Oklahoma Health Care Authority

The Oklahoma Health Care Authority (OHCA) values your feedback and input. It is very important that you provide your comments regarding the proposed rule change by the comment due date. Comments can be submitted on the OHCA's Proposed Changes Blog.

OHCA COMMENT DUE DATE: February 16, 2018

The proposed policy is a Permanent Rule. The proposed policy was presented at the November 7, 2017 Tribal Consultation and is scheduled to be presented to the Medical Advisory Committee on March 15, 2018 and to the OHCA Board of Directors on March 22, 2018.

Reference: APA WF #17-16

SUMMARY:

Accreditation Commission for Health Care (ACHC) accreditation option for Outpatient Behavioral Health Agencies — The proposed behavioral health revisions add the Accreditation Commission for Health Care (ACHC) as an additional accreditation option for outpatient behavioral health agencies. Revisions will also update policy terminology in order to align with current practice.

LEGAL AUTHORITY

The Oklahoma Health Care Authority Act, Section 5007 (F)(1) and (3) of Title 63 of Oklahoma Statutes; Section 5003 through 5016 of Title 63 of Oklahoma Statutes; The Oklahoma Health Care Authority Board; 42 Code of Federal Regulations, Sec. 488.4; 42 C.F.R. § 488.8 (d)(3)

RULE IMPACT STATEMENT:

STATE OF OKLAHOMA OKLAHOMA HEALTH CARE AUTHORITY

TO: Tywanda Cox

Federal and State Policy

FROM: Traylor Rains-Sims

Oklahoma Department of Mental Health & Substance Abuse

Services

SUBJECT: Rule Impact Statement

APA WF #17-16

A. Brief description of the purpose of the rule:

The proposed behavioral health revisions add the Accreditation Commission for Health Care (ACHC) as an additional accreditation option for behavioral health services. Revisions will also update policy terminology in order to align with current practice.

B. A description of the classes of persons who most likely will be affected by the proposed rule, including classes that will bear the cost of the proposed rule, and any information on cost impacts received by the agency from any private or public entities:

Outpatient behavioral health (OBH) providers who are not accredited by at least one of the accrediting bodies may be affected by the proposed rule.

C. A description of the classes of persons who will benefit from the proposed rule:

OBH providers who are accredited by ACHC may benefit so that they have the most current and appropriate accrediting options for their outpatient behavioral health services. These provisions will also help OBH providers meet regulatory requirements and higher standards that demonstrate further commitment to their performance and quality of care.

D. A description of the probable economic impact of the proposed rule upon the affected classes of persons or political subdivisions, including a listing of all fee changes and, whenever possible, a separate justification for each fee change:

There is no economic impact and there are no fee changes associated with the rule change for the above classes of persons or any political subdivision.

E. The probable costs and benefits to the agency and to any other agency of the implementation and enforcement of the proposed rule, the source of revenue to be used for implementation and enforcement of the proposed rule, and any anticipated effect on state revenues, including a projected net loss or gain in such revenues if it can be projected by the agency:

The are no probable costs or benefits to the agency or to any other agency for the implementation and enforcement of the proposed rule.

F. A determination of whether implementation of the proposed rule will have an economic impact on any political subdivisions or require their cooperation in implementing or enforcing the rule:

The proposed rule will not have an economic impact on any political subdivision nor will it require the cooperation of any political subdivision in implementing or enforcing the rule.

G. A determination of whether implementation of the proposed rule will have an adverse effect on small business as provided by the Oklahoma Small Business Regulatory Flexibility Act:

The proposed rule will not have an adverse impact on small business.

H. An explanation of the measures the agency has taken to minimize compliance costs and a determination of whether there are less costly or non-regulatory methods or less intrusive methods for achieving the purpose of the proposed rule:

The agency has taken measures to determine that there is no less costly or non-regulatory method or less intrusive method for achieving the purpose of the proposed rule.

I. A determination of the effect of the proposed rule on the public health, safety and environment and, if the proposed rule is designed to reduce significant risks to the public health, safety and environment, an explanation of the nature of the risk and to what extent the proposed rule will reduce the risk:

The proposed rule should have no adverse effect on the public health, safety, and environment.

J. A determination of any detrimental effect on the public health, safety and environment if the proposed rule is not implemented:

OHCA does not believe there is a detrimental effect on the public health and safety if the rule is not passed.

