

Tobacco Free Environment Initiative

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Tobacco Free Environment Initiative

- Encourage providers and clinics to adopt policies
- Current contract language highly encourages providers to be tobacco, smoke, and vape-free

Basic (Essential) language to include:

- No tobacco, smoke, or vape use allowable on or around property,
- Tobacco cessation efforts with employees and patients,
- Posting signage and resources to educate and encourage all to comply

Rationale for Tobacco, Smoke, and Vape Free Environments

Protects employees, patients, and visitors from exposure to second-hand smoke

- Second-hand is a known cause of cancer, heart disease, and stroke.

Encourages smokers to quit

- Estimated 6.4% increase in cessation and reinforces cessation efforts being performed in the clinic.

Assists with reducing initiation of usage

- Reduced tobacco prevalence by 3.4%.

Tobacco, Smoke, and Vape Free Environments Facts

- Smoking costs Oklahoma 2.1 million dollars a year in loss productivity
- Oklahoma spends an annual 1.62 billion dollars in annual healthcare costs, \$264 million dollars of that total are covered by state Medicaid program
- Secondhand smoke has 7,000 chemicals of which hundreds are toxic and 70 are known cancer causing agents
- Air ventilation systems and designated smoke rooms do not eliminate exposure to secondhand smoke
- 30 minutes of exposure to secondhand smoke can cause similar heart damage to that of an everyday smoker
- Exposure to secondhand smoke increases one's risk of an acute coronary heart event by 25% to 35%
- Adopting a tobacco, smoke, vape-free policy send an overall message you care about your employees, patients, and visitors

Policy Development

- Assisted or self-guided web-based development guide
- Easy and hassle-free way to development of a gold standard policy
- Customizable options to ensure the policy is reflective of the clinic culture
- Free breathe-easy signage and recognition for providers/clinics that adopt a gold-standard policy



Tobacco, Smoke, and Vape-Free Policy Development Guide

This tool is designed to guide you through the process of drafting a tobacco, smoke and vape-free policy for your organization. The form is laid out in the following sections:

Section 1: Contact Information - enter your contact information at the top of the form. This information will be used by SoonerQuit staff at the Oklahoma Health Care Authority should any follow-up or support be needed to finalize your policy.

Section 2: Policy Elements - A gold standard policy incorporating all recommended elements is built into this section of the form. Policy elements have been broken out as essential (minimum necessary to ensure a tobacco, smoke, and vape-free environment is created) and strongly recommended (best practice elements that serve to support the essential policy elements). Essential elements are built into the form, and may not be edited. Recommended elements may be dropped from the policy or edited to meet the needs, resources, and context of your organization.

Section 1: Contact Information

Enter your name:

Enter your email address:

This email address will be used for any correspondence related to your submission.

Enter your phone number:

Please provide the best number to reach you for clarification if needed.

Enter the name of your organization: *

Enter the name as you would like it to appear in the policy.

Section 2: Policy Elements

Review the policy elements below carefully. They represent a

Policy Development

- The tool provides clear definitions reducing any confusion with terminology in your new policy.

The screenshot shows a web browser window displaying a Smartsheet form. The browser's address bar shows the URL: <https://app.smartsheet.com/lb/form/a0cb143928464ff9a92d786e5bba8d1f>. The form is titled "Tobacco, Smoke, and Vape-Free Policy Development Guide" and is presented in a dark blue theme. The content of the form includes:

- smartsheet** logo at the top left.
- Tobacco, Smoke, and Vape-Free Policy Development Guide** as the main title.
- An introductory paragraph: "This tool is designed to guide you through the process of drafting a tobacco, smoke and vape-free policy for your organization. The form is laid out in the following sections:"
- Section 1: Contact Information** - enter your contact information at the top of the form. This information will be used by SoonerQuit staff at the Oklahoma Health Care Authority should any follow-up or support be needed to finalize your policy.
- Section 2: Policy Elements** - A sample policy incorporating all recommended elements is built into this section of the form. Policy elements have been broken out as essential (minimum necessary to ensure a tobacco, smoke, and vape-free environment is created) and strongly recommended (best practice elements that serve to support the essential policy elements). Essential elements are built into the form, and may not be edited. Recommended elements may be dropped from the policy or edited to meet the needs, resources, and context of your organization.
- A paragraph: "Once you have made your element selections, submit the form. A member of the SoonerQuit team at the Oklahoma Health Care Authority will follow-up within one week to provide you a customized policy including only the elements you selected."
- A closing paragraph: "If you have any questions, or comments about this tool or your final product, please reach out to SoonerQuit staff at SoonerQuit@okhca.org."
- Definitions** section with the following text: "For the purposes of this policy, the following definitions apply:"
 - Organization Property** means any real property that is owned, leased, managed, or otherwise controlled by the organization, including outdoor areas such as parking lots.
 - Employee** means any person who performs work or services for the organization, including, but not limited to, full-time employees, part-time employees, temporary employees, independent contractors, subcontractors, volunteers, and interns.
 - Smoking** means lighting tobacco, nicotine, marijuana or other products for consumption.
 - Tobacco Product** means any product made or derived from tobacco that is intended for human consumption, including any component, part, or accessory of a tobacco product (except for raw materials other than tobacco that are used in manufacturing a component, part, or accessory of a tobacco product). This includes e-cigarettes and vapor products. The term Tobacco Product does not include any product approved by the United States Food and Drug Administration for sale as a tobacco cessation product.
 - Tobacco-, Smoke-, and Vape-Free Environment** means the use of tobacco in any form is prohibited, and the use of tobacco, nicotine, marijuana or other products consumed in a smoked or vaporized manner is prohibited.
 - Vaping** means using a device to heat, aerosolize, or vaporize tobacco, nicotine, marijuana or other products for consumption.
- Recommended Element: *** section with the text: "Would you like to include or remove marijuana from the list of products that can not be smoked or vaped on organization property?" and two radio buttons: Include and Remove.
- Applicability** section (partially visible at the bottom).

