STATE BOARD OF HEALTH
Oklahoma State Department of Health
1000 NE 10 Street, Room 1102
Oklahoma City, OK 73117

Tuesday, July 14, 2015 10:00 a.m.

Martha Burger, Vice President of the Oklahoma State Board of Health, called the 401st regular meeting of the Oklahoma State Board of Health to order on Tuesday, July 14, 2015 at 10:10 a.m. The final agenda was posted at 10:00 a.m. on the OSDH website on July 13, 2015, and at 10:00 a.m. at the building entrance on June 13, 2015.

ROLL CALL
Members in Attendance: Martha Burger, M.B.A., Vice-President; Charles W. Grim, D.D.S.; R. Murali Krishna, M.D.; Timothy E. Starkey, M.B.A.; Absent: Terry Gerard, D.O.; Robert S. Steward, M.D.; Cris Hart-Wolfe, Secretary-Treasurer; Ronald Woodson, M.D., President

Central Staff Present: Terry Cline, Commissioner; Julie Cox-Kain, Senior Deputy Commissioner; Henry F. Hartsell, Jr., Deputy Commissioner, Protective Health Services; Toni Frioux, Deputy Commissioner, Prevention and Preparedness Services; Stephen W. Ronck, Deputy Commissioner, Community & Family Health Services; Mark Newman, Director of Office of State and Federal Policy; Don Maisch, Office of General Counsel; Matt Terry, Office of General Counsel; Jay Holland, Director of Internal Audit and Office of Accountability Systems; Tony Sellars, Director of Office of Communications; VaLauna Grissom, Secretary to the State Board of Health; Janice Hiner, Sr. Advisor to the Commissioner of Health; Felesha Scanlan, Maria Souther, Diane Hanley, Mark Nichols, Fiscal Policy Analyst; Terri White, Commissioner of Mental Health and Substance Abuse Services.

Visitors in attendance: (see sign in sheet)

Call to Order and Opening Remarks
Martha Burger called the meeting to order. She welcomed special guests in attendance.

REVIEW OF MINUTES
Martha Burger directed attention to review of the minutes of the Regular Board meeting.

Mr. Starkey moved Board approval of the minutes of the June 9, 2015, regular Board meeting, as presented. Second Ms. Wolfe. Motion carried.

AYE: Grim, Krishna, Starkey
ABSTAIN: Alexopoulos, Burger
ABSENT: Gerard, Stewart, Wolfe, Woodson

Martha Burger welcomed special guests in attendance, and introduced Commissioner Terri White, guest speaker.

Oklahoma’s Behavioral Health Care System: ODMHSAS
Terri L. White, M.S.W., Department of Mental Health and Substance Abuse
Oklahoma's Behavioral Health Care System: ODMHSAS

Mental Health Matters

Mental Illness and Addiction: Diseases of the Brain

Both mental illness and addiction are real medical conditions, just like diabetes, cancer and heart disease.

Mental Health Matters

Mental Illness: A Disease of the Brain

The brain scan on the left reflects normal activity; the scan on the right shows a person affected with schizophrenia.

Source: NIMH.org

Mental Health Matters

Addiction: A Disease of the Brain

Behavioral Health in Oklahoma

Oklahoma Among the Highest Rates Nationally for Mental Illness and Substance Abuse Disorders

<table>
<thead>
<tr>
<th>Disorder</th>
<th>State Rate (%)</th>
<th>National Rate (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Any Mental Illness</td>
<td>22.4%</td>
<td>11.9%</td>
</tr>
<tr>
<td>Any Substance Use Disorder</td>
<td></td>
<td></td>
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1st highest among all states

ODMHSAS Overview

The Oklahoma Department of Mental Health and Substance Abuse Services is the state primary behavioral health network, operating and/or contracting with mental health and addiction treatment facilities across the state. These include:

- 14 Community Mental Health Centers
- 3 Psychiatric Hospitals (adult, children's, forensic)
- 4 children's treatment facilities in Oklahoma City, Norman, Muskogee, and Joplin
- 12 residential treatment centers in Anadarko, Clinton, Poteau, Lawton, Muskogee, Muskogee, Oklahoma City, Joplin, and Tulsa
- 50 alcohol and drug treatment programs, including 14 residential programs
- 17 Regional Prevention Coordinators (RPC) serving all 77 counties
- 22 residential care homes
- More than 100 Medical agency providers, and 825 individual providers

Additional services include:

- Integrated Care}

Approximately 190,000 Oklahomans received services in FY14.