K. The date the rule impact statement was prepared and if modified, the date modified:

Prepared: December 12, 2017.

Modified: January 5, 2018

RULE TEXT:

TITLE 317. OKLAHOMA HEALTH CARE AUTHORITY CHAPTER 30. MEDICAL PROVIDERS-FEE FOR SERVICE

SUBCHAPTER 5. INDIVIDUAL PROVIDERS AND SPECIALTIES

PART 21. OUTPATIENT BEHAVIORAL HEALTH AGENCY SERVICES

317:30-5-240.1. Definitions

The following words or terms, when used in this Part, shall have the following meaning, unless the context clearly indicates otherwise:

"Accrediting body" means one (1) of the following:

- (A) Accreditation Association for Ambulatory Health Care (AAAHC);
- (B) American Osteopathic Association (AOA);
- (C) Commission on Accreditation of Rehabilitation Facilities (CARF);
- (D) Council on Accreditation of Services for Families and Children, Inc. (COA);
- (E) The Joint Commission (TJC) formerly known as Joint Commission on Accreditation of Healthcare Organizations; or (F) other OHCA approved accreditation.
- (F) Accreditation Commission for Health Care (ACHC); or
- (G) other OHCA approved accreditation.
- "Adult" means an individual $\frac{21}{\text{twenty-one}}$ (21) and over, unless otherwise specified.
 - "AOD" means Alcohol and Other Drug.
 - "AODTP" means Alcohol and Other Drug Treatment Professional.
 - "ASAM" means the American Society of Addiction Medicine.
- "ASAM Patient Placement Criteria (ASAM PPC)" means the most current edition of the American Society of Addiction Medicine's published criteria for admission to treatment, continued services, and discharge.
- "Behavioral Health (BH) Services" means a wide range of diagnostic, therapeutic, and rehabilitative services used in the treatment of mental illness, substance abuse, and co-occurring disorders.
 - "BHAs" means Behavioral Health Aides.
- "Certifying Agency" means the Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS).
 - "C.F.R." means Code of Federal Regulations.

"Child" means an individual younger than 21 twenty-one (21), unless otherwise specified.

"Client Assessment Record (CAR)" means the standardized tool recognized by OHCA and ODMHSAS to evaluate the functioning of the member.

"CM" means case management.

"CMHCs" means Community Mental Health Centers who are state operated or privately contracted providers of behavioral health services for adults with serious mental illnesses, and youth with serious emotional disturbances.

"Cultural competency" means the ability to recognize, respect, and address the unique needs, worth, thoughts, communications, actions, customs, beliefs and values that reflect an individual's racial, ethnic, age group, religious, sexual orientation, and/or social group.

"DSM" means the most current edition of the Diagnostic and Statistical Manual of Mental Disorders published by the American Psychiatric Association.

"EBP" means an Evidence Based Practice per the Substance Abuse & Mental Health Services Administration (SAMHSA).

"EPSDT" means the Medicaid Early and Periodic Screening, Diagnostic and Treatment benefit for children. In addition to screening services, EPSDT also covers the diagnostic and treatment services necessary to ameliorate acute and chronic physical and mental health conditions.

"FBCS" means Facility Based Crisis Stabilization.

"FSPs" means Family Support Providers.

"ICF/IID" means Intermediate Care Facility for Individuals with Intellectual Disabilities.

"Institution" means an inpatient hospital facility or Institution for Mental Disease (IMD).

"IMD" means Institution for Mental Disease as per 42 C.F.R.C.F.R. § 435.1009 as a hospital, nursing facility, or other institution of more than 16sixteen (16) beds that is primarily engaged in providing diagnosis, treatment, or care of persons with mental diseases, including medical attention, nursing care and related services. The regulations indicate that an institution is an IMD if its overall character is that of a facility established and maintained primarily for the care and treatment of individuals with mental diseases. Title XIX of the Social Security Act provides that, except for individuals under age 21twenty-one (21) receiving inpatient psychiatric care, Medicaid (Title XIX) does not cover services to IMD patients under 65sixty-five (65) years of age [sectionSection 1905(a)(24)(B)of the Social Security Act].

