

Prevention and Harm Reduction Update

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Education



Families



Communities
At Large



Healthcare



Business/
Employer



Faith

Sector Based Prevention System

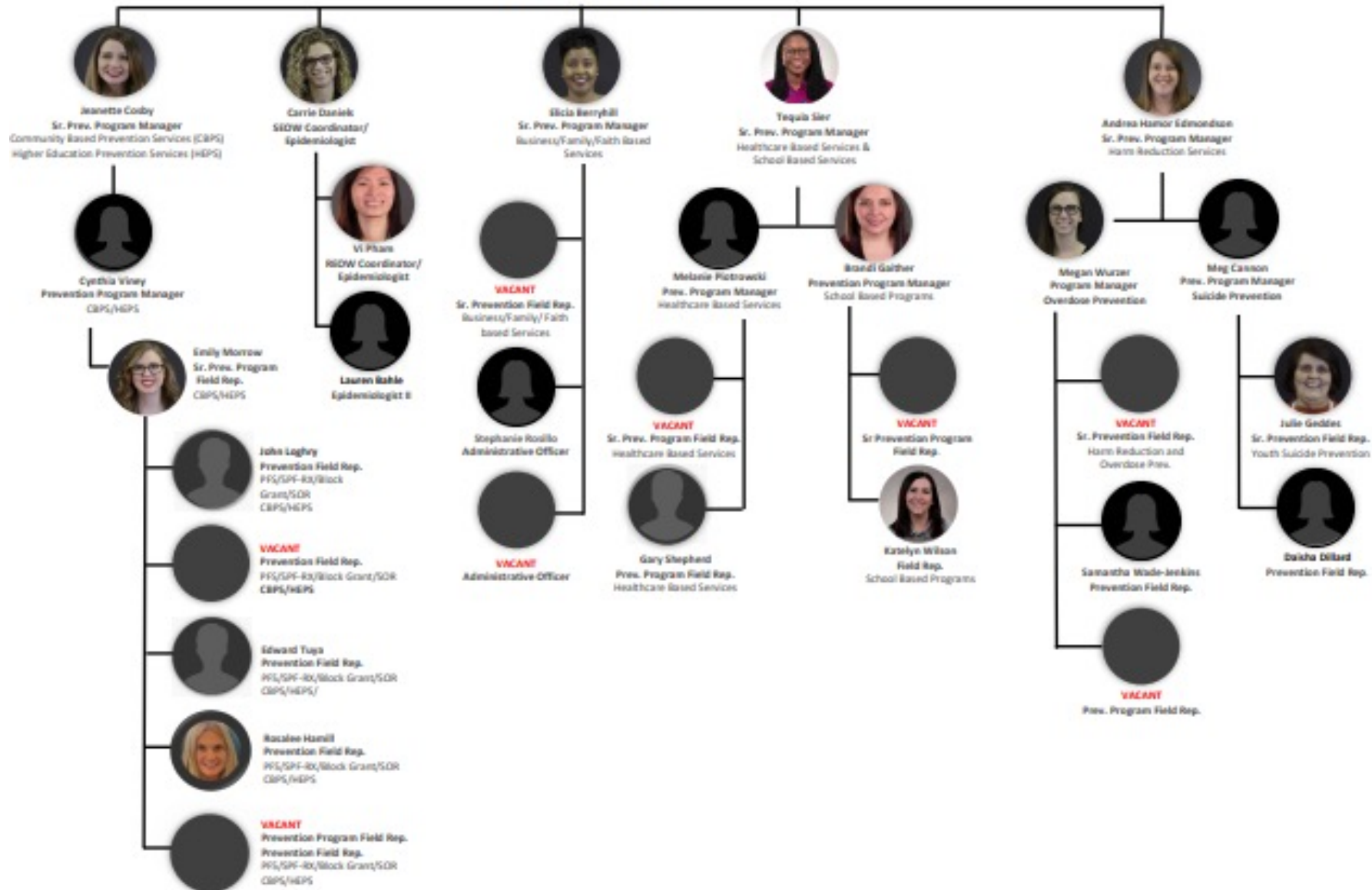
A sector-based prevention system aims to integrate prevention services within the domains of Oklahomans' everyday living and experiences. This approach recognizes that Oklahoma cultural norms, influences, and experiences are shaped by several key sectors of living: the family, the educational system, workplaces, neighborhoods and communities at large, the healthcare delivery system, faith communities, and media.

