





Oklahoma Youth Risk Behavior Survey (YRBS)- Trends in prevalence for selected health indicators

	2003	2005	2007	2009	2011	2013	Linear Change ¹	Two-year Change ²
Overweight and Obesity								
Percentage of students who were overweight ³	14.0	15.8	15.1	16.2	16.3	15.3		
Percentage of students who were obese ⁴	11.0	15.1	14.6	14.0	16.7	11.8		↓
Physical Activity								
Percentage of students who were physically active for a total of at least 60 minutes per day on all seven of the seven days before the survey	-	19.3	29.4	27.5	33.1	38.5	↑	
Percentage of students who watched three or more hours per day of TV on an average school day	36.7	38.8	33.3	29.0	29.9	31.9	↓	
Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day	-	-	19.1	22.5	27.0	43.0	↑	
Injury								
Percentage of students who texted or e-mailed while driving a car or other vehicle ⁵	-	-	-	-	-	50.7		
Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else ⁵	11.1	9.5	11.2	8.6	8.2	8.2	↓	
Percentage of students who rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol ⁵	30.6	25.8	26.8	23.1	19.7	17.6	↓	
Bullying								
Percentage of students who had been bullied on school property ⁶	-	-	-	17.5	16.7	18.6		
Percentage of students who had ever been electronically bullied ⁶	-	-	-	-	15.6	14.3		
Sexual Behavior								
Percentage of students who have ever had sexual intercourse	50.0	49.3	50.9	51.1	50.5	50.1		
Percentage of students who had sexual intercourse with one or more people during the three months before the survey	37.2	36.3	36.5	39.8	37.8	36.2		
Among students who had sexual intercourse in the three months before the survey, the percentage who used a condom during last sexual intercourse	64.3	61.7	59.6	56.7	57.1	58.2		
Tobacco Use								
Percentage of students who had ever tried cigarette smoking, even one or two puffs	64.1	62.3	54.8	48.8	50.0	45.7	↓	
Percentage of students who smoked cigarettes on one or more of the past 30 days	26.5	28.6	23.2	22.6	22.7	18.5	↓	

	2003	2005	2007	2009	2011	2013	Linear Change ¹	Two-year Change ²
Dietary Behaviors								
Percentage of students who ate fruit or drank 100% fruit juices two or more times and vegetables three or more times per day during the seven days before the survey	6.0	7.4	7.0	6.3	8.7	7.6		
Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day during the seven days before the survey	-	-	29.4	27.1	25.3	21.4		
Mental Health								
Percentage of students who ever felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities ⁶	27.1	27.9	25.7	28.2	28.6	27.3		
Percentage of students who seriously considered attempting suicide ⁶	15.4	15.4	13.9	14.9	14.3	15.7		
Violence								
Percentage of students who did not go to school on one or more days because they felt they would be unsafe at or on their way home from school ⁵	4.1	3.0	5.1	41.0	3.5	5.6		
Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to	8.2	7.2	7.7	6.4	8.9	6.1		
Among students who dated or went out with someone, the percentage who had been forced by someone they were dating or going out with to do sexual things that they did not want to ⁶	-	-	-	-	-	9.5		
Alcohol Use								
Percentage of students who had at least one drink of alcohol in their lifetime	78.6	76.5	75.6	71.4	71.0	68.3		
Percentage of students who had five or more drinks of alcohol in a row (within a couple of hours) ⁵	34.0	26.6	27.9	24.0	23.3	21.8		

1 Based on trend analysis, from the oldest year available to the newest year available, using a logistic regression model controlling for sex, race/ethnicity, and grade, p >0.05

2 From 2011 to 2013- Based on t-test analysis, p <0.05

3 At or above the 85th percentile but below the 95th percentile for body mass index (by age and sex)

4 At or above the 95th percentile for body mass index (by age and sex)

5 During the 30 days before the survey

6 During the 12 months before the survey

(-) Data not available for that survey year

A green arrow indicates a statistically significant change in the right direction. A red arrow indicates a statistically significant change in the wrong direction.

Funding for the YRBS is provided in part by the CDC and the Maternal and Child Health Services Title V Block Grant, Maternal and Child Health Bureau, Department of Health and Human Services. The Oklahoma State Department of Health (OSDH) is an equal opportunity employer. This publication is issued by the Oklahoma State Department of Health, as authorized by Terry Cline, Ph.D., Commissioner of Health. Copies have not been printed but are available for download at <http://yrbs.health.ok.gov> or call the Maternal and Child Health Service, MCH Assessment at 405-271-6761.