

Welcome to Momentum

2026

Welcome to Momentum 2026! This conference is a celebration of the people, partnerships and shared purpose that make Oklahoma's behavioral health system stronger. Each of you plays a vital role in helping Oklahomans find hope, healing and a path forward. Whether you provide direct care, lead organizations or support those delivering care, your work matters.

Meaningful progress requires collaboration, innovation and a willingness to challenge the way things have always been done. Momentum is an opportunity to learn from one another, strengthen relationships and renew our commitment to providing compassionate, effective care to the people we serve.

Thank you for joining us for Momentum 2026!

Sincerely,
Joshua W. Anderson
Interim Commissioner

OKLAHOMA
Mental Health &
Substance Abuse

AGENDA

Day 1 — Tuesday, Dec. 1, 2026

7:30 -	9:00 a.m.	Conference Check-in
9:00 -	9:15 a.m.	Welcome to the Conference
9:15 -	10:15 a.m.	**Keynote**
10:15 -	10:35 a.m.	Morning Break
10:35 -	12:05 p.m.	Breakout Session One
12:05 -	1:35 p.m.	Lunch Provided
1:35 -	3:05 p.m.	Breakout Session Two
3:05 -	3:25 p.m.	Afternoon Break
3:25 -	4:55 p.m.	Breakout Session Three

Day 2 — Wednesday, Dec. 2, 2026

8:00 -	9:00 a.m.	Conference Check-in
9:00 -	9:15 a.m.	Welcome to the Conference
9:15 -	10:15 a.m.	**Keynote**
10:15 -	10:35 a.m.	Morning Break
10:35 -	12:05 p.m.	Breakout Session One
12:05 -	1:35 p.m.	Lunch Provided
1:35 -	3:05 p.m.	Breakout Session Two
3:05 -	3:25 p.m.	Afternoon Break
3:25 -	4:55 p.m.	Breakout Session Three

Day 3 — Thursday, Dec. 3, 2026

8:00 -	9:00 a.m.	Conference Check-in
9:00 -	9:15 a.m.	Welcome to the Conference
9:15 -	10:15 a.m.	**Keynote**
10:15 -	10:35 a.m.	Morning Break
10:35 -	12:05 p.m.	Breakout Session One
12:05 -	1:35 p.m.	Lunch Provided
1:35 -	3:05 p.m.	Ethics Session One
3:05 -	3:25 p.m.	Afternoon Break
3:25 -	4:55 p.m.	Ethics Session Two

MOMENTUM

CE KEY

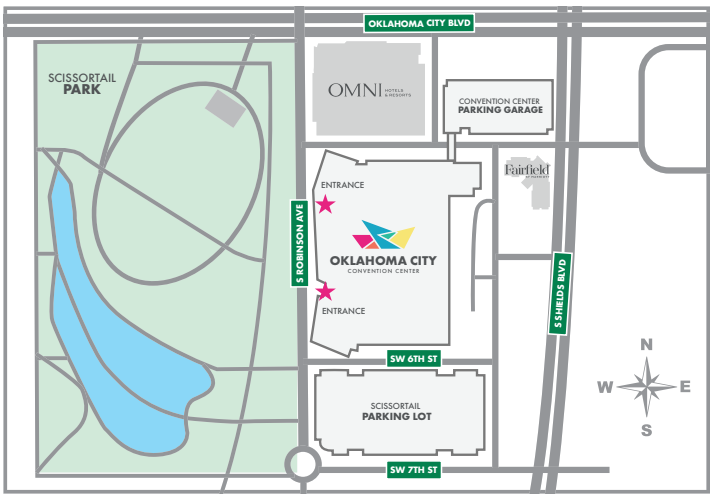
1. General
2. CLEET
3. Ethics
4. LPC Supervisory
5. DMH Supervisory
6. CLEET Mental Health
7. MCLE
8. MJCLE

