Tobacco Free Environment Initiative

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Tobacco Free Environment Initiative

- Encourage providers and clinics to adopt policies
- Current contract language highly encourages providers to be tobacco, smoke, and vape-free

Basic (Essential) language to include:

- No tobacco, smoke, or vape use allowable on or around property,
- Tobacco cessation efforts with employees and patients,
- Posting signage and resources to educate and encourage all to comply

Rationale for Tobacco, Smoke, and Vape Free Environments

Protects employees, patients, and visitors from exposure to second-hand smoke

Second-hand is a known cause of cancer, heart disease, and stroke.

Encourages smokers to quit

• Estimated 6.4% increase in cessation and reinforces cessation efforts being performed in the clinic.

Assists with reducing initiation of usage

• Reduced tobacco prevalence by 3.4%.

Smoke Free Policies Reduce Smoking: Community Task Force Initiative, Retrieved August 17, 2022, from <u>Center for Disease Control and Prevention</u>.

Tobacco, Smoke, and Vape Free Environments Facts

- Smoking costs Oklahoma 2.1 million dollars a year in loss productivity
- Oklahoma spends an annual 1.62 billion dollars in annual healthcare costs, \$264 million dollars of that total are covered by state Medicaid program
- Secondhand smoke has 7,000 chemicals of which hundreds are toxic and 70 are known cancer causing agents
- Air ventilation systems and designated smoke rooms do not eliminate exposure to secondhand smoke
- 30 minutes of exposure to secondhand smoke can cause similar heart damage to that of an everyday smoker
- Exposure to secondhand smoke increases one's risk of an acute coronary heart event by 25% to 35%
- Adopting a tobacco, smoke, vape-free policy send an overall message you care about your employees, patients, and visitors

- Assisted or self-guided webbased development guide
- Easy and hassle-free way to development of a gold standard policy
- Customizable options to ensure the policy is reflective of the clinic culture
- Free breathe-easy signage and recognition for providers/clinics that adopt a gold-standard policy

Tobacco, Smoke, and Vape-Free Policy Development Guide

This tool is designed to guide you through the process of drafting a tobacco, smoke and vape-free policy for your organization. The form is laid out in the following sections:

Section 1: Contact Information - enter your contact information at the top of the form. This information will be used by SoonerQuit staff at the Oklahoma Health Care Authority should any follow-up or support be needed to finalize your policy.

Section 2: Policy Elements - A gold standard policy incorporating all recommended elements is built into this section of the form. Policy elements have been broken out as essential (minimum necessary to ensure a tobacco, smoke, and vape-free environment is created) and strongly recommended (best practice elements that serve to support the essential policy elements). Essential elements are built into the form, and may not be edited. Recommended elements may be dropped from the policy or edited to meet the needs, resources, and context of your organization.

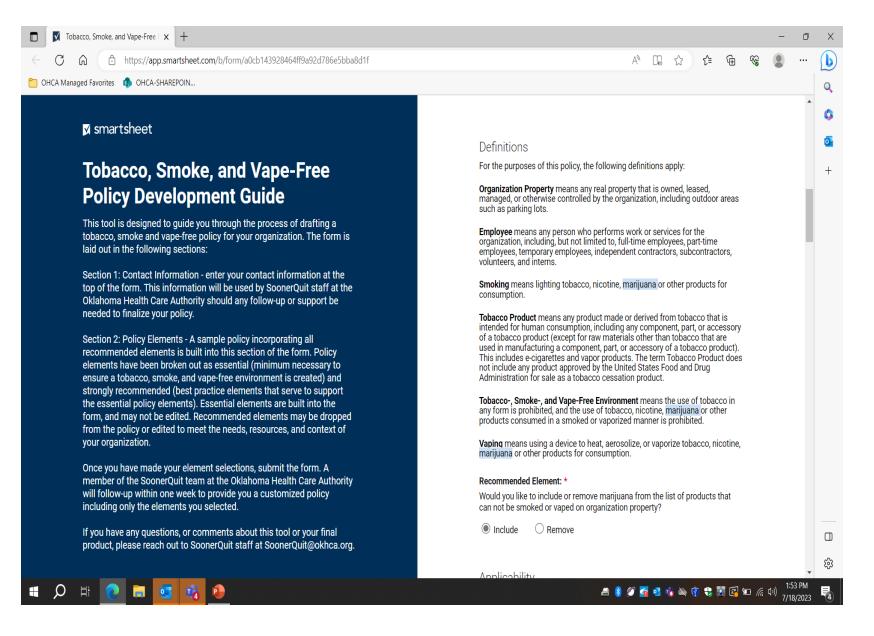
Enter your name: Enter your email address: This email address will be used for any correspondence related to your Enter your phone number: Please provide the best number to reach you for clarification if needed. Enter the name of your organization: * Enter the name as you would like it to appear in the policy.