Oklahoma consistently has some of the highest rates nationally for both mental illness and addiction.
OKLAHOMA STATE BOARD OF HEALTH MINUTES
July 14, 2015

Early Childhood Partnership

ODMHAS and OSDH have partnered to house 'top leadership' positions within ODMH Child Guidance Services and ODMHAS CMHCs to further an early childhood system of care in Oklahoma. The partnership has 4 goals, which are to:
- Promote awareness of the significance of infant/early childhood mental health (ICMH)
- Enhance the competency of the infant/early childhood workforce to meet the needs of children birth to 3, their families and caregivers
- Develop, enhance and expand programs for ICMH promotion, prevention, early intervention and treatment to support the well-being of children birth to 3, their families and caregivers
- Establish infrastructure and develop policies to support the Integrated Early Childhood System of Care

Prescription Drug Abuse Prevention

- Statewide task force/workgroup
- Developed Governor's strategic plan
- Initiated policy change
- Created a public messaging campaign
- Statewide prevention network
- Naloxone initiative
- First responder pilot effort
- Pharmacy chains

Integration

- Primary care and emergency room settings offer an incredible opportunity to identify mental illness and addiction, and the opportunity for early intervention. Depression and suicide risk are two areas that can be easily assessed. Substance abuse is another. We have been working to partner with health care agencies in all these areas.
- 4.2013 SAMHSA study indicated nearly 45% of people with a co-occurring mental illness/substance abuse disorder had visited the emergency room in the past year compared with only 25% who had neither problem. More than 30% of people with an addiction and 40% of those with a mental illness had visited the ER.
- Some states also have shown that a third of those who died by suicide visited a physician in the week before they died – and 45% had visited their primary care doctor within the month. SAMHSA

Screening, Substance Abuse Screening: SBIRT

- Screening: Brief Intervention and Referral to Treatment (SBIRT) targets those with non-dependent substance use and provides strategies for intervention to those with moderate to severe substance use.
- SBIRT has shown that 50% of patients with substance abuse seeking care will accept treatment following a single interaction, as well as successful referral to and participation in intervention programs, and reduction in repeating and injury hospitalizations.
- The resulting education in which misuse may lead to disease related to substance use such as cancer, liver and heart problems, as well as public health issues such as DUI.

ODMHAS employed additional staff with SBIRT. For the past six years, technical assistance has been provided to medical facilities that responded.
- Interventions
- Referral
- Treatment/referral
- Electronic medical records
- ODMHAS offers ODEE training for providers seeking medical replacement

Health Homes

ODMHAS employed a rigorous RFP process to choose 22 qualified Home Providers for statewide coverage.

Programs serve both adults with Serious Mental Illness (SMI) and children with Serious Emotional Disturbance (SED) with specific care management protocols tied to these co-occurring conditions:
- Substance Use Disorder
  - Diabetes
  - Heart Disease
  - BMI over 25
  - Hypertension
  - COPD/Asthma/Other Chronic Respiratory Problems
  - Tobacco Use
The presentation concluded.

Oklahoma State Department of Health Strategic Plan
Terry L. Cline, Ph.D., Secretary of Health and Human Services and Commissioner of Health
The presentation concluded.

Dr. Cline asked if there we any questions. Dr. Krishna commented on the Federal Reserve Board’s presentation, and how it would be helpful to OSDH with regards to the financial piece. Dr. Cline commented on Julie Cox-Kain’s efforts in reaching out to the Federal Reserve Bank of Kansas City, they were excited to hear from OSDH. The Federal Reserve Bank is sending three representatives to Sulphur, OK and will present on the evening of Friday, August 14, 2015 at the Board of Health Retreat.

Dr. Cline commented on how this is the beginning of a great partnership.

CONSIDERATION OF STANDING COMMITTEES’ REPORTS AND ACTION

Executive Committee

Ms. Burger briefly updated the Board on the most recent meeting of the Tri-Board Joint Executive Committee meeting held on June 18, 2015. The meeting was productive and the joint committees will continue to build on the work they are doing. The next meeting will be scheduled for August.

M. Burger reminded the Board of the retreat dates and location, August 14-16, 2015 at the Chickasaw Retreat and Conference Center. Ms. Burger indicated a large portion of time will be focused around strategic map development and thanked Dr. Cline for the strategic map framework which will be helpful for preparation of that work in August. There will also be a portion of the agenda dedicated to Board development opportunities as well as a special speaker from the Dallas Federal Reserve Bank. Ms. Burger thanked Tim, Dr. Gerard, and Dr. Grim for their efforts on the retreat planning committee.

Finance Committee

Martha Burger, Chair of the Finance Committee speaking, received final report for budget for FY 2015.