General CEs are the following: LADC, CADC, LPC, LMFT, Social Workers, Psychologists, CPS, Case Management and PRSS

CONFERENCE BLDG. MAP

Maps of the conference building can be found on pages 11 & 12

CONVENTION CENTER STREET MAP



OKLAHOMA Mental Health & Substance Abuse

Day 1

Tuesday, Dec. 1, 2026

7:30 – 9:00 a.m.
Conference Check-in

Helpful Tip ✓

At the conclusion of each session write down the code provided next to your session here so you can go back and retrieve it when you're accessing CEs

☐ 9:00 – 9:15 a.m.
Welcome to the Conference

9:15 A.M.

9:15 – 10:15 a.m.
Keynote
"Good Leadership Lessons from 'Bad' Kids: Insights from a Child Therapist on Leading Well Under Pressure"
Stuart "Mister Stu" Perry | Painted Sky Ballroom | CE 1 1 2 5 8

Session Code: _____

10:15 – 10:35 a.m.
Morning Break

10:35 A.M.

10:35 – 12:05 p.m.
Breakout Session One

Session 1 DAY 1

☐ **"Bad Kids Don't Exist: How Accelerated Childhood and Adult Expectations Have Created a Misunderstood Generation"**
Stuart "Mister Stu" Perry | Painted Sky Ballroom | CE 1.5 1 2
Session Code: _____

☐ **"Music, Mindfulness, Creativity, and Why It Matters: A Person-Centered Approach to Human Flourishing"**
Jeff Mims | Room 302 Jr. Ballroom | CE 1.5 1 2
Session Code: _____

☐ **"Effective Engagement Strategies for Families Involved in Deprived Court"**
Kirstin Frescoln & Christa Johnson | Room 301 A&B | CE 1.5 1 2 7 8
Session Code: _____

☐ **"What is the 'Secret Sauce' of Dialectical Behavior Therapy? Part 1"**
Paul Williams | Room 301 C&D | CE 1.5 1 2 6
Session Code: _____

☐ **"Native American Peer Support and the Value of Connection"**
Lyndi Seabolt | Room 209 | CE 1.5 1 2
Session Code: _____

☐ **"Substance Use Disorder in Veteran Communities"**
Jill Amos | Room 208 | CE 1.5 1 2 7 8
Session Code: _____

12:05 – 1:35 p.m.
Lunch Provided

OKLAHOMA Mental Health & Substance Abuse

Day 1 — Tuesday, Dec. 1, 2026

Session 2 DAY 1

1:35 P.M.

1:35 – 3:05 p.m.
Breakout Session Two

- [ ] **"The BOOST Approach: Understanding and Supporting Children with ADHD"**
  Stuart "Mister Stu" Perry | Painted Sky Ballroom | CE 1.5 1 2
  Session Code: _____

- [ ] **"What Survivors Actually Need: Evidence, Safety, and the Limits of Empathy – A Direct Look at What Trauma-Informed Care Gets Right and Where It Falls Short in Practice"**
  Koreena Wells | Room 302 Jr. Ballroom | CE 1.5 1 2 6
  Session Code: _____

- [ ] **"Family-Centered Approaches to Addressing Substance Use and Mental Health Disorders in Court-Involved Populations"**
  Kirstin Frescoln & Christa Johnson | Room 301 A&B | CE 1.5 1 2 7 8
  Session Code: _____

- [ ] **"What is the "Secret Sauce" of Dialectical Behavior Therapy? Part 2"**
  Paul Williams | Room 301 C&D | CE 1.5 1 2 6
  Session Code: _____

- [ ] **"Fidelity in Peer Support Programming"**
  Jessi Davis & Annie Lenoir | Room 209 | CE 1.5 1 2
  Session Code: _____

- [ ] **"Purpose, Possibility, and Paychecks"**
  Brent Wadley & Victoria Pangle | Room 208 | CE 1.5 1 2
  Session Code: _____

3:05 – 3:25 p.m.
Break

MOMENTUM

OKLAHOMA Mental Health & Substance Abuse

Day 1 — Tuesday, Dec. 1, 2026

3:25 P.M.

