

The Oklahoma Health Care Authority (OHCA) contracted with one plan to deliver medical services to SoonerSelect Children's Specialty Program members. The plan is required to provide the same set of core medical services that are provided to SoonerCare members today. It also offers extra services, called value-added benefits.

The chart below shows the value-added benefits each plan offers.

# SoonerSelect Children's Specialty Program

**CHILD BENEFITS** 

**YMCA Memberships** - Provides members with memberships to local YMCAs to support healthy lifestyles. **Pyx** - Pyx is a mobile app that reduces social isolation by providing companionship and resources to members who screen positive for social isolation. Members will receive phone calls from the Pyx Compassionate Call Center and have daily interaction with Pyxir, a friendly 24/7 chatbot that provides an interactive and supportive experience. Members will also be connected to available programs, social services, and covered benefits.

**Club and Camp Scholarships** - Provides Boys & Girls Clubs memberships to members ages 6-18 years old to help them develop social and leadership skills.

**FFA Scholarships** - In partnership with the Oklahoma FFA Foundation, FFA scholarships will be provided to high school students to support skills growth for those interested in agricultural careers.

YMCA Memberships - Provides members with memberships to local YMCAs to support healthy lifestyles.

Holistic Care Grants – Care grants up to \$150 per year per member to support positive development such as sports fees, hobby supplies, culturally appropriate hair care, etc.

**Digital BH App and Coaching** - The digital BH app, myStrength Complete, will provide coaching and educational support for members with BH diagnoses. Members ages 18+ may also access virtual BH visits and Choose Tomorrow for suicide prevention support.

**Health, Wellness, and Health Literacy** - The Healthy Kids Club will mail children and youth members a new book, welcome packet, Kid Club membership card and quarterly newsletters when signed up by a parent or guardian. **Breathe Better at Home** - An asthma benefit for members includes the following:

- Home visits conducted by a care manager or community health worker to assess the home for environmental triggers.
- In-home asthma management education and tobacco cessation resources.
- Care grants of up to \$250 per year per member to support home-based remediation of asthma triggers (e.g., hypoallergenic bedding, pest control, carpet cleaning and cleaners low in volatile organic compounds). Additional nebulizer for members up to age 18

**Sports and Camp Physicals** - Covers sports or camp physicals for members ages 5-18. Sports and camp physicals include a medical history and a physical exam.

**My Health Pays Rewards** - The My Health Pays program allows members to earn incentives for healthy behaviors. Members receive a pre-loaded Visa card redeemable for utilities and telecom, groceries, non-covered transportation and gas expenses, housing and rent support, educational needs, and retail stores (e.g., Dollar General and Walmart).

#### **Nutrition Support and Food Security**

- Foster care alumni members who screen positive for food insecurity will receive up to \$100 per year for nutritional foods at select local markets.
- To welcome new caregivers to foster parenting, seven days of welcome meals to first-time foster parents will be provided.
- Members in care management who screen positive for food insecurity upon hospital discharge, including those with high-risk pregnancies, will be provided with seven days of medically tailored meals delivered to their homes.

• For members in care management who need additional nutritional counseling for a chronic condition, we will expand the state's nutritional counseling benefit by four additional hours per year.

# **Educational Support**

• Members ages 16+ without a high school diploma will be provided with GED tutoring and vouchers for testing.

Children in K-12 and at risk of failing will be provided with virtual or in-person tutoring.

### Health, Wellness and Health Literacy

• Members will receive access to the comprehensive online Krames Health Library, which has information on more than 4,000 health topics in plain language.

Sponsorship and distribution of bi-monthly issues of *Fostering Families* to foster homes in Oklahoma. Issues will include details on CSP-covered benefits and Oklahoma Complete Health programs, training, EPSDT education and VABs.

**Remote Patient Monitoring (RPM)** - Diabetes RPM uses cellular technology, real-time glucose readings and automatic supply refills to facilitate timely intervention and improve diabetes self-management.

**Respite Services** - Provides up to 48 additional hours per year of respite services to reduce caregiver burnout.

**Peer Mentoring for Caregivers** - Caregivers of members under age 18 will receive peer mentoring in partnership with the Foster Care and Adoption Association of Oklahoma.

# ADULT BENEFITS

**Pyx** - Pyx is a mobile app that reduces social isolation by providing companionship and resources to members who screen positive for social isolation. Members will receive phone calls from the Pyx Compassionate Call Center and have daily interaction with Pyxir, a friendly 24/7 chatbot that provides an interactive and supportive experience. Members will also be connected to available programs, social services, and covered benefits.

