TEXAS COUNTY
Drug Overdose Facts

DRUG OVERDOSE FAST FACTS*

Texas County Data (2014-2018)

- There were 11 unintentional drug overdose deaths in Texas County.
- Texas County had the 59th highest death rate in the state.
- Males and females had similar overdose death rates.
- Nearly half (45%) of people who died had a history of mental health problems.
- More than four out of five (82%) people had a history of substance abuse.
- Learn the warning signs of an overdose — 64% of deaths occurred at a home or apartment.

*Rates per 100,000 population. Some rates are based on a small number of cases and should be interpreted with caution.

Most common substances in Texas County overdose deaths:
- Alprazolam
- Hydrocodone
- Methamphetamine
- Oxycodone
- Fentanyl

12 Oklahomans die every week from an unintentional drug overdose

STATE FACTS:

- From 2014-2018, more than 3,300 Oklahomans died of an unintentional drug overdose.
- From 2013-2018, the rate of unintentional prescription opioid-related overdose death decreased by 61% (475 deaths in 2013; 191 deaths in 2018).
- From 2007-2018, the unintentional methamphetamine-related overdose death rate increased nearly 700%. In 2018, methamphetamine was involved in more than half of drug overdose deaths.
- From 2016-2018, nearly nine out of ten (87%) drug overdose deaths were unintentional and 8% were due to suicide.

NUMBER OF UNINTENTIONAL OVERDOSE DEATHS BY TYPE OF SUBSTANCE

TEXAS COUNTY, 2014-2018

11 All unintentional drug overdoses
9 Prescription drugs
7 Prescription opioids
<5 Methamphetamine
<5 Illicit opioids

LEARN MORE: poison.health.ok.gov | 405.271.3430
Oklahoma State Facts

- From 2016-2018, more than 15,000 Oklahomans were hospitalized for a nonfatal drug overdose. That’s 100 Oklahomans each week.

- Half (50%) of hospitalizations were unintentional and 46% were due to self harm.

- Females were 51% more likely to be hospitalized than males.

- Adults aged 45-64 had the highest rates of hospitalization.

- The most common substances involved in hospitalizations were:
  - Opioids (25% of hospitalizations)
  - Benzodiazepines (19%)
  - Non-opioid pain medications (13%)

Unintentional Drug Overdose Death Rates by County of Residence

Oklahoma, 2014-2018

Rates per 100,000 population

- Top 5 counties
- 23.0 – 29.5
- 17.9 – 22.9
- 12.5 – 17.8
- 6.1 – 12.4
- <5 deaths

State rate: 16.9