3:25 – 4:55 p.m.
Breakout Session Three

Session 3 DAY 1

- [ ] **"The Link Between ACEs, Cannabis Use, and Adolescent Mental Health in Oklahoma"**
  Tessa Manning | Painted Sky Ballroom | CE 1.5 1 2 7 8
  Session Code: _____

- [ ] **"Building Critical Thinkers, Not Panic Responders: Supervision for Violence Risk Assessment"**
  Koreena Wells | Room 302 Jr. Ballroom | CE 1.5 1 2 4 5 6
  Session Code: _____

- [ ] **"The Barrier of Fear: Novel Approaches to Housing Stability"**
  Nicole Richards & Iesha Moore | Room 301 A&B | CE 1.5 1 2
  Session Code: _____

- [ ] **"From Principles to Practice to Outcomes: Using the System of Care Approach to Improve Child and Family Outcomes"**
  Tracy Levins & Elizabeth Waetzig | Room 301 C&D | CE 1.5 1 2
  Session Code: _____

- [ ] **"Considerations for Youth and Young Adult Peer Support"**
  Jessi Davis & Annie Lenoir | Room 209 | CE 1.5 1 2
  Session Code: _____

- [ ] **"Braids of Protection: OICWA's Legacy of Advocacy, Partnership, and Protection for Indian Children in Oklahoma"**
  Te'Ata Loper | Room 208 | CE 1.5 1 2
  Session Code: _____

EXHIBIT HALL HOURS

DAY 1 & 2
8:00 a.m. to 3:30 p.m.

DAY 3
8:00 a.m. to 1:30 p.m.

Play Exhibitor Bingo and be entered for a chance to win a prize!



End of **Day 1**

OKLAHOMA Mental Health & Substance Abuse

Day 2

Wednesday, Dec. 2, 2026

8:00 – 9:00 a.m.
Conference Check-in

9:00 – 9:15 a.m.
Welcome to the Conference

9:15 A.M.

☐ 9:15 – 10:15 a.m.
Keynote
"Beyond Burnout: Renewing Ourselves, Our Work, and Our Lives"
Susan Biali | Painted Sky Ballroom | CE 1 1 2 5 7 8

Session Code: _____

10:15 – 10:35 a.m.
Break

10:35 A.M.

10:35 – 12:05 p.m.
Breakout Session One

Session 1 DAY 2

☐ **"The Beyond Burnout Breakout: Renewing Ourselves, Our Work, and Our Lives"**
Susan Biali | Painted Sky Ballroom | CE 1.5 1 2 5 8

Session Code: _____

☐ **"Gas Station Pharmacology "**
Aaron Weiner |Room 302 Jr. Ballroom | CE 1.5 1 2 6 7 8

Session Code: _____

☐ **"AI Literacy for Counselors"**
David Pfaff | Room 301 A&B | CE 1.5 1 2

Session Code: _____

☐ **"Medications for Opioid Use Disorder: Best Practices for Real-World Impact"**
Nick Szubiak | Room 301 C&D | CE 1.5 1 2 6 7 8

Session Code: _____

☐ **"Using a System of Care Approach to Ensure Intensive Care Coordination in Wraparound"**
Tracy Levins & Elizabeth Waetzig | Room 209 | CE 1.5 1 2

Session Code: _____

☐ **"The Importance of Your Role: Diversion Program Treatment Provider Training"**
Dedra Hansbro | Room 208 | CE 1.5 1 2 7

Session Code: _____

Day 2 — Wednesday, Dec. 2, 2026

12:05 – 1:35 p.m.
Lunch Provided

1:35 P.M.