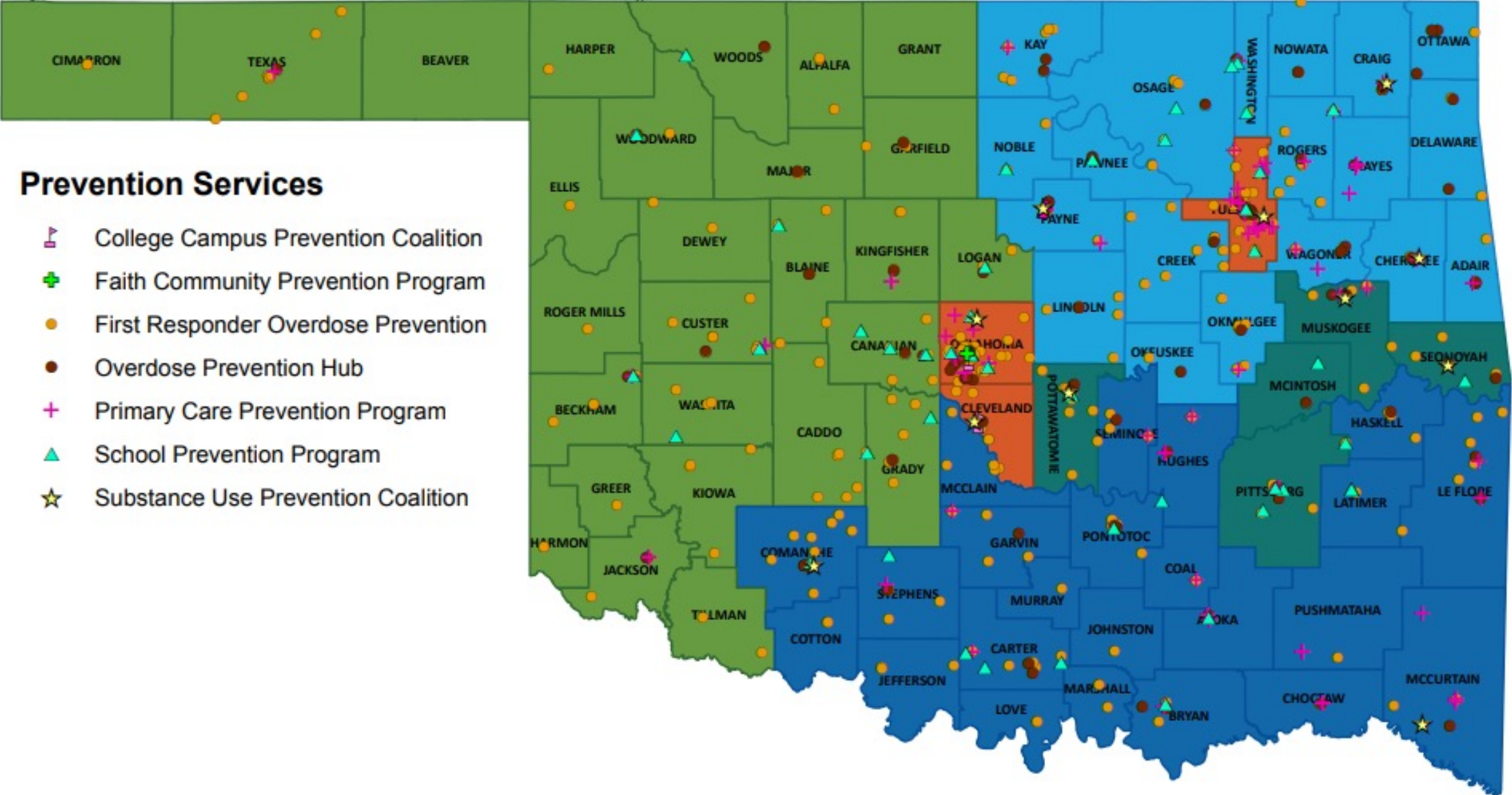
Prevention Division

Oklahoma Department of Mental Health and Substance Abuse Services










Young Osarob
Sr. Director of Prevention Services





Prevention Services

-  College Campus Prevention Coalition
-  Faith Community Prevention Program
-  First Responder Overdose Prevention
-  Overdose Prevention Hub
-  Primary Care Prevention Program
-  School Prevention Program
-  Substance Use Prevention Coalition

Ongoing Projects

More than 22,000 naloxone kits and 35,000 fentanyl test strips were distributed in FY 22

Naloxone hubs have distributed more than 5,000 kits to community members

MOUs with 43 school districts to provide naloxone and training

Partnerships with Hubs and Community Coalitions to promote harm reduction and distribute naloxone at community events

Emerging partnerships with community-based harm reduction programs (SSPs).

Fentanyl Test Strips

- Test strips have been distributed to our OEND hubs and community distribution has started
- New materials have been developed to support test strip distribution.



NALOXONE WORKS FOR FENTANYL TOO.

Fentanyl overdoses can be reversed using naloxone, including Narcan Nasal Spray. A person overdosing on opioids may need more than one dose of naloxone and more time for it to work (2-3 minutes).



OK, I'M READY TO *test*.

WHAT IS FENTANYL?

Fentanyl is a strong opioid that is 50 times stronger than heroin. It is partially responsible for the current overdose crisis in the US. Prescription fentanyl may be a tablet, spray, or patch. On the street, fentanyl may look like a white, tan or gray powder and may be mixed in with other drugs like heroin, meth, cocaine, or pressed pills.

FENTANYL OVERDOSE

Anyone can overdose on fentanyl, especially if they don't know it is in the drugs they ingest. You can't overdose from touching fentanyl, it must be ingested to cause an overdose.

Signs of a fentanyl overdose include slow or no breathing, blue or ashy lips or fingertips, and pinpoint pupils.