**Digital BH App and Coaching** - The digital BH app, myStrength Complete, will provide coaching and educational support for members with BH diagnoses. Members ages 18+ and older may also access virtual BH visits and Choose Tomorrow for suicide prevention support.

**Enhanced Vision Services** - Offers unlimited eyewear replacements as well as \$100 for contact lenses and enhanced frames packages to support members.

Breathe Better at Home - An asthma benefit for members includes the following:

- Home visits conducted by a care manager or community health worker to assess the home for environmental triggers.
- In-home asthma management education and tobacco cessation resources.
- Care grants of up to \$250 per year per member to support home-based remediation of asthma triggers (e.g., hypoallergenic bedding, pest control, carpet cleaning, and cleaners low in volatile organic compounds).

Additional nebulizer for members up to age 18.

**Remote Patient Monitoring (RPM)** - Diabetes RPM uses cellular technology, real-time glucose readings, and automatic supply refills to facilitate timely intervention while reducing waste and removing barriers to diabetes self-management.

**Over the Counter (OTC)** - Up to \$30 per member per quarter for OTC items such as cold, cough and allergy medicine, pain relievers, first aid care, feminine hygiene, and skin care.

**My Health Pays Rewards** - Members will earn incentives loaded to a Rewards Visa card by engaging in designated healthy behaviors. Rewards can be used for a variety of SDOH needs including utilities and rent, groceries, transportation and purchases at places like Walmart.

**Tobacco Cessation** - The My Health Pays program will offer a \$25 reward for the first fill of tobacco cessation medication and a \$50 reward for completing cessation counseling services.

Memberships to local YMCAs will be provided to support healthy lifestyles.

**Independent Living Stipends** - A stipend of up to \$500 will support the transition from foster care to independent living.

# Nutrition Support and Food Security

- Foster care alumni members who screen positive for food insecurity will receive up to \$100 per year for nutritional foods at select local markets.
- To welcome new caregivers to foster parenting, seven days of welcome meals will be provided to first-time foster parents.
- Members in care management who screen positive for food insecurity upon hospital discharge, including those with high-risk pregnancies, we receive seven days of medically tailored meals delivered to their homes.
- For members in care management who need additional nutritional counseling for a chronic condition, we will expand the state's nutritional counseling benefit by four additional hours per year.

**Educational Support** – Members ages 16+ without a high school diploma will be provided GED tutoring and vouchers for testing.

#### Health, Wellness and Health Literacy

• Members will receive access to the comprehensive online Krames Health Library, which has information on more than 4,000 health topics in plain language.

Sponsorship and distribution of bi-monthly issues of Fostering Families to foster homes in Oklahoma. Issues will include details on CSP-covered benefits and Oklahoma Complete Health programs, training, EPSDT education and VABs.

Respite Services - Members with respite services or private duty nursing as part of their care plan, and who have exhausted all covered and community-based respite services, will be provided with up to 48 additional hours per year of respite services to reduce caregiver burnout and allow time to attend foster care training or personal appointments.

Peer Mentoring for Caregivers - Caregivers of members under age 18 will receive peer mentoring in partnership with the Foster Care and Adoption Association of Oklahoma.

# PREGNANCY AND POSTPARTUM

Doulas and Lactation Support - Access to community-based and virtual doulas, and enhanced lactation support from pregnancy to 12 months postpartum. Partnerships with Agape Midwifery & Wellness and Tulsa Birth Equity Initiative provides community-based doulas and Health in Her HUE and Pacify provide virtual doulas and 24/7 virtual lactation support. Health in Her HUE also provides culturally sensitive pregnancy support groups.

Start Smart for Your Baby - A hospital-grade breast pump to support breastfeeding.

Start Smart for Your Baby - Community baby showers with a portable crib gift and safe sleep education.

Start Smart for your Baby - Prenatal education and Parenting classes.

**Remote Patient Monitoring (RPM)** - High-risk pregnancy RPM combines telehealth with cellular technology and real-time readings for blood pressure, glucose monitoring and at-home fetal monitors to support members with high-risk pregnancies.

Start Smart for your Baby - Pre-scheduled transportation to milestone appointments for high-risk pregnancies. PAIN MANAGEMENT

Traditional Healing Benefit - We will provide grants of up to \$250 per year to members for ceremonial or spiritual healing to support improved BH or physical health and honor cultural preferences.

### **DIAGNOSIS SPECIFIC: OBESITY**

YMCA Memberships - Members will be provided memberships to local YMCAs to support healthy lifestyles. **DIAGNOSIS SPECIFIC: ASTHMA** 

Breathe Better at Home - For members in CM for asthma, offers a home visit to assess triggers, in-home asthma management and tobacco cessation education, and supplies to mitigate triggers (e.g., hypoallergenic bedding, pest control and carpet cleaning). For members up to age 19 with an asthma diagnosis, an additional nebulizer will be provided.