1:35 – 3:05 p.m.
Breakout Session Two

Session 2 DAY 2

- [ ] **"Resilient Leadership: Applying the Science of Energy, Focus, and Sustainable Success"**
  Susan Biali | Painted Sky Ballroom | CE 1.5 1 2 5
  Session Code: _____

- [ ] **"Nicotine, Vaping, and THC: Understanding Modern Trends and Working with Teens"**
  Aaron Weiner | Room 302 Jr. Ballroom | CE 1.5 1 2 6
  Session Code: _____

- [ ] **"Mindfulness in a Modern Age"**
  Rachel Graham | Room 301 A&B | CE 1.5 1 2 5 6
  Session Code: _____

- [ ] **"Best Practices in Managing Co-Occurring Disorders"**
  Nick Szubiak | Room 301 C&D | CE 1.5 1 2 6
  Session Code: _____

- [ ] **"Stigma, Identity, and Treatment Engagement in Early Psychosis Care: From Clinical High Risk to First-Episode"**
  Joseph DeLuca | Room 209 | CE 1.5 1 2 6
  Session Code: _____

- [ ] **"Jail Screening and Effective Communication of Screening Results"**
  Stephanie Cottrell & Tammy Westcott | Room 208 | CE 1.5 1 2 7 8
  Session Code: _____

3:05 – 3:25 p.m.
Afternoon Break

MOMENTUM

Day 2 — Wednesday, Dec. 2, 2026

3:25 P.M.

3:25 – 4:55 p.m.
Breakout Session Three

Session 3 DAY 2

- [ ] **"Reconsidering How We Approach Wellness"**
  Elizabeth Risch | Painted Sky Ballroom | CE 1.5 1 2 5 6
  Session Code: ____

- [ ] **"Stimulant Use Disorder Best Practices: The What and How of Navigating the Need"**
  Mat Roosa | Room 302 Jr. Ballroom | CE 1.5 1 2 6
  Session Code: ____

- [ ] **"Supervising Treatment for High-Risk and High-Need Clients"**
  Rachel Graham | Room 301 A&B | CE 1.5 1 2 4 5 6
  Session Code: ____

- [ ] **"ASAM for Adolescents and Transitional Age Youth: Key Takeaways from the Fourth Edition"**
  Laurie Conaty | Room 301 C&D | CE 1.5 1 2 6
  Session Code: ____

- [ ] **"Advocacy as Alignment: Prevention Through Partnership"**
  Samson Teklemariam | Room 209 | CE 1.5 1 2 6
  Session Code: ____

- [ ] **"The Digital Age of Gambling: Digital Responsibility and Problem Gambling Solutions"**
  Wiley Harwell | Room 208 | CE 1.5 1 2
  Session Code: ____

EXHIBIT HALL HOURS

DAY 1 & 2
8:00 a.m. to 3:30 p.m.

DAY 3
8:00 a.m. to 1:30 p.m.

Play Exhibitor Bingo and be entered for a chance to win a prize!



End of Day 2

OKLAHOMA Mental Health & Substance Abuse

Day 3

Thursday, Dec. 3, 2026

8:00 – 9:00 a.m.
Conference Check-in

9:00 – 9:15 a.m.
Welcome to the Conference

9:15 A.M.

☐ 9:15 – 10:15 a.m.
Keynote
"Superhero Leadership in Uncertain Times "
Brett Culp | Painted Sky Ballroom | CE 1 1 2 5 7 8

Session Code: _____

10:15 – 10:35 a.m.
Morning Break

10:35 A.M.