"Level of Functioning Rating" means a standardized mechanism to determine the intensity or level of services needed based upon the

severity of the member's condition. The CAR level of function rating scale is the tool that links the clinical assessment to the appropriate level of Mental Health treatment. Either the Addiction Severity Index (ASI) or the Teen Addiction Severity Index (TASI), based on age, is the tool that links the clinical assessment to the appropriate level of Substance Abuse (SA) treatment.

"LBHP" means a Licensed Behavioral Health Professional licensed behavioral health professional.

"MST" means the EBP Multi-Systemic Therapy.

"OAC" means Oklahoma Administrative Code, the publication authorized by 75 O.S. 25675 Oklahoma Statutes, Sec. 256 known as The Oklahoma Administrative Code, or, prior to its publication, the compilation of codified rules authorized by 75 O.S. § 256(A)(1)(a) and maintained in the Office of Administrative Rules.

"Objectives" means a specific statement of planned accomplishments or results that are specific, measurable, attainable, realistic, and time-limited.

"ODMHSAS" means the Oklahoma Department of Mental Health and Substance Abuse Services.

"ODMHSAS contracted facilities" means those providers that have a contract with the ODMHSAS to provide mental health or substance use disorder treatment services, and also contract directly with the Oklahoma Health Care Authority to provide Outpatient Behavioral Health Services.

"OHCA" means the Oklahoma Health Care Authority.

"OJA" means the Office of Juvenile Affairs.

"O.S." means Oklahoma Statutes.

"Provider Manual" means the OHCA BH Provider Billing Manual.

"RBMS" means Residential Behavioral Management Services within a group home or therapeutic foster home.

"Recovery" means an ongoing process of discovery and/or rediscovery that must be self defined, individualized and may contain some, if not all, of the ten fundamental components of recovery as outlined by SAMHSA.

"PRSS" means Peer Recovery Support Specialist.

"SAMHSA" means the Substance Abuse and Mental Health Services Administration.

"Serious Emotional Disturbance (SED)" means a condition experienced by persons from birth to $\frac{18}{10}$ eighteen (18) that show evidence of points of (A), (B) and (C) below:

- (A) The disability must have persisted for six (6) months and be expected to persist for a year or longer.
- (B) A condition or serious emotional disturbance as defined by the most recently published version of the DSM or the International Classification of Disease (ICD) equivalent with the exception of DSM "V" codes, substance abuse, and

developmental disorders which are excluded, unless they cooccur with another diagnosable serious emotional disturbance.

- (C) The child must exhibit either i or ii(i) or (ii) below:
 - (i) Psychotic symptoms of a serious mental illness (e.g. Schizophrenia characterized by defective or lost contact with reality, often hallucinations or delusions); or
 - (ii) Experience difficulties that substantially interfere with or limit a child or adolescent from achieving or maintaining one or more developmentally appropriate social, behavioral, cognitive, communicative, or adaptive skills. There is functional impairment in at least two (2) of the following capacities (compared with expected developmental level):
 - (I) Impairment in self-care manifested by a person's consistent inability to take care of personal grooming, hygiene, clothes and meeting of nutritional needs.
 - (II) Impairment in community function manifested by a consistent lack of age appropriate behavioral controls, decision-making, judgment and value systems which result in potential involvement or involvement with the juvenile justice system.
 - (III) Impairment of social relationships manifested by the consistent inability to develop and maintain satisfactory relationships with peers and adults.
 - (IV) Impairment in family function manifested by a pattern of disruptive behavior exemplified by repeated and/or unprovoked violence to siblings and/or parents, disregard for safety and welfare or self or others (e.g., fire setting, serious and chronic destructiveness, inability to conform to reasonable limitations and expectations which may result in removal from the family or its equivalent).
 - (V) Impairment in functioning at school manifested by the inability to pursue educational goals in a normal time frame (e.g., consistently failing grades, repeated truancy, expulsion, property damage or violence toward others).

"Serious Mental Illness (SMI)" means a condition experienced by persons age $\frac{18}{2}$ eighteen (18) and over that show evidence of points of (A), (B) and (C) below:

- (A) The disability must have persisted for six (6) months and be expected to persist for a year or longer.
- (B) A condition or serious mental illness as defined by the most recently published version of the DSM or the International Classification of Disease (ICD) equivalent with the exception of DSM "V" codes, substance abuse, and developmental disorders which are excluded, unless they co-

occur with another diagnosable serious mental illness.

