Older Adult Falls Prevention Coalition
April 19, 2011 at 10:00am
OSDH Room 406.1

Meeting

Tai Chi: Moving for Better Balance
Instructor Trainings (grant requires 4)
Completed:
• El Reno 31 Jan, 16 Feb (7 instructors)
• Muskogee 24-25 Feb (6 instructors)
• OKC 8-9 March (15 instructors, Chickasaw Nation)
• Ardmore 22-23 March (10 instructors)
• Edmond 16-17 April (10 instructors)
Scheduled:
• Perkins 4-5 May (13 registered)
• McAlester 9-10 May (6 registered)
• Claremore 13-14 May (9 registered)
• Edmond 17-18 May (17+ registered)
• Tulsa 25-26 May (8 registered)
• OKC/Area Wide Aging 10-11 August (2 registered)
• Chickasha TBA Aug/Sept

Community Classes (grant requires 7)
• Edmond OU – completed
• OUHSC – on going
• 2 Edmond Mansions – on going
• South Mansions – on going
• 3 Muskogee – on going
• 3 Ardmore – on going
Oklahoma City County is coming on board 😊

National Falls Prevention Awareness Day – September 23, 2011
Awareness/Outreach Activities
Tai Chi demonstration State Fair: 21 Sept

Announcements/Next meeting
1 June 2011