WASHINGTON COUNTY
Drug Overdose Facts

DRUG OVERDOSE FAST FACTS*
Washington County Data (2014-2018)

- There were 37 unintentional drug overdose deaths in Washington County.
- Washington County had the 50th highest death rate in the state.
- Males were 38% more likely to die than females.
- Adults aged 35-54 had the highest rate of death.
- One out of five (22%) people who died had a history of mental health problems.
- Nearly four out of five (78%) people who died had a history of substance abuse.
- Learn the warning signs of an overdose — 73% of deaths occurred at a home or apartment.

*Rates per 100,000 population. Some rates are based on a small number of cases and should be interpreted with caution.

12 Oklahomans die every week from an unintentional drug overdose

STATE FACTS:

- From 2014-2018, more than 3,300 Oklahomans died of an unintentional drug overdose.
- From 2013-2018, the rate of unintentional prescription opioid-related overdose death decreased by 61% (475 deaths in 2013; 191 deaths in 2018).
- From 2007-2018, the unintentional methamphetamine-related overdose death rate increased nearly 700%. In 2018, methamphetamine was involved in more than half of drug overdose deaths.
- From 2016-2018, nearly nine out of ten (87%) drug overdose deaths were unintentional and 8% were due to suicide.

Most common substances in Washington County overdose deaths:

- Methamphetamine
- Hydrocodone
- Alprazolam
- Oxycodone
- Alcohol
- Fentanyl
- Heroin
- Methadone
- Morphine

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Drug Overdose Hospitalizations*  
(2016-2018)

Oklahoma State Facts
- From 2016-2018, more than 15,000 Oklahomans were hospitalized for a nonfatal drug overdose. That’s 100 Oklahomans each week.
- Half (50%) of hospitalizations were unintentional and 46% due to self harm.
- Females were 51% more likely to be hospitalized than males.
- Adults aged 45-64 had the highest rates of hospitalization.
- The most common substances involved in hospitalizations were:
  - Opioids (25% of hospitalizations)
  - Benzodiazepines (19%)
  - Non-opioid pain medications (13%)

Washington County Facts
- Washington County had the 21st highest nonfatal drug overdose hospitalization rate in the state.
- 45% of hospitalizations were unintentional and 53% due to self harm.
- Females were 52% more likely to be hospitalized than males.
- Adults aged 20-24 had the highest hospitalization rates.
- The most common substances involved in hospitalizations were:
  - Benzodiazepines (27% of hospitalizations)
  - Opioids (23%)
  - Antidepressants; Non-opioid pain medications (13%)

* Includes all intents of nonfatal drug overdose – unintentional, self harm, undetermined, and assault

Unintentional Drug Overdose Death Rates by County of Residence  
Oklahoma, 2014-2018

Data Source: OSDH Injury Prevention Service, 
Fatal Unintentional Poisoning Surveillance System