

NURSE AIDE SKILLS PERFORMANCE CHECKLIST

Program/Facility Name: _____ City, Town: _____

Student/Trainee Name: _____ Instructor/Nurse Name: _____

310:677-3-8(a) (1-2)

(a) A program shall use a performance record/Skills Performance Checklist which shall include:

- (1) A record of when the trainee performs the duties and skills and the determination of satisfactory or unsatisfactory performance.
- (2) The name of the instructor supervising the performance.

Student/Trainee Signature: _____ Trainee Initials: _____

Instructor Signature: _____ Instructor Initials: _____

Instructor Signature: _____ Instructor Initials: _____

Instructor Signature: _____ Instructor Initials: _____

Skill	Date Satisfactorily Performed	Student/Nurse Aide Trainee Initials	Instructor Initials
INFECTION CONTROL/SAFETY AND EMERGENCY SKILLS			
Perform Hand washing/use of Hand Sanitizer			
Perform Heimlich maneuver			
Seizures			
Falling and Fainting			
Apply personal protective equipment (gloves, mask and gown)			
Remove personal protective equipment (gloves, mask, and gown)/hand sanitizer			
Handle soiled linens			
Double-bag for isolation precautions			
Apply/Remove waist restraint/lap buddy			
Apply/Remove ankle/wrist restraint			
Apply/Remove vest restraint			
MEAL/FEEDING SKILLS			
Use proper feeding techniques/Hygiene for resident			
Provide partial feeding assistance			
Use positioning and adaptive feeding devices			
Measure/Record Fluid Intake			
Measure/Record Solid Intake			

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Skill	Date Satisfactorily Performed	Student/Nurse Aide Trainee Initials	Instructor Initials
PERSONAL CARE SKILLS			
Provide male perineal care			
Provide female perineal care			
Provide oral care			
Provide oral care for unconscious resident			
Provide denture care			
Provide hair care			
Shave the resident			
Provide nail care to non-diabetics			
Provide foot care to non-diabetics			
Provide skin checks/Heel and elbow protectors			
Provide dressing/undressing assistance			
Apply compression support stockings			
Make unoccupied bed			
Make occupied bed			
Provide tub, whirlpool, or shower assistance			
Provide complete bed bath			
Provide backrub			
ELIMINATION SKILLS			
Provide bedpan/fracture pan assistance			
Provide urinal assistance			
Provide bedside commode assistance			
Provide bathroom commode assistance			
Provide indwelling catheter care			
Measure/record fluid output			
VITAL SIGN SKILLS			
Perform/record manual and digital blood pressure			
Measure/record manual and digital pulse			
Measure/record pain			
Measure/record respirations			
Measure/record temperature with glass or digital thermometers			
Measure/record height			
Measure/record weight			
POSITIONING SKILLS			
Perform active range of motion exercises			
Perform passive range of motion exercises			
Position resident fowlers			
Position resident lateral			

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Skill	Date Satisfactorily Performed	Student/Nurse Aide Trainee Initials	Instructor Initials
POSITIONING SKILLS, cont.			
Position/reposition resident in chair			
Use prosthetic, orthotic, and assistive positioning devices			
AMBULATION SKILLS			
Use a gait belt			
Assist resident with walker/rolling walker			
Assist resident with walking			
LIFTING AND TRANSFER SKILLS			
Use a mechanical lift			
Use a transfer/gait belt			
Use a lift sheet			
Perform slide board transfer			
Move resident up/down in bed			
Move resident side/side in bed			
Turn resident onto side			
Logroll resident			
Perform standing pivot transfer			
Perform 2-person, head-to-foot lift			
Perform 2 -person, side-to-side lift			
Assist resident to sit on the side of the bed			
Transfer resident to wheelchair/operation of wheelchair			
Transfer resident to bedside commode			
Transfer resident to chair/geriatric recliner			

SKILLS PROFICIENCY COMPLETION STATEMENT

I verify that the skills performance checklist has been completed in accordance with safe guidelines set forth for nurse aide training programs. I further affirm the above named trainee/employee has satisfactorily performed all skills on the nurse aide skills performance checklist and has been determined proficient in those skills.

Instructor/Nurse Supervisor Signature: _____ Date: _____

Student/Nurse Aide Trainee Signature: _____ Date: _____

****The licensed nurse who signs this form must be a program instructor or nurse aide employee's nurse supervisor. Proficiency is determined by the satisfactory performance of the skill. Per 310:677-3-4, Trainees shall not perform services for which they have not been trained and found proficient by the instructor.**