Session 1 DAY 3

10:35 – 12:05 p.m.
Breakout Session One

☐ **"Building Brave Culture"**
Brett Culp | Painted Sky Ballroom | CE 1.5 1 2 5

Session Code: _____

☐ **"Culture is Prevention"**
Helen "Shobie" Nimsey, Jessica Satepauhoodle, & Corwin Horsechief
Room 302 Jr. Ballroom | CE 1.5 1 2

Session Code: _____

☐ **"Clinical Supervision through the Lens of Acceptance and Commitment Therapy"**
David Pfaff | Room 301 A&B | CE 1.5 1 4 5

Session Code: _____

☐ **"Everything, Altogether, All at Once: The Intersection of Mental Health and Housing"**
Kalyn McMahon & Sally Hodges | Room 301 C&D | CE 1.5 1 2 6

Session Code: _____

☐ **"AI at the Table: How Generative AI Can Strengthen Your Coalition's Policy Voice"**
Brian Klaas | Room 209 | CE 1.5 1 2

Session Code: _____

☐ **"Substance Use Disorder and Pregnancy: Caring for the Whole Person"**
Stephanie Pierce | Room 208 | CE 1.5 1 2 7 8

Session Code: _____

Day 3 — Thursday, Dec. 3, 2026

12:05 – 1:35 p.m.
Lunch Provided

1:35 P.M.

1:35 – 3:05 p.m.
Session 2

Session 2 DAY 3

☐ **"Can Ethics Keep Up with Technology?"**
Kirby Cannon & Rachael Winkles | Painted Sky Ballroom | CE 1.5 1 3 5

Session Code: _____

3:05 – 3:25 p.m.
Afternoon Break

Session 3 DAY 3

3:25 P.M.

3:25 – 4:55 p.m.
Session 3

☐ **"Ethics in Telehealth: Practice Without Borders"**
Kirby Cannon & Rachael Winkles | Painted Sky Ballroom | CE 1.5 1 3 5

Session Code: _____

Thank you to our 3 Day Lunch Sponsor!

Humana
Healthy Horizons®
in Oklahoma

End of **Day 3**

Thank You

Conference Speakers

Thank you for sharing your knowledge, experience and expertise with us! Your stories and insights have encouraged and inspired us, and we are grateful for all you shared.

Conference Attendees

Thank you for being part of this year's Momentum Conference! Your presence, participation and willingness to learn are what make this conference possible. We hope you leave feeling encouraged, inspired and equipped for the journey ahead!

