#### BOARD OF MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES November 21, 2024

## Department of Mental Health and Substance Abuse Services Oklahoma City Oklahoma

Board members present:

Shannon O'Doherty, Chair Gina Pazzaglia, Ph.D. Tayyaba Ali, MD Kari Stomprud, M.Ed. Carisa Wilsie, Ph.D. Craig Henderson, LCSW, MDIV Hamel B. Reinmiller, CPL

Others present: Becky Porter, LIFT Community Bobbie Hill, Eagle Recovery Kirsten, Eagle Recovery Julie, Great Plains Joey Mickey, ODMHSAS Kelli Reid. ODMHSAS Shannon Whipkey, Solari Shay Espinosa, Integrated Therapy Cherita Wells, ODMHSAS Amy Turner, Mindset Behavioral Joseph Mansfield, Unity Recovery Nisha Wilson, ODMHSAS Dan Webber, Ryan Whaley Chantal Curry, Solari/988 Rich Edwards, ODMHSAS

Allie Friesen, Commissioner Mariah Richardson, Worklt Health Lisa McWhirter, Eagle Recovery Kristy Lowe, Deaconess Tyler Talley, Quorum Call Ryan Berry, ODMHSAS Misty Capps, ODMHSAS Jo-Ann Richardson, Narconon Dustin Robins, ODMHSAS Kim White, Canadian County Carie Carmen, OMES Edith Llanos, Creative Life Caleb Klusmeyer, Unity Recovery Jeremy Tubb, Fuller Tubb Barrett Brown, ODMHSAS Jess Lewallen, ODMHSAS

# CALL TO ORDER

Ms. O'Doherty called the meeting to order and stated that a quorum was present.

# APPROVAL OF MINUTES OF THE SEPTEMBER 26, 2024, BOARD MEETINGMS.

Stomprud moved to approve the September 26, 2024, minutes. Dr. Ali seconded the motion.

## ROLL CALL VOTE

Ms. O'Doherty	Yes	Dr. Wilsie	Yes
Dr. Ali	Yes	Mr. Henderson	Yes
Ms. Stomprud	Yes		

# DISCUSSION AND POSSIBLE ACTION REGARDING APPROVAL OF PROGRAM CERTIFICATION RECOMMENDATIONS

Kelli Reid, Director of Provider Compliance and Assistance, presented the programs recommended for approval listed on Attachment A as follows:

# **Alcohol and Drug Treatment Programs**

## A. Permit for Temporary Operation

Permit for temporary operation was recommended for: Lift Community Action Agency, Inc., Hugo [OP: Adult]; Mindset Behavioral Health, P.L.L.C., Tulsa [OP: Adult]; Narconon of Oklahoma, Inc. dba Narconon Arrowhead, Canadian [Res: Adult]; Unity Recovery Center, Pauls Valley [Medically supervised withdrawal: Adult]; Workit Health (MI), P.L.L.C., Norman [OP: Adult]

Ms. Stomprud moved to approve permit for temporary operation for the above-referenced programs. Dr. Ali seconded the motion.

<u>ROLL CALL VOTE</u>			
Ms. O'Doherty	Yes	Dr. Wilsie	Yes
Dr. Ali	Yes	Mr. Henderson	Yes
Ms. Stomprud	Yes		

# B. Certification with Special Distinction

Certification with special distinction was recommended for: Gary E. Miller Canadian County Children's Justice Center, El Reno [OP, Adol. Res: Adol., Adult]; Oklahoma Families First, Inc., Holdenville, Seminole [OP: Adol., Adult]; Stages of Recovery, Inc., Oklahoma City [OP: Adol., Adult]; Street School, Inc., Tulsa [OP: Adol.]

Ms. Stomprud moved to approve certification with special distinction for the above-referenced programs. Dr. Ali seconded the motion.

Ms. O'Doherty acknowledged and congratulated Gary E. Miller, Stages of Recovery, and Street School for being 100% compliant with all standards and eligible for a refund.