- (C) The adult must exhibit either (i) or (ii) below:
 - (i) Psychotic symptoms of a serious mental illness (e.g. Schizophrenia characterized by defective or lost contact with reality, often hallucinations or delusions); or
 - (ii) Experience difficulties that substantially interfere with or limit an adult from achieving or maintaining one or more developmentally appropriate social, behavioral, cognitive, communicative, or adaptive skills. There is functional impairment in at least two (2) of the following capacities (compared with expected developmental level):
 - (I) Impairment in self-care manifested by a person's consistent inability to take care of personal grooming, hygiene, clothes and meeting of nutritional needs.
 - (II) Impairment in community function manifested by a consistent lack of appropriate behavioral controls, decision-making, judgment and value systems which result in potential involvement or involvement with the criminal justice system.
 - (III) Impairment of social relationships manifested by the consistent inability to develop and maintain satisfactory relationships with peers.
 - (IV) Impairment in family function manifested by a pattern of disruptive behavior exemplified by repeated and/or unprovoked violence, disregard for safety and welfare of self or others (e.g., fire setting, serious and chronic destructiveness, inability to conform to reasonable limitations and expectations).
 - (V) Impairment in functioning at school or work manifested by the inability to pursue educational or career goals.

"Trauma informed" means the recognition and responsiveness to the presence of the effects of past and current traumatic experiences in the lives of members.

317:30-5-240.2. Provider participation standards

- (a) Accreditation and certification status. Any agency may participate as an OPBHOutpatient Behavioral Health (OPBH) provider if the agency is qualified to render a covered service and meets the OHCA requirements for provider participation.
 - (1) Private, Community-based Organizations must be accredited as a provider of outpatient behavioral health services from one of the accrediting bodies $\frac{1}{2} \cdot \frac{1}{2} \cdot \frac{$

Statutes 43A O.S. §§ 3-317, 3-323A, 3-306.1, or 3-415;

- (2) State-operated programs under the direction of ODMHSAS must be accredited by one of the accrediting bodies or be certified by the certifying agency in accordance with Section(s) 3-317, 3-323A, 3-306.1 or 3-415 of Title 43A of the Oklahoma Statues 43A O.S. §§ 3-317, 3-323A, 3-306.1 or 3-415;
- (3) Freestanding Psychiatric Hospitals must be licensed and certified by the State Survey Agency as meeting Medicare psychiatric hospital standards and JCAHO accreditation;
- (4) General Medical Surgical Hospitals must be appropriately licensed and certified by the State Survey Agency as meeting Medicare standards, including a JCAHO or AOA accreditation;
- (5) Federally Qualified Health Centers/Community Health Centers facilities that qualify under OAC 317:30-5-660;
- (6) Indian Health Services/Tribal Clinics/Urban Tribal Clinics facilities that qualify under Federal regulation;
- (7) Rural Health Clinics facilities that qualify under OAC 317:30-5-355;
- (8) Public Health Clinics and County Health Departments;
- (9) Public School Systems.
- (b) **Certifications.** In addition to the accreditation in paragraph (a) above or ODMHSAS certification in accordance with Section(s) 3-317, 3-323A, 3-306.1 or 3-415 of Title 43A of the Oklahoma Statutes 43A O.S. §§ 3-317, 3-323A, 3-306.1 or 3-415, provider specific credentials are required for the following:
 - (1) Substance Abuse agencies (OAC 450:18-1-1);
 - (2) Evidence Based Best Practices but not limited to:
 - (A) Assertive Community Treatment (OAC 450:55-1-1);
 - (B) Multi-Systemic Therapy (Office of Juvenile Affairs); and
 - (C) Peer Support/Community Recovery Support;
 - (3) Systems of Care (OAC 340:75-16-46);
 - (4) Mobile and Facility-based Crisis Intervention (OAC 450:23-1-1);
 - (5) Case Management (OAC 450:50-1-1);
 - (6) RBMS in group homes (OAC 377:10-7) or therapeutic foster care settings (OAC 340:75-8-4);
 - (7) Day Treatment CARF, JCAHO, <u>ACHC</u> or COA for Day Treatment Services; and
 - (8) Partial Hospitalization/Intensive Outpatient CARF, JCAHO, ACHC or COA for Partial Hospitalization services.
- (c) Provider enrollment and contracting.
 - (1) Organizations who have JCAHO, CARF, COA, ACHC or AOA accreditation or ODMHSAS certification in accordance with Section(s) 3-317, 3-323A, 3-306.1 or 3-415 or Title 43A of the Oklahoma Statutes 43A O.S. §§ 3-317, 3-323A, 3-306.1 or 3-415 will supply the documentation from the accrediting body or

certifying agency, along with other information as required for contracting purposes to the OHCA. The contract must include copies of all required state licenses, accreditation and certifications.

