

CONFERENCE PROGRAM



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MOMENTUM

PREVENTION, JUSTICE, RECOVERY.

December 5 - 7
2023



OKLAHOMA
Mental Health &
Substance Abuse



EMBASSY SUITES
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NORMAN



MOMENTUM

PREVENTION, JUSTICE, RECOVERY.

WELCOME

Welcome to the 2023 Momentum: Prevention, Justice, Recovery Conference! We are thrilled to have you join us for this exciting event. Over the next three days, you can expect a program with inspiration, education, and invaluable insights.

This program is designed to foster knowledge and collaboration, with a diverse range of speakers, workshops, and networking opportunities. You'll have the chance to engage with thought leaders, experts, and fellow attendees who share your passion for progress and positive changes.

We encourage you to take advantage of this opportunity to gain fresh perspectives, exchange ideas, and leave with the momentum to make a difference.

Sincerely,
Carrie Slatton-Hodges
ODMHSAS Commissioner





HOUSEKEEPING ITEMS

What you need to know!

- Scan in and out of each session you attend to be eligible for CEU credit.
- Must be preregistered in the session you are attending. You will not be able to register for a session after it begins.
- Keep track of each code provided at the end of your sessions.

Silence Your Cell Phones: Out of courtesy for participants and speakers, please turn all electronics to silent mode. Please leave the presentation for cell phone conversations.

Arrive On Time for Your Sessions:

To meet licensure requirements for Ethics CEUs, participants will not be allowed to attend workshops if they arrive more than 15 minutes after the workshop is scheduled to begin.

Questions: If you have questions, please ask anyone at registration or the monitor(s) of your breakout session. They are Department of Mental Health and Substance Abuse Services staff and are here to assist you.



CONTINUING EDUCATION

This Conference provides over 40 sessions with continuing education units (CEUs) approved through:

- Oklahoma State Board of Licensed Social Workers
- The Oklahoma Board of Examiners of Psychologists

Note: Information subject to change



CONTINUING ED (Cont.)

- The Oklahoma Board of Licensed Alcohol and Drug Counselors
- The Licensed Professional Counselors Committee
- The Licensed Marital and Family Therapist Committee
- Case Managers and Peer Recovery Support Specialists

CEUs have also been applied for through the Council on Law Enforcement Education and Training (CLEET).

Continuing education has been requested for Certified Prevention Specialists.

You must complete the online registration and post-session survey to receive any CEU credit for attending the conference.

Please refer all questions regarding CEUs to the ODMHSAS Training Institute by calling 405-248-9191 or emailing: traininginstitute@odmhsas.org.



CERTIFICATES OF ATTENDANCE

Certificates are available after completion of the session. Login to your account on the conference registration site. Choose the session you attended (you must be preregistered in the session to have access) under MY COURSES and LEARNING PLANS and complete the survey listed under the CONTENT TAB. You will need to enter the code provided at the end of the session attended into the survey. Once submitted, return to the course, where a green



CERTIFICATES (Cont.)

DOWNLOAD YOUR CERTIFICATE button will be located on the top right side of the screen.



CONFERENCE ONDEMAND

Access to the OnDemand portion of the Momentum Conference will be live December 18, 2023. Attendees will have access to all recorded sessions until midnight January 5, 2024.

Certificates will be available following the completion of each session attended OnDemand. Choose the session you attended OnDemand under MY COURSES and LEARNING PLANS and complete the survey listed under the CONTENT TAB. You will need to enter the code provided at the end of the session attended into the survey. Once submitted, return to the course, where a green DOWNLOAD YOUR CERTIFICATE button will be located on the top right side of the screen.

Not all sessions will be available for OnDemand viewing. Sessions scheduled to be available OnDemand will have the icon below displayed by the session.



* Sessions marked as available for OnDemand access are subject to availability upon quality of the session recording.



REFUND AND CANCELLATION POLICY

ODMHSAS has a **NO REFUND POLICY.**

Non-Emergency Cancellations

If you are unable to attend the conference or training, you may transfer your registration to another attendee or transfer your registration fees back to your account to be used toward another conference or training at a later date. All fees must be applied no later than one year from the date of cancellation. You must contact the ODMHSAS Training Institute to apply these cancellation fees on your account towards the conference or training for which you want to register.

Emergency Cancellations

Refunds may be granted at the discretion of ODMHSAS Training Institute staff. If unable to attend the conference or training due to family death or extraordinary circumstances, such as inclement weather, natural disasters, or if the conference or training is canceled by ODMHSAS.

Please refer questions regarding refund or the cancellation policy to the ODMHSAS Training Institute office at 405-248-9191 or emailing traininginstitute@odmhsas.org.



SOCIAL MEDIA

Follow ODMHSAS on social media for updates, news and more!

Conference Hashtag:

#Momentum23



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YouTube: @ODMHSAS



TikTok: @ODMHSAS



MOMENTUM
PREVENTION, JUSTICE, RECOVERY.

CEU KEY ✓

- 1** MJCLE
- 2** CLE
- 3** CLEET
- 4** Mental Health
- 5** ODMHSAS Supervisory
- 6** Strength Based
- 7** PRSS



AGENDA AT A GLANCE

Day 1

Tuesday, December 5, 2023

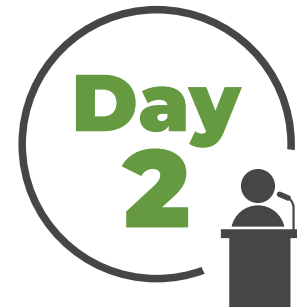
- 8:00 - 9:00 a.m. Registration
- 9:00 - 9:15 a.m. Welcome
- 9:15 - 10:45 a.m. Plenary Speaker: **Dr. Kris Lee**
- 10:45 - 11:00 a.m. Break
- 11:00 - 12:15 p.m. Breakout Sessions
- 12:15 - 1:45 p.m. Lunch On Your Own
- 1:45 - 3:00 p.m. Breakout Sessions
- 3:00 - 3:15 p.m. Break
- 3:15 - 4:30 p.m. Breakout Sessions



