

A Gift for You

Your time is valuable



RESPIRE VOUCHER PROGRAM



OKLAHOMA
Human Services

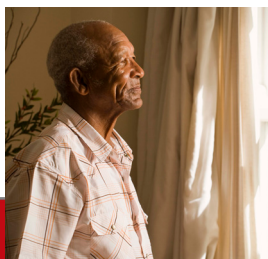
Helping others ... by helping yourself, first

Do you take care of a family member or another person living in your home who has developmental disabilities or developmental delays?

Even though many families take great joy in providing care to their loved ones so that they can remain at home, the physical, emotional and financial consequences for the caregiver can be overwhelming without some support.

Everyone needs time for themselves to recharge their batteries ... time with a spouse or other family members or just time to run an errand or go to the doctor.

The Oklahoma Department of Human Services Respite Program can provide you the much needed temporary break from the often exhausting challenges you face. When you need time away, you can bring another person into your home to take care of your loved one until you return.



Who's Who?

- Respite Caregiver - The individual providing full time care of a family member or another person living in your home who has developmental disabilities or developmental delays.
- Respite Care Receiver - The individual getting full time ongoing daily care who has developmental disabilities or developmental delays.
- Respite Care Provider - The individual who performs necessary duties assigned by the Caregiver and is paid by the Oklahoma Department of Human Services, Developmental Disabilities Division.

Where can Respite Care happen?

Respite care can be located in your home, someone else's home or a center based program or care center.



Who can be a Respite Care Provider?

As the Respite Caregiver, you hire a person of your choice within program guidelines and you negotiate the hourly wage the provider is paid within funding limits.

The provider must be:

- over age 18
- have a social security number and social security card
- living outside your home

FOR MORE INFORMATION:

To take advantage of the Department of Human Services Respite Program, contact the offices listed on the back and ask the Intake Unit for an application.



Helping others... by helping yourself, first

Are you a primary caregiver? Do you take care of a family member or another person living in your home who has disabilities?

Even though many families take great joy in providing care to their loved ones so they can remain at home, the physical, emotional and financial consequences for the caregiver can be overwhelming without some support.

Everyone needs a break and time to recharge, time with a spouse or other family members, or just time to run an errand or go to the doctor.

Respite services can provide you the much-needed temporary break from the often-exhausting challenges you face. With a respite voucher, you can pay another person to care for your loved one while you take time for yourself.



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DHS pub 11-33 revised 05/18

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