

## STATE OF OKLAHOMA OKLAHOMA HEALTH CARE AUTHORITY

OHCA 2018-08

April 25, 2018

## **RE: Prenatal Vitamins**

The Oklahoma Health Care Authority is engaged in an effort to improve the quality of prenatal care for our members. A recent review of pharmacy claims between 2012 and 2017 showed the following:

- The percentage of members utilizing a prenatal vitamin has dropped from 76% to 61%.
- Most pregnant members only had two paid claims for prenatal vitamins.

The goal is to improve the utilization of prenatal vitamins in pregnant members receiving SoonerCare services. Maternal nutrition, including adequate vitamin and mineral intake before and during pregnancy, can improve the chances of having a healthy pregnancy. Additionally, it can reduce the baby's risk of developing health issues later in life, including diabetes, obesity, and heart disease. Prenatal vitamins also can assist mothers-to-be in meeting the required daily nutrient intake for a healthy pregnancy.

## It is important to note the following regarding coverage of prenatal vitamins:

- Preferred prenatal vitamins do not require a prior authorization; and
- All preferred prenatal vitamins have a **\$0 copay** when filled as a prescription.

Attached is a list of prenatal vitamins that are covered without a prior authorization. To simplify the prescribing process, you can simply write the prescription for "prenatal vitamins with folic acid 1mg" and include other desired ingredients such as "plus DHA." Due to frequent shifts in the availability of these products, this allows pharmacies to fill the prescription promptly with the appropriate prenatal vitamin they have in stock that meets the patient's needs. If no products on the preferred list meet the specific needs of your patient, a prior authorization may be submitted for consideration, along with supporting information for use of the non-preferred product.

Please note that a prior authorization is required for most brand-name prenatal vitamins. However, the **Citranatal® line of products are preferred and do not require prior authorization**. Updated versions of the preferred prenatal vitamin list can be accessed at <u>http://www.okhca.org/rx</u>, by clicking on "Prenatal Vitamin List." This list may change from time to time based on market conditions.

If you have any questions, please contact the Pharmacy Help Desk at (800) 522-0114, option 4.

Thank you for your continued service to Oklahoma's SoonerCare members.

