

WINTER STORM SAFETY



Before the storm

remember pets



provide food, water, & a place to shelter

check in

with family, friends, & neighbors

winterize your car

check antifreeze, windshield wipers, & tire pressure

hazards

understand the dangers of wind chill



plan

develop a disaster plan for winter storms



STAY HOME IF POSSIBLE!

If you must go out

avoid strenuous activity



shoveling snow, pushing a car, or walking in deep snow can lead to overexertion

be careful

walk carefully to avoid slips & falls & prevent injury

take breaks

come inside often to warm up



layer up

dress in many layers to prevent hypothermia & frostbite

If you must drive

check the weather

figure out the weather at your beginning & ending destinations



always

wear your seatbelt

fully stock

make sure you have a fully stocked emergency kit



share

let someone know your destination, route, & estimated arrival time

roads

check road conditions before setting out

REMEMBER: the leading cause of death during winter storms is vehicle crashes

