyx Health compassionate support center, staffed with individuals who are trained to support members one-on-one when they screen as lonely, depressed, anxious or indicate any social need.</p>	<p>Behavioral Health Rewards</p> <ul style="list-style-type: none"> • \$25 in rewards for members who received follow-up care within 30 days after a hospital discharge for a diagnosis of select mental illness or intentional self-harm. • \$25 reward for members who received follow-up care within 30 days of an inpatient hospital discharge, residential treatment or detoxification visit for a diagnosis of substance use disorder. 	<p>Digital Behavioral Health (BH) Apps The digital BH app, myStrength Complete, will provide coaching and educational support for members ages 13+ BH diagnoses. Members 18+ may also access virtual BH visits through our suicide prevention support app available through Choose Tomorrow.</p> <p>Pyx Health (Pyx) Pyx Health is a mobile app for ages 18+ that reduces social isolation by providing companionship and resources including linkages to available care management programs, social services and covered benefits. Members ages 18+ who screen positive for social isolation will receive phone calls from the Pyx Compassionate Call Center and have daily interaction with Pyxir, a friendly 24/7 chatbot that provides an interactive and supportive experience.</p>
<p>Mental Health and Substance Use Disorder Coaching App Mental health coaching engages members 13+ through an online platform to strengthen their emotional health, and provides tools and supports for depression, substance abuse, tobacco cessation, early pregnancy and more to improve health outcomes and member satisfaction by supporting healthy behaviors.</p>		<p>Digital Behavioral Health (BH) App and Coaching The digital Behavioral Health app provides coaching and educational support for members ages 13+ with Behavioral Health diagnoses. Members 18+ may also access virtual Behavioral Health visits through our suicide prevention support app available through Choose Tomorrow.</p>
<p>Recovery Housing Support Members enrolled in care management who have been discharged from inpatient substance use disorder treatment or have been released from incarceration from an Oklahoma Department of Corrections Center can receive up to \$600 per month for up to 3 months at an Aetna Better Health-approved sober living facility. Member must request benefit from care manager each month.</p>		
<p>Behavioral Health Follow-up Visit Members ages 6 and older are eligible for a \$20 incentive for each follow-up visit (up to 4) completed with a mental health practitioner within 30 days following an acute behavioral health inpatient hospitalization or inpatient hospital discharge, residential treatment or detoxification visit for substance use disorder.</p>		



ENHANCED TRANSPORTATION BENEFITS

Enhanced Transportation Services
Members can take up to 10 round trips per year for job interviews, job training, shopping for work clothing, food bank or grocery store for food, senior services, and getting community health services otherwise not covered.

Enhanced Transportation Services
For members 21+, 15 round trips (30 one-way trips) up to 45 miles from the member's residence per year for non-medical transportation to grocery store, food bank, social support groups, wellness classes, WIC and SNAP appointments, and food banks. This benefit also offers transportation to locations providing social benefits and community integration for members such as community and neighborhood centers, parks, recreation areas and churches.

Enhanced Transportation Services
Fifteen round trips per member per year up to 50 miles from the member's home are provided to support social drivers of health needs (e.g., grocery, food, pantries, farmers' markets, WIC, childcare, job interviews and support groups).

Accompanying Child Transportation
Members may bring up to 3 children under 13 for non-emergency medical transportation when childcare is not available. Cannot exceed 5 total occupants including driver. Each child must be related to members by birth, marriage, legal adoption/guardianship or a foster child. The member must provide each child's car seat in compliance with state law.

Accompanying Child Transportation
Members may bring up to 3 children under 13 for non-emergency medical transportation when childcare is not available. Cannot exceed 5 total occupants including driver. Each child must be related to members by birth, marriage, legal adoption/guardianship or a foster child. The member must provide each child's car seat in compliance with state law.

Accompanying Child Transportation
Allows up to 4 additional minor children to accompany members to EPSDT, provider and urgent care appointments with advance notice.

Transportation for Acute Hospital Stays
One in-state round trip (2 in-state one-way trips) per day for non-emergency medical transportation for parent and/or guardian to visit their child during NICU or hospital stay.

Transportation for Acute Hospital Stays
One in-state round trip (2 in-state one-way trips) per day for non-emergency medical transportation for parent and/or guardian to visit their child during NICU or hospital stay.

