



EMBASSY SUITES  
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# MOMENTUM

## WELCOME

We are excited to welcome you to the 2024 Momentum Conference, hosted by the Oklahoma Department of Mental Health and Substance Abuse Services. This three-day event is a unique opportunity to engage with leading experts and connect with local, state, and national leaders in the mental health field.

With over 70 courses and breakout sessions, you will gain practical strategies and insights into prevention, recovery, and wellness programs. Together, we can strengthen our state's leadership in mental health care, reduce suicide and substance abuse rates, and enhance the continuum of care.

Thank you for your commitment to advancing your education and making a positive impact in our communities.

Sincerely,  
**Allie Friesen**  
ODMHSAS Commissioner



**OKLAHOMA**  
Mental Health &  
Substance Abuse

## ✓ AGENDA

### Day 1

#### Wednesday, Dec. 4, 2024

- 7:00 - 8:45 a.m. Registration
- 8:45 - 9:00 a.m. Welcome
- 9:00 - 10:30 a.m. **Keynote Speaker**
- 10:30 - 10:50 a.m. Break
- 10:50 - 11:50 a.m. Session 1
- 11:50 - 1:20 p.m. Lunch On Your Own
- 1:20 - 2:20 p.m. Session 2
- 2:20 - 2:40 p.m. Break
- 2:40 - 3:40 p.m. Session 3
- 3:40 - 4:00 p.m. Break
- 4:00 - 5:30 p.m. Session 4

### Day 2

#### Thursday, Dec. 5, 2024

- 7:30 - 8:45 a.m. Registration
- 8:45 - 9:00 a.m. Welcome
- 9:00 - 10:30 a.m. **Keynote Speaker**
- 10:30 - 10:50 a.m. Break
- 10:50 - 11:50 a.m. Session 1
- 11:50 - 1:20 p.m. Lunch On Your Own
- 1:20 - 2:20 p.m. Session 2
- 2:20 - 2:40 p.m. Break
- 2:40 - 3:40 p.m. Session 3
- 3:40 - 4:00 p.m. Break
- 4:00 - 5:30 p.m. Session 4

### Day 3

#### Friday, Dec. 6, 2024

- 8:00 - 8:45 a.m. Registration
- 8:45 - 9:00 a.m. Welcome
- 9:00 - 10:30 a.m. **Keynote Speaker**
- 10:30 - 10:50 a.m. Break
- 10:50 - 11:50 a.m. Session 1
- 11:50 - 1:20 p.m. Lunch On Your Own
- 1:20 - 2:20 p.m. Session 2
- 2:20 - 2:40 p.m. Break
- 2:40 - 3:40 p.m. Session 3

## MOMENTUM

### CEU KEY

- 1 General
- 2 Wellness
- 3 CLEET
- 4 CLEET Mental Health
- 5 MCLE
- 6 MJCLE
- 7 Ethics
- 8 ODMHSAS Supervisory
- 9 CME

**General CEUs are the following:**  
LADC, CADC, LPC, LMFT, Social Workers, Psychologists, CPS, Case Management and PRSS

Those needing MCLE/MJCLE CEUs remember to sign in with the session monitor.

The Oklahoma Department of Mental Health and Substance Abuse Services Training Institute designates this live activity for a maximum of 1 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



### CONTINUING MEDICAL EDUCATION (CMEs) TRACK

CME information including agenda and session detail on page 12



### CONFERENCE MAP

A map of the conference building can be found on page 16



**Wednesday, Dec. 4, 2024**

### Helpful Tip ✓

At the conclusion of each session write down the code provided next to your session here so you can go back and retrieve it when you're applying for CEUs



7:00 – 8:45 a.m.

### Registration

8:45 – 9:00 a.m.

### Welcome | Oklahoma E & F

9:00 A.M.

9:00 – 10:30 a.m.

### Keynote

*“Workplace Wellness: Strategies to Build Resilience, Beat Burnout and Accelerate Performance”*

Colette Carlson | Oklahoma E & F | CEU 1.5 1 2 3 4 8

Session Code:

10:30 – 10:50 a.m.

### Break



10:50 A.M.

10:50 – 11:50 a.m.