Day 2

Wednesday, December 6, 2023

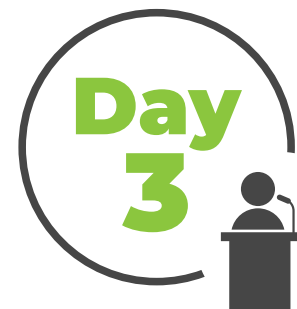
- 8:15 - 9:00 a.m. Registration
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- 10:45 - 11:00 a.m. Break
- 11:00 - 12:15 p.m. Breakout Sessions
- 12:15 - 1:45 p.m. Lunch On Your Own
- 1:45 - 3:00 p.m. Breakout Sessions
- 3:00 - 3:15 p.m. Break
- 3:15 - 4:30 p.m. Breakout Sessions



Day 3

Thursday, December 7, 2023

- 8:15 - 9:00 a.m. Registration
- 9:00 - 9:15 a.m. Welcome
- 9:15 - 10:45 a.m. Plenary Speaker: **Sam Quinones**
- 10:45 - 11:00 a.m. Break
- 11:00 - 12:15 p.m. Breakout Sessions
- 12:15 - 1:45 p.m. Lunch with Speaker: **Tonier Cain**
- 1:45 - 3:00 p.m. Breakout Sessions
- 3:00 - 3:15 p.m. Break
- 3:15 - 4:30 p.m. Breakout Sessions



Day 1 Tuesday, December 5, 2023



Helpful Tip ✓

At the conclusion of each session write down the code provided next to your session here so you can go back and retrieve it when you're applying for CEUs

8:00 – 9:00 a.m.

Registration

9:00 – 9:15 a.m.

Welcome

9:15 – 10:45 a.m.

Plenary



Dr. Kris Lee | Oklahoma A & F **1 2 3 4 5 6 7**
“Cultivating Resilience and Psychological Safety: Evidence-Based Strategies to Stay and Lead Well During Today’s Complex Times”

9:15 A.M.
 In the era of the global mental health crisis, institutions, companies, and organizations are grappling with how to tend to human needs and hand, while meeting outcomes and demands. Learn to apply principles of behavioral science to create a high-trust culture that inspires leaders and employees to thrive and build resilience in today’s intensive landscape. This keynote provides a “double dip” toolbox of interactive, practical, evidence-based strategies to cultivate resilience and build a culture of connection, collaboration, candor, and positive impact.

10:45 – 11:00 a.m.

Break

11:00 – 12:15 p.m.

Breakout Sessions

Mark Stodola | Room Sooner A & B **1 2 3 6 7**
“Research Says - Best Practices in Assessment, Supervision and Treatment of High-Risk Impaired Drivers”

11:00 A.M.
 Every year, hundreds of thousands of individuals are arrested for driving under the influence, and in 2021 these impaired drivers were responsible for 13,284 fatalities. Community justice and treatment professionals can face unique challenges in assessing risk levels for these offenders while determining the most appropriate level and type of supervision, technology, and treatment needs to minimize the risk of a re-offense and a new victim. This interactive training will provide an overview and continuum of the most recent evidence-based practices for addressing the issues of high-risk impaired drivers from arrest to discharge. This includes the latest research on assessment tools, characteristics of high-risk impaired drivers, polysubstance use, community supervision strategies, available technologies, the use of Problem-Solving Courts, as well as treatment programming to help criminal justice and treatment professionals maximize their effectiveness while reducing risk to the community.

Ashton Marra | Room Oklahoma G & H **1 2 3 6 7**
“Harnessing Your Expertise: Working with Journalists to Improve Media Coverage of Addiction”

11:00 A.M.
 Journalists hold a large sway over public opinion. However, the news media continues to rely on outdated language and narratives that have been shown to mischaracterize the complexity of addiction and recovery, create barriers to treatment and during recovery, and lead to harmful policies. One way to address these shortcomings is to increase the coverage of evidence-based approaches to addiction treatment and recovery. To do this, we need to build bridges between subject matter experts and the journalists who cover their local communities, state, and nation. Participants will walk away with increased knowledge, skills, and materials that will help them earn coverage of themselves, their research or policy work, or their organization.

Day 1

Tuesday, December 5, 2023

Karen Orsi | Room Oklahoma I & J 1 2 3 6 7

"An Overview of Aging & Behavioral Health"

11:00 A.M.



As we age, the focus is naturally on physical health, mobility, chronic disease, medications, pain, nutrition, and cognitive changes. However, the risk for developing mental health disorders can increase because of these issues, as well as life changes, loneliness, and trauma. While younger adults have higher rates of behavioral health issues, the impact on older adult functioning and quality of life is much more profound. Behavioral health disorders can complicate the treatment of medical conditions, diminish the quality of life, increase the use of health care services, and lead to premature death and suicide. As we age, physical, behavioral, and cognitive conditions often overlap and present differently. An overview of aging, including culture, diversity, aging bodies and brains, chronic diseases, medication issues, and examples of overlapping symptoms will be provided. Mental health, substance use, trauma, and suicide will be reviewed, and the 5 Ds of Suicide and 3Ds - depression, dementia, and delirium - will be described. Additionally, the impact and environment of ageism will be examined. The content highlights age-informed care and explains why behavioral health services developed for infants, children, youth, young adults, or adults do not and cannot address the diversity of older adult experiences, developmental stages of aging, or the mind-body connection of an aging body and brain.

Dr. Matthew Grossman | Room University A 1 2 3 6 7

"Stigma and People First Language"

11:00 A.M.



This presentation will review the history of stigma as it relates to substance use disorder, the negative impact on treatment and parenting, and the importance of people first language.

Jennifer McGlothlin | Room University C 1 2 3 6 7

"Substance Use, MAT, and Stigma: How Do We Make a Difference?"

11:00 A.M.

This presentation will provide the history of the opioid epidemic and how Medication Assisted Treatment is given, followed by the basics of how MAT works. Common myths/misconceptions of MAT will be addressed as well as introducing and reviewing stigma "flavors." The presentation concludes with ways for each individual to make a difference in their community when it comes to dispelling stigma, including who to target for each type of stigma.

Panel: Sandra Langfitt Reese, Ed Long, & Dustin Bailey | Room University B 1 2 3 4 6 7

"Working is Recovery"

11:00 A.M.

Employment is not just an option; it is crucial to recovery success. This session will highlight through IPS Learning Community how IPS is the only recognized model of supported employment and education, its importance to peers and how critical it is to successful transitions to self-sufficiency and how Oklahoma's first IPS Champion is spreading the word through partnerships with workforce development across the state.

12:15 – 1:45 p.m.


