

biRd flu & You

get the **f**acts!



Many birds around the world are getting sick from H5N1 avian influenza. This is known as "bird flu." Experts think the bird flu will come to the United States, maybe even this year. It is not here now.

If it does arrive here, you should know:

Bird flu is NOT the same thing as "pandemic flu."

- *Pandemic flu would make lots of people sick all over the world.
- *It would spread easily from one person to another.
- *Bird flu does NOT do that.
- *Bird flu would have to change form to become pandemic flu. We don't know if this will ever happen.

Bird flu is hard for people to catch.

- *Most people who became sick with bird flu in other countries came into contact with sick chickens or ducks and touched them with bare hands.
- *You could also get bird flu by touching things that had droppings from sick or dead birds on them.
- *Meat that has been cooked all the way through cannot give you bird flu.

To learn more about bird flu,
visit www.health.ok.gov