### Session 1



*“Evidence-Based Interventions in Cannabis Prevention for Youth”*

Alyssa O’Hair | University C | CEU 1 1 2 3 4 6

Session Code:

*“Dual Diagnosis: Addressing Mental Health Needs in Neurodiverse Adults”*

Valerie L. Gaus | University B | CEU 1 1 2 3 4

Session Code:

*“What Are the Updates? Understanding the ASAM Criteria 4th Edition”*

Don Bartosik | Boomer | CEU 1 1 2 3

Session Code:

*“How to Apply Research Surrounding Treatment Court Principles to All Court Dockets”*

Doug Marlowe | Oklahoma A | CEU 1 1 2 3 5 6

Session Code:

*“Driving Change Through Advocacy”*

Jeffrey Dismukes | Sooner | CEU 1 1 2 3

Session Code:

*“Building Resilience and Beating Burnout: Hands-On Strategies for Mental Health Professionals”*

Colette Carlson | University A | CEU 1 1 2 3 4 8

Session Code:

11:50 – 1:20 p.m.

### Lunch On Your Own



## Day 1

Wednesday, Dec. 4, 2024

1:20 P.M.

1:20 – 2:20 p.m.



### Session 2

*“Building the Future of Prevention: Sustainability Planning in Oklahoma”*  
Rodney A. Wambeam | Sooner | CEU 1 **1** **2** **3**

Session Code:



*“The Connected Leader: Drive Positive Change Through Intentional and Impactful Communication”*  
Colette Carlson | University A | CEU 1 **1** **2** **3** **8**

Session Code:



*“Preserving Families Exposed to Substances: Alternatives to Justice and CW System”*  
Katie Harrison, Katherine Conner, Evelyn Radichel, Stephanie Pierce, Janet Cizek  
University C | CEU 1 **1** **2** **3** **6**

Session Code:



*“The 5 Points of Intervention for Supporting Families with Substance Use Disorder”*  
Margaret Lloyd Sieger | University B | CEU 1 **1** **2** **3** **4**

Session Code:



*“Stability Begins with a Home: Insights into Housing First”*  
Amanda Gautier | Boomer | CEU 1 **1** **2** **3**

Session Code:



*“Digital Mental Health Support for Employees at Scale: Wysa's Global Report”*  
Chaitali Sinha | Oklahoma A | CEU 1 **1** **2** **3** **8**

Session Code:

2:20 – 2:40 p.m.



### Break

2:40 P.M.

2:40 – 3:40 p.m.



### Session 3

*“Building a Youth Prevention System”*  
Derrick Newby | Sooner | CEU 1 **1** **2** **3**

Session Code:



*“Adapting Cognitive-Behavioral Therapy for Neurodiverse Adults”*  
Valerie L. Gaus | University B | CEU 1 **1** **2** **3**

Session Code:



*“From Prison to the Olympics”*  
Tony Hoffman | University A | CEU 1 **1** **2** **3**

Session Code:

## Day 1

Wednesday, Dec. 4, 2024

*“Are We Keeping the Baby in Mind?”*  
Tessa Chesher, Valerie Isaacs | Boomer | CEU 1 **1 2 3**


Session Code:

*“Tribal Communities Taking a Stand for Recovery”*  
Darren Chebahtah, Carmello Reveles, Domingo Whiteman, Barry Botone  
University C | CEU 1 **1 2 3 4**

Session Code:

*“Supporting Behavioral Health and Chronic Condition Management through AI-Led Solutions in a Public Health Context”*  
Chaitali Sinha | Oklahoma A | CEU 1 **1 2 3**

Session Code:

3:40 – 4:00 p.m.   
**Break**

4:00  
P.M.

4:00 – 5:30 p.m.   
**Session 4**



*“Ethics: A Look Behind the Scenes”*  
Dewayne Moore, Christina Green, Ryan Berry | Oklahoma E & F | CEU 1.5 **1 6 7 8**  
**IMPORTANT:** Attendees, you **must attend both Day 1 and Day 2** ethics sessions to receive CE credit. Partial credits will **NOT** be awarded. There will be 2 separate Session Codes.