Lunch On Your Own

Day 1


Tuesday, December 5, 2023

1:45 – 3:00 p.m.
Breakout Sessions


Paul Cary | Room Oklahoma I & J **1 2 3 6 7**
“MythBusters – Dispelling Drug Testing Myths”

1:45 P.M.  What is fact and what is fiction? Using the popular Discovery Channel's show “MythBusters” as a launching point, this session will investigate and evaluate many of the popular myths associated with drug testing. Can excess body fat cause a THC-positive drug test weeks after the last use? Can eating a poppy seed bagel result in a positive opiate test? Can drinking vinegar or cranberry juice mask drug use? Is blood testing a good alternative to urine testing for detecting a drug use infraction? This presentation aims to “prove” or “bust” the myths your clients use to rationalize unfavorable drug testing results. Learn to be savvier than your clients.

Dr. Kris Lee | Room University A **1 2 3 4 5 6 7**
“Burnout Prevention and Retention Strategies During Crisis and The Great Resignation”

1:45 P.M.  In this Age of Burnout and The Great Resignation, leaders and employees need tangible ways to optimize work environments that foster resilience, camaraderie, psychological safety, and trust. Learn evidence-based habits, mindsets, and practices to help create organizational cultures that strive to protect against the risk of burnout, exhaustion, and overstimulation, while optimizing talent, strengths, and resources for individual and collective well-being.

Earl Greene | Room University C **1 2 3 6 7**
“Faith: An Overlooked Tool in Substance Misuse Prevention”

1:45 P.M.  Faith, as it is defined in scripture “...is the substance of things hoped for, and the evidence of things not seen.” In this presentation, we will discuss faith as a strength-based approach and practice in substance misuse prevention. Research shows that higher levels of religious faith and spirituality are associated with several positive mental health outcomes, including more optimism about life and higher resilience to stress which may help contribute to the recovery process. Higher religious faith and spirituality are also associated with increased coping, greater resilience to stress, an optimistic life orientation, greater perceived social support, and lower levels of anxiety.

Panel: Teresa Stephenson, Barbara O Brien, Janet Cizek, Marissa Belase Katherine Conner, Stephanie Pierce, & Katie Harrison | Room University B **1 2 3 4 6 7**
“Instilling Hope: Our Journey to Build Hope and Support for Families Affected by Substance Use”

This session will provide an overview of the Safely Advocating for Families in Recovery (SAFER) Initiative strategies used to infuse a family-centered approach into programs and policies in healthcare, child welfare, and treatment agencies across Oklahoma for families affected by substance use. Strategies include cross-system training efforts, birth equity, inclusion of tribal partners and persons with lived experience, and exploration of alternatives to incarceration.

Day 1

Tuesday, December 5, 2023

Mike Brose and Joi Michelle Rhodes | Room Sooner A & B **1 2 3 4 6 7**
“Doing With, Not Doing To: Moving from Tokenism to True Partnership & Using Lived Experience as Expertise”

1:45 P.M.

“The farther you are from personal experience with an issue, the more likely you are to come up with an unreliable, inaccurate, and inadequate solution.” This quote summarizes the principles of “co-production,” a model of service delivery design that focuses on redistributing power, redefining knowledge, and partnering with people who have lived experiences to “co-produce” or “co-design” programming and service delivery. This theory emphasizes that for transformative change to occur within systems, service users must play an active role in system design, instead of being merely passive recipients of services. In the first half of this breakout, we will learn about the concept of co-production, explore its application at the micro, mezzo, and macro levels of mental health treatment and self-reflect on our current efforts to empower people with lived experiences—evaluating where we stand and where to improve. We will then have the privilege of hearing from a panel of individuals with various levels of lived experience with mental illness, presenting ourselves as learners, and exploring where and how we can apply their knowledge and expertise. No matter who you are, we are each the experts of our own experiences. In our field of work, we cannot forget that the experiences that matter most belong to those who live the reality of mental illness and recovery every single day.

Heidi Walter | Room Oklahoma G & H **1 2 3 6 7**
“Housing First for Youth: From Homelessness to Success Adult”

1:45 P.M.

In this session, we explore how an adaptation of HF, HF4Y differs from the Pathways Model in terms of the core principles, models of accommodation, and supports. We also explore key issues in the implementation and operations of HF4Y with a particular focus on family and natural/ chosen supports.



3:00 – 3:15 p.m.

Break

3:15 – 4:30 p.m.

Breakout Sessions

Paul Cary | Room Oklahoma I & J **1 2 3 6 7**
“Dilute Urine Samples: Court’s Response to Low Creatinine Specimens”

3:15 P.M.

Court-mandated abstinence monitoring requires a valid urine sample to ensure that drug testing results provide an accurate and reliable profile of a participant’s substance use. Dilute urine samples (with a creatinine of less than 20 mg/dL), designed to produce false negative drug testing results, represent the most common form of specimen tampering. Negative testing results preclude therapeutic intervention and diminish client engagement in recovery. However, addressing dilute samples as an undesired participant behavior is not always straightforward. NDCI has recently published a Fact Sheet which provides treatment court programs with helpful guidance on the interpretation of urine creatinine results and the court’s response to dilute samples in a therapeutic context. This new Fact Sheet will be reviewed.




Day 1

Tuesday, December 5, 2023


Dr. Kris Lee | Room University A **1 2 3 6 7**

“Micro-Dosing Bravery to Grow Resilience, Connect More and Offer Yourself to the World”

3:15 P.M.  Being brave during jarring times can seem like an insurmountable feat. Courage is often misconstrued as grand gestures and risk as something to avoid. Yet the science of human flourishing reveals that we can build cumulative courage bit by bit, through strategic risk-taking that helps us to gain confidence and live a full and meaningful life. This four-part series will help you learn to “microdose” small acts of bravery to help overcome fear, anxiety, and unwanted thought and behavioral patterns. Learn to take small steps that lead to a big impact for you and those you influence.


Ray Lozano | Room University C **1 2 3 6 7**

“ContrADDICTION – Developing and Implementing Effective Prevention Strategies for Youth Addiction.”

3:15 P.M.  “ContrADDICTION” examines the physical, mental, and emotional impact of youth addiction. Our brains are primed for addiction. Knowing the causes, signs, and mechanisms of addiction clarifies the confusion many people have about this topic. In the early 2000’s, Ray effectively integrated years of education and examining peer-reviewed studies into creating a successful prevention and secondary prevention program for youth. Some of the most important takeaways from this highly successful program are presented in this session for the attendees to implement in their own programs and lives.