Section 1: Contact Information

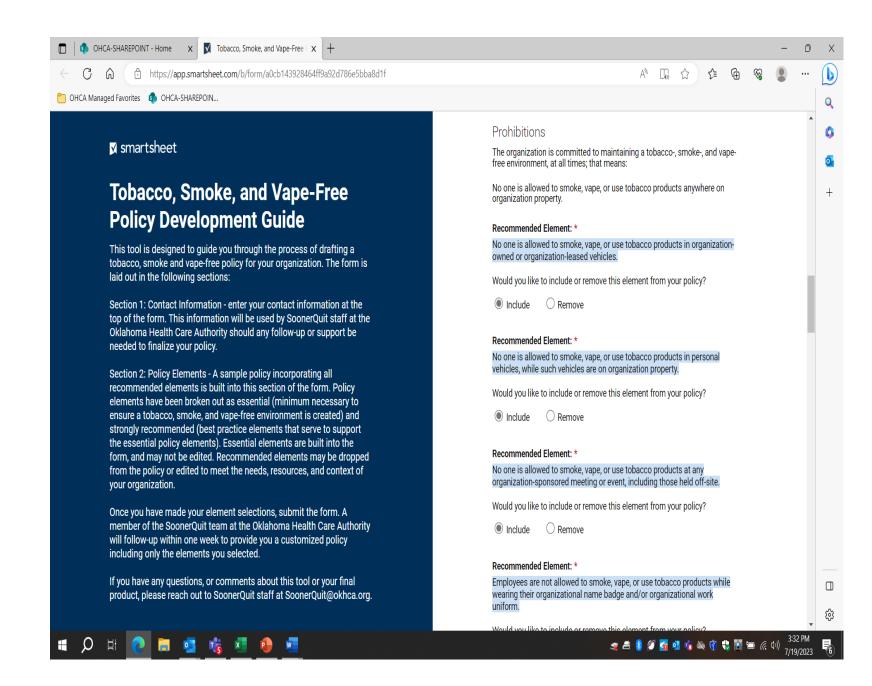
Section 2: Policy Elements

Review the policy elements below carefully. They represent a

 The tool provides clear definitions reducing any confusion with terminology in your new policy.



 Recommended best language to ensure a "Gold Standard" policy.



- Once you have finalized and submitted your policy through the web-based tool, a SoonerQuit Coordinator will send you the final version.
- For more information contact SoonerQuit staff at SoonerQuit @okhca.org or visit us at https://oklahoma.gov/ohca/providers/soonerquit.html

TOBACCO-, SMOKE-, AND VAPE-FREE POLICY

Introduction

Tobacco use is the number one cause of preventable death in the United States, killing more than 7,500 Oklahomans every year. As a health care organization we are committed to the health and safety of our employees, patients, and visitors. In recognition of the fact that all forms of tobacco products are hazardous to human health and that there is no safe level of exposure to secondhand smoke, it shall be the policy of Ross Wellness Center (the organization) to prohibit all use of tobacco products on our property at all times. This policy demonstrates our continued commitment to health and leadership in our community.

This policy acknowledges the traditional and sacred use of tobacco among American Indian people living in Oklahoma. Whenever the word tobacco is used it refers to the use of commercial tobacco.

Definitions

For the purposes of this policy, the following definitions apply:

Organization Property

Any real property that is owned, leased, managed, or otherwise controlled by the organization,

Post Policy Communication is key

- Promote policy through various outlets
- Place tobacco free decals and signage at various entries of the property as well as inside the building(s)
- Place OTH Flyers and materials in break rooms
- Make regular announcements at weekly staff meetings, company events, newsletters and during new employee orientation(s)

Tobacco Cessation Benefits

- SoonerCare covers generics for all seven (7) FDA approved tobacco cessation medications. These medications DO NOT count against their six-prescription limit per month.
- A SoonerCare member can receive these products when medically appropriate (a prescription is necessary):

No Limit

 Nicotine Patches, Nicotine Lozenges, Nicotine Gum, Nicotine Nasal Spray, Nicotine Inhaler, and Bupropion (Zyban)

Limited

Varenicline(Chantix)-180 days/12 months

Tobacco Cessation Assistance

Oklahoma Tobacco Helpline

Free Service

- Coaching sessions with a qualified quit coach
- Individualized quit plan
- Eight weeks of nicotine replacement therapy (NRT).
- Customizable options (text, email, web, stand alone materials).
- Live Online group support sessions
- Use twice in a 12-month rolling calendar year



Tobacco Cessation Assistance

Oklahoma Tobacco Helpline

 Easy to use website with several resources to aid in quit journey.



Health Care Providers

Employers

Support A Quitter

En Español

Build A FREE Custom Plan That Works For You

Everyone has different needs. That's why we offer several different resources and ways to quit tobacco for FREE. Explore your options — then call, click or text to get started.

Contact Information

For more information related to the Tobacco-Free Environment Initiative, or for tobacco cessation counseling or benefit questions please reach out to the SoonerQuit team at SoonerQuit@okhca.org.



GET IN TOUCH

4345 N. Lincoln Blvd. Oklahoma City, OK 73105 oklahoma.gov/ohca mysoonercare.org Agency: 405-522-7300 Helpline: 800-987-7767