People using fentanyl may also have seizures that cause muscle spasms, locked limbs and a rigid chest so they can't breathe. If you witness this, treat it like an overdose.

For more information about how to get a naloxone kit, fentanyl test strips, and treatment programs visit:

OKIMREADY.ORG

OKIMREADY.ORG

Fentanyl Test Strips

Important things to know:

- These are the same strips used for urine test for fentanyl. They still work if you use water.
- 2 lines indicates negative for fentanyl.



Healthcare and ERs

- Naloxone distribution for people who are at risk of overdose in primary care, hospital, and emergency room settings.
 - SSM health (5 hospitals across Oklahoma) is distributing naloxone in treatment and ER settings. Expanding into family medicine clinic in next few weeks.
 - High Risk Pregnancy Clinics- partnership with OPQIC to reach pregnant women who are using opioids. MOUs signed with 3 hospitals for OBGYN clinics and plans to expand to ER settings.
 - Primary Care Offices- partnership with OPHIC to promote overdose education and naloxone distribution in primary care offices participating in the Do No Harm project.

Capacity Building: Comprehensive Harm Reduction Services

ODMHSAS- Development of training/specialization in harm reduction for Peer Recovery Support Staff and partners.

Partnership with OSDH SHHR to collaborate with community-based harm reduction providers to support comprehensive harm reduction programming in communities. Support with naloxone, fentanyl test strips and needle disposal.

Pilot project to have embedded/on-call peer support staff in emergency rooms in 3 counties to respond to opioid overdoses with safety devices and

Suicide Prevention

- [Kognito online suicide prevention training](#) for K-12 and college staff and faculty- more than 17,000 participants trained FY22
- [Are You OK?](#) Workplace suicide prevention training available free to the public through the ODMHSAS training institute.
- Free gun safety locks available through the ODMHSAS hub system and all CMHCs.



Free Naloxone

- Visit OkImReady.org for free naloxone kits by mail.

