

**COLLABORATING ON EFFECTIVE STRATEGIES FOR  
OLDER OKLAHOMANS TO LIVE AND AGE WELL.**



# JEANETTE MCCOLLOM

with

## OKLAHOMA CLINICAL MANAGEMENT

*has pledged to elevate healthy aging in Oklahoma by participating in the  
Healthy Aging: Living Longer Better collaborative to*



**REDUCE DEPRESSION**

### **STRATEGY IMPLEMENTED:**

As a company contracted with Medicare, we provide Medicare's Annual Wellness Visit to seniors statewide. This visit is an overall head-to-toe summary for the PCP. Questions asked can flag numerous possible triggers for fall risk, depression, nutrition and exercise among many others. We also provide a screening list for free tests covered by Medicare. This visit is a FREE service, under original Medicare Part B. Through our proprietary template, we are able to alert PCPs and facilities of increase or decrease in an insured's cognitive stability, fall risk, mental health, tobacco/substance abuse or assist with Advance Directive Options and weight management situations. We gather information in depth so we can aide caregivers in aging in place, adding to the quality of life and quality of care.

### **OUTCOMES TO DATE:**

Throughout numerous facilities and senior centers, we have been able to identify and notify PCPs about an increase in many insureds anxiety and depression. We have been able to talk with insureds about suicidal thoughts, desires to quit tobacco/substance abuse, help them with Advance Directive Options and numerous other possible detrimental circumstances.

**DATE OF PLEDGE:** 04/22/2019    **WEBSITE:** [www.oklahomaclinicalmanagement.com](http://www.oklahomaclinicalmanagement.com)

### **TO COLLABORATE WITH THIS STAKEHOLDER CONTACT:**

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**THANK YOU FOR JOINING THE COLLABORATIVE.  
WE LOOK FORWARD TO CELEBRATING YOUR SUCCESS.**

VISIT OUR WEBSITE AT [HEALTHYAGING.HEALTH.OK.GOV](http://HEALTHYAGING.HEALTH.OK.GOV)