## ROLL CALL VOTE

Dr. Pazzaglia	Yes	Ms. Stomprud	Yes
Ms. O'Doherty	Yes	Dr. Wilsie	Yes
Dr. Ali	Yes	Mr. Henderson	Yes

## C. Two-Year Certification

Two-year certification was recommended for: Eagle Christian Ministries, Inc. dba Eagle Recovery Treatment Center, Oklahoma City [OP, Res, Co-occ res: Adol. OP, Adult]; GPR Opco, L.L.C. dba Great Plains Recovery Center, Tulsa [OP, Res, Co-occ res, Medically supervised withdrawal: Adult]

Ms. Stomprud moved to approve certification with two-year certification for the abovereferenced programs. Dr. Ali seconded the motion.

ROLL CALL VOTE			
Dr. Pazzaglia	Yes	Ms. Stomprud	Yes
Ms. O'Doherty	Yes	Dr. Wilsie	Yes
Dr. Ali	Yes	Mr. Henderson	Yes

# **Comprehensive Community Addiction Recovery Center Programs**

## A. Certification with Special Distinction

Certification with special distinction was recommended for: The Center for Therapeutic Interventions, P.L.L.C., Bartlesville, Tulsa

Ms. Stomprud moved to approve certification with special distinction for the above-referenced programs. Dr. Ali seconded the motion.

Ms. O'Doherty recognized that they are 100% compliant and eligible for a refund. She congratulated them.

## ROLL CALL VOTE

Dr. Pazzaglia	Yes	Ms. Stomprud	Yes
Ms. O'Doherty	Yes	Dr. Wilsie	Yes
Dr. Ali	Yes	Mr. Henderson	Yes

#### Opioid Substitution Treatment Programs A. Certification with Special Distinction

Certification with special distinction was recommended for: The Center for Therapeutic Interventions, P.L.L.C., Tulsa; Oklahoma Treatment Services, L.L.C., McAlester; Oklahoma Treatment Services, L.L.C., Oklahoma City (SW 29th)

Ms. Stomprud moved to approve certification with special distinction for the above-referenced programs. Dr. Ali seconded the motion.

Ms. O'Doherty recognized The Center for Therapeutic Interventions, Tulsa for being 100% compliant and eligible to receive a refund.

## ROLL CALL VOTE

Dr. Pazzaglia	Yes	Ms. Stomprud	Yes
Ms. O'Doherty	Yes	Dr. Wilsie	Yes
Dr. Ali	Yes	Mr. Henderson	Yes

## B. One-Year Certification

One-year certification was recommended for: Southern Oklahoma Treatment Services, Inc., Anadarko

Ms. Stomprud moved to approve certification with one-year certification for the abovereferenced programs. Mr. Henderson seconded the motion.

## ROLL CALL VOTE

Dr. Pazzaglia	Yes	Ms. Stomprud	Yes
Ms. O'Doherty	Yes	Dr. Wilsie	Yes
Dr. Ali	Yes	Mr. Henderson	Yes

# **Outpatient Mental Health Treatment Programs**

# A. Permit for Temporary Operation

Permit for temporary operation was recommended for: Embrace Counseling Services, L.L.C.,

Durant; Envision Therapies, L.L.C., Cleveland; Grow Well Behavioral Health, L.L.C., Tulsa; Kathleen Ward, Ph.D., P.C. dba McAlester Psychological Associates, McAlester

Ms. Stomprud moved to approve permit for temporary operation for the above-referenced programs. Mr. Henderson seconded the motion.

<u>ROLL CALL VOTE</u>			
Dr. Pazzaglia	Yes	Ms. Stomprud	Yes
Ms. O'Doherty	Yes	Dr. Wilsie	Yes
Dr. Ali	Yes	Mr. Henderson	Yes

## B. Certification with Distinction

Certification with distinction was recommended for: Brighter Heights Oklahoma, L.L.C., Antlers, Durant, Hugo, Idabel, Poteau; Center for Psychological Development, Inc., Atoka, Durant, McAlester, Poteau; Deaconess Pregnancy & Adoption Services, L.L.C., Oklahoma City; Healing Hearts Counseling & Consulting, L.L.C., Atoka, Hugo; Hope Blooms, L.L.C., Muskogee; Integrated Therapy Solutions of Oklahoma, L.L.C., Moore; New Horizons Treatment Services, L.L.C., Coalgate; Wilson Psychological Associates, P.L.L.C., Bartlesville; Youth & Family Resource Center, Inc., Shawnee

Ms. Stomprud moved to approve certification with distinction for the above-referenced programs. Mr. Henderson seconded the motion.

