PATIENT-CENTERED MEDICAL HOME (PCMH) BEHAVIORAL HEALTH (BH) SCREENING AND PERFORMANCE IMPROVEMENT PROJECT (PIP) REPORTING

August 2022
DISCLAIMER

• The following presentation is intended for SoonerCare Choice Patient-Centered Medical Home providers and is current as of August 1, 2022.

• The information does not apply to outpatient behavioral health providers.

• The BH Screening information is a repeat from the May PCMH Redesign webinar. The PIP reporting information is new.
AGENDA

PCMH BH Screening
- Coding for BH Screening
- Best Practices
- Screening Tools
- Screening, Brief Intervention and Referral to Treatment (SBIRT)
- BH Resources and Referrals

PCMH Updates
- PIP Reporting
CODING FOR PCMH BH SCREENING: 96160
PCMH BH SCREENING CODING

CPT 96160 must be coded to be eligible for the SoonerExcel incentive payment

➢ Short Description: Patient-Focused Health Risk Assessment

➢ Long Description: Administration and Interpretation of Patient-Focused Health Risk Assessment
PCMH BH SCREENING CODING, CONT.

Official Guidance
Provider Letter OHCA 2016-31

Rationale
CPT 96160 was selected as a result of 2017 AMA coding revisions
PCMH BH SCREENING CODING, CONT.

**Official Guidance**
Provider Letter **OHCA 2022-11**
BEST PRACTICES
BEST PRACTICES

Suggested best practices include:

▪ Member/guardian completes the screening tool in the lobby or exam room
▪ Nurse scores the screening and has it ready for the provider during the appointment
▪ Provider reviews results with member and provides brief intervention and referral as appropriate
COMMON CODING ERROR

Most common coding error for BH Screening in a Medical Home include utilization of:

- CPT 96127
COMMON CODING ERROR

CPT 96127

- Short Description: Brief Emotional/Behavioral Assessment
- Long Description: Assessment of Emotional or Behavioral Problems
# COMMON CODING ERROR

<table>
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<tr>
<th>Paid claims by CPT</th>
<th>January - June 2021</th>
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<tbody>
<tr>
<td>CPT 96127</td>
<td>29,020</td>
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<tr>
<td>CPT 96160</td>
<td>24,847</td>
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BEST PRACTICES

CPT 96127 & 96160

96127 & 96160 should **not** be coded together when only one screening is performed.

Utilization of both 96127 & 96160 on same date of service requires documentation of:

- the need for additional screening
- all screening tools utilized
- results of all screenings
PCMH BH Screening Tools
Patient-Centered Medical Home Behavioral Health Screening

EPSDT (Early Periodic Screening, Diagnosis, and Treatment) and the Affordable Health Care Act require a behavioral health screening as a best practice of medical care. Part of the responsibilities of SoonerCare Choice medical homes is to conduct behavioral health screenings for members age 5 and older for all tiers.

What is a PCMH?

• Medical home principles

Resources

• Billing for PCMH Behavioral Health Screening (January 2022)
• Billing for PCMH SBIRT Screening, Brief Intervention and Referral to Treatment

• Pediatric Screener | Spanish Pediatric Screener
• Adult Screener | Spanish Adult Screener
• List of available screening tools

OHCA has identified validated public domain screening tools that are available to assist physicians and behavioral health professionals with screening and assessing mental health issues. While we have provided this list, it is up to the provider to ensure they are utilizing the most current version. We also make no representation that this list is comprehensive.
BH AND SUBSTANCE ABUSE (SA) SCREENING TOOLS

- SoonerCare Choice Medical Homes have access to free pediatric and adult BH and SA screening tools.
- Tools are provided in English and Spanish and contain scoring and billing guidance.
BH AND SA SCREENING TOOLS

The Pediatric BH screening tool utilizes:

- Pediatric Symptom Checklist (PSC)
- Functional impairment assessment
- Conversation starter questions
BH AND SA SCREENING TOOLS

The Adult BH and SA screening tool utilizes:

- PHQ 2+1
- AUDIT and NM-ASSIST
BH AND SA SCREENING TOOLS

- Conversation starter question

### Conversation starter question

1. In the past year, did you have 5 or more drinks of alcohol in one day if you are male; 4 or more if you are female? *(One drink means 12 oz. of beer, 1.5 oz. of liquor or 5 oz. of wine)*