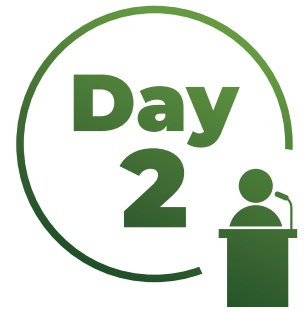
Session Code:



## End of Day 1

## Day 2

Thursday, Dec. 5, 2024



7:30 – 8:45 a.m.

**Registration**

8:45 – 9:00 a.m.

**Welcome | Oklahoma E & F**

9:00  
A.M.

9:00 – 10:30 a.m.

**Keynote**

- "The Hopeful Science Behind Positive Experiences"*  
Carla Ritz | Oklahoma E & F | CEU 1.5 1 2 3 4

Session Code:

10:30 – 10:50 a.m.

**Break**



10:50  
A.M.

10:50 – 11:50 a.m.

**Session 1**



- "A Dive into Shared Risk and Protective Factors"*  
Andrea Hamor-Edmondson, Terrence Spain | University B | CEU 1 1 2 3 4 8

Session Code:

- "PEARLS, 4 M's, Making a Difference"*  
Johna Madden, Pamela Sharp, Dylan Brennan, Clayton Perry  
Boomer | CEU 1 1 2 3

Session Code:

- "Risk of SUD in Neurodiverse Populations"*  
Anthony Dekker | University C | CEU 1 1 2 3

Session Code:

- "Using the Sequential Intercept Model (SIM) as a Tool to Promote Cross-System Collaboration and Behavioral Health Innovation"*  
Chanson D. Noether | Oklahoma A | CEU 1 1 2 3

Session Code:

- "First in the Nation: Social Innovation Through Higher Education"*  
Ariel Moore, Ryan Blackwell, John Standfill | Sooner | CEU 1 1 2 3

Session Code:

- "Peer Recovery Support Specialists: How to Support Those That Serve So Many"*  
Rebekah Shugart | Oklahoma B | CEU 1 1 2 3 4 8

Session Code:

- "The Dynamic Duo for Primary Prevention: Positive Community Norms and Positive Childhood Experiences"*  
Carla Ritz | University A | CEU 1 1 2 3 4

Session Code:

## Day 2

Thursday, Dec. 5, 2024

11:50 – 1:20 p.m.

**Lunch On Your Own**



1:20 P.M.

1:20 – 2:20 p.m.

**Session 2**



- "The Prevention Coalitions Role in Addressing Cultural Humility and Responsiveness in Prevention"*  
Albert Gay | Boomer | CEU 1 1 2 3

Session Code:

- "Case Management, Care Management and Care Coordination: Fitting the Pieces Together"*  
Joan Kenerson King | University C | CEU 1 1 2 3 8

Session Code:

- "The Parent-Child Assistance Program for Pregnant and Parenting Mothers with At-Risk Substance Use"*  
Susan A. Stoner | Oklahoma A | CEU 1 1 2 3

Session Code:

- "What About Family? Applying a Family-Centered Approach"*  
Andrea Sivanich | University A | CEU 1 1 2 3 5

Session Code:

- "Hating Homelessness: How to Survive When Clients and Communities Resist Change"*  
Brian Ngo-Smith | University B | CEU 1 1 2 3

Session Code:

- "Peers Across the Crisis Continuum (National Landscape)"*  
Amy Brinkley, Noah Abdenour | Oklahoma B | CEU 1 1 2 3 4 8

Session Code:

- "Strength in Unity: Building Effective Partnerships and Advocacy for First Responders in Oklahoma"*  
Brett Key | Sooner | CEU 1 1 2 3 4

Session Code:

2:20 – 2:40 p.m.

**Break**



# MOMENTUM

## Day 2

Thursday, Dec. 5, 2024

2:40 P.M.

