CARES Funding

The Coronavirus Aid, Relief, and Economic Securities (CARES) Act funds were provided to states to support public services impacted or adjusting to the presence of COVID-19.

Timeline: 5 months (Aug-Dec)

Goal: Expeditiously initiate awarded projects to rebuild and recover Oklahoma communities.

ODMHSAS Projects

- Mental Health Support for Law Enforcement ($1.2M)
- Expansion of Technology ($2.6M)
- Mental Health COVID Services ($5M)
- Mental Health Training for Front Line ($500,000)
- Mental Health Integration ($1M)
Mental Health Support for Law Enforcement
Mental Health Support for Law Enforcement

• Recognition that in addition to traditional stressors, officers facing Covid-19 related stressors as well
  • Loss of employment in the family
  • Anxiety
  • Disconnect with support systems or extended family
  • Concerns for their own health and safety

• Provides multiple avenues of support
  • Mental health services for officers
  • Mental health eLearning opportunities
  • Mental health services for individuals they interact with in the public
Mental Health Support for Law Enforcement

- Mental Health Services for Officers
  - Funds local treatment agencies to develop services using mobile technology that are confidential and real-time from their home, vehicle, or office
  - Reduces stigma barriers which prevent some officers from accessing care within their internal network
  - Provides both immediate crisis and trauma debriefing to quickly process traumatic events and provide ongoing counseling services
Mental Health Support for Law Enforcement

• Mental Health Services for Officers
  • 232 law enforcement agencies were connected to care in 70 counties. Included police departments, sheriff’s departments, university police, and tribes
  • Nearly 1,300 ipads were distributed in total
  • Connecting officers and those they interact with to care
Mental Health Support for Law Enforcement

- Mental Health Education
  - Each CLEET commissioned officer in the state has a requirement to receive at least two hours of approved mental health training each year
  - While always a challenge, especially in rural areas, Covid-19 dramatically limited the training opportunities available
  - ODMHSAS created a series of 10 CLEET-approved, on-demand eLearning courses
  - Since August 2020, over 800 courses have been completed by Oklahoma officers
eLearning Course Completions

Courses Completed by Month

- Completions
- Linear (Completions)
eLearning Course Completions

Course Completed by Topic

<table>
<thead>
<tr>
<th>Topic</th>
<th>Completions</th>
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<tbody>
<tr>
<td>Crisis Intervention</td>
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<td>Youth and Young Adult</td>
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<td>Bridge Between Suicide and Life</td>
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Expansion of Technology
Expansion of Technology

• Project Description: Provided mobile devices to service recipients for immediate crisis care, ongoing therapy and case management, medication visits, and seamless transitions from higher levels of care back to the community.

• Project Deliverables: Distributed grants to Oklahoma Community Mental Health Centers (CMHCs) and Comprehensive Community Addiction Recovery Centers (CCARCs) for the expansion of technology to better serve Oklahomans during the pandemic.
Expansion of Technology

- Success Metrics as of Project Closeout (12/23/2020)
  - Funds Awarded = $2.6M
  - Devices Purchased = 5,957
  - Number of Persons Reached (ongoing) = 2,541
  - Number of Counties/Regions Reached (ongoing) = 49
  - Number of Sustainability Plans = 12 (all awarded agencies)
Expansion of Technology

• Success Stories:
  • Client in crisis at the Salvation Army overflow shelter. Immediate linkage.
  • Historically high utilizer of services requiring hospitalization. Doing well.
  • Client in a domestic violence relationship. Mentally stronger. Project saved this client.
  • Outreached to police departments, schools, women shelters, juvenile detention centers, as well as individuals who struggle to attend traditional services.
  • Residential consumers in quarantine. Services continue.
  • Consumers have embraced the technology.
Mental Health
COVID Services
Mental Health COVID Services

• Project Description: Allowed mental health and addiction providers to meet the increased need by attributing any increase in client load and services to COVID-19 under ODMHSAS-developed criteria. Treatment for these individuals, when no other payer source exists, could be billed to this emergency treatment fund.

• Project Deliverables: Paid pended claims (those claims in which services were provided but there were no contractual dollars available to pay the claim). Paid the additional claim amounts either in full; or, where dollars were not sufficient to reimburse claims in full, paid claims based upon a pro-rated amount distributed by an equal percentage of claims.
Mental Health COVID Services

• Process
  • 2 Rounds (March-June & July-Sept).
  • Compared pended services with the prior FY for the same date segments.
    • Distributed funds by comparing agencies with >$10,000 in pended from March 1 through June 30 in FY20 with their March 1 through June 30 FY19 pended. Divided funds among agencies with >1% pended. Other agency's pended were paid with other funding sources.
    • Same process for July-Sept.
Mental Health COVID Services

• Success Story:
  • Grand Lake – We want to use the added funds we were not expecting for more crisis care. We have transitioned people from residential care facilities into the community and have clients doing really well in the community.
Training for Front Line
Training for Front Line

**Purpose:**
Expand access to best practice skills to recognize, respond, and prevent mental and emotional distress responses.

- First Responders
- Schools
- Employers
- Health/Behavioral Health Providers
- Parents/Caregivers
Training for Front Line

Six (6) Courses:

1. Resilience in Times of Uncertainty
2. Calm Parent, Healthy Kids
3. Friend2Friend
4. Mental Health First Aid
5. Youth Mental Health First Aid
6. LivingWorks START
Training for Front Line

Trained = 2,109
Certified as instructors = 43
Participating organizations = 152
Mental Health Integration
Mental Health Integration

Purpose:

Address needs of healthcare workers and school staff to effectively respond to increased mental or emotional distress.

Integrate mental health best practices in primary care and schools.
Mental Health Integration

• 31 primary care sites and school districts designated a Behavioral Health Coordinator and developed an organizational plan

• 1,234 healthcare professionals and school-based staff were trained in best practices.

• All sites implemented at least one integrated care model:
  - Screening
  - Referral management
  - Evidence-based interventions/supports
  - Integrated mental health protocols/systems
Mental Health Integration

➢ Training Matrix for Primary Care
➢ Referral Management Guide Developed
➢ Professional Development Course