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<thead>
<tr>
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<th>Never</th>
<th>Less than monthly</th>
<th>Monthly</th>
<th>Weekly</th>
<th>Daily or almost daily</th>
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<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
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</table>

2. In the past 3 months, how often have you used marijuana, other drugs, or nonmedical use of prescription drugs?

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<td>3</td>
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<td>5</td>
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</table>

3. In the past 3 months, how often have you had a strong desire or urge to use alcohol or drugs?

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<td>4</td>
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<td>6</td>
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</table>

4. In the past 3 months, has your use of alcohol or drugs led to health, social, legal, or financial problems?

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<th>Never</th>
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<th>Monthly</th>
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<td>0</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
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5. In the past 3 months, how often have you failed to do what was normally expected of you because of your use of alcohol or drugs?

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<th>Weekly</th>
<th>Daily or almost daily</th>
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<tbody>
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<td>0</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
</tr>
</tbody>
</table>

Are you currently receiving services from a psychologist, a substance abuse program or counselor, and/or a mental health program or counselor? (Circle your answer)  
YES  NO
BH AND SA SCREENING TOOLS

Medical Homes may choose to utilize:

- SoonerCare BH Screening tools or

- A developmentally appropriate screening tool from the approved list

Behavioral Health Screening Tools

Health benefit carriers and epidemiologists increasingly recommend the use of screening instruments to identify individuals with undiagnosed disorders, to monitor ongoing symptom severity, and to assess outcomes in clinical practice.

While we have provided a list of other screening tools, it is up to the provider to ensure they are utilizing the most current version. Most of the screens listed below are free to use however there are a few that are copyrighted and may have costs associated with using them.

We make no representation that the list below is comprehensive.

Screening Tools for Children

Multi-purpose
- CANS- Child and Adolescent Needs and Strengths
- NICHQ Vanderbilt Assessment Scale- Parent Informant
- PEARLS Pediatric ACES Screening and Related Life-events Screener
- PSC 17- Pediatric Symptom Checklist 17
- PSC 35- Pediatric Symptom Checklist 35
- PSC-Y Pediatric Symptom Checklist-youth
- RCADS- Revised Children’s Anxiety and Depression Scale
- SDQ: Strengths and Difficulties Questionnaire
- SoonerCare Pediatric Behavioral Health Screen
- SWYC- Survey of Well-being of Young Children

Depression, Mood, and Suicide
- ASQ: Ask Suicide Screening Questions
- CES-DC Center for Epidemiological Studies Depression Scale for Children
LIST OF APPROVED BH SCREENING TOOLS

Providers may request a screening tool be evaluated for inclusion on the approved list by contacting Mary Dimery at Mary.Dimery@okhca.org
SCREENING BRIEF INTERVENTION AND REFERRAL TO TREATMENT (SBIRT)
SBIRT

Screening Brief Intervention and Referral to Treatment

CPT 99408

- Short Description: AUDIT/DAST 15-30 minutes
- Long Description: Alcohol and/or Substance Abuse Screening and Intervention, 15-30 minutes
## SBIRT CODING BEST PRACTICES

<table>
<thead>
<tr>
<th>Payer</th>
<th>Code</th>
<th>Description</th>
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<tr>
<td>Medicaid</td>
<td>99408</td>
<td>Alcohol and/or substance abuse structured screening and brief intervention; 15 to 30 minutes</td>
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<tr>
<td>Medicare</td>
<td>G0396</td>
<td>Alcohol and/or substance abuse structured screening and brief intervention; 15 to 30 minutes</td>
</tr>
<tr>
<td>Medicare</td>
<td>G0397</td>
<td>Alcohol and/or substance abuse structured screening and brief intervention; greater than 30 minutes</td>
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</tbody>
</table>
SBIRT RESOURCES

Substance Abuse and Mental Health Services Administration (SAMHSA)

➢ https://www.samhsa.gov/sbirt/about

Screening, Brief Intervention, and Referral to Treatment (SBIRT)

SBIRT is a comprehensive, integrated, public health approach to the delivery of early intervention and treatment services for persons with substance use disorders, as well as those who are at risk of developing these disorders.

Primary care centers, hospital emergency rooms, trauma centers, and other community settings provide opportunities for early intervention with at-risk substance users before more severe consequences occur.