Maureen Nichols | Room University B **1 2 3 6 7**

“Stimulants and Their Impact on Brain and Behavior: Best Practices and Approaches for Effective Treatment and Recovery”

3:15 P.M.  An overview of stimulants for a broad general audience. Topics include national data on the use of cocaine and methamphetamines, an explanation of the different types of stimulant drugs, the science on the impact of the two substances on the brain and body, and a focus on evidence-based treatment practices.


Laurie Conaty | Room Oklahoma G & H **1 2 3 6 7** +Ethics

“Ethics and Motivational Interviewing: Who is in Charge of Behavior Change and the Ethical Considerations Around Using MI with Fidelity!”

3:15 P.M.  This training will provide learners with an overview of the foundational concepts of using MI with fidelity and how those foundational concepts (“Spirit”) inform ethical practice. Learners will have an opportunity to apply ethical decision-making to relevant clinical scenarios.

Dr. Tony Greco | Room Sooner A & B **1 2 3 6 7**

“How Warm Hand Offs Can Determine the Success of Recovery and Treatment Interventions”

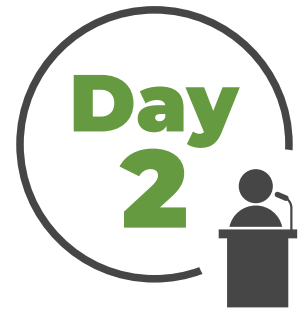
3:15 P.M.  The Founder and CEO of Get Help will help us to better understand the importance of transition planning and warm handoffs from treatment to the community and how to measure and operationalize recovery capital.



End of Day 1

Day 2

Wednesday, December 6, 2023



9:15 – 10:45 a.m.

Plenary

9:15
A.M.

Dr. Adi Jaffe | Room Oklahoma A – F **1 2 3 4 5 6 7**

“Leading The Charge For Change: Transformation Leadership in a Post-COVID-19 Mental Health World”



In the wake of the global pandemic, the mental health and addiction industries have faced unprecedented challenges. As we emerge into a post-COVID-19 world, it is crucial for leaders in these fields to embrace a new paradigm of transformational leadership that is emotional, humane, and vulnerability-focused. This keynote presentation delves into the importance of this leadership approach, exploring the importance of empowering all key participants in the helping professions to lead. Drawing upon research and real-world experiences, Dr. Jaffe underscores the need for transformational and shared leadership. This style of leadership goes beyond traditional approaches, empowering individuals and organizations to adapt, thrive and effect positive change. Transformational leaders inspire others by fostering emotional intelligence, vulnerability and authenticity. Throughout the presentation, real-world examples and case studies are shared to illustrate the power and effectiveness of emotionally and vulnerability-focused leadership. These stories highlight the positive outcomes achieved when leaders create safe spaces for individuals to express their emotions, share their stories, and actively participate in their own recovery.

10:45 – 11:00 a.m.

Break

11:00 – 12:15 p.m.

Breakout Sessions



Sheila E. McCarthy | Room Oklahoma I & J **1 2 3 4 6 7**

“Responding to Crisis in Treatment Courts: How Trauma Impacts Our Work and Ourselves”

11:00
A.M.

It is easy to see why practitioners in the criminal justice system are at risk of experiencing vicarious trauma. Treatment courts serving high-risk/high-need participants mean these individuals most likely have a lot of experience in other systems and have experienced intergenerational trauma.



Therefore, it's important to acknowledge that serving treatment court participants brings its own unique risks of developing compassion fatigue, secondary traumatic stress, vicarious traumatization, and professional burnout, which can negatively affect personal and professional well-being. This session will be facilitated by the Center for Justice Innovation and will provide guidance on signs of burnout, as well as implementing different strategies for self-care and team care.



Dr. Justin Puder | Room University A **1 2 3 6 7**

“Vulnerability & The Use of Social Media to Decrease Stigma in The Field of Mental Health”

11:00
A.M.

Dr. Justin Puder (@amoderntherapist) will explain how social media has changed the ways we connect and receive information. He will also discuss his unique experience on social media as a mental health professional over the past 3 years. Additionally, he will explore how these platforms can be used to model vulnerability and provide helpful information related to mental health.



Session Sponsor

 MyCare Technologies



Wednesday, December 6, 2023

Rodney Wambeam | University C **1 2 3 6 7**

“It’s a Marathon Not a Sprint: Lessons Learned from 25 Years of Evaluating Prevention Efforts”

11:00 A.M.

In this session, Dr. Rodney Wambeam discusses the evolution of evaluation in the prevention field while teaching participants the critical aspects of needs assessment, process and outcome evaluation, formative and summative evaluation, and evaluation methods accessible to prevention professionals. Participants will also learn about the overlap of evaluation requirements and a utilization-focused approach to evaluation, as well as how evaluation drives data-driven prevention and leads to better implementation and outcomes.

Mathew Roosa | Oklahoma G & H **1 2 3 6 7**

“Contingency Management: The Oklahoma Implementation”

11:00 A.M.

Providers from across Oklahoma have been working to implement Contingency Management (CM), the evidence-based practice that provides behavioral incentives. Individuals enrolled in substance use services who complete specified behaviors such as treatment attendance, maintaining abstinence, or achieving specific treatment plan goals, receive a range of incentives to encourage their ongoing engagement in care.

Panel: Jessica Mullin, Laci Barton, Jalee Dollarhide, Kathy Glover – Room University B **1 2 3 6 7**

“Sustainable Behavioral Health Programming for Rural Tribal Communities”

11:00 A.M.

This presentation will explore strategies to develop sustainable behavioral health programming to meet the needs of rural communities in Indian Country. The Modoc Nation, a federally recognized tribe, has developed and implemented programs through Modoc Nation Health Services (MNHS) to address issues such as substance abuse, suicidality, trauma, and behavioral challenges for individuals across the lifespan. Our programs offer psychotherapy, peer support, medical evaluation and management, harm reduction strategies, professional education, and community outreach. This session will examine how to identify and overcome common internal and external barriers that affect service providers and clients. In conclusion, we will discuss evidence-based interventions and treatment approaches utilized at MNHS to engage and retain clients in treatment.

Hon. Aurora Martinez Jones | Sooner A & B **1 2 3 6 7**

“Disproportionality, Community and Systems Change”

11:00 A.M.

This session will discuss approaches to addressing disproportionality in the child welfare system and engaging the community for a response towards systems change. During this discussion there will be a close focus on the Travis County (Austin), Texas community that will look at specific examples and steps that moved progress in this community forward. This session will also include specific work on disproportionality and systems change within the context of a Family Treatment Court (FTC).