# **DIAGNOSIS SPECIFIC: DIABETES**

Remote Patient Monitoring (RPM) - Diabetes RPM uses cellular technology, real-time glucose readings and automatic supply refills to facilitate timely intervention and improve diabetes self-management.

# **DIAGNOSIS SPECIFIC: SUBSTANCE ABUSE DISORDER**

Ready for My Recovery – Supports members on their recovery journey by providing a \$30 My Health Pays reward for every six months of active participation in recovery treatment and a recovery backpack that includes a water bottle, self-care kit, journal, pen, and BH information and resources.

# **BEHAVIORAL HEALTH/MENTAL HEALTH**

**Pyx Health (Pyx)** - Pyx is a mobile app that reduces social isolation by providing companionship and resources to members who screen positive for social isolation. Members will receive phone calls from the Pyx Compassionate Call Center and have daily interaction with Pyxir, a friendly 24/7 chatbot that provides an interactive and supportive experience. Members will also be connected to available programs, social services and covered benefits.

Digital BH App and Coaching - The digital Behavioral Health app will provide coaching and educational support for members ages 13+ with Behavioral Health diagnoses. Members 18+ may also access virtual Behavioral Health visits through our suicide prevention support app available through Choose Tomorrow.

Ready for My Recovery - The Ready for My Recovery program will support members on their recovery journey by providing a \$30 My Health Pays reward for every six months of active participation in recovery treatment, as well as a recovery backpack that includes a water bottle, self-care kit, journal, pen, and BH information and resources.

Enhanced Behavioral Health Therapies - Art, music and equine therapy will be provided as an alternative to talk therapies to treat members ages 8+ with Behavioral Health conditions and complex trauma.

# ENHANCED TRANSPORTATION BENEFITS

#### **Enhanced Transportation Services**

- Five round trips per member per year to support SDOH needs (e.g., food resources, WIC, childcare, job interviews, education and support groups).
- Five round trips per member per year for social outings and visits with biological family.

Transportation for members to attend OJA appointments.

Enhanced Transportation Services - Transportation for biological parents to attend medical appointments in support of reunification, at the request and approval of OHS.

#### ADDITIONAL SUPPORTS AND SERVICES

Educational Support - Members ages 16+ without a high school diploma will be provided with GED tutoring and vouchers for testing.

**Over the Counter (OTC)** - Up to \$30 per household per quarter for OTC items such as cold, cough and allergy medicine, pain relivers, first aid care, feminine hygiene and skin care.

**Respite Services** - Members with respite services or private duty nursing as part of their care plan and who have exhausted all covered and community-based respite services will be provided with up to 48 additional hours per year of respite services to reduce caregiver burnout and allow time to attend foster care training or personal appointments.

**Peer Mentoring for Caregivers** - Caregivers of members under age 18 will receive peer mentoring in partnership with the Foster Care and Adoption Association of Oklahoma.

**My Health Pays Rewards** - Members will earn incentives loaded to a Rewards Visa card by engaging in designated healthy behaviors. Rewards can be used for a variety of SDOH needs, including utilities and rent, groceries, transportation, and purchases at places like Walmart.

**ConnectionsPlus** - The ConnectionsPlus program provides free cell phones and data plans to members in care management who do not have safe, reliable access to telephonic and web-based services and who do not qualify for the federal SafeLink Wireless Program.

### **Nutrition Support and Food Security**

- Members in care management who screen positive for food insecurity upon hospital discharge, including those with high-risk pregnancies, we receive seven days of medically tailored meals delivered to their homes.
- To welcome new caregivers to foster parenting, seven days of welcome meals will be provided to first-time foster parents.

**Traditional Healing Benefit** - Provides grants of up to \$250 to members for ceremonial or spiritual healing to support improved BH or physical health management and honor cultural preferences.

**Independent Living Stipends** - A stipend of up to \$500 will support the transition from foster care to independent living.

# **Nutrition Support and Food Security**

• Foster care alumni members who screen positive for food insecurity will receive up to \$100 per year in Food Rx vouchers for healthy foods at places like DG Market.

For members in active CM with chronic conditions, we will expand the state's nutritional counseling benefit by four additional hours per year.

Educational Support - For children K-12 and at risk of failing, we will provide virtual or in-person tutoring.

Holistic Care Grants - Supports tattoo removal for youth with gang or human trafficking-affiliated tattoos, improving their emotional well-being.