2:40 – 3:40 p.m.  
**Session 3**



*“Suicide in Oklahoma - Data and Trends”*

Brandi Woods-Littlejohn | University B | CEU 1 **1 2 3 4**

Session Code:

*“The Engagement First Approach: Setting the Foundation for Quality Services”*

Joan Kenerson King | University C | CEU 1 **1 2 3 8**

Session Code:

*“First Responders/Behavioral Health Experts Take the Battle with Addiction to the Streets”*

Lance Jones | Oklahoma A | CEU 1 **1 2 3 4**

Session Code:

*“Innovation through Infusion: Family Treatment Court Principles for All Cases”*

Andrea Sivanich | University A | CEU 1 **1 2 3 5 6**

Session Code:

*“Factors to Consider When Working with Tribal Communities”*

Julie Clark | Sooner | CEU 1 **1 2 3**

Session Code:

*“Building New Horizons: Opening Career Pathways for Peers with Criminal Justice Backgrounds”*

Amy Brinkley, Noah Abdenour | Oklahoma B | CEU 1 **1 2 3 8**

Session Code:

*“Oklahoma Managed Care and Behavioral Health Services”*

Traci Bartley, Ron Sims, Amy Batchelor, Crystal Duncan | Boomer | CEU 1 **1 2 3**

Session Code:

3:40 – 4:00 p.m.  
**Break**



4:00 P.M.

4:00 – 5:30 p.m.  
**Session 4**



*“Ethics: A Look Behind the Scenes Continued”*

Dewayne Moore, Christina Green, Ryan Berry | Oklahoma E & F | CEU 1.5 **1 6 7 8**

**IMPORTANT:** Attendees, you **must attend both Day 1 and Day 2** ethics sessions to receive CE credit. Partial credits will **NOT** be awarded. There will be 2 separate Session Codes.

Session Code:

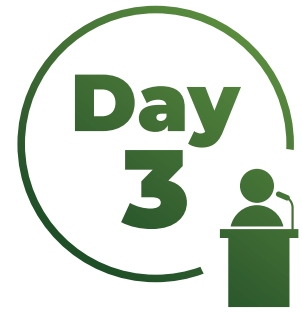


## End of Day 2





**Friday, Dec. 6, 2024**



8:00 – 8:45 a.m.

**Registration**

8:45 – 9:00 a.m.

**Welcome - Oklahoma E & F**

9:00  
A.M.

9:00 – 10:30 a.m.

**Keynote**

*“The Science of Hope: A Pathway to Well-Being”*

Chan M. Hellman | Oklahoma E & F | CEU 1.5 1 2 3 4 6

Session Code:

10:30 – 10:50 a.m.

**Break**



10:50  
A.M.

10:50 – 11:50 a.m.

**Session 1**



*“Unraveling Connections: Social Determinants of Health and Substance Misuse Prevention”*

Ben Stevenson II | University C | CEU 1 1 2 3

Session Code:

*“Challenging Ageism – From the Kitchen Table to the Mental Health System”*

Karen Orsi | Boomer | CEU 1 1 2 3

Session Code:

*“Methamphetamine Use Disorders: An Update”*

Sidarth Wakhlu | University B | CEU 1 1 2 3

Session Code:

*“Motivational Interviewing from the Bench”*

Peggy Davis | Sooner | CEU 1 1 2 3 5 6

**Note:** This session is only for judges.

Session Code:

*“Oklahoma First Responder Wellness Division-Overview”*

Danny Long | Oklahoma A | CEU 1 1 2 3

Session Code:

*“Introduction to Hope Strategies”*

Chan M. Hellman | University A | CEU 1 1 2 3 6

Session Code:

11:50 – 1:20 p.m.

**Lunch On Your Own**



## Day 3

Friday, Dec. 6, 2024

1:20 P.M.

1:20 – 2:20 p.m.



