

Oklahoma Systems of Care
Course Description
Family Support Provider

Description:

Children and families with the most complex needs generally do not achieve universally-desired outcomes such as: success in school, non-involvement in the juvenile justice system, safety, stable residence in their home community, productive careers and satisfying relationships. For these children and families, often considered "resistant and untreatable", the Wraparound process has produced hope at the child and family team level and more frequent attainment of the desired outcomes listed above. The role of the Family Support Provider (FSP) is an essential role in the effective delivery of the Wraparound process.

The FSP role is relatively new in the behavioral health field. It is becoming clear that this job is very complex with a complex set of skills. This curriculum offers a basic look at these skills and provides an orientation to the processes involved with Wraparound.

Learning Objectives:

1. how to identify how our own culture impacts our ability to give and receive support
2. how to empower youth and families by understanding the theory of change for the high fidelity Wraparound process
3. roles and examples of activities that are typically associated with the job functions of the FSP position and how these compliment the CC job function
4. skill sets of the FSP and how these support youth and families and high fidelity Wraparound.
5. to understand the family support functions of role modeling effective behavior for youth, families and other team members
6. to understand the family support function of advocating and supporting youth and families to get needs met through high fidelity Wraparound.
7. how personal trauma can impact the FSP and strategies for personal self care.
8. how celebrating the joys of the youth and family support roles are an important support for self care
9. the importance of and how to use your story effectively.
10. how to support families and youth by empowering through building self efficacy
11. the function of supporting youth and families to develop and strengthen natural support systems
12. the importance of partnering with the CC and fostering collaboration and integration across the team
13. specific activities and tasks for each of the phases of Wraparound
14. how to support youth-to-youth and family-to-family supports and building system level youth and family voice
15. to support personal self care by developing a plan