

Sapulpa 20/20 Plus Support Group

**Meeting: Second, speaker, and fourth,
Group Discussion, Wednesdays of each
month from 1 p.m. to 2 p.m.**

**Location: Steak and Eggs, 1112 East
Taft Avenue, Sapulpa,
In the Veterans Hall**

If you want to order food, 12:30 p.m.

**Transportation Available within the
Sapulpa Area**

**Contact: Janis Potter, (918) 512-6946 or
Joyce Anglen, (918) 227-9603.**

South Central Chapter of the National Federation of the Blind of Oklahoma
Meeting: Third Saturday of the month
**Location: Ardmore Public Library,
320 East Street Northwest, Ardmore**
**Contact: Dorothy Robinson,
(580) 277-3538
or email: dorothycrobinson@att.net**

Stillwater Support Group of the Visually Impaired
**Meeting: First Monday of each month,
1:30 p.m. to 2:30 p.m.**
**Location: Clubhouse at Windrock
Condominiums, 1000 North Star Drive,
Stillwater**
**Contact: Gwennette Morrow,
(405) 614-1855 or
Jane Fore, (918) 237-1783**

Tulsa Council of the Blind,

A chapter of the Oklahoma Council of the Blind

Meeting: Second Friday of every month, from 5:30 p.m. to 7:30 p.m.

Location: Mazzio's

**The Farm Shopping complex,
5119 South Sheridan Road, Tulsa**

Informative presentations, discussions, activities, etc.

**Contact: Jesse Martinez, (918) 232-7164
or email okie3268@yahoo.com**

Tulsa Strikers

Associated with the American Blind Bowlers Association

For 28 weeks, beginning August 10, 2014, meets every Saturday from 10 a.m. to 1 p.m.

**Location: Sheridan Lanes,
3121 South Sheridan, Tulsa**

**Contact: David or Jeri Cooper,
(918) 832-7035 or
email: jericooper@att.net**

**VISTA (Visually Impaired Seeking
Technique Alternatives)**

**Meeting: Meets every Wednesday from
1 p.m. to 3:30 p.m.**

**Location: Classroom 1 in the Center for
the Physically Limited, 815 South Utica,
Tulsa**

**Participants work crossword puzzles,
play games, network and take Braille
classes**

**Contact: Margie Goodell, (918) 241-6433
or David Dowland, (918) 744-4208**

Visual Impairments Support Group

- **Meeting: Third Wednesday of the Month**

Location: Claremore Community Center, 2301 North Sioux Avenue, Room 3, Claremore

**Contact: Sue Speers, (918) 342-5462
or email: snspeer1@sbcglobal.net**

- **Meeting: Third Wednesday of each month from noon to 1 p.m.**

Location: 710 W. Wilshire, Suite 102, Oklahoma City

Activities and Events Scheduled

**Contact: Megan Adkins, NewView Oklahoma Programs Coordinator,
(405) 286-9699, or email:**

mmadkins@newviewoklahoma.org

Website: www.newviewoklahoma.org

**West Central Chapter of the National
Federation of the Blind of Oklahoma
Meetings: Every second Tuesday of
each month at 6 p.m.**

**Location: First Baptist Church,
900 West Frisco, Clinton**

**Contact: Avey Rico, President,
(580) 309-0142 or
email: latinokie57@gmail.com**

Will Rogers Low Vision Support Group

**Location: Will Rogers Senior Citizen
Center, 3501 Pat Murphy Drive,
Oklahoma City**

**Contact: Bob Sanders, (405) 745-2225
or email bsanders14@cox.net**

Oklahoma Suppliers of Equipment and Technology for People with Vision Loss

NanoPac, Inc.

4823 S. Sheridan Rd.

Tulsa, OK. 74145

(918) 665-0329

(918) 665-0361 FAX

Website: www.nanopac.com

**Freedom Scientific, Enhanced Vision,
GW Micro, Dolphin USA Products,
Ai Squared, HIMS Products, Humanware,
ALVA, Enabling Technologies,
Eschenbach and many other disability
related products.**

OKVISION

2313 NW 119th Terrace

Oklahoma City, OK 73120-7410

Tel/Fax: (405) 302-0518

Email: Keokuk3@swbell.net

**Magnisight, ABiSEE, ASH Tec. and FOCI
Inc. products.**

Precision Optical Inc.

5123 N. Portland Avenue

Oklahoma City, Ok 73112

(405) 949-6405

(888) 377-8505

Website:

<http://www.precisionopticalokc.com/Pages/default.aspx>

Email:

brettmckean@precisionopticalokc.com

One of the best magnification resources in the Oklahoma City metro area.

Carrying a full line of lighted hand-held and stand magnifiers. Distributors for several video magnifier companies.

Carrying many other Low Vision items such as Monoculars and Binocular specs. talking watches, high powered reading glasses and Jonathan Paul fitover sunglasses.

Specializing in previously owned video magnification devices.

Genuine Care

4800 N. Classen Blvd.

Oklahoma City, OK 73118

(405) 842-8505

This store features disability-related and other items. Specializing in items including watches, magnification devices, mobility devices, household items and much more.

