

**COLLABORATING ON EFFECTIVE STRATEGIES FOR
OLDER OKLAHOMANS TO LIVE AND AGE WELL.**



MELISSA HOLLAND

with
**OKLAHOMA ASSISTED LIVING
ASSOCIATION**

*has pledged to elevate healthy aging in Oklahoma by participating in the
Healthy Aging: Living Longer Better collaborative to*



REDUCE DEPRESSION

STRATEGY IMPLEMENTED / OUTCOMES TO DATE:

Providing education yearly at our Spring Conference in all areas and encouraging members to sign pledge cards and track outcomes. / Distributed materials to prevent & reduce falls to OKALA members. Had an industry partner, Senior News and Living get with OSGH—Healthy Aging to do a cover story regarding Falls in 2018.

DATE OF PLEDGE:

July 9th, 2019

WEBSITE:

WWW.OKALA.ORG

TO COLLABORATE WITH THIS STAKEHOLDER CONTACT:

405-235-5000 • mholland@okala.org

**THANK YOU FOR JOINING THE COLLABORATIVE.
WE LOOK FORWARD TO CELEBRATING YOUR SUCCESS.**
VISIT OUR WEBSITE AT HEALTHYAGING.HEALTH.OK.GOV

