



LONG-ACTING REVERSIBLE CONTRACEPTIVE TRAINING

who

Providers who have a reasonable expectation of providing contraception as part of their practice. (e.g., Family Medicine, Pediatrics, OB/GYN, Internal Medicine, etc.). Additionally, any Clinical Staff (RN, LPN, MA) and/or Administrative Staff (Practice Managers, Billing/Coding) who are assisting with contraceptive care in Oklahoma.

what

The no cost training conference will provide the most up-to-date information on the provision of contraception (see back for more details).

when/ where

DATE	CITY
Saturday, April 11, 2026	Tulsa
Saturday, May 30, 2026	OKC
Saturday, June 20, 2026	Tulsa
Saturday, June 27, 2026	OKC

how

For more information, please email our Trainee Liaison: Sarah at Sarah-Coleman@ou.edu

Register Online Using the QR Code or visit the following link: [FFO Training Registration 2025-2026](#)



Focus Forward Oklahoma Training Program

▶ PROVIDER TRAINING SESSION

The training session will focus on providing the most up-to-date information on contraceptive services with a focus on long-acting reversible contraception (LARC). The session will include: 1) an overview of contraception and LARC, 2) discussion and practice related to patient-centered counseling for contraception, and 3) hands-on procedural skills on the insertion and removal of LARC devices using task trainers and high fidelity virtual simulator. Providers will also have an opportunity to practice their skills with clinical staff, and are encouraged to bring clinical and administrative staff with them to the training session.

▶ CLINICAL STAFF TRAINING SESSION

The training session will focus on providing the most up-to-date information on contraceptive services with a focus on long-acting reversible contraception (LARC). The session will include: 1) an overview of contraception and LARC, 2) discussion and practice related to patient-centered counseling for contraception, and 3) hands-on exam room set up for LARC procedures including materials/supplies for each type of procedure. Clinical staff will also have an opportunity to practice their skills with a provider and encouraged to come to the training with the provider(s) they work with in their practice.

▶ ADMINISTRATIVE STAFF TRAINING SESSION

The training session will focus on providing the most up-to-date information on contraceptives services with a focus on long-acting reversible contraception (LARC). The session will include: 1) an overview of contraception and LARC, 2) patient-centered communication techniques for office staff, insurance coverage for LARC, inventory management, billing/coding and more. Administrative staff will also have an opportunity to practice their skills through hands on activities, and are encouraged to come with the provider(s) they work with in their practice.