Training Specialists

Krysler Consulting

Sterling Krysler

2200 NW 54th Street

Oklahoma City, OK 73112

Phone: (405) 610-2474

Email: krysler@krysler.com

NewView Oklahoma

**Contact for classes offered and
schedule.**

**Bundy Porterfield, Assistive Technology
Instructor.**

Email:

bporterfield@newviewoklahoma.org

**Visual Service Assistive Technology
Specialists**

for DRS/Visual Services consumers

Contact: Carolyn Salem

(405) 522-3436

Email: csalem@okdrs.gov

**National Suppliers of Equipment and
Technology for People with Vision Loss**

ABiSee, Inc.

**Attn: Human Resources
30 Sudbury Rd, Unit 1B
Acton, Massachusetts 01720
Phone: (978) 637-2900
Toll Free: (855) 354-4080
Fax: (253) 595-3623
General Info: info@ABiSee.com
Website: http://www.abisee.com/**

Smart Readers and Magnifiers for the Visually Impaired.

Ai Squared

P.O. Box 669

Manchester Center, VT 05255

(802) 362-3612

(802) 362-1670 Fax

Website: www.aisquared.com

Print enlarging software with or without speech for computer. LP Keyboards, and Image Reader ZoomText products.

Aumed Inc.

3860 Morrow Lane

Chico, CA 95928,

(650) 622-9071

Fax: (650) 622-9099

Website: <http://www.aumedgroup.com/>

Aumed is a vigorous medical technology company dedicating to developing and manufacturing low vision products, including OCR products.

EnableMart

School Health Corporation

Customer Service

865 Muirfield Drive

Hanover Park, IL 60133

(888) 640-1999

(7 a.m. to 5 p.m. CST, Monday-Friday)

Fax: (888) 640-1999

(7 a.m. to 5 p.m. CST, Monday-Friday)

Website: <http://www.enablemart.com/>

EnableMart is a world leader in Assistive Technology for those with blindness, low vision, hearing loss, learning disorders and other disabilities. We have been supporting the special needs community for more than a decade by providing all the most demanded learning curriculums, augmentative devices, large key and large print

keyboards, Braille displays, alternative input devices, switches and amplified phones. We carry the best name brands in assistive tech products like Dragon Naturally Speaking, Edmark Reading, Claro and Livescribe pens. Today EnableMart is the worldwide leader in Assistive Technology distribution with customers representing all 50 states and over 45 foreign countries. EnableMart is the one stop solution for over 3,000 Assistive Technology devices from over 200 manufacturers. EnableMart excels at finding the right Assistive Technology products to meet customers' needs.

Enabling Technologies

1601 N. E. Braille Place

Jensen Beach, Florida 34957

(772) 225-3687

(800) 777-3687

(772) 225-3299 Fax

Website: <http://www.brailledirect.com/>

Braille production and software products.

Enhanced Vision

5882 Machine Drive

Huntington Beach, CA 92649

(888) 811-3161

(714) 374-1829

Fax: (714) 374-1821

<http://www.enhancedvision.com/>

Enhanced Vision is a leading developer of assistive technology for the visually impaired along with a full page OCR solution for easy text reading!

Freedom Scientific

11800 31st Court North

St. Petersburg, FL 33716-1805

(800) 444-4443 or (727) 803-8000

Website: www.FreedomScientific.com

Develops, manufactures, and markets technology-based products that provide equal access to information and computing for those who are blind or with vision impairments or learning disabilities.

GW Micro

725 Airport North Office Park

Fort Wayne, IN 46825

(260) 489-3671

Fax: (260) 489-2608

Hours: M-F, 8:30a.m.-5p.m., EDST

Website: <http://www.gwmicro.com/>

GW Micro is an adaptive technology vendor, dedicated to providing high quality software and hardware solutions for blind and visually impaired individuals worldwide since 1990.

Ai Squared Merges with GW Micro.
GW Micro and Microsoft Corp. have partnered to make Window-Eyes available to users of Microsoft Office at no cost. Window-Eyes is a screen reader that enables people who are blind, visually impaired, or print disabled to have full access to Windows PCs and makes the computer accessible via speech and/or Braille.

HIMS Inc.

4616 W. Howard Ln, Suite 960

Austin, TX 78728

Sales and Customer Service:

(888) 520-4467

Technical Support: (512) 837-2000

Fax (All Departments): (512) 837-2011

Email Sales: sales@hims-inc.com

Support: support@hims-inc.com

Website: http://hims-inc.com/

HIMS has been a global leader in the development and manufacturing of assistive technology for the blind and visually impaired since 1999.

HumanWare

Toll-free phone (US only):

(800) 722-3393

Email: us.info@humanware.com

Website: http://www.humanware.com/

For over 25 years, HumanWare's inspirational vision has resulted in a range of highly intuitive and intelligent solutions that empower people with visual impairment and learning disabilities by giving them the independence to participate effectively within a sighted world. We provide Blindness products, Low vision products, Deaf-Blind Communication Solutions and solutions for Learning disabilities

Website:

http://infinitec.org/programsservices.htm

Online resource guide for all disabilities.

