

OHCA Guideline

Medical Procedure Class:	Peristeen Plus Anal Irrigation System
Initial Implementation Date:	11/1/2019
Last Review Date:	7/24/25
Effective Date:	10/1/25
Next Review/Revision Date:	October 2028
<p>* This document is not a contract, and these guidelines do not reflect or represent every conceived situation. Although all items contained in these guidelines may be met, this does not reflect or imply any responsibility of this agency or department to change the plan provision to include the stated service as an eligible benefit.</p>	
<input type="checkbox"/> New Criteria <input checked="" type="checkbox"/> Revision of Existing Criteria	
Summary	
Purpose:	To provide guidelines to assure medical necessity and consistency in the prior authorization process.
Definitions	
<p>Neurogenic bowel dysfunction – inability to control defecation due to a nervous system problem resulting in fecal incontinence or constipation. It is common in people with spinal cord injury, multiple sclerosis or spina bifida.</p>	
Description	
<p>The Peristeen Plus Anal Irrigation System is a device used to empty the lower bowel and to prevent chronic constipation and fecal incontinence or simply as a method of bowel management. The system consists of an enema bag, a rectal catheter with an inflatable balloon and a pump. The system works as follows: the water bag is filled with warm tap water and then a hydrophilic catheter is inserted into the patient's rectum. The balloon is inflated and seals off the rectum and creates almost an artificial sphincter. This prevents water from leaking out during the process. Because that catheter is securely in place in the rectum, it does not have to be held in place. The person has two free hands, which is a great benefit to someone who might have some dexterity issues. The water is then pumped in, stimulating very strong contractions of the colon and results in a much more complete emptying of the left side of the colon. Because of a more complete emptying, it takes up to 24-48 hours for stool to form and reach the left colon. Hence, the bowel continence is achieved. Most people will only need to irrigate every other day or 3 times a week.</p>	
CPT Codes Covered Requiring Prior Authorization (PA)	
<p>A4459 – Manual pump-operated enema system, includes balloon, catheter and all accessories, reusable, any type.</p> <p>A4453 – Rectal catheter for use with the manual pump-operated enema system, replacement only.</p>	
Approval Criteria	
<p>The Peristeen Plus Anal Irrigation System will be considered medically necessary as part of a bowel management program when <u>all</u> the following criteria are met:</p> <ol style="list-style-type: none"> 1. Used for the management of neurogenic bowel dysfunction; <u>and</u> 2. Member is age 2 years or older; <u>and</u> 	

3. Member suffers from fecal incontinence, chronic constipation, and/or time-consuming bowel management procedures that significantly impact the individual's quality of life (i.e. inability to participate fully in school or work); **and**
4. Initial management involving diet, bowel habit, laxatives, or constipating medications has failed; **and**
5. For reauthorization requests only, there is documentation in the provider notes that:
 - a. The member is consistently using the system as directed by their provider; and
 - b. The system has shown itself to be effective in managing fecal incontinence and/or chronic constipation.

The Peristeen Plus Anal Irrigation System is contraindicated in the following scenarios:

- Known anal or colorectal stenosis
- Colorectal cancer, radiotherapy to the pelvis, and recent abdomino-perineal surgery
- Active inflammatory bowel disease, diverticulitis, and ischemic colitis
- Chronic and complex diverticular disease
- Abdominal, anal, or colorectal surgery within the last 3 months
- Within 4 weeks of endoscopic polypectomy, recent colonic biopsy, recent endoscopic mucosal resection and recent endoscopic sub-mucosal dissection
- Severe autonomic dysreflexia, or during spinal cord shock phase
- Inpatients who are pregnant and have not used the system before (if the individual is pregnant and has never used anal irrigation before, the individual should not start the irrigation procedure during pregnancy).

Additional Information

Manufacturer recommendations for product replacement:

- Change the screw top, lid, pump and control after every 90 uses
- Change the bag after every 15 uses
- Change the catheter after every single use.

References

1. Oklahoma Health Care Authority, Policies and Procedures; OAC 317:30-3-1 and 317:30-5-211.2.
2. Peristeen Plus Transanal Irrigation System; [About Coloplast Care – Peristeen Transanal system](#)