The browser's taskbar at the bottom shows the Windows logo, search icon, and several application icons. The system tray on the right shows the time as 1:53 PM on 7/18/2023.

Policy Development

- Recommended best language to ensure a “Gold Standard” policy.

The screenshot shows a web browser window displaying a Smartsheet form. The browser tabs include 'OHCA-SHAREPOINT - Home' and 'Tobacco, Smoke, and Vape-Free'. The URL is 'https://app.smartsheet.com/lb/form/a0cb143928464ff9a92d786e5bba8d1f'. The form is titled 'Tobacco, Smoke, and Vape-Free Policy Development Guide' and is designed to guide users through drafting a policy. It includes sections for contact information, policy elements, and a list of recommended elements for inclusion or removal from the policy. The recommended elements are:

- Prohibitions:** The organization is committed to maintaining a tobacco-, smoke-, and vape-free environment, at all times; that means:
 - No one is allowed to smoke, vape, or use tobacco products anywhere on organization property.
- Recommended Element: *** No one is allowed to smoke, vape, or use tobacco products in organization-owned or organization-leased vehicles.
- Recommended Element: *** No one is allowed to smoke, vape, or use tobacco products in personal vehicles, while such vehicles are on organization property.
- Recommended Element: *** No one is allowed to smoke, vape, or use tobacco products at any organization-sponsored meeting or event, including those held off-site.
- Recommended Element: *** Employees are not allowed to smoke, vape, or use tobacco products while wearing their organizational name badge and/or organizational work uniform.

Each recommended element is followed by the question 'Would you like to include or remove this element from your policy?' with radio buttons for 'Include' and 'Remove'. The 'Include' option is selected for all elements. The form also includes instructions on how to use the tool and how to contact the SoonerQuit team for assistance.

Policy Development

- Once you have finalized and submitted your policy through the web-based tool, a SoonerQuit Coordinator will send you the final version.
- For more information contact SoonerQuit staff at SoonerQuit @okhca.org or visit us at <https://oklahoma.gov/ohca/providers/soonerquit.html>

TOBACCO-, SMOKE-, AND VAPE-FREE POLICY

Introduction

Tobacco use is the number one cause of preventable death in the United States, killing more than 7,500 Oklahomans every year. As a health care organization we are committed to the health and safety of our employees, patients, and visitors. In recognition of the fact that all forms of tobacco products are hazardous to human health and that there is no safe level of exposure to secondhand smoke, it shall be the policy of _____ Ross Wellness Center _____ (the organization) to prohibit all use of tobacco products on our property at all times. This policy demonstrates our continued commitment to health and leadership in our community.

This policy acknowledges the traditional and sacred use of tobacco among American Indian people living in Oklahoma. Whenever the word tobacco is used it refers to the use of commercial tobacco.

Definitions

For the purposes of this policy, the following definitions apply:

Organization Property

Any real property that is owned, leased, managed, or otherwise controlled by the organization,

Post Policy Communication is key

- Promote policy through various outlets
- Place tobacco free decals and signage at various entries of the property as well as inside the building(s)
- Place OTH Flyers and materials in break rooms
- Make regular announcements at weekly staff meetings, company events, newsletters and during new employee orientation(s)

Tobacco Cessation Benefits

- SoonerCare covers generics for all seven (7) FDA approved tobacco cessation medications. These medications **DO NOT** count against their **six-prescription** limit per month.
- A SoonerCare member can receive these products when medically appropriate (a prescription is necessary):

No Limit

- Nicotine Patches, Nicotine Lozenges, Nicotine Gum, Nicotine Nasal Spray, Nicotine Inhaler, and Bupropion (Zyban)

Limited

- Varenicline(Chantix)-180 days/12 months

Tobacco Cessation Assistance

- Oklahoma Tobacco Helpline

Free Service

Coaching sessions with a qualified quit coach

Individualized quit plan

Eight weeks of nicotine replacement therapy (NRT).

Customizable options (text, email, web, stand alone materials).

Live Online group support sessions

Use twice in a 12-month rolling calendar year



A Program of TSET

Tobacco Cessation Assistance

- Easy to use website with several resources to aid in quit journey.



[Health Care Providers](#) [Employers](#) [Support A Quitter](#) [En Español](#)

[Thinking About Quitting](#)

[How It Works](#)

[Free Services](#)

[Helpline Community](#)

[Sign Up](#)

[Log In](#)



No Judgments. Just Help.

If you're trying to quit tobacco, you're not alone. We understand the struggle, and we've got your back. Wherever you are in your journey, the support you need is right here.

[Sign Up →](#)



Build A FREE Custom Plan That Works For You

Everyone has different needs. That's why we offer several different resources and ways to quit tobacco for FREE. Explore your options — then call, click or text to get started.

Contact Information

For more information related to the Tobacco-Free Environment Initiative, or for tobacco cessation counseling or benefit questions please reach out to the SoonerQuit team at SoonerQuit@okhca.org.



OKLAHOMA
Health Care Authority

GET IN TOUCH

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oklahoma.gov/ohca
mysoonerhealth.org

Agency: 405-522-7300
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