Learn effective techniques to discuss co-occurring mental health and substance use with adolescents in primary care setting.

**SBI WITH ADOLESCENTS: COMORBID SUBSTANCE USE & MENTAL HEALTH**

*SBI with Adolescents: Comorbid Substance Use and Mental Health* prepares healthcare providers to engage adolescent patients with co-occurring substance use and mental health issues. The content of this simulation builds on the lessons in *SBI with Adolescents*, which introduces foundational screening, brief intervention, and referral to treatment concepts.

**CONTENTS & LEARNING GOALS**

- Best practices for triaging adolescents with co-occurring substance use and mental health concerns
- Screening adolescents using validated tools and appropriate interventions for different risk levels
- Applying motivational interviewing methods to manage a challenging patient encounter and reinforce change talk

**CASE**

<table>
<thead>
<tr>
<th>NAME</th>
<th>AGE</th>
<th>PRONOUNS</th>
<th>Conversation Time: 35 min</th>
<th>Conversation Skills Didactic: 5 min</th>
</tr>
</thead>
<tbody>
<tr>
<td>Zoey Benally</td>
<td>16</td>
<td>she, her, hers</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**SCENARIO**

Zoey came to your clinic because of a persistent cough. She completed several screeners during her intake that indicate she may be experiencing moderate depression and low suicide risk while engaging in risky opioid use.

**GOALS**

Talk with Zoey about her substance use and help connect her use to her mental health during a brief intervention. Collaborate on a change plan to reduce Zoey’s opioid use, and motivate her to follow through on a referral to a specialist for further assessment.

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**Step 1**
visit kognitocampus.com

**Step 2**
create account using enrollment key okhealthcare

**Step 3**
launch *SBI with Adolescents: Comorbid*