

MEASLES

Measles is a very contagious disease, that can cause severe illness, complications and death, **especially in children under five.**

The most common symptoms of measles are:



High Fever

may spike to higher than 104° F



Cough



Runny Nose

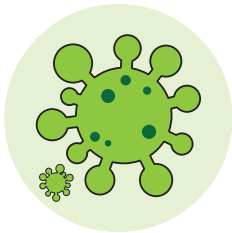


Red, Watery Eyes



Rash

3-5 days after symptoms begin



The virus can spread person-to-person through the air when someone who is infected coughs or sneezes.

It can stay in the air for **up to two hours** after an infected person leaves an area and cause other people breathing that air to become infected.



Measles can be prevented with an MMR vaccine.

The vaccine is recommended for all children at 12 to 15 months of age and again at four to six years of age.

We encourage families to speak with their child's health care provider about the vaccine.

Families should follow the school's sick leave policy if their child is sick.

If the sick child has traveled or been exposed to measles in the last 21 days, a parent/guardian should call their health care provider or local health department to determine next steps, like whether testing is needed.