PATIENT-CENTERED MEDICAL HOME (PCMH) BEHAVIORAL HEALTH (BH) SCREENING AND MOCK AUDIT REGISTRATION DETAILS

May 2022
DISCLAIMER

The following presentation is intended for SoonerCare Choice Patient-Centered Medical Home providers and is current as of May 1, 2022.

The information does not apply to outpatient behavioral health providers.
AGENDA

PCMH BH Screening
- Coding for BH Screening
- Best Practices
- Screening Tools
- Screening, Brief Intervention and Referral to Treatment (SBIRT)
- BH Resources and Referrals

PCMH Redesign Updates
- Mock Audit Registration
CODING FOR PCMH BH SCREENING: 96160
PCMH BH SCREENING CODING

CPT 96160 must be coded to be eligible for the SoonerExcel incentive payment

➢ Short Description: Patient-Focused Health Risk Assessment

➢ Long Description: Administration and Interpretation of Patient-Focused Health Risk Assessment
Official Guidance
Provider Letter OHCA 2016-31

Rationale
CPT 96160 was selected as a result of 2017 AMA coding revisions
BEST PRACTICES
BEST PRACTICES

Suggested best practices include:

- Member/guardian completes the screening tool in the lobby or exam room
- Nurse scores the screening and has it ready for the provider during the appointment
- Provider reviews results with member and provides brief intervention and referral as appropriate
COMMON CODING ERROR

Most common coding error for BH Screening in a Medical Home include utilization of:

- CPT 96127
COMMON CODING ERROR

CPT 96127

- Short Description: Brief Emotional/Behavioral Assessment
- Long Description: Assessment of Emotional or Behavioral Problems
## COMMON CODING ERROR

<table>
<thead>
<tr>
<th>Paid claims by CPT</th>
<th>January - June 2021</th>
</tr>
</thead>
<tbody>
<tr>
<td>CPT 96127</td>
<td>29,020</td>
</tr>
<tr>
<td>CPT 96160</td>
<td>24,847</td>
</tr>
</tbody>
</table>
BEST PRACTICES

CPT 96127 & 96160

96127 & 96160 should **not** be coded together when only one screening is performed.

Utilization of both 96127 & 96160 on same date of service requires documentation of:

- the need for additional screening
- all screening tools utilized
- results of all screenings
PCMH BH SCREENING TOOLS
Patient-Centered Medical Home Behavioral Health Screening

EPSDT (Early Periodic Screening, Diagnosis, and Treatment) and the Affordable Health Care Act require a behavioral health screening as a best practice of medical care. Part of the responsibilities of SoonerCare Choice medical homes is to conduct behavioral health screenings for members age 5 and older for all tiers.

What is a PCMH?

- Medical home principles

Resources

- Billing for PCMH Behavioral Health Screening (January 2022)
- Billing for PCMH SBIRT Screening, Brief Intervention and Referral to Treatment

- Pediatric Screener | Spanish Pediatric Screener
- Adult Screener | Spanish Adult Screener
- List of available screening tools

OHCA has identified validated public domain screening tools that are available to assist physicians and behavioral health professionals with screening and assessing mental health issues. While we have provided this list, it is up to the provider to ensure they are utilizing the most current version. We also make no representation that this list is comprehensive.
BH AND SUBSTANCE ABUSE (SA) SCREENING TOOLS

- SoonerCare Choice Medical Homes have access to free pediatric and adult BH and SA screening tools.
- Tools are provided in English and Spanish and contain scoring and billing guidance.
BH AND SA SCREENING TOOLS

The Pediatric BH screening tool utilizes:

- Pediatric Symptom Checklist (PSC)
- Functional impairment assessment
- Conversation starter questions
BH AND SA SCREENING TOOLS

The Adult BH and SA screening tool utilizes:

- PHQ 2+1
- AUDIT and NM-ASSIST
### BH AND SA SCREENING TOOLS

- **Conversation starter question**

#### Table

<table>
<thead>
<tr>
<th>Question</th>
<th>Never</th>
<th>Less than monthly</th>
<th>Monthly</th>
<th>Weekly</th>
<th>Daily or almost daily</th>
</tr>
</thead>
<tbody>
<tr>
<td>3. In the past year, did you have 5 or more drinks* of alcohol in one day if you are male; 5 or more if you are female? *One drink means 12 oz. of beer, 1.5 oz. of liquor or 5 oz. of wine.</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>4. In the past 3 months, how often have you used marijuana, other drugs, or nonmedical use of prescription drugs?</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>5. In the past 3 months, how often have you had a strong desire or urge to use alcohol or drugs?</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>6. In the past 3 months, has your use of alcohol or drugs led to health, social, legal, or financial problems?</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>7. In the past 3 months, how often have you failed to do what was normally expected of you because of your use of alcohol or drugs?</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

