

# OKLAHOMA HEALTH IMPROVEMENT PLAN

## 20/20: BRINGING OKLAHOMA'S HEALTH INTO FOCUS

The Oklahoma Health Improvement Plan (OHIP) was developed by health leaders, representatives of business, labor, tribes, academia, non-profit health organizations, state and local governments, professional organizations and private citizens.

### OHIP Framework



### Making the Connection: Social Determinants, Personal Behaviors and Health Outcomes



## FLAGSHIP ISSUES

### TOBACCO USE



45<sup>th</sup>

23.7%

on smoking among adults

### OBESITY



44<sup>th</sup>

32.5%

on obesity among adults

### CHILDREN'S HEALTH



43<sup>rd</sup>

6.8 PER 1,000

on infants who do not survive to their first birthday

### BEHAVIORAL HEALTH



44<sup>th</sup>

4.3 DAYS

on number of poor mental health days in the past 30 days reported by adults

### CORE MEASURES

Reduce adolescent smoking prevalence from 15.1% in 2013 to 10% in 2020 for high school-aged youth and from 4.8% in 2013 to 2% in 2020 for middle school-aged youth (2018 data).

Reduce adult smoking prevalence from 23.7% in 2013 to 18% in 2020 (2019 data).

### CORE MEASURES

Reduce adolescent obesity prevalence from 11.8% in 2013 to 10.6% in 2020 (2019 data).

Reduce adult obesity prevalence from 32.5% in 2013 to 29.5% in 2020 (2019 data).

### CORE MEASURES

Reduce infant mortality from 6.8 per 1,000 live births in 2013 to 6.4 per 1,000 live births by 2020 (2018 data).

Reduce Maternal Mortality from 29.1 per 100,000 live births to 26.2 per 100,000 live births by 2020 (2018 data).

Reduce Infant, Child and Adolescent Injury Mortality from 15.2 per 100,000 in 2013 to 13.9 per 100,000 by 2020 (2018 data).

### CORE MEASURES

Reduce the prevalence of untreated mental illness from an 86% treatment gap to 76% in 2020 (2018 data).

Reduce the prevalence of addiction disorders from 8.8% to 7.8% by 2020 (2018 data).

Reduce suicide deaths from 22.8 per 100,000 in 2013 to 19.4 per 100,000 by 2020 (2017 data).

## HEALTH SYSTEMS

In order for Oklahoma to achieve demonstrated improvement in health outcomes, systems that support health must be high quality, accessible and value-based. These systems should create an environment in which the healthy choice is the easy choice for Oklahomans. OHIP 2020 addresses health systems through two major focus areas – Health Transformation and Health Education.

### HEALTH TRANSFORMATION

Efforts are focused on creating a high-functioning health system that improves population health, health quality and access to care while bending the healthcare cost curve.

### HEALTH EDUCATION

Efforts are focused on empowering people to take action by increasing knowledge and skills, while also focusing on systems, environments and policies that affect health.

## CALL TO ACTION

All Oklahomans are asked to do their part and participate in creating a culture of health through the following actions:

Adopt recommended healthy lifestyle changes and encourage your friends and family.

Get connected with a local Turning Point or other community partnership to plan and implement local community health improvement efforts.

Encourage local businesses, schools, communities, and congregations to apply for and achieve Certified Healthy Oklahoma recognition.

Visit [www.health.ok.gov](http://www.health.ok.gov) for a complete listing of Turning Point Coalitions in Oklahoma.

Go to [OHIP2020.com](http://OHIP2020.com) to learn more about the Oklahoma Health Improvement Plan.