



OAC 310:677-11-4 (b) The long term care aide training program shall include the subjects specified in paragraphs (b) (2) through (7) of 42 CFR 483.152(b).				
(b) The curriculum of the nurse aide training program must include—	Identify time spent in training in the following areas:			
310:677-11-4(2) At least a total of 16 hours of training in the following areas prior to any direct contact with a resident : (should be done in first 16 hours of training)	Classroom	Video	Lab	Text Books, or Videos Used
(i) Communication and interpersonal skills				
(ii) Infection control				
(iii) Safety/emergency procedures, including the Heimlich maneuver				
(iv) Promoting residents' independence				
(v) Respecting residents' rights				
TOTAL HOURS				
Total training time from this section devoted to Alzheimer's Disease				
(2) Basic nursing skills;	Classroom	Video	Lab	Text Books, or Videos Used
(i) Taking and recording vital signs				
(ii) Measuring and recording height and weight				
(iii) Caring for the residents' environment				
(iv) Recognizing abnormal changes in body functioning and the importance of reporting such changes to a supervisor				
(v) Caring for residents when death is imminent				
TOTAL HOURS				
Total training time from this section devoted to Alzheimer's Disease				
(3) Personal care skills, including, but not limited to--	Classroom	Video	Lab	Text Books, or Videos Used
(i) Bathing				
(ii) Grooming, including mouth care				
(iii) Dressing				
(iv) Toileting				
(v) Assisting with eating and hydration				
(vi) Proper feeding techniques				
(vii) Skin care				
(viii) Transfers, positioning, and turning				
TOTAL HOURS				
Total training time from this section devoted to Alzheimer's Disease				

(4) Mental health and social service needs:	Classroom	Video	Lab	Text Books, or Videos Used
(i) Modifying aide's behavior in response to residents' behavior				
(ii) Awareness of developmental tasks associated with the aging process				
(iii) How to respond to resident behavior				
(iv) Allowing the resident to make personal choices, providing and reinforcing other behavior consistent with the resident's dignity				
(v) Using the resident's family as a source of emotional support				
TOTAL HOURS				
Total training time from this section devoted to Alzheimer's Disease				
(5) Care of cognitively impaired residents:	Classroom	Video	Lab	Text Books, or Videos Used
(i) Techniques for addressing the unique needs and behaviors of individual with dementia (Alzheimer's and others)				
(ii) Communicating with cognitively impaired residents				
(iii) Understanding the behavior of cognitively impaired residents				
(iv) Appropriate responses to the behavior of cognitively impaired residents				
(v) Methods of reducing the effects of cognitive impairments				
TOTAL HOURS				
Total training time from this section devoted to Alzheimer's Disease				
(6) Basic restorative services:	Classroom	Video	Lab	Text Books, or Videos Used
(i) Training the resident in self care according to the resident's abilities				
(ii) Use of assistive devices in transferring, ambulation, eating and dressing				
(iii) Maintenance of range of motion				
(iv) Proper turning and positioning in bed and chair				
(v) Bowel and bladder training				
TOTAL HOURS				
Total training time from this section devoted to Alzheimer's Disease				

(7) Residents' Rights	Classroom	Video	Lab	Text Books, or Videos Used
(i) Providing privacy and maintenance of confidentiality				
(ii) Promoting the residents' right to make personal choices to accommodate accommodate their needs				
(iii) Giving assistance in resolving grievances and disputes				
(iv) Providing needed assistance in getting to and participating in resident and family groups and other activities				
(v) Maintaining care and security of residents' personal possessions				
(vi) Promoting the resident's right to be free from abuse, mistreatment, and neglect and the need to report any instances of such treatment to appropriate facility staff				
(vii) Avoiding the need for restraints in accordance with current professional standards				
TOTAL HOURS				
Total training time from this section devoted to Alzheimer's Disease				

310:677-11-4 (c) Pursuant to 63 O.S. 1-1951 (A) (3), the long term care aide training program shall include a minimum of ten (10) hours of training in the care of Alzheimer's patients.
TOTAL HOURS OF ALZHEIMER'S DISEASE TRAINING INCLUDED IN PROGRAM HOURS:

CURRICULUM AND TEXT BOOKS BEING USED FOR PROGRAM:	
TOTAL CLASSROOM/VIDEO HOURS:	
TOTAL LAB HOURS:	
TOTAL CLINICAL HOURS:	NAME OF TRAINING ENTITY
TOTAL PROGRAM HOURS:	
EXPECTED DURATION IN WEEKS TO COMPLETE TRAINING PROGRAM:	

(Use as extra page if more training is being taught)	Identify time spent in training in the following areas:			
	Classroom	Video	Lab	Text Books, or Videos Used
TOTAL HOURS				

	Classroom	Video	Lab	Text Books, or Videos Used
TOTAL HOURS				

	Classroom	Video	Lab	Text Books, or Videos Used
TOTAL HOURS				

* This model is provided as a courtesy by OSDH and is not a required form. **