Budget:
- Last report showed all six line items were in the green, except for two in yellow status at >92%, green is 100%
- Public Health Infrastructure and Health Improvement Services
- Explained the underspending category and that funds will not be lost
- Underspending relates to programs that don’t terminate and those dollars carry-over and due to personnel vacancies and State Innovation Model, where not all fund have been spent
- Complemented staff on how they got so close on the percentile
- Discussed chart that shows through the year everything that the staff is working on to prepare for the next budget, building and seeking input for the next budget
- Discussed resource allocation and working on the budget for the next year

Accountability, Ethics, & Audit Committee

Dr. Alexopulos indicated there were no known significant issues to report to the Commissioner or to the Board of Health at this time. Dr. Alexopulos directed attention to the 2016 Annual Internal Audit Plan reviewed and approved by the Committee. The plan is prepared and submitted for approval on an annual basis and takes into account resources that will provide the greatest benefit to the agency, management and Oklahoma tax payers. The plan is developed each fiscal year with input from each area of the Department and the Financial Officer.
Dr. Alexopulos moved Board approval of the 2016 Annual Audit Plan and Risk Assessment, as presented. Second Dr. Grim. Motion carried.

AYE: Alexopulos, Burger, Grim, Krishna, Starkey
ABSENT: Gerard, Stewart, Wolfe, Woodson

Under the Office of Accountability Systems: OAS Cases No: 2015-005 and 2015-015 will be discussed in Executive Session.

Public Health Policy Committee
Dr. Grim met with the Public Health Policy Committee on Tuesday, July 14, 2015. The committee reviewed potential 2016 legislative priorities and will discuss in detail at future Board meetings. The committee also reviewed a number of Interim Studies that came out of the House of Representatives and there are about 20 that may be of interest to the State Department of Health and Board of Health. Please direct policy questions to Mark Newman. The next meeting of the policy committee will be prior to the October Tri-Board meeting.

PRESIDENT’S REPORT
Ms. Burger announced the selection of a new Chief Operating Officer for the Department. She briefly spoke to her impressive background and credentials. The Board and Department are excited that she will be joining us in August.

COMMISSIONER’S REPORT
Dr. Cline briefly mentioned the Governor’s Walk for Wellness, thanking staff, Leadership and Dr. Krishna for their participation. There were approximately 300 state employees from the Health Department and other state agencies.

Dr. Cline highlighted a recent meeting with Michael Botticelli, Director for the Office of National Drug Control Policy which is a White House office in charge of all the drug control strategies for the United States. He has been following Oklahoma’s work around the legislation and around Naloxone. It is rewarding to see that the work taking place is being recognized by others and our PMP is held up as a standard.

Lastly, Dr. Cline highlighted the third meeting of the Tribal Public Health Advisory Committee in which several representatives from the tribal nations have attended in order strategize about how to effectively leverage mutual resources for the improvement of services and making sure that we aren’t leaving any groups behind. This is a committed group of individuals who are smart and passionate about the work they are doing.

The report concluded.

Ms. Burger thanked Dr. Cline for his participation at the Go Red For Women Luncheon on May 15th, he was the keynote speaker, sponsored by the American Heart Association. The event received great reviews.

NEW BUSINESS
No new business.

PROPOSED EXECUTIVE SESSION
Dr. Alexopulos moved Board approval to go into Executive Session at 12:20 PM pursuant to 25 O.S. Section 307(B)(4) for confidential communications to discuss pending department litigation, investigation, claim, or action; pursuant to 25 O.S. Section 307(B)(1) to discuss the employment, hiring, appointment, promotion, demotion, disciplining or resignation of any individual salaried public officer or employee and pursuant to 25 O.S. Section 307(B)(7) for discussing any matter where disclosure of information would violate confidentiality requirements of state or federal law.
- OAS Investigation, Number 2015-005 and 2015-015

Second Dr. Grim. Motion carried.

AYE: Alexopulos, Burger, Grim, Krishna, Starkey
ABSENT: Gerard, Stewart, Wolfe, Woodson

Dr. Grim moved Board approval to move out of Executive Session. Second Dr. Alexopulos. Motion carried.

AYE: Alexopulos, Burger, Grim, Krishna, Starkey
ABSENT: Gerard, Stewart, Wolfe, Woodson

ADJOURNMENT

Mr. Starkey, moved Board approval to adjourn. Second Dr. Grim. Motion carried.

AYE: Alexopulos, Burger, Grim, Krishna, Starkey
ABSENT: Gerard, Stewart, Wolfe, Woodson

The meeting adjourned at 12:30 pm.

Approved

Ronald W. Woodson, M.D.
President, Oklahoma State Board of Health
October 6, 2015