Ms. O'Doherty recognized Brighter Heights Oklahoma, Center for Psychological Development, Healing Hearts Counseling & Consulting, Integrated Therapy Solutions of Oklahoma, and Wilson Psychological Associates for being 100% compliant.

## ROLL CALL VOTE

Dr. Pazzaglia	Yes	Ms. Stomprud	Yes
Ms. O'Doherty	Yes	Dr. Wilsie	Yes
Dr. Ali	Yes	Mr. Henderson	Yes

# C. Two-Year Certification

Two-year certification was recommended for: Sassin & Associates, L.L.C., Tulsa

Dr. Pazzaglia moved to approve two-year certification for the above-referenced program. Ms. Stomprud seconded the motion.

ROLL CALL VOTE			
Dr. Pazzaglia	Yes	Ms. Stomprud	Yes
Ms. O'Doherty	Yes	Dr. Wilsie	Yes
Dr. Ali	Yes	Mr. Henderson	Yes

# D. One-Year Certification

One-year certification was recommended for: Creative Life Counseling Services, L.L.C., Lawton

Ms. Stomprud moved to approve one-year certification for the above-referenced program. Dr. Ali seconded the motion.

ROLL CALL VOTE			
Dr. Pazzaglia	Yes	Ms. Stomprud	Yes
Ms. O'Doherty	Yes	Dr. Wilsie	Yes
Dr. Ali	Yes	Mr. Henderson	Yes

#### Community Residential Mental Health Center Programs A. Certification with Distinction

Certification with distinction was recommended for: Miller's Residential Care, L.L.C., Vinita

Ms. Stomprud moved to approve certification with distinction for the above-referenced program. Dr. Wilsie seconded the motion.

Ms. O'Doherty congratulated Miller's Residential Care for being 100% compliant.

RULL CALL VUTE			
Dr. Pazzaglia	Yes	Ms. Stomprud	Yes
Ms. O'Doherty	Yes	Dr. Wilsie	Yes
Dr. Ali	Yes	Mr. Henderson	Yes

Ms. O'Doherty stated the need to alter the agenda order and turned to the Performance Improvement Committee report.

# DISCUSSION REGARDING THE REPORT FROM THE PERFORMANCE IMPROVEMENT COMMITTEE

Dr. Wilsie presented the Performance Improvement (PI) Committee report as follows:

The Performance Improvement Committee met on November 14, via Zoom. There were two presentations for the November meeting.

Brianna Norman, Interim Executive Director of Central Oklahoma CMHC, presented on "Pause Days."

A summary of their presentation follows:

DOLL CALL VOTE

Central Oklahoma Community Mental Health Center implemented "pause days" in October 2024. There are nine treatment teams at COCMHC, five on the adult campus and four on the children's campus. Pause days were created by the Operational Excellence Team at COCMHC while consulting on how to make workloads more manageable for staff and how to provide quality services for the community. There was a need to "take a breath" so to speak and ensure that core services continue to be available to community.

They decided on pause days to take a little pause for each team. They quickly learned that adult teams needed at least two days to pause, and children's teams only needed half a day to pause. This is largely because of the demand on services and the interest in services. They learned that children and their families are more consistent in seeking regular therapy, case management, and family support services with some medication support. On the adult campus, they learned that many consumers were largely interested in medication services and do require other services that they cannot always access due to the demands on the

system.

Pause days have helped find training gaps, have enforced the need for additional staff on the adult campus, and have helped to manage caseloads for individuals. Pause days lead to a list of close to 500 people who need engagement into services and have discharged over 300 people who were no longer receiving services and had not received services for more than 180 days. This has helped staff feel empowered and it has helped them to feel like they can better support their caseloads.