12:15 – 1:45 p.m.

Lunch On Your Own


Wednesday, December 6, 2023

MOMENTUM

1:45 – 3:00 p.m.

Breakout Sessions

Judge Mary Celeste | Room Sooner A & B **1 2 3 6 7**
“The Use of Medical Marijuana and CBD in the Courts”
1:45 P.M.

Many policies regarding medical marijuana and CBD use in the courts are in flux. In some instances, the use of CBD is resulting in a positive THC test which may result in probation revocations and terminations from treatment courts. Some policies are beginning to develop as state and appellate case decisions and statutory schemes evolve. Some treatment courts deny while others permit participant entry of medical marijuana users. Medical marijuana use is also sometimes permitted while on probation, diversion/deferred sentencing, parole and pretrial release. With some nuance, the rationale for the court positions typically falls upon a myriad of approaches, which include the federal illegality of marijuana, the court's reliance on the state medical marijuana laws, whether the underlying convictions are marijuana-related, the treatment of medical marijuana as a prescription medication, the sole discretion of the court and constitutional considerations. This presentation discusses the current status of medical marijuana and CBD use in treatment courts as well as probation, parole and pretrial release and diversion/deferred sentencing by reviewing developing case law and applicable state and federal legislative schemes. How are the courts going to traverse the formation of medical marijuana use and CBD policies? Should the courts await a decision by their state supreme courts or the U.S. Supreme Court? Or should the courts begin to synthesize their state and appellate case law and develop policies through their state court administrative offices or chief justices of their state supreme courts? Should all the courts forgo all other approaches safe for judicial discretion based upon the totality of the circumstances? Whatever the direction, these policies are becoming more and more essential.


Dr. Adi Jaffe – Room University A **1 2 3 6 7**
“Technology Tools to Make Us Better - Lessons From Real Life”
1:45 P.M.

This engaging workshop delves into the practical applications of telehealth and virtual help within the addiction field. Drawing from real-life experiences, the workshop explores how technology can be leveraged to enhance accessibility, effectiveness and engagement in addiction treatment and support.


Dr. Sally Spencer-Thomas | Room Oklahoma I & J **1 2 3 6 7**
“Workplace Wellbeing: Build a Mental Health Strategy”
1:45 P.M.

The majority of people who die by suicide, overdose or the consequences of addiction are of working age, and yet historically, the workplace has not been very involved in mental health promotion, suicide prevention and addiction recovery. During the last few years, workplace organizations have realized that worker well-being needs to be a priority. As part of a comprehensive approach to suicide prevention and mental health promotion, workplace communities are learning more about what can be done. Employers now realize they must move beyond superficial awareness campaigns and develop sustained, proactive and impactful strategies to shift culture and save lives.



Wednesday, December 6, 2023

Geoff Wilson | Oklahoma C & H **1 2 3 6 7**

“Substance Use Disorders and Suicide: Addressing a Co-Occurring Epidemic”

1:45 P.M.



The United States experiences tremendous loss yearly related to suicide and substance use disorders, with over 44,000 suicides and 109,00 overdose fatalities occurring in the last year. This training will help providers in recognizing the epidemic that we are experiencing with our clients. Increasing our understanding of the co-occurring nature of suicide and substance use will be highlighted. The importance of ongoing screening and assessment will be reviewed along with pertinent aspects of crisis safety planning with our clients.

Panel: Amber Valdez and Reggie Martin | Room University B **1 2 3 6 7**

“Exploring the Impact of Peer Support in the Specialty Court System”

1:45 P.M.

This session will provide an understanding of the valuable role that Peer Recovery Support Specialists play in the specialty court programs, and explore the benefits and challenges. Due to a Peer Recovery Support Specialist's lived expertise, critical advocacy and relatability are beneficial to specialty court participants. Challenges to navigating the role within the Specialty Court System will also be explored with a panel comprised of the following specialty court professionals: Judge Kenneth M. Stoner, Oklahoma County District Judge; Madison Mélon, Assistant Public Defender; Christina Bolton, Care Coordinator; David Gilbert, Program Coordinator; Brent Talton Drug, Court Case Manager; Paul Garcia, Owner of Court Related Services, serving Cleveland, Comanche, Garvin, McClain, and Tillman Counties.

Dr. Kirstin Frescoln and Karin Thompson-Wise | University C **1 2 3 6 7**

“Telling Your Story: Strategies to Collect and Use Your Data Even if You are Not an Evaluator”

1:45 P.M.

Collaborative teams can use data as a tool to increase referrals and engagement, achieve equitable access and results, identify barriers to success and support sustainability--all with the common purpose of improving outcomes for families affected by SUD. Using data to monitor outcomes and engaging in Continuous Quality Improvement (CQI) processes are essential activities for all collaborative team members to determine whether the collaborative is achieving desired results and their overall mission and increases the ability to effectively meet the needs of families.

3:00 – 3:15 p.m.

Break

3:15 – 4:30 p.m.

Breakout Sessions

Sheila McCarthy | Room University C **1 2 3 4 6 7**

“National Trends and Promising Practices in Veterans Treatment Courts”

3:15 P.M.

A Veterans Treatment Court (VTC) is designed specifically to work with justice involved veterans. Through this model, court teams can leverage the shared experiences and camaraderie of the military and veteran community. These courts facilitate a multi-disciplinary approach and include engagement with veteran specific resources. This integration of services and resources is often done in partnership with a Veterans Justice Outreach (VJO) specialist. The Veteran Treatment Court (VTC) model is based on the adult drug treatment court model but has their own unique 10 key components.

Day 2


Wednesday, December 6, 2023

Session Sponsor




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Dr. Adi Jaffe | Room University A 1 2 3 5 6 7
"Taking Care of Me - Workplace Mental Health"

3:15 P.M.  The workshop is designed to address the specific needs of mental health and addiction professionals, with a focus on reducing burnout and turnover. This interactive session explores practical strategies and tools to enhance self-care, promote well-being, and build resilience within the workplace. Mental health and addiction professionals face unique and substantial challenges, including the emotional demands of the job, high stress levels, and exposure to trauma. Participants will gain a deep understanding of the impact of burnout and high turnover rates on individuals and organizations within these fields. Dr. Jaffe provides evidence-based techniques and interventions to help participants prioritize their mental health and well-being, and delve into self-care practices, stress management strategies, and boundary-setting techniques that are specifically tailored to the demands of the mental health and addiction industries. Additionally, the workshop explores the role of organizational culture and leadership in supporting and fostering a mentally healthy workplace. Participants will learn about effective policies, structures, and resources that can be implemented to create a supportive environment that reduces burnout and turnover. Through case studies, group discussions, and experiential exercises, participants will have the opportunity to reflect on their own well-being, identify potential areas for improvement, and develop an actionable plan for self-care. They will leave the workshop equipped with practical tools and strategies to enhance their resilience, maintain their passion for the work, and contribute to a sustainable and mentally healthy workplace within the mental health and addiction fields.