About SBIRT

- Screening quickly assesses the severity of substance use and identifies the appropriate level of treatment.
- Brief intervention focuses on increasing insight and awareness regarding substance use and motivation toward change.
SBIRT RESOURCES

Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS)

➢ https://oklahoma.gov/odmhsas/prevention/healthcare/healthcare-based-prevention-resources.html#sbirt

➢ Training Institute (oklahoma.gov)
PCMH BH
RESOURCES
PCMH BH RESOURCES

Psychiatric Consultation Program
- PCPs have access to free, informal telephonic consultation with board-certified psychiatrists
- Advise on psychotropic medication management issues for children, adolescents and adults

How It Works
- SoonerCare PCP contacts OHCA BH unit at 405-522-7597 to schedule a time to review the case
- Appointments are scheduled with an OHCA psychiatrist during business hours
Resources

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- List of available screening tools – OHCA has identified validated public domain screening tools that are available to assist physicians and behavioral health professional with screening and assessing mental health issues. While we have provided this list, it is up to the provider to ensure they are utilizing the most current version. We also make no representation that this list is comprehensive.
- Psychiatric Consultation Program
- Community Resources to Support the Medical Home Concept
- SoonerCare Choice Provider Page
- Provider Letters: 2013-41 | 2016-31
PCMH BH REFERRALS

Outpatient BH services are self-referred

➢ OAC 317:2-7-2 (c)

➢ Member Handbook page 17
PCMH BH REFERRAL RESOURCES

For assistance locating a contracted BH provider:

➢ **SoonerCare**: Behavioral Health Helpline 800-652-2010  

➢ **Oklahoma Department of Mental Health and Substance Abuse Services**: Oklahoma Network of Care  
  https://oklahoma.networkofcare.org/mh/index.aspx
PCMH BH CRISIS RESOURCES

• ODMHSAS Comprehensive Crisis Response webpage
• Urgent Care and Crisis Centers
PCMH BH CRISIS RESOURCES

• Calling 988
  • Launched July 2022
  • https://988oklahoma.com
• Mobile Crisis Teams
• Community Mental Health Centers
PERFORMANCE IMPROVEMENT PROJECT (PIP) REPORTING
OPTIMAL LEVEL PROVIDERS THAT ELECT TO PARTICIPATE IN A PIP SHALL:

• Submit a detailed report describing the PIP and projected outcomes using the Agency for Healthcare Research and Quality (AHRQ) Plan, Do, Study, Act (PDSA) format in the link provided below:
  

• Additional information and instructions may be accessed in the link below:
  
  https://www.ahrq.gov/health-literacy/improve/precautions/tool2b.html
OPTIMAL LEVEL PROVIDERS THAT ELECT TO PARTICIPATE IN A PIP SHALL:

• Submit initial PIP to the PCMH Facilitator by January 15, 2023
• Submit quarterly reports to the PCMH Facilitator by the 15th of the month following the end of the calendar year quarter:
  • April 15th
  • July 15th
  • October 15th
  • January 15th
OPTIMAL LEVEL PROVIDERS THAT ELECT TO PARTICIPATE IN A PIP SHALL:

• Notify the PCMH Facilitator of PIPs that have ended within 10 days of the end of a project;
• Submit a final report regarding PIP outcomes within 30 days of the end of the project;
• Begin a new PIP within 30 days of the completion of a previous project.
Medical Home Resources

Below are a variety of tools and resources to help you build your medical home. We encourage you to utilize these tools to best meet the needs of your practice.

- Medical Home Agreement - [English](#) | [Spanish](#)
- [Child/Adolescent Preventive Performance and Tracking Audit Guidelines](#)
- [AAP Bright Futures Tool and Resources Kit](#)
- [Adult Preventive Performance and Tracking Audit Guidelines](#)
- [US Preventive Task Force Guidelines](#)
- [Behavioral Health and Substance Abuse Screening Tools](#)
- Compliance Tool
- [Performance Improvement Project (PIP) Reporting: Plan-Do-Study Act (PDSA) Form](#)
  - PIP Reporting, PSDA Form Instructions
PCMH FACILITATOR

Please send all PIP reporting documentation to the PCMH Facilitator by email to:

Ladawn.Fulgenzi@okhca.org