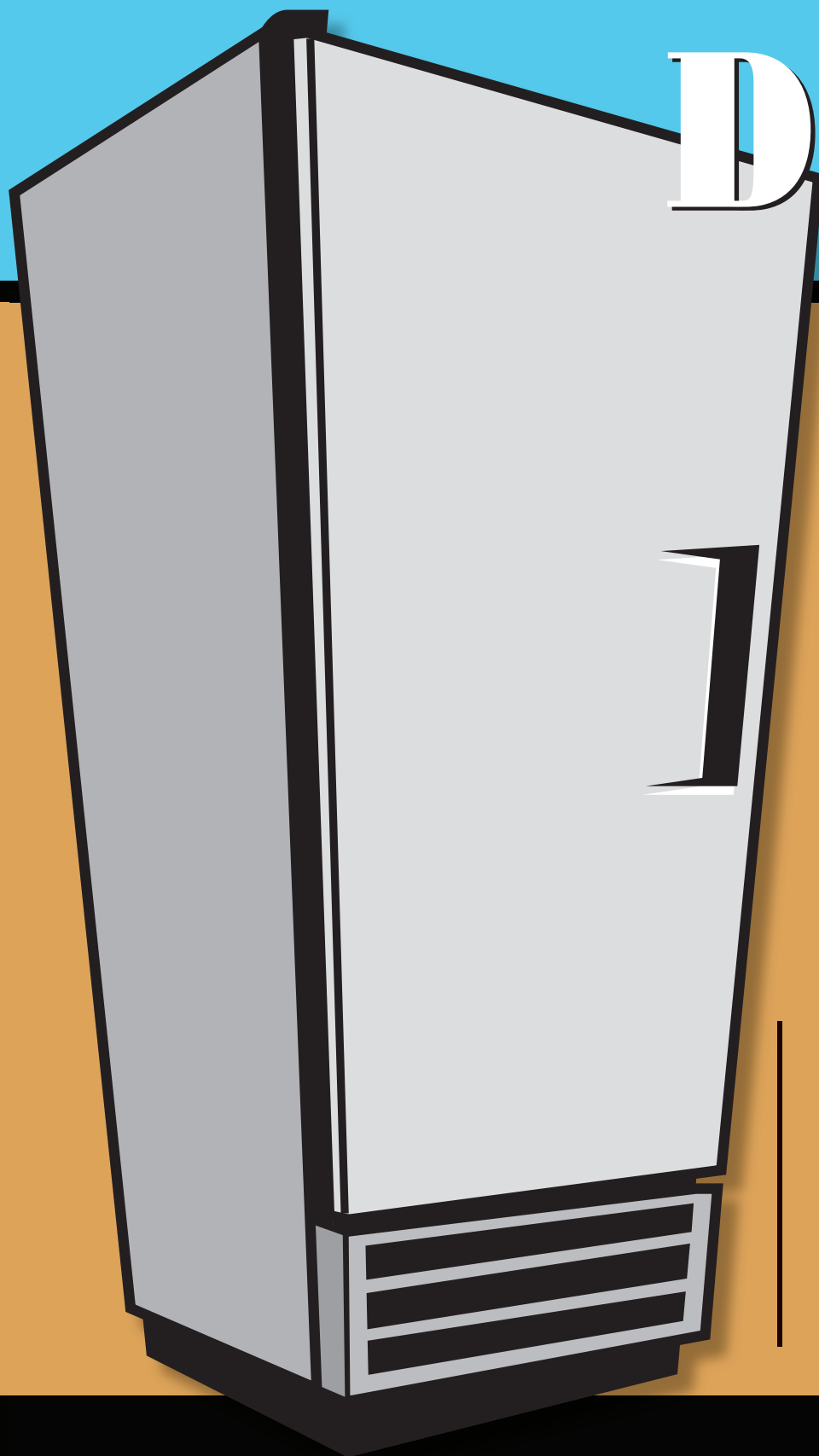


COOL IT DOWN



135°F - 70°F
within **2** hours

 **70°F - 41°F**
within **4** hours
(maximum 6 hours)

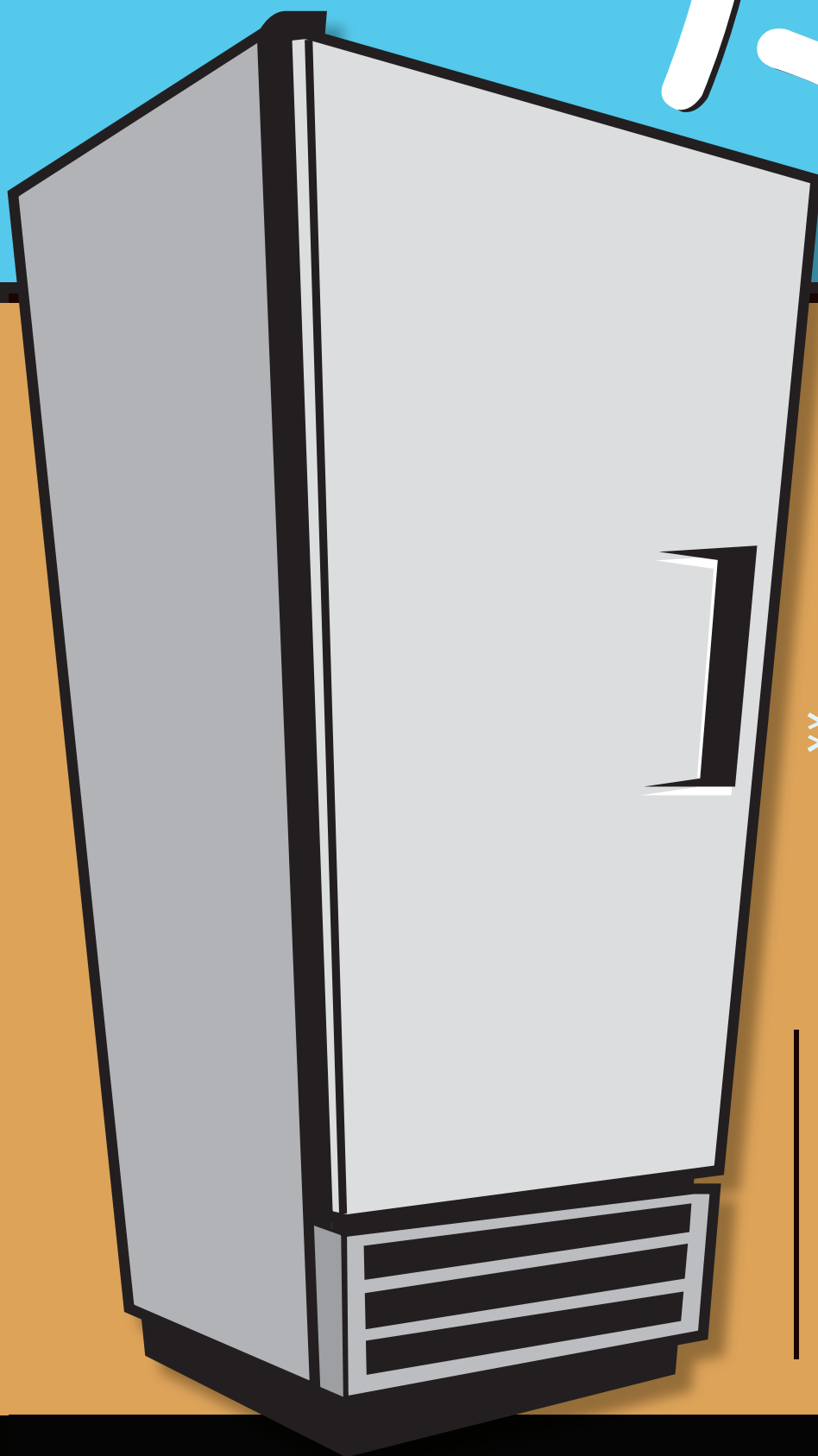
METHODS:

- Shallow pans
- Place in refrigerator
- Leave uncovered
- Chill ice sticks
- Ice bath
- Ice



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冷藏



135°F - 70°F
可保持 2 个小时

70°F - 41°F
可保持 4 个小时
(最长 6 个小时)

冷藏方法:

- 浅盘
- 放入冰箱
- 不遮盖
- 冰条冷藏
- 冰浴
- 冰

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