- If the contract is approved, a separate provider identification number for each outpatient behavioral health service site will be assigned. Each site operated by outpatient behavioral health facility must have a separate site-specific accreditation provider contract and certification as applicable. A site is defined as an office, clinic, or other business setting where outpatient behavioral health services are routinely performed. When services are rendered at the member's residence, a school, or when provided occasionally at an appropriate community based setting, a site is determined according to where the professional staff perform administrative duties and where the member's chart and other records are kept. Failure to obtain and utilize site specific provider numbers will result in disallowance of services.
- (3) All behavioral health providers are required to have an individual contract with OHCA in order to receive SoonerCare reimbursement. This requirement includes outpatient behavioral health agencies and all individual rendering providers who work within an agency setting. Individual contracting rendering provider qualification requirements are set forth in OAC 317:30-3-2 and 317:30-5-240.3.
- (d) **Standards and criteria.** Eligible organizations must meet each of the following:
 - (1) Have a well-developed plan for rehabilitation services designed to meet the recovery needs of the individuals served.
 - (2) Have a multi-disciplinary, professional team. This team must include all of the following:
 - (A) One of the LBHPs;
 - (B) A Certified Behavioral Health Case Manager II (CM II) or CADC, if individual or group rehabilitative services for behavioral health disorders are provided, and the designated LBHP(s) or <u>Licensure licensure candidate(s)</u> on the team will not be providing rehabilitative services;
 - (C) An AODTP, if treatment of substance use disorders is provided;
 - (D) A registered nurse, advanced practice nurse, or physician assistant, with a current license to practice in the state in which the services are delivered if Medication Training and Support Service is provided;
 - (E) The member for whom the services will be provided, and parent/guardian for those under 18eighteen (18) years of age.
 - (F) A member treatment advocate if desired and signed off on

by the member.

- (3) Demonstrate the ability to provide each of the following outpatient behavioral health treatment services as described in OAC 317:30-5-241 et seq., as applicable to their program. Providers must provide proper referral and linkage to providers of needed services if their agency does not have appropriate services.
 - (A) Assessments and Service Plans;
 - (B) Psychotherapies;
 - (C) Behavioral Health Rehabilitation services;
 - (D) Crisis Intervention services;
 - (E) Support Services; and
 - (F) Day Treatment/Intensive Outpatient.
- (4) Be available 24 twenty-four (24) hours a day, seven (7) days a week, for Crisis Intervention services.
- (5) Provide or have a plan for referral to physician and other behavioral health services necessary for the treatment of the behavioral disorders of the population served.
- (6) Comply with all applicable Federal and State Regulations federal and state regulations.
- (7) Have appropriate written policy and procedures regarding confidentiality and protection of information and records, member grievances, member rights and responsibilities, and admission and discharge criteria, which shall be posted publicly and conspicuously.
- (8) Demonstrate the ability to keep appropriate records and documentation of services performed.
- (9) Maintain and furnish, upon request, a current report of fire and safety inspections of facilities clear of any deficiencies.
- (10) Maintain and furnish, upon request, all required staff credentials including certified transcripts documenting required degrees.

317:30-5-241.2. Psychotherapy

(a) Psychotherapy.

(1) **Definition**. Psychotherapy is a face-to-face treatment for mental illnesses and behavioral disturbances, in which the clinician, through definitive therapeutic communication, attempts to alleviate the emotional disturbances, reverse or change maladaptive patterns of behavior and encourage growth and development. Insight oriented, behavior modifying and/or supportive psychotherapy refers to the development of insight of affective understanding, the use of behavior modification techniques, the use of supportive interactions, the use of cognitive discussion of reality, or any combination of these items to provide therapeutic change. Ongoing assessment of the

member's status and response to treatment as well as psychoeducational intervention are appropriate components of individual therapy. The therapy must be goal directed, utilizing techniques appropriate to the service plan and the member's developmental and cognitive abilities.