Our second presentation, Dr. David Wright, Chief of Decision Support Services, presented "PI Process Around Suicide Deaths in Oklahoma - Bending the Curve."

A summary of their presentation is as follows:

This presentation examined suicide death data and trends for three different groups: Those aged 10 to 24, those 25 to 34, and those 35 and older. Data and projections indicate that there is a flat trajectory with no growth expected for both younger groups, while the older group is experiencing an increase in deaths by suicide.

The presentation provided strategies that ODMHSAS is actively engaged in to bend the curve on suicide deaths. These include the following:

- Working with the continuous performance improvement process loop.
- Identifying and monitoring trends.
- Encouraging 988 contacts.
- Expanding services such as utilizing mobile teams across the state, placing urgent recovery center URCs across the state, establishing crisis stabilization units across the state.
- Building a sentinel event reporting process.

Dr. Durand Crosby reviewed our Critical Incidents Report Summaries and circumstances surrounding these incidents.

The Performance Improvement Subcommittee recommends that the Board accept the Critical Incidents Report.

Dr. Wilsie moved to approve the Critical Incidents Report. Dr. Ali seconded the motion.

ROLL CALL VOTE			
Mr. Reinmiller	Yes	Ms. Stomprud	Yes
Dr. Pazzaglia	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

# DISCUSSION REGARDING REPORT FROM COMMISSIONER

Commissioner Friesen presented her report as follows:

She stated in the Briggs lawsuit a settlement agreement was reached last week; the consent decree awaits the judge's final approval. She stated she's pleased with the outcome.

She stated her leadership team has spent time really digging into the new strategic plan. The Operational Excellence Team has been visiting different facilities to meet with the leadership teams and working with them on what is called the catch fall process. She stated it is a new process for many, if not all of the clinicians and leaders across ODMHSAS's facility space; overall, it has been going really well and they are receiving meaningful feedback.

She stated she has had multiple presentations and opportunities to be in the community in the last few months. She had a meeting with the Cleveland County Mental Task Force around areas of collaboration and partnership. Yesterday, she was with the Oklahoma Hospital Association to talk about what ODMHSAS does at the policy level and what kind of regulations the Agency is working toward. Then, she had the opportunity to visit the Tulsa area and talk to the funders and the philanthropic community in Tulsa around what her plans are for the Agency. She stated her team is starting to gear up for legislative session and reviewing priorities.

She had a good discussion with Mayor Holt a few weeks ago talking about the MAPS Project and how to better coordinate strategy across Oklahoma County since there is so much growth that is happening.

#### DISCUSSION REGARDING THE REPORT FROM CORPORATE ACCOUNTABILITY SUBCOMMITTEEMr. Reinmiller presented his report as follows:

The Corporate Accountability Subcommittee met on November 13.

# DISCUSSION AND POSSIBLE ACTION REGARDING THE INTERNAL AUDITOR'S REPORT

Misty Capps presented the Internal Audit report and updated the committee on the status of the ongoing audits being conducted by the division. The report has been included in your board book for your review.

I am sure everybody has already been through it, but we did have a few questions during the Internal Audit Report, which she addressed.

Ms. Capps is here to answer any questions about her report.

Mr. Reinmiller made a motion to approve the Internal Audit report. Mr. Henderson seconded the motion.

#### ROLL CALL VOTE

Mr. Reinmiller	Yes	Ms. Stomprud	Yes
Dr. Pazzaglia	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

# DISCUSSION AND POSSIBLE ACTION REGARDING THE ADVOCATE GENERAL'S REPORT

The department's Advocate General, Joey Mickey, presented the Advocate General's report to the subcommittee and updated the committee on work being conducted by their division. The report has been included in your board book.

There were no questions for the Advocate General following his report. He is present, to answer that you may have.

Mr. Reinmiller made a motion to approve the Advocate General's report. Dr. Ali seconded the motion.

