

How To Comb Hair To Remove Nits

Supplies needed:

towel, nit comb, hair clips or bobbie pins,
spray bottle or bowl filled with water.

Other helpful supplies:

bright lamp, magnifying glass.



- 1 Sit under a bright light. Wrap a towel around the shoulders of the child. While hair is still damp, comb out tangles with a regular comb.



- 2 Part hair into four sections. Work only on one section at a time.



- 3 Starting at the top of the head, lift a 1-inch strand of hair not more than 1/2-inch thick and no wider than your nit comb.



- 4 Using a special louse comb, set the teeth as close to the scalp and as deeply into the strand of hair as possible.



- 5 Comb away from the scalp to the end of the strand with a firm, even motion.



- 6 Wipe eggs (nits) completely from the comb with a tissue after each stroke and discard it into a disposable bag.



- 7 To avoid reinfestation of cleaned sections, pin nit-free strands of hair up and away from the area you are combing and from the hair you have not yet examined, with clips or bobby pins.



- 8 Repeat steps 2 through 4, carefully combing each of the remaining sections of hair. Keep hair moistened with plain water as you comb. After the entire head has been thoroughly combed, rinse hair thoroughly with plain water.



- 9 Seal the disposable bag containing all discarded tissues and remove it from the house. Discard the bag in the trash without opening. Proceed with household cleaning.