Carlton Hall | Room Oklahoma I & J 1 2 3 6 7
"The Fierce Urgencies of Now! Changing the Conversation about The Role of Prevention, Commercialization and Inequity in a Time of National Crisis"

3:15 P.M.  The role of prevention is critical in addressing addiction, which is directly and indirectly, impacting all Americans from coast to coast. The cost of Marijuana use is high. But it's not that simple. Communities are still in the midst of an opioid epidemic while addressing emerging challenges like rising vaping injuries and a meth resurgence, during a global pandemic. This session will discuss poly-drug misuse, racial disparities and other social factors. The implications of creating an inequity among those who misuse, seek recovery and are exposed to the emerging commercialism.

Panel: Dan Hahn and Amanda Coldiron | Room University B 1 2 3 6 7
"Oklahoma: A Leader in Recovery Housing Networks"

3:15 P.M.  Recovery-based housing is an important part of many individuals' journey through recovery. This session will provide you an in-depth review of recovery housing in Oklahoma from Oxford House to OKARR-certified residences. You will also hear from top leaders from the National Alliance of Recovery Residences and Oxford House on how Oklahoma is leading the nation with their collaborative efforts with ODMHSAS and setting the stage for other states to follow.



MOMENTUM

Day 2

Wednesday, December 6, 2023

Laurie Conaty | Oklahoma G & H **1 2 3 6 7** +Ethics
“Ethical Considerations in Clinical Practice: Fine Lines and Slippery Slopes!”
 3:15 P.M. Ethical dilemmas present daily in our professional lives. Sometimes there is not a clear delineation between right and wrong clinical behaviors or responses. This training will provide learners with a model for applying ethical decisions to typical clinical dilemmas. It is highly interactive and will emphasize 'real world' importance and application of ethical decision-making. Learners have an opportunity to provide, anonymously, real-life ethical dilemmas at the beginning of the training that we will 'dissect' using an ethical decision-making tree.

Valerie Isaacs & Kaiti Hagain | Room Sooner A & B **1 2 3 4 6 7**
“Don't Forget the Baby: How Two Family-Focused Court Approaches Highlight Infants and Young Children”
 3:15 P.M. This session outlines how the infant mental health informed practices of Infant Toddler Court and the use of Family Care Plans through Family Treatment Court can both lead to positive outcomes for families experiencing substance use.



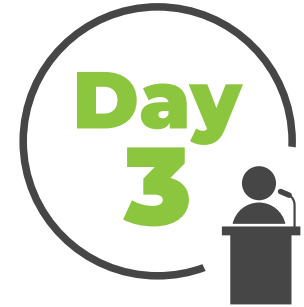
End of Day 2

We hope these last two days have been amazing! We will see everyone again tomorrow for Day 3, the last day of the conference.



Day 3

Thursday, December 7, 2023



9:15 – 10:45 a.m.
Plenary

9:15 A.M. **Sam Quinones** | Room A – F **1 2 3 6 7**

“America and Hope in the Time of Fentanyl and Meth: One Reporter's Stories”

A discussion of the era of synthetic drugs coming out of Mexico -- fentanyl and methamphetamine -- the damages they bring, why this new era took hold, and how it changes so much we thought we knew about illegal drugs, requiring us to understand the supreme importance now of repairing and bolstering community.

10:45 – 11:00 a.m.
Break

11:00 – 12:15 p.m.
Breakout Sessions

Panel: Karen Otis & Taylor DeClerck | Room University B **1 2 3 6 7**
“Innovative Practices in the Courtroom”

11:00 A.M. Our current court system has been around since the 16th century and many of the practices we see today have been around since the inception of the first court. Having worked directly in the legal system, we have seen firsthand the lasting impact legal involvement has on individuals. It is our responsibility to critically evaluate our legal system and implement changes. This presentation will provide the fundamentals for trauma-informed care, education on how Black, Indigenous and People of Color (BIPOC) communities are impacted by the legal system, the use and impact of language and the importance of adapting courtrooms. Drawing on evidence from trauma-informed practices and public health fields, this presentation will provide guidance to practitioners looking to implement innovative practices in their courtrooms.

Joan Kenerson King | Room University A **1 2 3 6 7**
“Incorporating Safety Planning in Effective Care”

11:00 A.M. Safety planning is an evidence based intervention for people experiencing suicidal thinking but also supports care for all people facing mental health and substance misuse challenges. This session will present the evidence for safety planning as an intervention and how to incorporate it in overall care and specifically in safer care for those experiencing suicidal thinking.

Dr. Mishka Terplan | Room Oklahoma I & J **1 2 3 6 7**
“MOUD in Pregnancy and Parenting: Science, Stigma and Society”

11:00 A.M. We will review addiction as a chronic medical condition and the evidence base that supports medication for the treatment of opioid use disorder in pregnancy. We will discuss how the histories of both drug and reproductive health policy intersect to constrain the landscape of care in pregnancy. Pregnant and parenting people who use drugs experience a unique and compounded stigma, and we will explore how discrimination negatively impacts care and provide concrete solutions to resist discrimination and overcome prejudice.

Day 3

Thursday, December 7, 2023

Dr. Sally Spencer-Thomas | Room Oklahoma G & H **1 2 3 4 6 7**

“Harvesting Hope: Suicide Prevention for People Who Live and Work in Rural Communities”

11:00 A.M.



This presentation sheds light on the mental health challenges faced by people living in rural communities, emphasizing the need for awareness and support within the farming, ranching and forestry communities specifically. Despite their resilience and stoicism, people living and working in rural areas often struggle with unmanageable stressors such as unpredictable weather, economic fluctuations, and technological changes. Unfortunately, their mental health is often neglected due to the demanding nature of their occupations and the cultural stigma surrounding mental health problems. Drawing on research, this presentation explores the risk factors contributing to high suicide rates among high risk occupations in rural areas highlighting their unique circumstances, such as easy access to lethal means and exposure to death. It also discusses the impact of family tensions, isolation and the pressure to maintain a positive outlook despite hardships.

