Community Based Prevention Programs

Emily Morrow
Prevention Programs Manager I
Oklahoma Department of Mental Health and Substance Abuse Services
Oklahoma’s Prevention System: Sector Based Approach
Community Based Prevention Services (CBPS)

- Oklahoma funds **38** community coalitions across the state.
- **86** prevention workplans developed and implemented at the local level.

Funded Scopes of Service:
- Alcohol
- Marijuana
- Stimulant
- Opioid
CBPS Funded Counties

Scope of Service:
- SAMHSA SPF-PFS
- SAMHSA SPF-Rx
- Alcohol
- Marijuana
- Opioids
- Stimulants
Community-Based Prevention Services (CBPS) and Funded Counties

- Care Consulting (918) 316-8180
- Care Consulting (405) 308-2359
- City of Sallisaw (918) 774-7566
- DCCCA, Inc. (405) 548-5059
- Forest Grove Public Schools (580) 286-8604
- Gateway to Prevention & Recovery (405) 275-3391 ext. 1101
- Neighbors Building Neighborhood (918) 683-4600
- OSU Seretean Wellness Center PANOK (405) 414-4279
- OSU Seretean Wellness Center Tri-County (918) 685-1566
- OU Southwest Prevention Center (405) 325-4282
- ROCMIN Area Youth Services of Miami (918) 533-3847
- ROCMIN Area Youth Services of Pryor (918) 256-7518

Scope of Service:
- SAMHSA SPF-PFS
- Alcohol
- Marijuana
- Opioids
- Stimulants

OKLAHOMA Mental Health & Substance Abuse
ODMHSAS Higher Education Prevention Services

Focus priorities: opioid, stimulant, and suicide prevention

**East Central University**
1100 E 14th St, Ada, OK 74820
Contact: Heli Witherington
(580) 559-5815 | h怀里tington@ecok.edu
Website: www.ecok.edu

**Langston University**
701 Sammy Davis Jr Dr, Langston, OK 73050
Contact: Sandra Brown
(405) 446-3223 | sandra.brown10@langston.edu
Website: https://www.langston.edu/

**Northeastern Oklahoma A&M**
200 S 1st St, Miami, OK 74354
Contact: Cristen Knight
(918) 540-8208 | cristen.knight@novo.edu
Website: https://www.naou.edu/

**Northeastern State University**
600 N Grand Ave, Tahlequah, OK 74464
Contact: Sheila Self
(918) 444-2120 | safs@nscok.edu
Website: nscok.edu

**Northwestern Oklahoma State University**
709 Oklahoma Blvd., Alva, OK 73717
Contact: Taylor Wilson
(580) 327-8647 | tmailson@mowiso.edu
Website: https://www.mowiso.edu/

**Oklahoma City Community College**
7777 S May Ave., Oklahoma City, OK 73159
Contact: David Schroer
(405) 860-2153 | david.s.schroer@occc.edu
Website: https://www.occc.edu/

**Oklahoma Panhandle State University**
323 W Eagle Blvd., Goodwell, OK 73939
Contact: Virginia Cruz
(580) 349-1359 | vcruc@opSU.edu
Website: https://www.opSU.edu

**Oklahoma State University**
1514 W Hall of Fame, Stillwater, OK 74078
Contact: Ryan Draper
(405) 744-8867 | ryanedraper@okstate.edu
Website: https://wellness.okstate.edu/student-wellness/heps/index.html

**Rose State College**
701 SE 15th St, Midwest City, OK 73110
Contact: Comissa Lemieux
(405) 728-3216 | clemieux@rosa.edu
Website: https://www.rosa.edu/

**University of Central Oklahoma**
100 N University Dr, Edmond, OK 73034
Contact: Kyle Deatherage
(405) 974-3923 | kdeatherage1@uco.edu
Website: https://www.uco.edu/student-resources/center-for-counseling-and-wellbeing/health-promotion

**University of Oklahoma**
700 Elm Ave, Room 335, Norman, OK 73069
Contact: Jovanna Gaines
(405) 235-2821 | jgw@ou.edu
Website: https://ou-campuslabs.com/engage/organization/ouheps

**Southeastern Oklahoma State University**
425 University Blvd., Durant, OK 74701
Contact: April A. Lehnfert
(580) 745-2688 | alehnfr@se.edu
Website: https://www.se.edu/
Frameworks Guiding Prevention

Strategic Prevention Framework Model

• Uses a strategic process to address any health problem that threatens a population.
Outcomes-Based Prevention

**Consequence**
Social, economic, and health problems associated with substance misuse.

**Problem Area (Consumption)**
Overall substance consumption, acute or heavy consumption, consumption in risky situations, and consumption by high-risk groups.

**Intervening Variable**
Risk or protective factors that have been identified through research as being strongly related to and influencing the occurrence and magnitude of substance use and related risk behaviors and their consequences.

**Service Type and Strategies**
What will the work look like in relation to the CSAP Service types, Strategies and Evidence Based Programs, Policies, and Practices.
Prevention work in our communities

• Providing educational resources and information
• Proving disposal bags and lockboxes to community members
• Organizing Take Back Day Events and promoting permanent disposal drop box locations
• Media
• Providing local organizations and entities with prevention technical assistance
• Working with local business to create and/or update organizational policies
• Working with city to adopt and/or enhance public policies and ordinances
• And more
Systems Change Successes

- Organizational policies with pharmacies and City Halls to have permanent disposal drop boxes installed and maintained or provide medication deactivation bags with all opioid prescriptions filled.
- Increased enforcement of alcohol overservice and selling to a minor.
Systems Change Successes

• Policy with health clinics to provide information on the effects of youth alcohol and marijuana use to parents.

• Enhancing school and business policies to include a plan for safe use, safe storage, and safe disposal of prescription medications.

• Policy to offer installation of lock box in homes with reported opioid theft.
Systems Change in the Works

Currently our sub-grantees are working on:

- Adopting public and organizational policy to require first responders to report overdoses into OD Maps.
- Updating school policies to address risk and protective factors around school suspension for marijuana possession.
- Adopting ordinance to establish a student referral to coordinated care program for youth who receive a citation for possession of marijuana or possession of marijuana paraphernalia.
- Adopting ordinance requiring home health care agency to report all suspected medication sharing use other than prescribed.
How To Get Involved

• Join a coalition
• Collaborate with coalitions to provide education and information dissemination
  • Coalitions can help promote CCBHCs too!
  • Coalitions can help provide resources and information on how to talk with your children about substance misuse.
• Promote Take Back Events and community drop box locations
• Help provide local level data
• Lockbox distribution
• Help with policy work

Gail Box at Texhoma Public Schools