### Session 2

- “Aligning Prevention and Harm Reduction with a Cultural Lens”*  
Ben Stevenson II | University C | CEU 1 **1 2 3**

Session Code:

- “Attachment in Supervision”*  
Mary Claire Heffron, Salam Soliman | Oklahoma B | CEU 1 **1 2 3 8**

Session Code:

- “Practical Evidence-Based Application of Telehealth Service Delivery”*  
Sandnes S. Boulanger | Boomer | CEU 1 **1 2 3**

Session Code:

- “Treatment Court Best Practices Standards Volume I, 2nd Edition: The Standards Have Been Revised. What Does the Recommended Practice Look Like Now?”*  
Peggy Davis | Sooner | CEU 1 **1 2 3 5 6**

Session Code:

- “Spreading Sweet Social Impact: The Jelly Journey”*  
Chandy Rice | University B | CEU 1 **1 2 3 8**

Session Code:

- “Applying Motivational Interviewing to Improve Engagement”*  
Jamie Eason, Jessie James | University A | CEU 1 **1 2 3 6**

Session Code:

- “Gambling Disorder and Its Impact on Oklahoma”*  
Ronald Wahkinney | Oklahoma A | CEU 1 **1 2 3 6**

Session Code:

2:20 – 2:40 p.m.



### Break

2:40 P.M.

2:40 – 3:40 p.m.



### Session 3

- “Prioritizing Prevention to Address the Fierce Urgencies of Now”*  
Carlton Hall | University C | CEU 1 **1 2 3**

Session Code:

- “Reflective Supervision in Adult Behavioral Health”*  
Mary Claire Heffron, Salam Soliman | Oklahoma B | CEU 1 **1 2 3**

Session Code:

- “Healing Trauma in the Helping Professional: How to Cope, How to Heal”*  
Krysta Dancy | University A | CEU 1 **1 2 3 8**

Session Code:

## Day 3

Friday, Dec. 6, 2024

*“Engaging Law Enforcement Partners and How to Do Community Supervision in Treatment Courts”*  
Helen Harberts | Sooner | CEU 1 **1** **2** **3** **6**

Session Code:

*“Unity Works: Empowering Homeless Youth Success through Vocational Training and Job Placement”*  
Nadia Swanson, Maddox Guerilla | Oklahoma A | CEU 1 **1** **2** **3**

Session Code:

*“Check Yo’Self Before You Wreck Yo’Self: Managing Self Care for Treatment Court Professionals”*  
Kenneth Stoner | University B | CEU 1 **1** **2** **3** **5** **6** **8**

Session Code:

*“Behavioral Health Collaboration and Coordination: How Can We Help”*  
Tanesha Hooks | Boomer | CEU 1 **1** **2** **3**

Session Code:



### End of Day 3



**CONTINUING  
MEDICAL  
EDUCATION (CMEs)  
TRACK**

If you are receiving CME credits you must complete the pre and post test for each session.

Pre-tests can be found in your inbox or by scanning the QR code before each course. Post-tests can be found on the course evaluation.



✓ **AGENDA**

**Day 1**

**Wednesday, Dec. 4, 2024**

- 7:00 - 8:45 a.m. Registration
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- 10:50 - 11:50 a.m. Session 1
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- 1:20 - 2:20 p.m. Session 2
- 2:20 - 2:40 p.m. Break
- 2:40 - 3:40 p.m. Session 3
- 3:40 - 4:00 p.m. Break
- 4:00 - 5:00 p.m. Session 4

**Day 2**

**Thursday, Dec. 5, 2024**

- 7:30 - 8:45 a.m. Registration
- 8:45 - 9:00 a.m. Welcome
- 9:00 - 10:00 a.m. Session 1
- 10:00 - 10:20 a.m. Break
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- 11:20 - 1:00 p.m. Lunch On Your Own
- 1:00 - 2:00 p.m. Session 3
- 2:00 - 2:30 p.m. Break
- 2:30 - 3:30 p.m. Session 4

**Day 3**

**Friday, Dec. 6, 2024**

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- 8:45 - 9:00 a.m. Welcome
- 9:00 - 10:30 a.m. Session 1
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- 10:50 - 11:50 a.m. Session 2
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- 4:00 - 5:00 p.m. Session 4



Wednesday, Dec. 4, 2024



7:00 – 8:45 a.m.

**Registration**

8:45 – 9:00 a.m.

**Welcome | Oklahoma E & F**

9:00 – 10:30 a.m.

**Keynote**



*“Workplace Wellness: Strategies to Build Resilience, Beat Burnout and Accelerate Performance”*

Colette Carlson | Oklahoma E & F | CEU 1.5 **1 2 3 4 8**

Session Code:

10:30 – 10:50 a.m.