- (2) Interactive Complexity. Psychotherapy is considered to involve "interactive complexity" when there are communication factors during a visit that complicate delivery of the psychotherapy by the qualified practitioner. Sessions typically involve members who have other individuals legally responsible for their care (i.e. minors or adults with guardians); members who request others to be involved in their care during the session (i.e. adults accompanied by one or more participating family members or interpreter or language translator); or members that require involvement of other third parties (i.e. child welfare, juvenile justice, parole/probation officers, schools, etc.). Psychotherapy should only be reported as involving interactive complexity when at least one (1) of the following communication factors is present:
 - (A) The need to manage maladaptive communication (i.e. related to high anxiety, high reactivity, repeated questions, or disagreement) among participants that complicate delivery of care.
 - (B) Caregiver emotions/behavior that interfere with implementation of the service plan.
 - (C) Evidence/disclosure of a sentinel event and mandated report to a third party (i.e. abuse or neglect with report to state agency) with initiation of discussion of the sentinel event and/or report with patient and other visit participants.
 - (D) Use of play equipment, physical devices, interpreter or translator to overcome barriers to therapeutic interaction with a patient who is not fluent in the same language or who has not developed or lost expressive or receptive language skills to use or understand typical language.
- (3) **Qualified practitioners**. Psychotherapy must be provided by a Licensed Behavioral Health Professional licensed behavioral health professional (LBHP) or Licensure Candidate licensure candidate in a setting that protects and assures confidentiality.
- (4) Limitations. A maximum of four (4) units per day per member is compensable. A cumulative maximum of eight (8) units of individual psychotherapy and family psychotherapy per week per member is compensable. Except for psychotherapy involving interactive complexity as described in this Section, only the member and the qualified practitioner should be present during the session. Psychotherapy for a child younger than three must

be medically necessary and meet established Child (0-36 months) of Age) criteria as set forth in the Prior Authorization Manual. Limitations exclude outpatient behavioral health services provided in a foster care setting.

(b) Group Psychotherapy.

- (1) **Definition**. Group psychotherapy is a method of treating behavioral disorders using the interaction between the qualified practitioner and two or more individuals to promote positive emotional or behavioral change. The focus of the group must be directly related to the goals and objectives in the individual member's current service plan. This service does not include social or daily living skills development as described under Behavioral Health Rehabilitation Services.
- (2) **Group sizes**. Group Psychotherapy is limited to a total of eight (8) adult (18 and over)[eighteen (18) and over] individuals except when the individuals are residents of an ICF/IID where the maximum group size is six (6). For all children under the age of eighteen (18), the total group size is limited to six (6).
- (3) Multi-family and conjoint family therapy. Sessions are limited to a maximum of eight (8) families/units. Billing is allowed once per family unit, though units may be divided amongst family members.
- (4) **Qualified practitioners**. Group psychotherapy will be provided by an LBHP or Licensure Candidate <u>licensure candidate</u>. Group Psychotherapy must take place in a confidential setting limited to the qualified practitioner, an assistant or cotherapist, if desired, and the group psychotherapy participants.
- (5) **Limitations**. A maximum of six (6) units per day per member is compensable, not to exceed twelve (12) units per week. Group Psychotherapy is not reimbursable for a child younger than the age of three (3). Limitations exclude outpatient behavioral health services provided in a foster care setting.

(c) Family Psychotherapy.

(1) **Definition**. Family Psychotherapy is a face-to-face psychotherapeutic interaction between a qualified practitioner and the member's family, guardian, and/or support system. It is typically inclusive of the identified member, but may be performed if indicated without the member's presence. When the member is an adult, his/her permission must be obtained in writing. Family psychotherapy must be provided for the direct benefit of the SoonerCare member to assist him/her in achieving his/her established treatment goals and objectives and it must take place in a confidential setting. This service may include the Evidence Based Practice titled Family Psychoeducation.

- (2) **Qualified practitioners**. Family Psychotherapy must be provided by an LBHP or Licensure Candidatelicensure candidate.
- (3) Limitations. A maximum of four (4) units per day per member/family unit is compensable. A cumulative maximum of eight (8) units of individual psychotherapy and family psychotherapy per week per member is compensable. The practitioner may not bill any time associated with note taking and/or medical record upkeep. The practitioner may only bill the time spent in direct face-to-face contact. Practitioner must comply documentation requirements listed in OAC 317:30-5-248. Limitations exclude outpatient behavioral health services provided in a foster care setting.

