

Home Visitation Leadership Advisory Coalition

January 21, 2015

10:00 a.m. to 12:00 p.m.

OSDH Room 806

Minutes

In Attendance:

Mindy Bellack, MGY & FC	Yolanda Lucero, OKCPS Pat/MIECHV
Peggy Byerly, OSDH/MCH	Jennifer Paulley Micue, OCCHD
Kay Floyd, OKCAA/Head Start	Sarah Njuguna, Parent Promise OKC
Suzy Gibson, OSDH/FSPS	Thelma Ramirez, LCDA
Tiffany Holmes, OSDH/FSPS	Michelle Reeves, OSDE
Monica Inciarte, LCDA	Gina Richardson, OSDH
Vicki Land, Smart Start OKC	Sherie Trice, OSDH/FSPS
Kadion Lilly, OSDH/FSPS	Mindy Turner, PAT
Vicki Long, OSDH/Children First (Garvin Co)	Janis Williams, Positive Parents
Kristi Love, OSDH/Dental	Jana Winfree, OSDH

IPOWER Attendance:

Cleveland: Kelly Nedbalek
Comanche: Mary Dossett, Wanda Smith
Kay: Diane Junkie, Kelly Morgan, Lilly Freeman, Shelli Jacobs
Kiowa: Emma Shandor
McCurtain: Jamie Tadlock, Marilyn Walden
Muskogee: Joyce Walker, Lynda Hitchye
Okmulgee-Okfuskee: Cindy Lane, Jackie Miller, Kim Wasson
Tulsa: Amanda Burgan, Brandie Velella, Cathy Sullivan, Donna Holladay, Lou Ann Beuke,
Michelle Coonfield
Woods: Brenda Rose, Kathy Gordon

Jana Winfree, DDS & Kristi Love, RDH

OSDH/Dental Health Services

Jana Winfree began the presentation with sharing and a brief explanation of the “KEEP YOUR CHILD CAVITY FREE” magnets that have been sent out to some programs. If you have not received them they are available upon request. Contact OSDH Dental Health Services and they will send them to your program. Their number is (405) 271-5502.

Some takeaways from presentation:

- The #1 risk factor in the care of children’s teeth is the CAREGIVER. The teeth affect everything about the child. The magnets are a good tool to share with parents i.e. Stop the pop/Water.
- There are several new ways to brush your baby’s teeth. They have baby tooth brushes, and finger toothbrushes for the gums of infants.
- Dental Visits should start at one year of age. Most dentists do not see children that young so the primary care physician can do an exam during the child’s well-baby check.
- While doing an examination of the teeth, if they have white chalky spots on the teeth you should ask that a fluoride varnish is applied to the child’s teeth. It will prevent any

further decay of the teeth. The Fluoride Varnish is not available over the counter and is not to be swallowed by the child.

- It is not good for children to swallow toothpaste even if it is for children because of the fluoride.
- Kids should not use toothpaste until they are 2 years of age.
- There should only be a small amount of toothpaste smeared on the brush. It is even recommended that adults not use too much toothpaste.
- Lifting the Lip is the easiest method of checking the child's teeth.
- Caregivers need to start cleaning the mouth before the child gets teeth by simply using a clean warm wash rag and gently rub the baby's gums.
- Dr. Crawl has given health educators permission to copy or distribute images from his book, "The Gross, Disgusting, and Totally Cool Mouth".
- Other materials that can be used for information is the "Brush up on Oral Health Newsletter".
- The Delta Dental Resource Guide is a guide that breaks the state down into sections that provide dental service for children and for adults.
- Fluoride brochures are available and can also give information if you have fluoride in your water. If you would like this information, please contact Mary DeLeon at MariaD@health.ok.gov

Questions:

1. How can we get the small toothbrushes for our programs?
2. www.ColgateHeadstartKit.com
3. What age are finger tooth brushes good for?
 - They are good for teething; get them cold and rub the gums. The age best is from birth until they go to the next size toothbrush. The child should have all its baby teeth by the age of 3
4. Is it good to take out all the child's teeth when they are decayed because it affects the child speech?
 - If the teeth are beyond saving; yes it is okay. The child does not need a spacer or a retainer because their other teeth will eventually come in.
5. Does bottled water matter?
 - Yes, because it does not contain fluoride. The best choice for babies is the Nursery water with the pink label.
6. Can you transfer tooth decay mouth-to-mouth?
 - Yes, it can be transferred if a caregiver kisses a child and they have tooth decay
7. What are you really supposed to put in Sippy cups
 - Water, do not put juice.

April CAP Month Planning & Updates:

- Check out new CAP ACTION website www.brighterfutureforkids.com where everything April and prevention will be stored, with OICA being the foundation agency. Hashtag #pictureabrighterfuture will be trending for all April activities.
- **"TAKE THE COLORING CHALLENGE"** Campaign- There are no prizes, Everyone is encouraged to enter. Want all children to experience happy days.
- Applicants are to send in pictures of "Your Happiest Day" . Included on the picture needs to be the child's first name and age, and if possible a short sentence describing the picture.
- If you would like to get involved in the CAP Action Month activities, please attend the meetings at the Oklahoma City County Wellness Center. For more information please contact Sherie Trice @ sheriet@health.ok.gov .
- Start Right Positive Parents and the OSDH Minority Health will be hosting a Community Baby Shower April 28, 2015 At Greater Mount Olive Church 1020 NE 42nd Street Oklahoma City, OK 73111. It is open to all expectant mothers in Oklahoma County. If you would like to obtain more information on this event or would like to host an event please contact Janis Williams at (405) 427-3221.
- Positive Parents will also be hosting their graduation ceremony for all participants and partners that have been in the program for a year or more. It will be at the Ashland Garden Reception Hall 3611 SE 15th Street Oklahoma City, OK 73115 at 11:00 am. For more information please contact Janis Williams

CAP Day Mini Conference

April 14, 2015 at the Samis Education Center in Oklahoma City, 12:30pm-5:00 pm

Review & Updating Home Visitation Materials

- Home Visitation Safety Manual: Needs to be updated
 - **Committee** - Cathy Sullivan, Vicki Land, Brandy Vallela, Vicki Long, Gina Richardson, Donna Holladay, Sheri Davis, and Sherie Trice

Will set up a meeting place in Stroud Oklahoma to go over updating the manual; Stroud will be a central place between Oklahoma City and Tulsa.

We will discuss All Babies Cry at next meeting

Meeting Adjourned at 11:30 am