**Break**

10:50 – 11:50 a.m.

**Session 1**



*“Overview: Psychotherapy for Psychosis-Integrating Cognitive Behavioral (CBTp) and Psychodynamic Treatment”*

Michael Garrett | Oklahoma C & D | CEU 1 **1 9**

Session Code:

11:50 – 1:20 p.m.

**Lunch On Your Own**



1:20 – 2:20 p.m.

**Session 2**



*“The Case of Jane – A Woman Who Heard Voices, Had Ideas of Reference, and Suffered from a Chronic Paranoid Delusion for 20 Years Who Recovered with Psychotherapy”*

Michael Garrett | Oklahoma C & D | CEU 1 **1 9**

Session Code:

2:20 – 2:40 p.m.



**Break**

2:40 – 3:40 p.m.

**Session 3**



*“Cognitive Behavioral and Psychodynamic Models of Psychosis”*

Michael Garrett | Oklahoma C & D | CEU 1 **1 9**

Session Code:

3:40 – 4:00 p.m.



**Break**

4:00 – 5:00 p.m.

**Session 4**



*“Clozapine – A Key Tool in Achieving Recovery for People with Schizophrenia”*

Rob Cotes, Megan Ehret | Oklahoma C & D | CEU 1 **1 9**

Session Code:



Thursday, Dec. 5, 2024



7:30 – 8:45 a.m.

### Registration

8:45 – 9:00 a.m.

### Welcome | Oklahoma E & F

9:00 – 10:00 a.m.

### Session 1

*“Part 1: Psychotherapy Technique: Integrating CBTp and Psychodynamic Treatment”*

Michael Garrett | Oklahoma C & D | CEU 1 **1** **9**

Session Code:

10:00 – 10:20 a.m.



### Break

10:20 – 11:20 a.m.

### Session 2

*“Part 2: Psychotherapy Technique: Integrating CBTp and Psychodynamic Treatment”*

Michael Garrett | Oklahoma C & D | CEU 1 **1** **9**

Session Code:

11:20 – 1:00 p.m.

### Lunch On Your Own



1:00 – 2:00 p.m.

### Session 3

*“The Case of James – The Man Who Every Day Feared He Would Be Arrested”*

Michael Garrett | Oklahoma C & D | CEU 1 **1** **9**

Session Code:

2:00 – 2:30 p.m.



### Break

2:30 – 3:30 p.m.

### Session 4

*“Psychotropic Long Acting Injectables - Giving it Your Best Shot”*

Rob Cotes, Megan Ehret | Oklahoma C & D | CEU 1 **1** **9**

Session Code:



# MOMENTUM



Friday, Dec. 6, 2024



8:00 – 8:45 a.m.

**Registration**

8:45 – 9:00 a.m.

**Welcome | Oklahoma E & F**

9:00 – 10:30 a.m.

**Session 1**

- “Understanding Personality Disorders – A Developmental Attachment Based Model”*

Scott D. Brandt | Oklahoma C & D | CEU 1.5 **1 9**

Session Code:

10:30 – 10:50 a.m.

**Break**



10:50 – 11:50 a.m.

**Session 2**

- “Diagnosis and Treatment of The Borderline Personality Disorder”*

Scott D. Brandt | Oklahoma C & D | CEU 1 **1 9**

Session Code:

11:50 – 1:20 p.m.

**Lunch On Your Own**



1:20 – 2:20 p.m.

**Session 3**

- “Borderline Cont’d: Diagnosis and Treatment of The Narcissistic Personality Disorder”*

Scott D. Brandt | Oklahoma C & D | CEU 1 **1 9**

Session Code:

2:20 – 2:40 p.m.

**Break**



2:40 – 3:40 p.m.

**Session 4**

- “Narcissism Cont’d: The Paranoid and Antisocial Personality Disorders”*

Scott D. Brandt | Oklahoma C & D | CEU 1 **1 9**

Session Code:

3:40 – 4:00 p.m.

**Break**



4:00 – 5:00 p.m.

