WINTER STORM SAFETY

Before the storm
- Remember pets: provide food, water, & a place to shelter
- Check in: with family, friends, & neighbors
- Winterize your car: check antifreeze, windshield wipers, & tire pressure
- Hazards: understand the dangers of wind chill
- Plan: develop a disaster plan for winter storms

STAY HOME IF POSSIBLE!

If you must go out
- Avoid strenuous activity: shoveling snow, pushing a car, or walking in deep snow can lead to overexertion
- Be careful: walk carefully to avoid slips & falls & prevent injury
- Take breaks: come inside often to warm up
- Layer up: dress in many layers to prevent hypothermia & frostbite

If you must drive
- Check the weather: figure out the weather at your beginning & ending destinations
- Fully stocked: make sure you have a fully stocked emergency kit
- Always: wear your seatbelt
- Share: let someone know your destination, route, & estimated arrival time
- Roads: check road conditions before setting out

REMEMBER: the leading cause of death during winter storms is vehicle crashes