

CANCER SURVIVORSHIP CONFERENCE



Thursday, June 16, 2022 • 8 a.m. – 1:30 p.m.
Chota Conference Center, Cherokee Casino Tahlequah

Join us for a one-day event as we celebrate those who live with, through and beyond cancer and those who travel the journey with them.

TOPICS TO BE DISCUSSED INCLUDE:

- Nutrition
- Exercise
- Stress Management
- Sleep
- Risky substances
- Mindfulness and healthy relationships

Cancer survivors, caregivers, nurses and anyone who is interested in cancer survivorship are encouraged to attend. Topics include physical activity, stress and COVID-19.

Limited seating for 80 participants.
To register, please call Barbara Neal at 918-453-5138
or Mary Owl at 918-772-4171.



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