Transportation for Acute Hospital Stays
One round trip daily for parents/guardians to visit a child during an acute hospital stay.

ADDITIONAL SUPPORTS AND SERVICES

Recovery Housing Support
Members enrolled in care management who have been discharged from inpatient substance use disorder treatment or have been released from incarceration from an Oklahoma Department of Corrections Center can receive up to \$600 per month for up to 3 months at an Aetna Better Health-approved sober living facility.




Housing Assistance
Members ages 18+ can receive up to \$350 per year to assist with the following housing expenses:




- Apartment rent or mortgage payment (late payment notice required).
- Trailer park and lot rent if this is your permanent residence (late payment notice required).
- Utility payment for electric, water, gas or internet (late payment notice required).
- Moving expenses via licensed moving company when transitioning from a public housing authority.




Member must not live in a residential facility. Funds will not be paid directly to the member. Unused allowance does not roll over to the




Housing Assistance
Respite shelter for members experiencing homelessness following discharge from Oklahoma City and Tulsa area hospitals, delivered through partnership with selected community organizations.




Support with employment, housing, social service benefits or health-related legal matters with access through Legal Aid Services of Oklahoma.

		
	<p>next year. If the bill is in the spouse's name, a marriage certificate may be submitted as proof.</p>	
<p>Cost for Expungement Members who have screened eligible for expungement may receive \$150 to assist with certification fees tied to criminal record expungement (as allowed by statute). https://osbi.ok.gov/criminal-history/expungement</p>	<p>Criminal Expungement Up to \$150 for members 18+ once per lifetime as allowed. https://osbi.ok.gov/criminal-history/expungement</p>	
<p>Career and Life Skills Training Plus GED Support Members ages 16 and older will gain access to a complimentary job skills training platform and can discover career paths, earn credentials and certifications. In addition, trade skill development and General Equivalency Diploma (GED) certifications are available. After passing the GED online prep course, member will receive a voucher to pay for the GED exam fee.</p>	<p>Educational Support GED testing is available to members ages 16+.</p>	<p>Educational Support and Work Skills Three benefits help members obtain their diploma or GED and gain skills to join the workforce. Benefits will include:</p> <ul style="list-style-type: none"> • Members ages 16+ without a high school diploma will be provided vouchers for in-person or virtual GED tutoring and testing. • Members in K-12 in our four Health Empowerment Zones will be provided in-person or virtual tutoring to eligible youth in care management who are at risk of failing one or more core subject areas. Health Empowerment Zones include Adair County (zip code 74330), McCurtain County (74944), Oklahoma City (73111, 73129, 73117, 73141 and 73084) and Tulsa (74106, 74126, 74130, 74127 and 74110). • Scholarships to Rose State College for Community Health Worker (CHW) for adult members in care management.
<p>GO (Get Outside) Initiative GO/Get Outside Initiative is a children, youth and family value-added benefit to inspire people of all ages to get outside for recreation, exercise, education and social activities. Members will receive \$40 annually that can be used at Oklahoma zoos or state parks.</p>		<p>Healthy Living YMCA memberships will be provided to members in care management to support physical activity and healthy lifestyles.</p>
<p>Over-the-Counter Pharmacy Products Members ages 18+ get \$25 per household per month to purchase over-the-counter items, which can be ordered over the phone or online.</p>	<p>Over-the-Counter Pharmacy Products \$30 per household per quarter to purchase over-the-counter items. Unused amounts will not carry over to the following quarter.</p>	<p>Over-the-Counter Purchase Products Each member receives \$30 per quarter to spend on items such as cold, cough, allergy, diapers, wipes, pain relievers, etc.</p>
	<p>Parent Guardian Self-Care Members with a child ages 0-12 months may be eligible for up to \$40 per quarter. Member must be the child's legal parent or guardian.</p>	<p>Respite Care Members with special health care needs who have exhausted all covered and community-based respite benefits will be provided with up to 48 additional hours per year of respite support to reduce caregiver burnout.</p>