Ronald Wahkinney | Room Sooner A & B **1 2 3 6 7**

“Gambling as a New Social Norm But It Isn't What You Think”

11:00 A.M.

The fourth wave of gambling in America is the vast expansion of sports betting. Participants will learn how sports betting has become a socially accepted activity but we continue to ignore the consequences and the growth of gambling disorder. The need for screening is at an all-time high in our state and participants will learn the latest results of the OAPGC prevalence study that was completed this year.

Dr. Kirstin Frescoln and Katherine Conner | Room University C **1 2 3 6 7**

“Harnessing the Process and Power of Comprehensive Case Plans”

11:00 A.M.

Every agency requires staff to develop a case plan for services. While these case plans are driven by assessment and person-specific, they are often not family-centered or coordinated with other service providers to develop a comprehensive case plan. We will explore the research behind why it is so critical to develop a family-centered, comprehensive case plan and practitioners will discuss how to make it a reality.

12:15 – 1:45 p.m.

Lunch Session or Lunch On Your Own

Tonier Cain | Room Oklahoma A – F **1 2 3 6 7** +Wellness

“Healing Neen”

12:15 P.M.



Tonier Cain takes an audience on a journey to places and subjects that most find too difficult or uncomfortable to fathom. But it is Tonier “Neen” Cain’s joyous spirit and astonishing inner strength that leaps directly into the audience’s hearts, inspiring renewed hope and compassion for those still living on the fringes. For two decades, Neen hustled on the streets of Annapolis, Maryland, desperately feeding an insatiable crack addiction and racking up 83 arrests along the way. Rapes and beatings were a routine part of life; home was underneath a bridge or inside the locked cage of a prison. In 2004, pregnant and incarcerated for violation of parole, she was provided the opportunity to go to a community trauma, mental health and addictions program. Feeling safe for the first time in her life, Neen confronted the haunting childhood memories that she tried to numb with drugs: filth and chronic hunger, sexual assaults by neighborhood men and routine physical and mental abuse dished out by her mother. Realizing for the first time that she had been a victim, she began to

Continued Next Page




Thursday, December 7, 2023


heal and reclaim power over her life, embarking on a remarkable “upward spiral,” that has no limit. Today, she’s the founder and CEO of Healing Neen Inc., and she works for the National Center for Trauma-Informed Care, dedicating her life to being a voice for those still lost and still silent. Traveling the world to give speeches and work one on one with women in prisons and hospitals, Neen continues to transform her own life while helping others to embrace her motto “Where there’s breath, there’s hope.” The goal is to provide a presentation/training for participants to understand the importance of designing an individualized treatment plan for consumers. The Trauma and Recovery presentation will give trainees the components of Trauma-Informed Care, which can be used to understand the impact trauma has on an individual and to prevent doing more harm.

1:45 – 3:00 p.m.

Breakout Sessions

Aaron Arnold | Room Oklahoma I & J **1 2 3 6 7**
“Ten Years of Adult Drug Court Best Practices Standards: Lessons Learned and a Preview of the Second Edition”

1:45 P.M.

 The publication of the Adult Drug Court Best Practice Standards Volume I in 2013 provided drug courts with specific guidance about how to operationalize the Ten Key Components, improve operations and outcomes, better measure and evaluate program quality and identify areas needing further improvement and technical assistance. A decade later, All Rise is preparing to release the second edition of the standards with important updates and expanded guidance reflecting new research and lessons learned. In this session, attendees will receive an advance look at important additions, clarifications, and other changes in the soon-to-be-released second edition of the Standards.

Dr. Jeff Capobianco & Joan Kenerson King | Room Sooner A & B **1 2 3 6 7**
“Integration 2023: Using the Comprehensive Health Integration Framework to Guide Your Integration Implementation”

1:45 P.M.

This session will introduce the comprehensive integration framework which is built on lessons learned from integration over the past 20 years. The framework can guide the initiation or enhancement of an integration approach using the latest evidence from research and from practice.

Panel: Drew Cook and Hana Fields | Rooms University B **1 2 3 6 7**
“Harm Redux: Connecting with the Forgotten”

1:45 P.M.

A brief dive into the philosophy behind harm reduction and how these services are a catalyst to bringing people together through community and compassion.


MOMENTUM



Thursday, December 7, 2023

Scott Luetgenau | Room University A **1 2 3 6 7**
“Expanding Treatment Options: Methadone’s Crucial Role in Opioid Use Disorder Management”

1:45 P.M. This comprehensive training session aims to educate healthcare providers and behavioral health clinicians on the critical role of methadone in the treatment of opioid use disorders (OUDs). The presentation will delve into the negative stigmas surrounding methadone, highlighting the importance of combating harmful biases that impede patient access to this life-saving medication. By comparing methadone to other medications for OUDs, such as buprenorphine and naltrexone, this training will emphasize the unique benefits and considerations of methadone in a comprehensive treatment approach. Through an evidence-based and stigma-reducing perspective, participants will gain a deeper understanding of the importance of incorporating methadone as a crucial option alongside buprenorphine and naltrexone.

Shiela Williams | Room Oklahoma G & H **1 2 3 6 7**
“Best Practices for Implementing Suicide Prevention Interventions in Indian Country”

1:45 P.M. This session will provide relevant information on steps taken to effectively implement a suicide intervention program, American Indian Life Skills, at local and rural high schools. Information about how our suicide prevention grant staff utilized suicide/mental health data and tribal partnerships to inform strategic planning, programmatic activities, implementation, pre and post-surveys and overall evaluation will be shared with participants.

Dr. Kirstin Frescoln and Christa Johnson | Room University C **1 2 3 6 7**
“Building and Nurturing Strong and Healthy Partnerships to Better Serve Families and Agencies”

1:45 P.M. COVID-19 placed additional strains on already over-burdened families and the agencies serving them and while the public health emergency is expired, families and agencies continue to struggle. When under stress, individuals and systems tend to look inward rather than reaching out for help and partnership. But, just as families need help from more than one agency to meet their needs, agencies benefit from healthy and robust partnerships. The key to healthy partnerships is frequent communication, clear expectations, shared training and data, and celebrating success as you work to resolve challenges. Practitioners will share effective strategies to build and nurture partnerships to better meet the needs of families and the agencies working with them.