ROLL CALL VOTE			
Mr. Reinmiller	Yes	Ms. Stomprud	Yes
Dr. Pazzaglia	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

# DISCUSSION AND POSSIBLE ACTION REGARDING THE INSPECTOR GENERAL'S REPORT

The department's Senior Deputy Commissioner, Dr. Durand Crosby, presented the Inspector General's report to the subcommittee, and the Inspector General's report was reviewed by the Subcommittee and was included in your board book today.

We had no questions on the Inspector General's report, but Dr. Crosby is present if anyone has any here today.

Mr. Reinmiller made a motion to approve the Inspector General's report. Dr. Pazzaglia seconded the motion.

#### ROLL CALL VOTE

Mr. Reinmiller	Yes	Ms. Stomprud	Yes
Dr. Pazzaglia	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

## DISCUSSION AND POSSIBLE ACTION REGARDING THE LEGAL REPORT

Dr. Crosby then presented the Legal Report, which has been included in your board book.

We did have a few questions for him regarding the legal report that he was able to address. He is here and present today for any questions you may have.

Dr. Crosby stated there is pending DOJ investigation that he would like to discuss a little bit further. ODMHSAS has retained two law firms in this matter because most times, if all not all times, these may go into litigation. There are two attorneys from each firm present to provide you with a more detailed update of this pending investigation. Based on the advice of the attorneys, this communication should remain confidential. The lawyers have determined that disclosure of the communication could seriously impair their ability to prepare for possible litigation and, therefore, they are recommending the Board go into Executive Session for this discussion.

Mr. Reinmiller made a motion that the board go into Executive Session so that they can have confidential communications with the attorneys concerning the pending litigation as described.

Mr. Henderson seconded the motion.

<u>ROLL CALL VOTE</u>			
Mr. Reinmiller	Yes	Ms. Stomprud	Yes
Dr. Pazzaglia	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

Ms. O'Doherty stated for Executive Session, all board members, Commissioner, Dr. Crosby, Nisha Wilson, Ryan Berry, Dan Webber, Jeremy Tubb, Jess Lewallen, Curt Rawls, and Barrett Brown should remain.

#### Board enters executive session.

### Board room reopened to the public.

Mr. Reinmiller motioned to leave Executive Session. Mr. Henderson seconded the motion.

<u>ROLL CALL VOTE</u>			
Mr. Reinmiller	Yes	Ms. Stomprud	Yes
Dr. Pazzaglia	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

Ms. O'Doherty stated that the Board took no action while in Executive Session.

Mr. Reinmiller stated the Corporate Accountability Subcommittee recommends the Board accept the Legal Reports.

Mr. Reinmiller motioned to accept the Legal Report. Mr. Henderson seconded.

ROLL CALL VOTE			
Mr. Reinmiller	Yes	Ms. Stomprud	Yes
Dr. Pazzaglia	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

## DISCUSSION REGARDING THE REPORT FROM THE FINANCE COMMITTEE

Mr. Henderson presented the report for the Finance Committee as follows:

The Finance Committee met this past Wednesday, November 13, 2024.

# DISCUSSION AND POSSIBLE ACTION REGARDING THE MONTHLY FINANCIAL REPORT

Rich Edwards presented the FY-2025 Finance Report for the month ending October 2024. He presented the budget to actual comparison report as follows:

For FY-2025, revenue collections are trending below projections for the first 4 months of the year, collections are \$7.1 million below the estimate. Expenditures are trending under budget

by 12% or %76 million. That is typical at this time of year due to delays in establishing new programs and fully encumbering all contracts. The year-to-date net variance for the agency is a positive 11.2% or \$68.9 million.

The Finance Committee recommends approval of the FY-2025 October Financial Report.

Mr. Henderson moved to approve the financial report. Mr. Reinmiller seconded.