		
	<p>Health Risk Screening (HRS) Reward \$50 reward for completing health risk screening within 30 days of Humana enrollment, once per lifetime.</p>	<p>My Health Pays® Rewards Offers the My Health Pays® Rewards Program to encourage healthy behaviors and participation in prevention and wellness activities among members. After the first activity is completed, members receive a Visa Prepaid Card with their reward amount pre-loaded. My Health Pays eligible activities and rewards include:</p> <ul style="list-style-type: none"> • Member portal registration (\$10/one per member). • Health risk screening (\$10/one per member). • Child annual well visit (\$10/one per year per member ages 3-20). • Adult annual well visit (\$10/one per year per member ages 21+). • Flu shot in-network (\$5/one per year). • Breast cancer screening/ mammography (\$10/one per member ages 50-74 every two years). • Cervical cancer screenings (\$10/one per member ages 21-64 every three years). • Notification of pregnancy (\$25 first trimester/\$10 second trimester/one per pregnancy). • Smart Start prenatal visit (\$25/one per pregnancy). • Start Smart postpartum visit (\$10/one per pregnancy). • Start Smart infant well visits (\$25 per visit/six-visit maximum for ages 0-15 months, and two-visit maximum for ages 15-30 months). • Diabetes comprehensive care-HbA1C test (\$25/one per year for members with diabetes diagnosis). • Tobacco cessation (\$25 for the first fill of cessation medication/\$50 for completion of cessation program/one per year each). • Post-discharge follow-up visit (\$25 for completed 7-day follow-up visit/one per physical health or behavioral health inpatient admission). • Ready for My Recovery (\$30 for six months of continuous engagement in billable SUD services/2-year maximum).
<p>Smartphone Services Eligible members can receive a smartphone with a free wireless plan. Wireless phone will include Aetna Better Health important apps, websites and personalized member resources on the device allowing members to engage with their health plan team.</p>	<p>Smartphone Services Members who qualify for the Federal Lifeline program are eligible to receive a free smartphone with monthly talk minutes, text and data.</p>	<p>ConnectionsPlus Connects members to the federal SafeLink Wireless program, which offers a free smartphone to allow for communication with Oklahoma Complete Health, providers, friends and family. We educate members on the availability of obtaining SafeLink's free</p>

		
		<p>prepaid cell phones and assist members with the application process.</p> <p>Through our ConnectionsPlus program, we will provide free cell phones and data plans to members engaged in care management who do not have safe, reliable access to telephone and web-based services. ConnectionsPlus allows members to have consistent access to providers, our care managers, telehealth services and 911.</p>
<p>Post-discharge Nutrition Support Members can receive 21 meals per week for 12 weeks post-discharge from hospital. Members must have one of the following conditions: diabetes, heart disease/ hyperlipidemia, heart disease/hypertension, chronic heart failure, COPD/asthma, cancer, chronic kidney disease/end-stage renal disease, obesity, non-healing wound, GERD, high-risk pregnancy, and/or anemia diagnosis.</p>	<p>Post-discharge Meals Up to 14 home-delivered meals following discharge from an inpatient or residential facility.</p>	<p>Nutrition Support and Food Security For members in care management who screen positive for food insecurity during hospital discharge, we will provide 14 medically tailored meals delivered to their homes.</p>
	<p>Mobile App Download and Registration Reward \$25 for minor members eligible for reward under the registration of their parent and/or guardian, limit once per lifetime.</p>	<p>Member Portal Reward \$10 My Pay Reward for member portal registration.</p>
	<p>Self-Monitoring Devices</p> <ul style="list-style-type: none"> Members ages 21+ under care management may receive one digital blood pressure kit every 3 years. Care manager approval is required. Members ages 21+ under care management may receive one weight scale every 3 years. Care manager approval is required. 	<p>Diabetes Remote Patient Monitoring (RPM) Diabetes RPM uses cellular technology, real-time glucose readings and automatic supply refills to facilitate timely intervention while reducing waste and removing barriers to diabetes self-management.</p>
	<p>Level of Care Education Reward \$10 reward for members ages 19+ who complete education for when to access the emergency room (ER) once/year.</p>	
<p>Traditional Healing Services Members receive up to \$400 per year for traditional healing practices and services. for all AI/AN members statewide.</p>	<p>Native American Traditional Medicine Up to \$300 per calendar year to help cover costs for Native American traditional and/or ceremonial services.</p>	<p>Traditional Healing Grants Provides grants of up to \$250 to members for ceremonial or spiritual healing to support improved behavioral health or physical health management and honor cultural preferences.</p>