Sincerely,

Rebecca Portunik Skard

Rebecca Pasternik-Ikard Chief Executive Officer

## **SoonerCare Preferred Prenatal Vitamins**

NDC Code	Description	Description Detail
00178-0796-30	CITRANATAL HARMONY	#59/IRON CARBONYL & FUMARATE/FA/DSS/DHA
00178-0821-30	CITRANATAL 90 DHA	#72/IRON CARBONYL & GLUCONATE/FA/DSS/DHA
00178-0832-30	CITRANATAL B-CALM	#48/IRON CB&GLU/FA/B6 ORAL 20-1-25 MG TABLET SEQ
00178-0858-90	CITRANATAL RX	#81/IRON CARBONYL & GLUCONATE/FA/DSS
00178-0891-30	CITRANATAL ASSURE	#73/IRON CARBONYL & GLUCONATE/FA/DSS/DHA
00178-0894-30	CITRANATAL DHA	#76/IRON CARBONYL & GLUCONATE/FA/DSS/DHA
00642-0070-30	VITAFOL-ONE	#26/IRON POLY/FA/DHA ORAL 29-1-200MG CAPSULE
00642-0075-30	SELECT-OB + DHA	#33/IRON/FA/DHA ORAL 29-1-250MG COMBO. PKG
00642-0076-30	VITAFOL-OB+DHA	COMB #10/IRON/FA/DHA ORAL 65-1-250MG COMBO. PKG
00642-0079-12	VITAFOL-OB	COMB #10/IRON/FA ORAL 65 MG-1 MG TABLET
00642-0093-30	VITAFOL ULTRA	#67/IRON POLYSACCHARIDES/FA CMB NO.1/DHA
00642-0094-30	VITAFOL NANO	COMB #75/FERROUS FUMARATE/FOLATE COMB #1
00642-0096-30	VITAFOL FE+	#102/IRON POLYSACCH/FOLATE NO.1/DSS/DHA
00642-0120	SELECT-OB	#13/IRON POLYSACCHARIDES/FA CMB NO.1
00642-0125	VITAFOL GUMMIES	#112/IRON/FA/OMEGA-3/DHA/EPA/OTHER OMEGA-3S
13811-0007-10	TRINATAL RX 1	#27&CALCIUM/IRON/FA ORAL 60 MG-1 MG TABLET
13811-0010-30	COMPLETE NATAL DHA	#2/IRON B-G SUC-P/FA/OMEGA-3 ORAL 29-1-250MG COMBO. PKG
13811-0014-90	COMPLETENATE	#14/FERROUS FUM/FOLIC ACID ORAL 29 MG-1 MG TAB CHEW
13811-0514-10	VOL-NATE	#73/IRON/FA ORAL 28 MG-1 MG TABLET
13811-0049-30	ULTIMATECARE ONE	W-CA #37/IRON/FA/OMEGA-3 ORAL 27-1-330MG CAPSULE
13811-0516-90	VOL-TAB RX	#76/IRON,CARB/FA ORAL 29 MG-1 MG TABLET
13811-0519-01	VOL-PLUS	WITH CA, #71/IRON/FA ORAL 27 MG-1 MG TABLET
13811-0519-50	VOL-PLUS	WITH CA, #71/IRON/FA ORAL 27 MG-1 MG TABLET
13811-0535-30	FOLIVANE-OB	#15/IRON FUM & PS CMP/FA ORAL 85 MG-1 MG CAPSULE
13811-0536-30	TARON-C DHA	#16/IRON FUM & PS/FA/OM-3 ORAL 35-1-200MG CAPSULE
13925-0116-01	SE-NATAL 19	FE FUM/DOSS/FA ORAL 29 MG-1 MG TABLET
13925-0117-01	SE-NATAL19	FE FUMARATE/FA ORAL 29 MG-1 MG TAB CHEW
39328-0106-10	PRENATAL PLUS LOW IRON	WITH CA, #72/IRON/FA ORAL 27 MG-1 MG TABLET
44946-1041-05	PRENATA PRENATAL PLUC	#37/IRON/FOLIC ACID ORAL 29 MG-1 MG TAB CHEW
44946-1045-01	PRENATAL PLUS	WITH CA, #72/IRON/FA ORAL 27 MG-1 MG TABLET
44946-1045-04	PRENATAL PLUS	WITH CA, #72/IRON/FA ORAL 27 MG-1 MG TABLET
44946-1045-09	PRENATAL PLUS	WITH CA, #72/IRON/FA ORAL 27 MG-1 MG TABLET
44946-1046-00	PNV FOLIC ACID + IRON PROVIDA OB	COMBO #60/FERROUS FUMARATE/FOLIC ACID
52747-0504-30 52747-0620-30	CONCEPTOB	#65/IRON FUMARATE & POLYSAC COMPLEX/FOLIC ACID #15/IRON FUM & PS CMP/FA ORAL 85 MG-1 MG CAPSULE
52747-0621-30	CONCEPT DHA	#15/IRON FUM & PS/FA/OM-3 ORAL 35-1-200MG CAPSULE #16/IRON FUM & PS/FA/OM-3 ORAL 35-1-200MG CAPSULE
63044-0150-01	PRENATAL PLUS LOW IRON	WITH CA, #72/IRON/FA ORAL 27MG 1MG TABLET
63044-0150-05	PRENATAL PLUS LOW IRON	WITH CA, #72/IRON/FA ORAL 27MG 1MG TABLET WITH CA, #72/IRON/FA ORAL 27MG 1MG TABLET
63044-0154-63	INATAL ULTRA	#18/IRON CB/FA/DSS ORAL 90-1-50 MG TABLET
75834-0050-01	NIVA-PLUS	WITH CA, #74/IRON/FA ORAL 27 MG-1 MG TABLET
76439-0233-60	VP-GGR-B6	FA/B6/CALCIUM PHOS/GINGER ORAL 1.2-40-100 TABLET
76439-0267-90	PNV 29-1	VIT #76/IRON, CARB/FA ORAL 29MG – 1MG TABLET
76439-0270-90	VIRT-VITE GT	#16/IRON CB/FA/DSS ORAL 90-1-50 MG TABLET
76439-0273-10	PNV-FER FUMARATE DOCU FA	COMB #115/IRON FUMARATE/FOLIC ACID/DSS
76439-0331-30	VIRT-CDHA	#16/IRON FUM & PS/FA/OM-3 ORAL 35-1-200MG CAPSULE
76439-0357-90	VIRT-ADVANCE	#15/IRON CB/FA/DSS ORAL 90-1-50 MG TABLET

\*Covered products as of January 18, 2018, please check OHCA website (<u>www.okhca.org/rx</u>) periodically for updated lists.