Delaware County Drug Overdose Facts

**DRUG OVERDOSE FAST FACTS**

*Delaware County Data (2014-2018)*

- There were 28 unintentional drug overdose deaths in Delaware County.
- Delaware County had the 52nd highest death rate in the state.
- Males were more than twice as likely to die than females.
- Adults aged 35-54 had the highest rate of death.
- Nearly one out of five (18%) people who died had a history of mental health problems.
- Nearly two out of three (61%) people who died had a history of substance abuse.
- Learn the warning signs of an overdose — 75% of deaths occurred at a home or apartment.

*Rates per 100,000 population. Some rates are based on a small number of cases and should be interpreted with caution.*

**Most common substances in Delaware County overdose deaths:**

- Methamphetamine
- Oxycodone
- Methadone
- Alprazolam
- Citalopram
- Diazepam
- Hydrocodone
- Morphine

**12 Oklahomans die every week from an unintentional drug overdose**

**STATE FACTS:**

- From 2014-2018, more than 3,300 Oklahomans died of an unintentional drug overdose.
- From 2013-2018, the rate of unintentional prescription opioid-related overdose death decreased by 61% (475 deaths in 2013; 191 deaths in 2018).
- From 2007-2018, the unintentional methamphetamine-related overdose death rate increased nearly 700%. In 2018, methamphetamine was involved in more than half of drug overdose deaths.
- From 2016-2018, nearly nine out of ten (87%) drug overdose deaths were unintentional and 8% were due to suicide.

**NUMBER OF UNINTENTIONAL OVERDOSE DEATHS BY TYPE OF SUBSTANCE**

*Delaware County, 2014-2018*

- 28 All unintentional drug overdoses
- 15 Prescription drugs
- 14 Prescription opioids
- 14 Methamphetamine
- <5 Illicit opioids

Learn more: poison.health.ok.gov | 405.271.3430
Delaware County had the 32nd highest nonfatal drug overdose hospitalization rate in the state.

48% of hospitalizations were unintentional and 47% due to self harm.

Females were 55% more likely to be hospitalized than males.

Adults aged 35-44 had the highest hospitalization rates.

The most common substances involved in hospitalizations were:
- Opioids (26% of hospitalizations)
- Benzodiazepines (22%)
- Antidepressants (13%)

*Includes all intents of nonfatal drug overdose – unintentional, self harm, undetermined, and assault