It was the best of times, it was the worst of times, it was the age of wisdom, it was the age of foolishness, it was the epoch of belief, it was the epoch of incredulity, it was the season of Light, it was the season of Darkness, it was the spring of hope, it was the winter of despair, it was the era of people not washing their hands after using the bathroom, it was the era of people eating with their hands and falling violently ill after transferring bacteria to each other -- in short, it was not a very sanitary period.

This convenient reading material is brought to you by Charles Dickens & the Acute Disease Service of the Oklahoma State Department of Health who remind you to please wash your hands with soap and water or clean them with an alcohol-based hand product.