(d) Multi-Systemic Therapy (MST).

- (1) **Definition**. MST intensive outpatient program services are limited to children within an Office of Juvenile Affairs (OJA) MST treatment program which provides an intensive, family and community-based treatment targeting specific BH disorders in children with SED who exhibit chronic, aggressive, antisocial, and/or substance abusing behaviors, and are at risk for out of home placement. Case loads are kept low due to the intensity of the services provided.
- (2) **Qualified professionals**. Masters level professionals who work with a team that may include bachelor level staff.
- (3) **Documentation requirements**. Providers must comply with documentation requirements in OAC 317:30-5-248.
- (4) **Service limitations**. Partial billing is not allowed, when only one service is provided in a day, providers should not bill for services performed for less than eight (8) minutes.

(e) Children/Adolescent Partial Hospitalization Program (PHP).

- (1) **Definition**. Partial hospitalization services are services that (1) Are reasonable and necessary for the diagnosis or active treatment of the member's condition; (2) Are reasonably expected to improve the member's condition and functional level and to prevent relapse or hospitalization and (3) Include the following:
 - (A) Assessment, diagnostic and service plan services for mental illness and/or substance use disorders provided by LBHPs or Licensure Candidateslicensure candidates.
 - (B) Individual/Group/Family (primary purpose is treatment of the member's condition) psychotherapies provided by LBHPs or Licensure Candidates candidates.
 - (C) Substance use disorder specific services are provided by LBHPs or Licensure Candidates licensure candidates qualified to provide these services.
 - (D) Drugs and biologicals furnished for therapeutic purposes.

- (E) Family counseling, the primary purpose of which is treatment of the member's condition.
- (F) Behavioral health rehabilitation services to the extent the activities are closely and clearly related to the member's care and treatment, provided by a Certified Behavioral Health Case Manager II, Certified Alcohol and Drug Counselor (CADC), LBHP, or Licensure Candidate who meets the professional requirements listed in OAC 317:30-5-240.3.
- (G) Care Coordination of behavioral health services provided by certified behavioral health case managers.

(2) Qualified practitioners.

- (A) All services in the PHP are provided by a clinical team, consisting of the following required professionals:
 - (i) A licensed physician;
 - (ii) Registered nurse; and
 - (iii) One or more of the licensed behavioral health professionals (LBHP) or <u>Licensure Candidates</u> licensure candidates listed in OAC 317: 30-5-240.3(a) and (b).
- (B) The clinical team may also include a Certified Behavioral Health Case Manager.
- (C) The service plan is directed under the supervision of a physician and the number of professionals and paraprofessionals required on the clinical team is dependent on the size of the program.
- (3) Qualified providers. Provider agencies for PHP must be accredited by one of the national accrediting bodies; The Joint Commission (TJC), Commission on Accreditation of Rehabilitation Facilities (CARF), Accreditation Commission for Health Care (ACHC) or The Council on Accreditation (COA) for partial hospitalization and enrolled in SoonerCare. Staff providing these services are employees or contractors of the enrolled agency.
- (4) Limitations. Services are limited to children 0-20 only. Children under age six (6) are not eligible for behavioral health rehabilitation services, unless a prior authorization for children ages four (4) and five (5) has been granted by OHCA or its designated agent based on a finding of medical necessity. Services must be offered at a minimum of three (3) hours per day, five (5) days per week. Therapeutic services are limited to four (4) billable hours per day. PHP services are all inclusive with the exception of physician services and drugs that cannot be self-administered, those services are separately billable. Group size is limited to a maximum of eight (8) individuals as clinically appropriate given diagnostic and developmental functioning. Occupational, Physical and Speech therapy will be

provided by the Independent School District (ISD). Academic instruction, meals, and transportation are not covered.

(5) Service requirements.