Are you currently receiving services from a psychologist, a substance abuse program, or a mental health program or counselor? 
(Circle your answer) [ ] YES  [ ] NO
BH AND SA SCREENING TOOLS

Medical Homes may choose to utilize:

- SoonerCare BH Screening tools or

- A developmentally appropriate screening tool from the approved list

<table>
<thead>
<tr>
<th>Behavioral Health Screening Tools</th>
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</thead>
<tbody>
<tr>
<td>Health benefit carriers and epidemiologists increasingly recommend the use of screening instruments to identify individuals with undiagnosed disorders, to monitor ongoing symptom severity, and to assess outcomes in clinical practice.</td>
</tr>
<tr>
<td>While we have provided a list of other screening tools, it is up to the provider to ensure they are utilizing the most current version. Most of the screeners listed below are free to use however there are a few that are copyrighted and may have costs associated with using them.</td>
</tr>
<tr>
<td>We make no representation that the list below is comprehensive.</td>
</tr>
</tbody>
</table>

### Screening Tools for Children

<table>
<thead>
<tr>
<th>Multi-purpose</th>
</tr>
</thead>
<tbody>
<tr>
<td>CANS- Child and Adolescent Needs and Strengths</td>
</tr>
<tr>
<td>NICHQ Vanderbilt Assessment Scale- Parent Informant</td>
</tr>
<tr>
<td>PEARLS Pediatric ACES Screening and Related Life-events Screener</td>
</tr>
<tr>
<td>PSC 17- Pediatric Symptom Checklist 17</td>
</tr>
<tr>
<td>PSC 35- Pediatric Symptom Checklist 35</td>
</tr>
<tr>
<td>PSC-Y Pediatric Symptom Checklist-youth</td>
</tr>
<tr>
<td>RCSAS- Revised Children's Anxiety and Depression Scale</td>
</tr>
<tr>
<td>SDQ: Strengths and Difficulties Questionnaire</td>
</tr>
<tr>
<td>SoonerCare Pediatric Behavioral Health Screen</td>
</tr>
<tr>
<td>SWYC- Survey of Well-being of Young Children</td>
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</tbody>
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### Depression, Mood, and Suicide

| ASQ-Ask Suicide Screening Questions |
| CES-DC Center for Epidemiological Studies Depression Scale for Children |
LIST OF APPROVED BH SCREENING TOOLS

Providers may request a screening tool be evaluated for inclusion on the approved list by contacting Mary Dimery at Mary.Dimery@okhca.org
SCREENING BRIEF INTERVENTION AND REFERRAL TO TREATMENT (SBIRT)
SBIRT

Screening Brief Intervention and Referral to Treatment

CPT 99408

- Short Description: AUDIT/DAST 15-30 minutes

- Long Description: Alcohol and/or Substance Abuse Screening and Intervention, 15-30 minutes
<table>
<thead>
<tr>
<th>Payer</th>
<th>Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medicaid</td>
<td>99408</td>
<td>Alcohol and/or substance abuse structured screening and brief intervention; 15 to 30 minutes</td>
</tr>
<tr>
<td>Medicare</td>
<td>G0396</td>
<td>Alcohol and/or substance abuse structured screening and brief intervention; 15 to 30 minutes</td>
</tr>
<tr>
<td>Medicare</td>
<td>G0397</td>
<td>Alcohol and/or substance abuse structured screening and brief intervention; greater than 30 minutes</td>
</tr>
</tbody>
</table>
SBIRT RESOURCES

Substance Abuse and Mental Health Services Administration (SAMHSA)
➢ https://www.samhsa.gov/sbirt/about

Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS)
➢ https://oklahoma.gov/odmhsas/prevention/healthcare/healthcare-based-prevention-resources.html#sbirt
➢ Training Institute (oklahoma.gov)
Healthcare-Based Prevention Resources

Program Specific Resources

- Screening, Brief Intervention, and Referral to Treatment
- Suicide Prevention
- Pain and Opioid Management

SBIRT Resources

Screening, Brief Intervention, and Referral to Treatment (SBIRT) | SAMHSA

SAMHSA TAP 33: Systems-Level Implementation of SBIRT

CDC Planning and Implementing SBI for risky alcohol use: Guide for Primary Care

<table>
<thead>
<tr>
<th>Screening</th>
<th>Brief Intervention</th>
<th>Referral to Treatment</th>
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BRIEF INTERVENTION: Provides feedback about risky behaviors and motivation toward healthy behavior change. It focuses on education and increasing patient insight and awareness about risks related to unhealthy substance use, depression and suicide risk.