3:00 – 3:15 p.m.
Break

PREVENTION, JUSTICE, RECOVERY.

Day 3

Thursday, December 7, 2023

Karen Otis and Taylor DeClerck | Room University A **1 2 3 6 7**
“Enhanced Treatment Court Team Communication”

3:15 P.M. Successful treatment court teams follow a non-adversarial approach to team communication. Under this approach, multidisciplinary treatment court teams work collaboratively to ensure timely and accurate information sharing. To achieve this collaboration, practitioner communication and engagement strategies are necessary. These strategies involve understanding the role of each team member, identifying communication skills when dealing with difficult team members or team conflict. Drawing on evidence-based practices and drug court best practice standards, this presentation will provide guidance to team members looking to enhance their team communication.

Panel: Michael Dickerson, Laura Collett and Shayla Williams | Room University B **1 2 3 6 7**
“Self-Care for Case Managers”

3:15 P.M. This presentation is to assist case managers by bringing awareness to the importance of self-care in the helping profession. The following information will assist case managers in recognizing and utilizing aspects of self-care to promote satisfaction through life domains as well as optimize the level of care given to clients.

Heidi Walter | Room Oklahoma I & J **1 2 3 6 7**
“Housing First: Ending Homelessness and Supporting Recovery for Individuals with Dual Diagnosis”

3:15 P.M. In this session, the leading practitioner, researcher and founder of the Housing First program describes how this evidence-based approach to housing and the right support/treatment services can effectively engage, house and treat individuals with long-standing histories of mental illness, addiction, and homelessness. Ts will be presented, and the program's recovery-focused approach supports self-determination and recovery.

Ryan Berry | Room Oklahoma G & H **1 2 3 6 7** +Ethics
“Morals v. Ethics”

3:15 P.M. A comparative examination between the life experiences that shape our moral values and the institutional ethical standards expected of us.



MOMENTUM



Thursday, December 7, 2023

Dr. Kirstin Frescoln and Hon. Jennifer Brock | Room University C **1 2 3 6 7**

“Family-Centered Practice to Better Meet the Needs of Court-Involved Families”

3:15 P.M.

Research indicates that 100% of people are part of a family – both those we are born into and those we choose. Whether you work with the criminal, juvenile delinquency, juvenile deprived, treatment, or other system; adopting a family-centered approach will reduce recidivism and yield more stable recovery and reunification outcomes. A family-centered approach recognizes that recovery and well-being is centered in healthy connection with others and that unaddressed challenges can impede recovery. Practitioners will share effective strategies and problem-solve barriers to implementation across populations of focus.



End of Day 3

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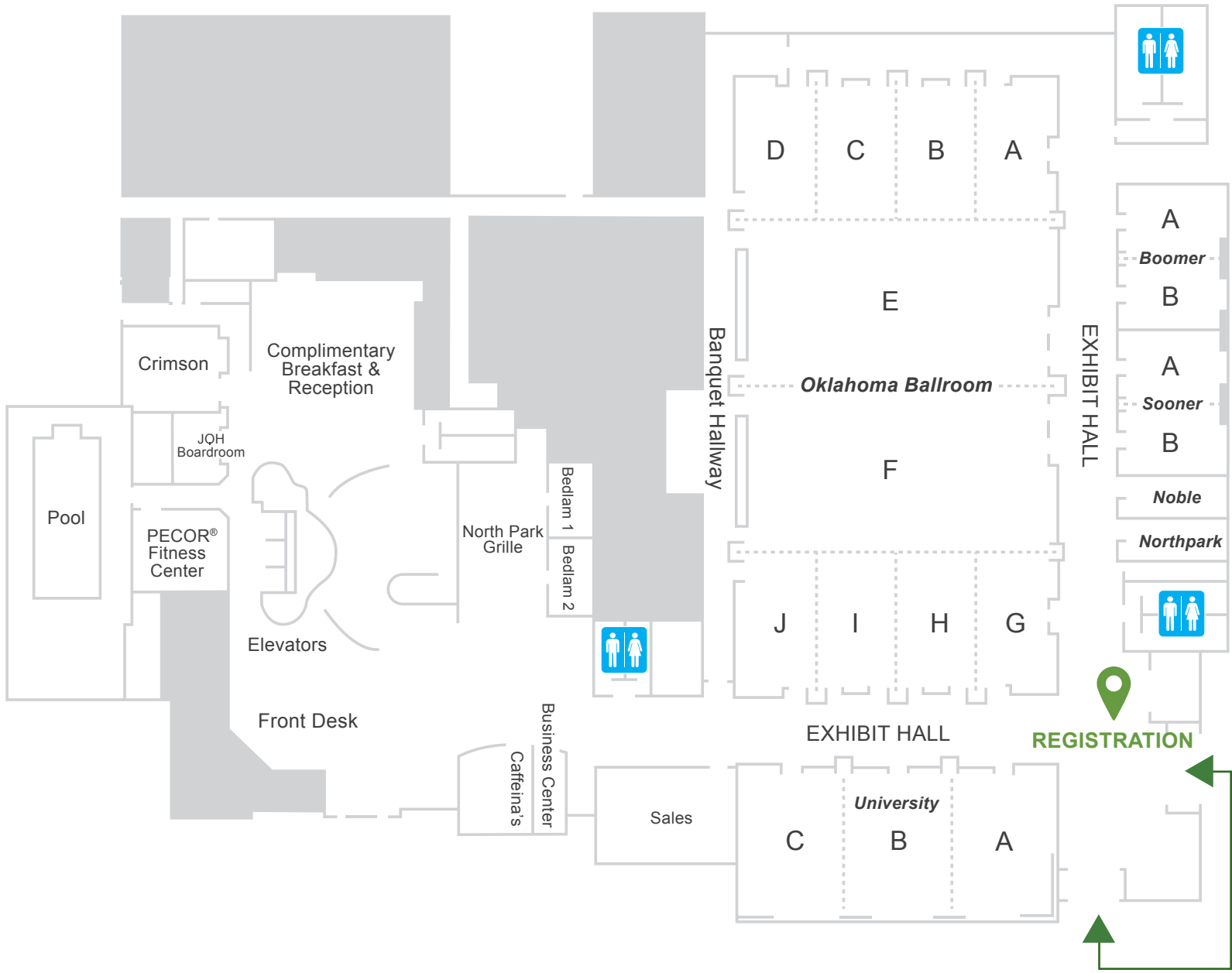
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