		
<p>Pest Control Members enrolled in care management with an asthma diagnosis can receive up to \$250 per year to address home-based asthma triggers (bedding, carpet/pest services, air filters and air purifiers).</p>	<p>Pest Control Allowance up to \$200 per household per year for pest control. If member resides with caregiver, they must show proof. Member can provide a lease that they reside with caregiver. Plan approval required.</p>	<p>Pest Control \$250 per year to support in-home mitigation of triggers (e.g., hypoallergenic bedding, pest control, carpet cleaning and cleaners low in volatile organic compounds).</p>
	<p>Disaster Preparedness Relief Kit For members 18+, one disaster relief kit per year before or after a natural disaster.</p>	
	<p>Disaster Preparedness Meals One box of 14 shelf-stable meals before or after a natural disaster, once per year. Member must not live in a residential facility. The governor must declare a disaster for the member to be eligible for meals.</p>	
<p>Recovery Housing Support Members enrolled in care management who have been discharged from inpatient substance use disorder treatment or have been released from incarceration from an Oklahoma Department of Corrections Center can receive up to \$600 per month for up to 3 months at an Aetna Better Health-approved sober living facility. Member must request benefit from care manager each month.</p>	<p>Housing Assistance Members ages 18+ can receive up to \$350 per year to assist with the following housing expenses:</p> <ul style="list-style-type: none"> • Apartment rent or mortgage payment (late payment notice required) • Trailer park and lot rent if this is your permanent residence (late payment notice required) • Utility payment for electric, water, gas or internet (late payment notice required) • Moving expenses via licensed moving company when transitioning from a public housing authority <p>Member must not live in a residential facility. Funds will not be paid directly to the member. Unused allowance does not roll over to the next year. If the bill is in the spouse's name, a marriage certificate may be submitted as proof.</p>	<p>Housing Assistance Respite shelter for members experiencing homelessness following discharge from Oklahoma City and Tulsa area hospitals, delivered through partnership with selected community organizations.</p> <p>Support with employment, housing, social service benefits or health-related legal matters with access through Legal Aid Services of Oklahoma.</p>
		<p>Nutrition Support and Food Security In addition to ensuring access to food pantries, WIC and SNAP/DUO, members in care management who screen positive for food insecurity can receive up to \$100 per year in Food Rx vouchers for healthy foods at local markets.</p> <p>For members with chronic conditions enrolled in care management, we will expand the state's nutritional counseling benefit by 4 additional hours per year.</p>

		
<p>Career and Life Skills Training Plus GED Support Members ages 16 and older will gain access to a complimentary job skills training platform and can discover career paths, earn credentials and certifications. In addition, trade skill development and General Equivalency Diploma (GED) certifications are available. After passing the GED online prep course, member will receive a voucher to pay for the GED exam fee.</p>	<p>Youth Educational Support Members in grades K-12 can access online tutoring 2 hours per week, as well as ACT/SAT test preparation.</p>	<p>Educational Support and Work Skills Oklahoma Complete Health will offer three benefits to help members obtain their diploma or GED and gain skills to join the workforce. Benefits will include:</p> <ul style="list-style-type: none"> • Members ages 16+ without a high school diploma will be provided vouchers for in-person or virtual GED tutoring and testing. • Members in K-12 in our four Health Empowerment Zones will be provided in-person or virtual tutoring to eligible youth in care management who are at risk of failing one or more core subject areas. Health Empowerment Zones include Adair County (zip code 74330), McCurtain County (74944), Oklahoma City (73111, 73129, 73117, 73141 and 73084) and Tulsa (74106, 74126, 74130, 74127 and 74110). • Scholarships to Rose State College for Community Health Worker (CHW) for adult members in care management.
	<p>Financial Literacy Coaching Members ages 16+, up to 6 sessions of life coaching for money management/budgeting.</p>	
	<p>Health, Wellness and Health Literacy We also have a vendor that educates via a library on health topics for pediatric members (KidsHealth)</p>	<p>Health, Wellness and Health Literacy Members will receive access to the comprehensive online Krames Health Library, which has information on more than 4,000 health topics in plain language.</p> <p>Our Healthy Kids Club will mail children and youth members a new book, welcome packet, Kid Club Membership Card, Barnes and Noble gift card, and quarterly newsletters when signed up by a parent or guardian.</p>
		<p>Reach Out and Read A \$75,000 grant to expand services in our Health Empowerment Zones.</p>