MagniSight

**MagniSight Inc., 802 Nichols Blvd.
Colorado Springs, Colorado 80907
(800) 753-4767 (Toll-free)
(719) 578-9887
Email: info@magnisight.com**

MagniSight, Inc. manufactures a full line of CCTV products and markets them nationwide

NVDA

Email: admin@nvaccess.org

Website: http://www.nvaccess.org/

Website: http://community.nvda-project.org/wiki/Guides

NVDA (NonVisual Desktop Access) is a free “screen reader” which enables blind and vision impaired people to use computers. It reads the text on the screen in a computerized voice. You can control what is read to you by moving the cursor to the relevant area of text with a mouse or the arrows on your keyboard.

Optelec

Toll Free: (800) 826-4200

Local: (760) 536-0088

Toll Free Fax: (800) 368-4111

Local Fax: (760) 734-7403

3030 Enterprise Court, Suite C

Vista, CA 92081

Email: info@optelec.com |

marketing@optelec.com

**Hours of Operation: Monday - Friday,
6:30 a.m. to 5:00 p.m., Pacific**

Website: www.optelec.com

**It is our goal to play an increasing role
for those in need coping with vision loss
and to spread awareness so that optical,
daily living aids, electronic video
magnification, and speech solutions are
readily available.**

Telesensory Corporation
Telesensory Service & Repairs
Janio Calderon
4545 Stock HWYSuite F
Bakersfield . CA93309
(800) 804-8004
(650) 743 9515
Email: janio@telesensory.com
Email: info@telesensory.com
Website: http://www.telesensory.com

**Products include video magnifiers
(CCTVs) and reading machines.**

Definitions

Here are just a few words and definitions relating to vision loss that you might find helpful to know:

Acuity Loss: Acuity loss is a problem with central vision, which is used to read and write. This vision is tested with an eye chart and corrected with glasses. Some people have an acuity loss so significant that it cannot be corrected with glasses.

Artificial Tears: This nonprescription eye drop keeps eyes moist like the fluid in natural tears.

Bifocal Lens: These eyeglass lenses have two segments, one made to improve near vision and one to improve distance vision.

Blindness: People who are legally blind have acuity losses and/or field restrictions. Some may see nothing. Others may see only shapes, shadows or motion. Many others can read under certain conditions.

Cataract: A cataract is a clouding of the clear lens of the eye. Symptoms may include blurred or distorted vision, frequent changes in eyeglasses, double vision or loss of color vision. Surgery is 90% successful in restoring usable vision.

Cornea: The clear curved film that covers that front of the eye. It protects the eye and helps the lens focus images on the retina.

Diabetic Retinopathy: Diabetic Retinopathy is a swelling and abnormal growth of blood vessels within the eye caused by diabetes. It results in blurred vision in the early stages and possibly total loss of vision. Laser surgery can sometimes restore vision or stop vision loss.

Field Restriction: This is a loss of one section of vision, often peripheral or side vision. People with field restrictions may have difficulty spotting things out of the “corner of their eyes” and keeping track of what is going on around them.

Floaters: Floaters are a group of cells or protein in the clear fluid in the center of the eye, which look like small moving black shapes, especially visible against light backgrounds.

Glaucoma: This is a build-up of pressure inside the eye, which damages the optic nerve and destroys side vision. The vision loss may proceed unnoticed until it becomes severe, but after detection it is generally manageable with drugs or surgery.

Laser Beam: A laser beam is a powerful beam of light that can generate intense heat in a small area. It is often used in eye surgery.

Legal Blindness: Those who have visual acuity of 20/200 or worse using their glasses or other means of correcting their vision OR those who have a visual field restriction of 20 degrees or less are considered to be legally blind. An ophthalmologist or optometrist determines whether a person is legally blind or not.

Lens: The lens is located behind the iris and pupil, it is crystal clear and changes shape to help us see near or far objects.

Macula: The macula is the part of the retina responsible for central or reading vision. It contains a high concentration of retinal cells.

Macular Degeneration: Macular Degeneration is the loss of central or

reading vision. Symptoms may include straight lines that appear distorted, blurred text and dim colors. Training can help people with this condition use their remaining vision effectively.

Mixed Loss: Some people have both acuity loss and a field restriction, which is known as a mixed loss.

Orientation: Orientation refers to understanding your relationship to the things or people around you, for example, knowing your position in a room in relationship to the door.

Presbyopia: Presbyopia refers to the normal way vision changes as we grow older. For most people these changes start around the age of 40.

Pupil: The pupil is a black hole in the center of the colored part of the eye. It changes in size to let in the right amount of light. The pupil gets small in light and bigger in darkness.

Rehabilitation: Restoration means to restore someone or something to health or useful activity.

Retina: The retina is the thin layer of nerve cells on the back of eye. It carries the light and visual images that strike the optic nerve. The optic nerve then carries the image to the brain. Some of the thousands of nerves making up the retina help with color perception, while others help you to see more distinctly.

Tactile: Tactile refers to something that can be used by touching it.

20/20 Vision: The term 20/200 indicates that the person being tested can see at 20 feet what a person without vision loss can see at 200 feet.