At-Risk in Primary Care: The ODMHSAS offers a free, CE-certified online training called At-Risk in Primary Care. It is designed to prepare primary care providers to screen patients for mental health and substance use, perform brief interventions using motivational interviewing techniques, and refer patients to treatment.
PCMH BH RESOURCES
PCMH BH RESOURCES

Psychiatric Consultation Program
- PCPs have access to free, informal telephonic consultation with board-certified psychiatrists
- Advise on psychotropic medication management issues for children, adolescents and adults

How It Works
- SoonerCare PCP contacts OHCA BH unit at 405-522-7597 to schedule a time to review the case
- Appointments are scheduled with an OHCA psychiatrist during business hours
PCMH BH SCREENING WEBPAGE

Resources

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- **Psychiatric Consultation Program**
- **Community Resources to Support the Medical Home Concept**
- **SoonerCare Choice Provider Page**
- Provider Letters: **2013-41 | 2016-31**
Outpatient BH services are self-referred

- OAC 317:2-7-2 (c)
- Member Handbook page 17
PCMH BH REFERRAL RESOURCES

For assistance locating a contracted BH provider:

➢ **SoonerCare**: Behavioral Health Helpline 800-652-2010

➢ **Oklahoma Department of Mental Health and Substance Abuse Services**: Oklahoma Network of Care
  https://oklahoma.networkofcare.org/mh/index.aspx
PCMH BH CRISIS RESOURCES

- ODMHSAS Comprehensive Crisis Response webpage
- Urgent Care and Crisis Centers
- Calling 988 (launching July 2022)
- Mobile Crisis Teams
- Community Mental Health Centers

<table>
<thead>
<tr>
<th>Helplines</th>
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<tbody>
<tr>
<td><strong>Reach-Out Hotline</strong></td>
<td></td>
</tr>
<tr>
<td>(mental health &amp; substance abuse issues)</td>
<td>800-522-9054</td>
</tr>
<tr>
<td><strong>Safeline</strong></td>
<td></td>
</tr>
<tr>
<td>(domestic violence)</td>
<td>800-522-7233</td>
</tr>
<tr>
<td><strong>Suicide Prevention</strong></td>
<td></td>
</tr>
<tr>
<td>800-273-8255</td>
<td></td>
</tr>
<tr>
<td><strong>Veterans Crisis Line</strong></td>
<td></td>
</tr>
<tr>
<td>800-273-8255</td>
<td></td>
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</table>
PCMH
VOLUNTARY
MOCK AUDIT
PARTICIPATION
VOLUNTARY MOCK AUDITS

Requirements to participate in mock audit:
- Contracted as a PCMH for at least one year
- Panel size of 100 or greater

Providers with active PCMH accreditation from the following major accreditors may be excluded from audits:
- **The Joint Commission** (TJC): Primary Care Medical Home Certification
- **National Committee for Quality Assurance** (NCQA): Patient-Centered Medical Home Certification,
- **Utilization Review Accreditation Commission** (URAC): Patient-Centered Medical Home Certification, or
- **Accreditation Association for Ambulatory Health Care** (AAAHC): Patient-Centered Medical Home Certification.
VOLUNTARY MOCK AUDITS

Mock audits will be conducted onsite on Tuesdays, Wednesdays and Thursdays.

There is no guarantee of being selected.

Selection for participation will be on a first come, first serve basis.
Mock Audit Registration

To register for participation in a mock audit, please be prepared to provide the following information:

- PCMH provider name (individual or group name)
- PCMH SoonerCare provider ID number (ex. 100123456A)
- Contact name
- Contact phone number
- Contact email address
- Contact fax number
- If the practice has any planned closures between Aug. 1 and Nov. 10
MOCK AUDIT REGISTRATION

https://forms.office.com/g/21KLrAyR0f