- (A) Therapeutic Services are to include the following:
 - (i) Psychiatrist/physician face-to-face visit two (2) times per month;
 - (ii) Crisis management services available 24twenty-four
 - (24) hours a day, seven (7) days a week;
- (B) Psychotherapies to be provided a minimum of four (4) hours per week and include the following:
 - (i) Individual therapy a minimum of one (1) session per week;
 - (ii) Family therapy a minimum of one (1) session per week; and
 - (iii) Group therapy a minimum of two (2) sessions per week;
- (C) Interchangeable services which include the following:
 - (i) Behavioral Health Case Management (face-to-face);
 - (ii) Behavioral health rehabilitation services/alcohol and other drug abuse education except for children under age six (6), unless a prior authorization has been granted for children ages four (4) and five (5);
 - (iii) Medication Training and Support; and
 - (iv) Expressive therapy.
- (6) **Documentation requirements**. Documentation needs to specify active involvement of the member's family, caretakers, or significant others involved in the individual's treatment. A nursing health assessment must be completed within 24twenty-four (24) hours of admission. A physical examination and medical history must be coordinated with the Primary Care Physician. Service plan updates are required every three (3) months or more frequently based on clinical need. Records must be documented according to Section—OAC 317:30-5-248.
- (7) **Staffing requirements**. Staffing requirements must consist of the following:
 - (A) RN trained and competent in the delivery of behavioral health services as evidenced by education and/or experience that is available onsite during program hours to provide necessary nursing care and/or psychiatric nursing care (one (1) RN at a minimum can be backed up by an LPN but an RN must always be onsite) [one (1) RN at a minimum can be backed up by an LPN but an RN must always be onsite]. Nursing staff administers medications, follows up with families on medication compliance, and restraint assessments.
 - (B) Medical director must be a licensed psychiatrist.
 - (C) A psychiatrist/physician must be available 24twenty-four
 - (24) hours a day, seven (7) days a week.

- (f) Children/Adolescent Day Treatment Program.
 - Definition. Day Treatment Programs for are stabilization of children and adolescents with severe emotional and/or behavioral disturbances. Treatment is designed for children who have difficulty functioning in mainstream community settings such as classrooms, and who need a higher intensity of services than outpatient counseling provides. Treatment is time limited and includes therapeutically intensive clinical services geared towards reintegration to the home, school, and community. (2) Qualified practitioners. All services in Day Treatment are provided by a team, which must be composed of one (1) or more of following participants: physician, registered licensed behavioral health professional (LBHP) or Licensure Candidatelicensure candidate, a case manager, or other certified Behavioral Health/Substance Abuse paraprofessional Services are directed by an LBHP or Licensure Candidatelicensure candidate.
 - (3) Qualified providers. Provider agencies for Day Treatment must be accredited to provide Day Treatment services by one of the national accrediting bodies; The Joint Commission (TJC), Commission on Accreditation of Rehabilitation Facilities (CARF), Accreditation Commission for Health Care (ACHC) or The Council on Accreditation (COA).
 - (4) Limitations. Services must be offered at a minimum of four (4) days per week at least three (3) hours per day. Behavioral Health Rehabilitation Group size is limited to a maximum of eight (8) individuals as clinically appropriate given diagnostic and developmental functioning. Children under age six (6) are not eligible for behavioral health rehabilitation services, unless a prior authorization for children ages four (4) and five (5) has been granted by OHCA or its designated agent based on a finding of medical necessity.
 - (5) Service requirements. On-call crisis intervention services must be available 24twenty-four (24) hours a day, seven (7) days a week (When members served have psychiatric needs, psychiatric services are available which include the availability of a psychiatrist 24twenty-four (24) hours a day, seven (7) days a week. A psychiatrist can be available either on site or on call but must be available at all times). Day treatment program will provide assessment and diagnostic services and/or medication monitoring, when necessary.
 - (A) Treatment activities are to include the following every week:
 - (i) Family therapy at least one (1) hour per week (additional hours of FT may be substituted for other day treatment services);

- (ii) Group therapy at least two (2) hours per week; and
- (iii) Individual therapy at least one (1) hour per week.
- (B) Additional services are to include at least one (1) of the following services per day:
 - (i) Medication training and support (nursing) once monthly if on medications;
 - (ii) Behavioral health rehabilitation services to include alcohol and other drug education if the child meets the criteria established in <u>OAC</u> 317:30-5-241.3 and is clinically necessary and appropriate except for children under age six (6), unless a prior authorization has been granted for children ages four (4) and five (5);
 - (iii) Behavioral health case management as needed and part of weekly hours for member;
 - (iv) Occupational therapy as needed and part of weekly hours for member; and
 - (v) Expressive therapy as needed and part of weekly hours for the member.
- (6) **Documentation requirements**. Service plans are required every three (3) months.