OKLAHOMA Mental Health & Substance Abuse

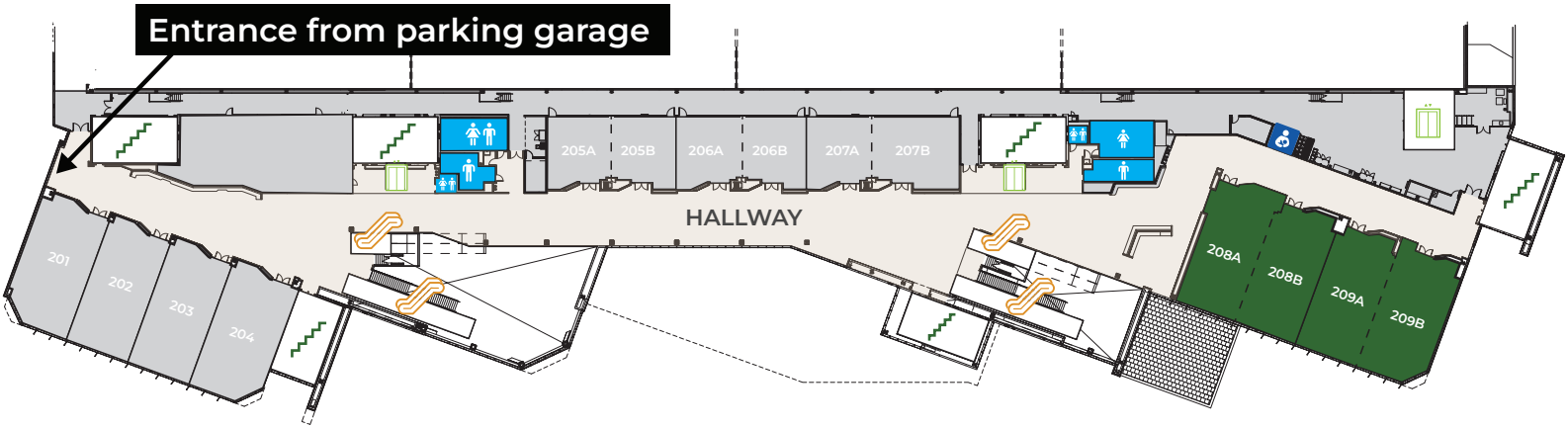
LEVEL 1



Restroom Stairs Escalator Elevator Food

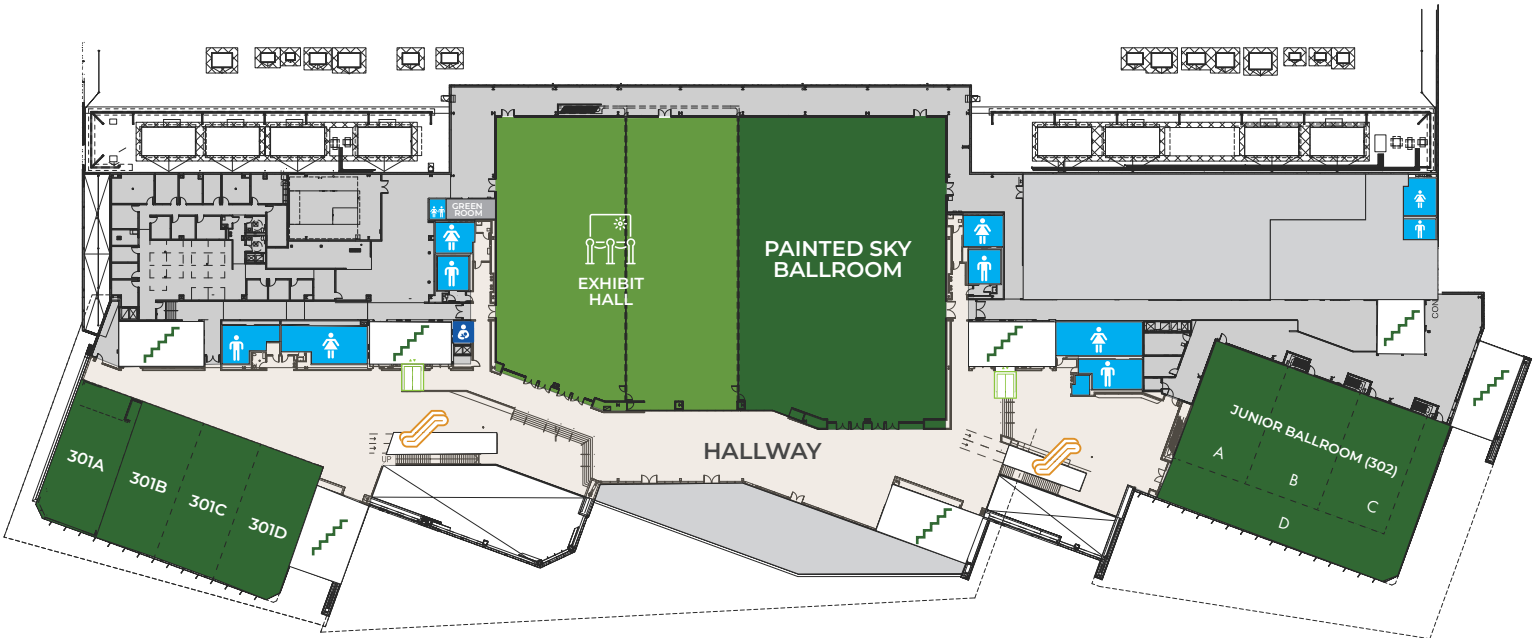
OKLAHOMA CITY
CONVENTION CENTER

LEVEL 2



Restroom Stairs Escalator Elevator Nursing

LEVEL 3



Restroom Stairs Escalator Elevator Nursing

OKLAHOMA Mental Health & Substance Abuse