**Session 5**

- “Antisocial Cont’d: The Schizoid Personality Disorder”*

Scott D. Brandt | Oklahoma C & D | CEU 1 **1 9**

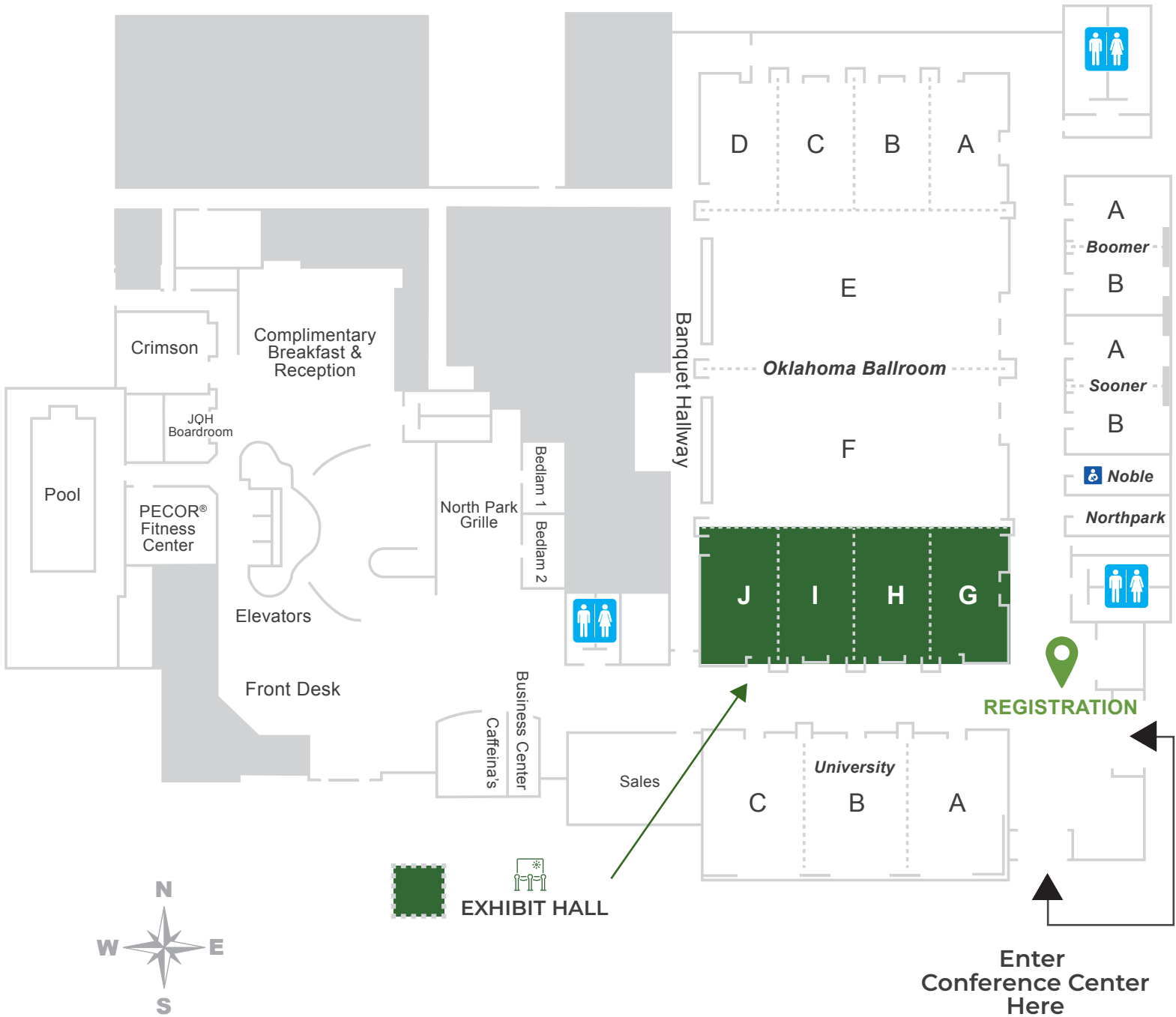
Session Code:



EMBASSY SUITES  
HOTELS®  
NORMAN



# MOMENTUM CONFERENCE MAP



Lactation room available. Check in at registration for access.