Behavioral Health Screening Tools

Health benefit carriers and epidemiologists increasingly recommend the use of screening instruments to identify individuals with undiagnosed disorders, to monitor ongoing symptom severity, and to assess outcomes in clinical practice.

While we have provided a list of other screening tools, it is up to the provider to ensure they are utilizing the most current version. Most of the screeners listed below are free to use however there are a few that are copyrighted and may have costs associated with using them.

We make no representation that the list below is comprehensive.

Screening Tools for Children

Multi-purpose

CANS- Child and Adolescent Needs and Strengths

NICHQ Vanderbilt Assessment Scale- Parent Informant

PEARLS Pediatric ACEs Screening and Related Life-events Screener

PSC 17- Pediatric Symptom Checklist 17

PSC 35- Pediatric Symptom Checklist 35

PSC-Y Pediatric Symptom Checklist-youth

RCADS- Revised Children’s Anxiety and Depression Scale

SDQ- Strengths and Difficulties Questionnaire

SoonerCare Pediatric Behavioral Health Screen

SWYC- Survey of Well-being of Young Children

Depression, Mood, and Suicide

ASQ Ask Suicide Screening Questions

CES-DC Center for Epidemiological Studies Depression Scale for Children
Columbia Depression Scale

KADS-11 11 Item Kutcher Adolescent Depression Scale

MFQ- Mood and Feelings Questionnaire

PHQ-A Patient Health Questionnaire Modified for Adolescent

Anxiety

SCARED- Screen for Child Anxiety Related Disorders

Spence Children’s Anxiety Scale

Trauma

CATS- Child and Adolescent Trauma Screen

CPSS- Child PTSD Symptom Scale

TESI-C- Traumatic Events Screening Inventory for Children

Development and Social Emotional

ASQ-3- Ages and Stages Questionnaire

ASQ: SE- 2 Ages and Stages Questionnaire SE

BITSEA- Brief Infant-Toddler Social Emotional Assessment

M-CHAT- Modified Checklist of Autism in Toddlers

PEDS- Parent’s Evaluation of Developmental Status

SCQ- Social Communication Questionnaire

Alcohol and Substance Use

CRAFFT- Substance Abuse Screen (for use with adolescents)

POSIT Problem-Oriented Screening Instrument for Teenagers

RAPI- Rutgers Alcohol Problem Index
**Adult Screening Tools**

**Depression, Mood, and Suicide**

- BDI Beck Depression Inventory
- BSI Beck Scale for Suicide Ideation
- CES-D- Center for Epidemiologic Studies Depression Scale
- Cornell Scale for Depression in Dementia
- C-SSRS Columbia Suicide Severity Rating Scale
- GDS Geriatric Depression Scale
- HAM-D Hamilton Depression Rating Scale
- MDQ Mood Disorder Questionnaire
- PHQ-9 Patient Health Questionnaire
- QIDS-C- Quick Inventory of Depressive Symptomatology
- Zung Depression Scale

**Alcohol and Substance Use Screening Instruments**

- AUDIT-Alcohol Use Disorders Identification Test
- ASSIST- Alcohol, Smoking, and Substance Involvement Screening
- CIWA-Ar- Clinical Institute Withdrawal Assessment of Alcohol Scale Assessment for Alcohol Withdrawal
- DAST- Drug Abuse Screening
- MAST- Michigan Alcohol Screening Test
- SMAST-G- Short Michigan Alcoholism Screening Test Geriatric Version

**Anxiety**

- BAI- Beck Anxiety Inventory
GAD-7 Generalized Anxiety Disorder 7-item
HAM-A Hamilton Anxiety Rating Scale
PSWQ- Penn State Worry Questionnaire
SAS Zung Anxiety Scale

**Trauma**
IES-R Impact of Event Scale Revised
PCL-5 Post traumatic Stress Disorder Checklist
PC-PTSD-5 Primary Care PTSD Screen
PC-PTSD Screen DSM-IV

**Multipurpose and Other Screening Tools**
Edinburgh Postnatal Depression Scale
HITS: A Domestic Violence Screening Tool
PHQ-15 Patient Health Questionnaire Physical Symptoms
Scoff Eating Disorders Questionnaire
SOGS South Oaks Gambling Screen
SoonerCare Adult Screen