ROLL CALL VOTE			
Mr. Reinmiller	Yes	Ms. Stomprud	Yes
Dr. Pazzaglia	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

## DISCUSSION AND POSSIBLE ACTION REGARDING BUDGET REVISIONS

For the 2025 budget revisions, the Finance Committee recommended approval of revisions #3, 4, and 5 to the FY-2025 budget work program. The budget revisions included newly awarded federal funds as well as some carried over capital funds, as well as the remaining 781 funds from FY-2024. The net total of all 3 revisions was an increase of \$17,531,294.

Mr. Henderson moved to approve the budget revisions #3, 4, and 5 to FY-2024 budget work program. Mr. Reinmiller seconded.

#### ROLL CALL VOTE

Mr. Reinmiller	Yes	Ms. Stomprud	Yes
Dr. Pazzaglia	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

**DISCUSSION AND POSSIBLE ACTION REGARDING AUDIT FINAL COMMUNICATION** Finally, we had final communications in regard to the FY-2023 audit.

Mr. Edwards presented the final communication from the State Auditor and Inspector for ODMHSAS FY-2023 Single Audit. The Office of SAI found no significant issues and no reportable findings. We did have some brief discussions on two non-reportable findings. There is no action required on this item but if you have any questions regarding the audit, he is here to answer those questions.

## DISCUSSION AND POSSIBLE ACTION REGARDING ODMHSAS BOARD MEETING DATES FOR CALENDAR YEAR 2025

Ms. O'Doherty stated in your packet are the dates for the meetings in 2025, keeping with the same Thursdays.

Ms. Stomprud moved to accept these meeting dates for 2025. Dr. Ali seconded.

Ms. O'Doherty asked for any questions or comments on the meetings.

Mr. Henderson asked if there was a rhyme or reason for the months that the Board meets.

Ms. Lewallen stated it is more about the provider certifications; ODMHSAS does not want to go too long between meetings so that they can continue getting approved is my understanding. The May meeting was removed for 2025. So long as the budget is approved at the June meeting, the July meeting will not be needed; there should be no back to back Board months in 2025.

ROLL CALL VOTE			
Mr. Reinmiller	Yes	Ms. Stomprud	Yes
Dr. Pazzaglia	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

Ms. O'Doherty stated it was time to recess to convene the Real Property Trust meeting.

Mr. Reinmiller moved to recess the Board meeting to convene the Real Property Trust meeting. Ms. Stomprud seconded.

ROLL CALL VOTE			
Mr. Reinmiller	Yes	Ms. Stomprud	Yes
Dr. Pazzaglia	Yes	Dr. Wilsie	Yes
Ms. O'Doherty	Yes	Mr. Henderson	Yes
Dr. Ali	Yes		

### PRESENTATION

Commissioner Friesen introduced the speaker for today, Ms. Shannon Whipkey. Shannon Whipkey, BHPP, is a certified Peer Recovery Support Specialist and currently serves as a Follow-Up Specialist I with Solari Crisis & Human Services. She is passionate about helping others find hope and recovery and brings her experience as a recovering meth addict – more than five years clean – to her daily work. In her career as a CPRSS, she spent two years with the ODMHSAS and has been with Solari since 2022. Shannon is a mother of two and a grandmother of two with one more on the way. She loves spending time with her family creating memories together and watching movies.

Ms. Whipkey shared her story of addiction and recovery.

The Board thanked Ms. Whipkey for attending the Board meeting and sharing her story.

Yes Yes Yes

#### **NEW BUSINESS**

There was no further business discussed.

#### ADJOURNMENT

Ms. Stomprud moved to adjourn the meeting. Dr. Ali seconded the motion.

#### ROLL CALL VOTE

Mr. Reinmiller	Yes	Ms. Stomprud
Dr. Pazzaglia	Yes	Dr. Wilsie
Ms. O'Doherty	Yes	Mr. Henderson
Dr. Ali	Yes	

Shannon O'Doherty, Chair

Hamel B. Reinmiller, CPL

Gina Pazzaglia, Ph.D.

Kari Stomprud, M.Ed.

Carisa Wilsie, Ph.D.

Tayyaba Ali, M.D.

Craig Henderson, LCSW, MDIV

\*\*\*Next Meeting\*\*\* January 30, 2025